There are many resources in Vermont to help you stay safe, mobile, and independent as you age. Learn more about the variety of resources below.

**Driver Rehabilitation Programs**

- **UVM Medical Center - Driver Rehab Program, Burlington:** The University of Vermont Medical Center occupational therapists are specially trained as driver educators to help you get back on the road again. Call: 802-847-3140
- **Central Vermont Medical Center - Clinical Driver Assessments, Berlin:** The Clinical Driving Assessment program is a comprehensive clinical assessment for those who may be at a high risk for an automobile crash. Call: 802-847-3140
- **Rutland Regional Driver Assessment Program, Rutland:** Specially trained therapists provide screening services to ensure you can drive safely. Call: 802-772-2490
- **Adaptive Driving Associates, White River Junction:** Certified driver rehabilitation. Call: 802-296-2004

**Safe Driving Programs**

- **Vermont Department of Motor Vehicles (DMV) – Mature Drivers, Statewide:** The DMV strives to keep mature drivers on the road as long as possible with a primary concern of safety to all. Call: 888-970-0357
- **AARP Smart Driver Course, online:** A refresher course specifically designed for drivers age 50 and older. In many states, drivers may benefit from a discount on their auto insurance premium upon completing the course. [https://www.aarp.org/auto/driver-safety/driving-assessment/](https://www.aarp.org/auto/driver-safety/driving-assessment/)
- **AAA RoadWise Driver Program, online:** A senior defensive driving program is an online course designed to positively affect driving behavior and help you
learn about and adjust to age-related physical changes.  
https://aaadriver.online/register/roadwise

**Transportation Options**

- **Rides In Sight**: provides information about senior transportation options in local communities throughout the United States.  
  Call: +1-855-607-4337 or visit https://ridesinsight.org

- **Vermont Public Transportation Association**: provides mobility choices for seniors (60+) and people with disabilities through various funding programs.  
  Call: 802-442-0629

**Additional Older Adult Resources & Support**

- **Vermont Department of Health**: Webpage with interactive map of resources for older drivers: www.healthvermont.gov/emergency/transportation-safety/older-adult-drivers

- **CDC MyMobility Plan**: Tips and resources on how to stay mobile and independent as you age:  
  http://www.cdc.gov/motorvehiclesafety/older_adult_drivers/mymobility

- **Area Agencies on Aging**: These agencies offer information and assistance to Vermonter age 60+ and their care partners.  
  Call 1-800-642-5119 to connect to your local agency or visit vermont4a.org

- **Vermont 211**: a database that contains detailed descriptions of programs and services available to Vermonters.  
  Call: 2-1-1

- **Department of Disabilities, Aging, and Independent Living (DAIL)**: Responsible for management and oversight of a full array of long-term services and supports for older Vermonters.  
  Call: 802-241-0294