

Health Status Indicators

	VT 2018	District Trend	Most Recent District % [^]	Estimated # of Adults in District ^{**}
Have Personal Health Care Provider	86%		89%	24,000
Have Health Insurance, Ages 18-64	92%		89%	18,000
General Health Status is Fair or Poor	14%		10%	3,000
Poor Physical Health	12%		9%	2,000
Poor Mental Health	12%		9%	2,000
Did Not Visit Doctor Due to Cost	8%		8%	2,000

Preventative Behaviors and Health Screening

Cholesterol Screened, in Last Five Years ^{*^}	83%		78%	20,000
Routine Doctor Visit, in Last Year	76%		72%	19,000
Dental Visit in Last Year ^{*^}	73%		70%	18,000
Met Physical Activity Recommendations ^{*^}	60%		59%	14,000
2+ Daily Fruit Servings ^{*^}	32%		36%	9,000
Cervical Cancer Screening, Women 21-65 ^{*^}	86%		82%	8,000
Colorectal Cancer Screening, Ages 50-75 ^{*^}	71%		70%	8,000
Ever Tested for HIV	38%		36%	8,000
Met Strength Building Recommendations [^]	31%		34%	8,000
Pneumococcal Vaccine, Ever, Ages 65+	75%		83%	5,000
Breast Cancer Screening, Women 50-74 ^{*^}	77%		77%	5,000
5+ Daily Fruit & Vegetable Servings ^{*^}	20%		22%	5,000
Flu Shot in the Last Year, Ages 65+	54%		63%	4,000
Any Teeth Extracted, Ages 45-64 [^]	48%		48%	4,000
3+ Daily Vegetable Servings ^{*^}	20%		18%	4,000
Feel Community is Not Safe for Walking [^]	9%		4%	1,000

2011-2012
2012-2013
2013-2014
2014-2015
2015-2016
2016-2017
2017-2018

■ Statistically different from Vermont ◆ No Change ● Measure moving in right direction ● Measure moving in wrong direction

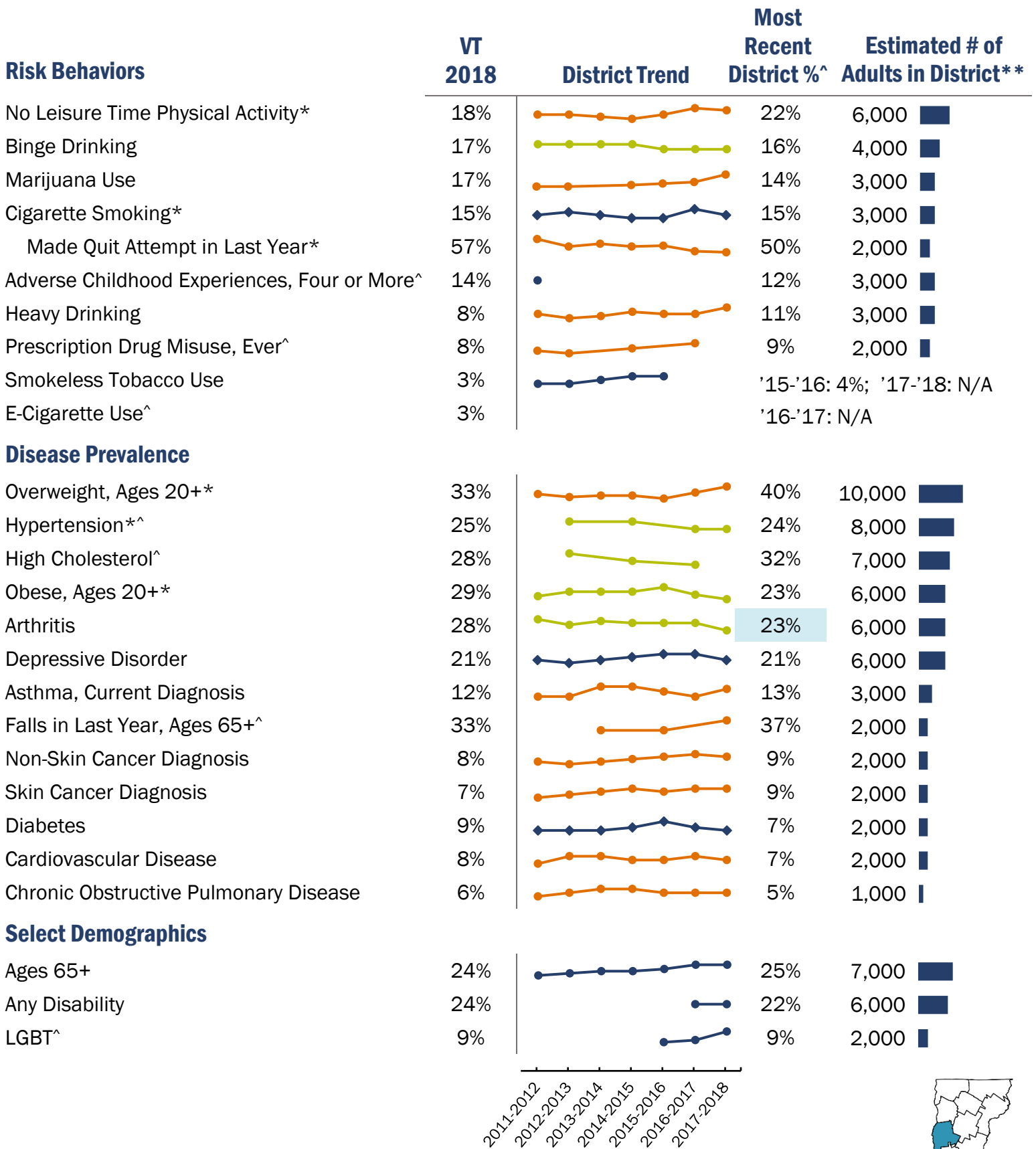
*Percent is age-adjusted to the U.S. 2000 population.

**Estimated counts are rounded to the nearest thousand and not age-adjusted.

[^] Measures with data years other than 2017-2018. See [District Profile – Methodology](#) for details.

N/A = Value suppressed because sample size is too small or relative standard error (RSE) is >30.

Middlebury District Profile – Adult Health



Data points in the trend line are aggregated with two years of data.

For more information on methodology, and data years for specific measures, see [District Profile – Methodology](#).

For more information about Vermont towns in Middlebury Health District, please visit www.healthvermont.gov/local/middlebury.

