Vermont WIC
Annual Grocer Training
Effective October 2021

MODULE 6
What’s New with VT WIC
1. Overview
Vermont WIC Foods

Food Package Updates

• Yearly Review
• Manufacturer Submissions
• Vermont WIC Food Guide effective October 1, 2021
Whole Grains- Bread and Tortillas

- Baker’s Choice 100% whole wheat 16 oz
- Nature’s Own whole wheat with Honey 16 oz
- Hannaford White and Yellow Corn Tortillas- Taco Size 16 oz
Breakfast Cereal

General Mills:

Multi-Grain Cheerios - Strawberry
Sesame Street – Cinnamon
Sesame Street – Berry
Breakfast Cereal

Kellogg’s:

- Frosted Mini Wheats Little Bites- Chocolate
- Frosted Mini Wheats Bite Size- Cinnamon Roll
- Frosted Mini Wheats Bite Size- Pumpkin Spice
- **Corn Flakes**- Cinnamon

Kashi Organic Honey Toasted
Kashi Organic Warm Cinnamon
100% Juice- 64 oz shelf stable

- Signature Select Low Sodium Vegetable Juice
- Welch’s White Grape Cherry
- Ocean Spray Cranberry Watermelon
- Langer’s
  - Apple Berry Cherry
  - Apple Kiwi Strawberry
  - Pineapple
  - Berry Blend
New Tofu

Calcium Set Tofu

• O Organics Silken Tofu
• Vermont Soy- 16 oz package
Yogurt

- Full Circle Organic Greek- 32oz
  - Nonfat Plain
  - Nonfat Vanilla
- Two Good Low-fat Greek- 32oz
  - Plain
  - Strawberry
  - Vanilla
2. Other
Expiration of Food Waivers

The WIC waiver that has allowed us to temporarily allow additional food items is tied to the federal public health emergency declaration. It is currently set to expire in November 2021.

This means bread over 16 oz in size and the 2% milks will no longer be eligible for WIC.
Thank you for being our partner in providing healthy foods to young families across Vermont.