Cancer is a group of more than 100 different diseases that often develop gradually as the result of a complex mix of lifestyle, environment, and genetic factors. People are at higher risk for certain cancers due to factors related to personal behaviors such as: tobacco use, alcohol use, diet, physical inactivity, and overexposure to sunlight. Vaccination with the HPV vaccine prior to exposure to the virus can decrease the risk of certain cancers. Cancer becomes more survivable when found and treated early, which can be accomplished through the use of available cancer screening tests including those for lung, breast, cervical, and colorectal cancers.

The purpose of this report is to present cancer mortality data from the Vermont Vital Statistics System.

Note: Throughout this report, data comparisons presented as “higher,” “lower,” “larger,” “smaller,” “better,” “worse,” or as “significantly different” are all considered statistically significant differences.

Confidence intervals were used for statistical comparisons between groups. A confidence interval represents the range in which a parameter estimate would fall which is calculated based on the observed data. For this analysis, we used a 95% confidence interval, meaning that we are 95% confident that the true value of the parameter being examined falls within the specified confidence interval. Statistical significance is assessed by comparing the confidence intervals of different groups. If the confidence intervals from two groups do not overlap we consider the estimates to be significantly different from one another.
Cancer Mortality

Leading Causes of Death

From the 1960’s through 2006 the two leading causes of death in Vermont were heart disease and cancer (malignant neoplasms), respectively. In 2007 cancer took over as the leading cause of death among Vermonters. Cancer remains the leading cause of death in Vermont with an age-adjusted mortality rate of 223.1 per 100,000 persons (2015).

Note: All rates are age adjusted to the 2000 U.S. standard population and are per 100,000 persons.
Cancer Mortality

Leading Causes of Cancer Death – VT vs. U.S.

The Vermont lung cancer mortality rate among males and females combined was higher than the national rate (2010-2014).
The Vermont colorectal cancer mortality rate among males and female combined was similar to the national rate (2010-2014).
The Vermont pancreatic cancer mortality rate among males and female combined was similar to the national rate (2010-2014).
The Vermont male prostate cancer mortality rate was similar to the national rate (2010-2014).
The Vermont female breast cancer mortality rate was lower than the national rate (2010-2014).

Leading Causes of Cancer Death
Mortality Rates by Cancer Type (2010-2014)

Note: All rates are age adjusted to the 2000 U.S. standard population and are per 100,000 persons.
Cancer Mortality

Cancer Mortality by Sex

Leading Cancer Deaths, Vermont Males, All Ages, 2010-2014

- Lung and Bronchus: 28%
- Prostate: 10%
- Colon and Rectum: 8%
- Pancreas: 6%
- Leukemia: 4%
- All Other Sites: 44%

Leading Cancer Deaths, Vermont Females, All Ages, 2010-2014

- Lung and Bronchus: 28%
- Breast: 13%
- Ovary: 5%
- Colon and Rectum: 9%
- Pancreas: 7%
- All Other Sites: 39%
**Vital Statistics:** The Vermont Department of Health vital statistics system tracks the following vital events that occur in Vermont: births, deaths, marriages, divorces and dissolutions, fetal deaths, and abortions. The Department of Health also receives abstracts for Vermont resident births and deaths that occur in other states which allows the Department to do statistical analyses of vital events involving Vermont residents, including those events which occurred outside of the state. The Vermont and the U.S. mortality rates are based on the Vermont Vital Statistics System, Vermont Department of Health (1994-2014) and the SEER Program Mortality - Aggregated Total U.S. (1990-2014). Mortality data were coded using the International Classification of Disease Tenth Revision (ICD-10) coding system. Vermont deaths include Vermont residents only.

**Age adjustment:** All rates are age adjusted to the 2000 U.S. standard population and exclude basal cell and squamous cell skin cancers.

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