

FURSADAHA CUNTADA EE VERMONT WIC LA BALLAARIYEE INTA LAGU GUDAJIRAY COVID-19





Cudurka safmarka ah ee COVID-19 wuxuu ka dhigay mid adag in alaab laga helo bakhaarka, oo ay ku jiraan qaar ka mid ah cuntooyinka WIC. Si loo caawiyo qoysaska inta lagu jiro waqtigan, Vermont WIC waxay **si ku-meel-gaar ah u ballaarinsaa cunnooyinka ay WIC-oggolaatay** ee ku jira qaybaha Caanaha iyo Dhammaan Badarka.

Caano

2% caano ayaa si kumeelgaar ah WIC loogu ogolaaday haweenka iyo caruurta 2-5 sano jir ah kuwaas oo haysta 1% ama laga saaray xirmada cuntadooda.

- Nooc kasta
- **Majirow wax dabiici ah**

Dukaanka ayaad ku jirtaa oo waxaad garan wayday inuu yahay cunno cusub oo WIC-oggolaatay? Iskuday [app-ka Dukaamaysiga WIC](#) si aad u iskaan garayso bar koodhka, ka dibna isbarbar dhig liiska dheefahaaga cuntada ee qoyskaaga si aad u mar labaad u hubiso.

Khayraad Waxtar ah:
 Websaydhka Vermont WIC: www.healthvermont.gov/wic
[Cuntada Vermont WIC](#)
[Barnaamijka WIC ee Vermont iyo Tusaha Dukaameysiga](#)

Rooti

Xulashada Qiyaasta Ku Meel Gaarka Inta Lagu Jiro COVID-19

Haddii aadan heli karin 16 wiiqiyadood oo rootiga WIC ah, waxaad dooran kartaa mid ka mid ah xulashooyinka hoose. Iyada oo aan loo eegin cabbirka, mid ka mid ah rootiyadan ayaa loo tirin doonaa oo kaliya 16 wiiqiyadood oo loogu talagalay faa'iidadaada Badarka Dhammaan.

<p>Nature's Own 100% Qamadi Cabir: 20 wiiqiyad UPC: 072250037129</p>  <p>100% Qamadi Hambeegar Cabir: 15 wiiqiyad UPC: 072250003988</p>  <p>100% Qamadi Hotdog Buns Cabir: 13 wiiqiyad UPC: 072250004862</p> 	<p>Arnold 100% Qamadi Cabir: 24 wiiqiyad UPC: 073410013755</p>  <p>Dalka 100% Dhammaan Qamadi Cabir: 24 wiiqiyad UPC: 073410013502</p>  <p>100% Qamadi Rooti ismariska Cabir: 12 wiiqiyad UPC: 073410955758</p> 	<p>Vermont Bread Company Rooti Qamadi ah oo Jilicsan Cabir: 24 wiiqiyad UPC: 025911300018</p>  <p>100% Qamadi Cajiinta Hambeegar Cabir: 16 wiiqiyad UPC: 025911013307</p>  <p>100% Qamadi Kulayla Cuntada Ayda Cabir: 16 wiiqiyad UPC: 025911013321</p> 
<p>Sara Lee 100% Qamadi Cabir: 20 wiiqiyad UPC: 72945601345</p> 	<p>Freihofer's 100% Qamadi Cabir: 24 wiiqiyad UPC: 071330601496</p> 	<p>Pics by Price Chopper Rooti Qamadi ah Cabir: 24 wiiqiyad UPC: 041735090362</p> 
<p>Open Nature 100% Qamadi Cabir: 24 wiiqiyad UPC: 079893111544</p> 	<p>Signature Select Qamadiga Daqiiqa ah Cabir: 24 wiiqiyad UPC: 021130119745</p> 	<p>Hannaford 100% Rooti Qamadi ah Cabir: 24 wiiqiyad UPC: 041268193400 WG 100% Qamadi Cabir: 24 wiiqiyad UPC: 041268206261</p> 
<p>Pepperidge Farms</p> <p>Beer guriga kutaala 100% Qamadi Cabir: 24 wiiqiyad UPC: 014100082774</p>  <p>Badarka dhan 15 Rootida hadhuudhka Cabir: 24 wiiqiyad UPC: 014100085980</p> 	<p>Badar dhan 100% Qamadi Cabir: 24 wiiqiyad UPC: 014100085997</p>  <p>Badarka dhan Qamadiga Madoow oo Jarmalka ka baxa Cabir: 24 wiiqiyad UPC: 0141006962</p>  <p>100% Hambeegarka laga sameeyay Qamadi dhan Cabir: 14.5 wiiqiyad UPC: 014100087861</p> 	<p>Badarka dhan oo Qamadi Malaba ah Cabir: 24 wiiqiyad UPC: 014100085973</p>  <p>Badarka oo Dhan ee La shiiday Cabir: 24 wiiqiyad UPC: 014100088219</p>  <p>Midho Dhan Midab jilicsan oo ruugmay Cabir: 22 wiiqiyad UPC: 014100048565</p> 

WIC ADIGA AYAY HALKAAN KUU JOOGTAA WAANA KUUGU MAHADCELINEYNAA SABIRKAAGA INTA LAGU GUDAJIRAY WAQTIGAN ADAG.

La cusbooneysiyyay Noofambar 2020
 Somali / Somaaliga