

# YOU FIRST

Formerly Ladies First



## *You First - WW Tracking Sheet*

**Name:**

**Please fill out as you attend each meeting. Once you have attended six, return in the postage paid envelope so we can mail you six additional vouchers.**

Any questions? Please call Siobhan at (802) 652-4139 or email at [Siobhan.donegan@vermont.gov](mailto:Siobhan.donegan@vermont.gov) Thank you!

Meeting date	Weight recorded by WW	Meeting location
1.		
2.		
3.		
4.		
5.		
6.		

Any feedback for us on our You First - WW partnership? Let us know! Feel free to write on the back as well.

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