

Health Care Workforce Census Acupuncturists, 2016

This acupuncturist report is part of the Vermont Department of Health's health care provider data program, which is used to monitor and measure the supply of health care providers in Vermont over time. Data for this report were obtained from the 2016 census of acupuncturists.

Vermont health professionals are relicensed every two years. Data for this report were obtained during the January 2016 relicensing period and represent a snapshot of the profession at that time.

Acupuncture is a form of alternative medicine in which thin needles are inserted into the body. It is a key component of Traditional Chinese Medicine. It is used for a wide range of conditions, but most often for pain relief. Acupuncture is generally used in combination with other forms of treatment.

Acupuncturist full time equivalents per 100,000 population by County



In Brief

Workforce

Survey period – January 2016 Response Rate: 100% Licenses renewed: 161 Active in VT: 130 Full-time Equivalents (FTE): 75.3

Demographics

% Female: 70% Median Age: 50 % 60 or older: 25%

Education and Training

Educated in VT: 11% Educated in Northeast: 36%

Specialties

81% (105) mainly worked in general acupuncture practice5% (6) mainly worked in pain management

Current Employment

Full time (at main site): 18% Full time (at all sites): 23% Plans to reduce hours: 3% Accepting new patients: 93%

Geographic Distribution

(FTE to 100,000 population ratio) Highest: 21.0, Windham County; 17.7, Washington County. Lowest: 0, Essex, Franklin and Grand Isle Counties; 0.5, Orleans County.



Workforce

- 161 acupuncturists renewed their Vermont license in 2016.
- Out of these 161, 130 (81%) indicated that they were active and providing direct patient care in Vermont.
- Of the 31 not active in Vermont, 9 said they plan to become active in Vermont within a year.

The remainder of this report is based on the 130 acupuncturists active in Vermont.

Demographics

Gender

- 91 (70%) were female.
- 39 (30%) were male.

Age

- 35% (46) were younger than 45
- 9% (12) were 65 or older.



Education and Training

The 130 acupuncturists active in Vermont in 2016 completed their degrees mostly in the West or Northeast.

Where degree was completed	Number	Percent
Vermont	14	11%
Other Northeast	32	25%
South	25	20%
Midwest	1	1%
West	49	39%
Foreign	6	5%

Practice Characteristics

Specialties

FTEs in most common specialties, including secondary specialties:

- General Practice 56.2 FTEs
- Pain Management 5.5 FTEs
- Adult Care 4.0 FTEs

Access to care

• 93% (all but 9) accepted new patients at their main practice site.

Number of practice sites

• 24 acupuncturists (18%) practiced at 2 or more locations.

Practice setting

- For acupuncturists' main practice location, the most common setting was solo practice.
- The second most common setting was group practice.



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Full Time Equivalents

- 24 (18%) worked 40 hours or more per week at their main work site.
- 30 (23%) worked 40 hours or more per week at all their work sites combined.
- 74 (57%) worked at least half-time, i.e., 20 hours per week (all sites combined, including the 24 who work 40+ hours).
- 73.3 total FTEs were provided by 130 acupuncturists.
- 14.9 FTEs, or 20% of total FTEs, were age 60 or older (33 individuals).

Current Experience and Future Plans

- Time since first licensed as an acupuncturist: 3 to 38 years.
- Median: 15 years since first licensed.
- 12 active acupuncturists were also licensed as naturopathic physicians.

In the next 12 months

- Most acupuncturists planned to continue working as they are.
- None planned to retire, but one planned to seek non-clinical work.
- 3% (4) planned to reduce hours.
- 22% (29) planned to increase hours.

Blueprint Health Care Areas (see

Appendix for details)

- Brattleboro Health Care Area had the highest FTE per 100,000 population at 25.3, followed by Middlebury at 21.6.
- Newport and St. Albans Health Care Areas had no acupuncturists.

Acupuncturist full time equivalents per 100,000 population by Blueprint Health Care Areas



Questions

For further information, contact: Vermont Department of Health Division of Health Surveillance – Workforce Census 108 Cherry Street, Drawer 41 PO Box 70 Burlington, VT 05402-0070 Tel. 802-863-7300 Email: <u>AHS.VDHPhysicianCensus@vermont.gov</u>



Acupuncturists, 2016

Appendix

Active Acupuncturist

An acupuncturist who reported working in Vermont (regardless of how many hours) is considered active.

Census

The census was taken during the biennial acupuncturist license renewal which ended on January 31, 2016. The data include all acupuncturists except for new licensees enrolled less than three months before the renewal date (November-January), as their license was valid until the next renewal date in January 2018. Census questions available upon request.

Full Time Equivalent (FTE)

Full time is defined as 40 or more working hours in Vermont per week, 48 weeks or more per year. Reporting more than 40 hours per week is defined as <u>one</u> FTE regardless of the number of hours over 40 per week worked.

Geographical Regions

States were grouped into the following regions: Northeast: ME, NH, VT, MA, CT, RI, NY, NJ, PA South: DE, MD, DC, VA, WV, NC, SC, GA, FL, KY, TN, AL, MS, AR, OK, LA, TX Central: OH, IN, IL, MI, WI, MN, IA, MO, ND, SD, NE, KS West: MT, WY, CO, NM, ID, UT, AZ, NV, WA, OR, CA, AK, HI.

Health Care Areas

The Health Care Areas in this report are those used by the Vermont Blueprint for Health, an initiative working to transform the way primary care and comprehensive health services are delivered and paid for. It disseminates information on healthcare expenditures, utilization, and care quality measures within these regions (see http://blueprintforhealth.vermont.gov/). Data are available for other regional definitions from the Division of Health Surveillance. See the contact information at the end of this report.

Main Practice, Site, Setting, and Specialty

The main practice site, setting, or specialty of an individual refer to the practice site, setting, or specialty with the greatest number of reported annual hours.

Map Shading

Map colors are by quartiles. The lowest 25% of FTE equivalents to population ratio is displayed in the lightest color, the middle 50% in medium, and highest 25% in the darkest color.

Missing Data

Unless otherwise noted, missing data are excluded from tables. Thus totals may vary from table to table.

Population Estimates

Population estimates are for July 2016 and were provided by the Department of Health.

Weekly Hours

Average weekly hours is based on hours and weeks reported, adjusted to a full-time 48-week working year (hours * (weeks/48)). Thus, the average weekly hours for an individual working 40 hours a week for half the year (24 weeks) is 20.