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Burlington, VT 05402
healthvermont.gov

Wakaaladda Waxbarashada
1 National Life Drive, Davis 5
Montpelier, VT 05604
education.vermont.gov

Ogoosto 5, 2021

Waalidiinta iyo mas'uuliyiinta Vermont ee Qaaliga ah:

Maaddaama aynu ku sii dhowaanayno sannad dugsiyeedka cusub, waxaan rabnay inaan kaaga mahadcelino dadaalkaaga aan caadiga ahayn ee aad carruurtaada, qoysaskaaga iyo dugsiagaagaba aad ku badbaadinayso inta uu jiro cudurka faafa ee COVID-19. Hadda, isagoo bilowga sannad dugsiyeedku soo dhowaanayo, **sida ugu wanaagsan ee lagu badbaadin karo loona caafimaad qabi karo waa in la hubiyo in ilmahaaga la tallaalo haddii uu jiro 12 sano ama ka weyn.**

Waxaad maqli doontaa wax badan oo ku saabsan Delta variant – oo ah nooc is beddelay oo ah fayraska COVID-19 oo aad u faafa oo ku faafaya Mareykanka iyo Vermont.

Nasiib wanaag, tallaalada COVID-19 waxay si aad ah wax uga taraan ka hortagga isbitaal-dhigista iyo u dhimashada fayraska dartiis, oo uu ku jiro fayraska Delta variant. Khatarta ilmahaaga ee jirrada ayaa si aad ah hoos ugu dhacda marka si buuxda loo tallaalo – iyo xitaa haddii uu xanuunsado, calaamadaha waxay u badan tahay inay aad uga yaraadaan.

Tallaaladu waa ammaan. Waxaan tan ka garaneynaa tijaabooyin cilmiyeysan, iyo sababta oo ah boqolaal milyan oo qof oo ku nool Mareykanka - oo ay ku jiraan in ka badan 10 milyan oo carruur ah oo jira 12 ilaa 17 - ayaa si badbaado leh loo tallaalay. Waxyeellooyinka qaarkood ee khafiifka ah waa caadi, waxyeellooyinka sii daranna aad bay u yar yihiin. Waxay u ekaan kartaa in tallaalada si degdeg ah loo soo saaray, laakiin dhab ahaantii waxaa la sameeyay iyadoo la adeegsanayo saynis la isticmaalayay tobanaan sano si loo daaweeyo cudurrada kale.

Waan ka garaabaynaa haddii aad weli su'aalo qabto ama aad rabto macluumaad dheeraad ah. Haddii ay sidaas tahay, fadlan la hadal bixiyaha daryeelka caafimaadka ilmahaaga ama dhakhtarka qoyskaaga si aad wax badan uga ogaato tallaalada.

Helitaanka tallaalka COVID-19 waa lacag la'aan, dhaqso ah oo fudud, iyadoo rugaha caafimaadka iyo farmasiyada gobolka oo dhan ay bixinayaan tallaalada ballan la'aan maalin kasta. Si aad u hesho rug caafimaad oo kuu dhow, fadlan booqo healthvermont.gov/MyVaccine. Bixiyeyaal badan oo daryeelka caafimaadka ah ayaa hadda ku bixiya xafiiskooda tallaalka, markaa sidoo kale waxaad la xiriiri kartaa xirfadlaha caafimaad ee ilmahaaga.

Sida dhakhsaha badan ee ilmahaagu u qaato talaalka kowaad, waa sida dhakhsaha badan ee ay ugu dhowaan doonaan difaaca tallaalka oo buuxa. Ilmahaagu kaliya ma yeelan doono fursad weyn oo caafimaad qab ah iyo inuu si ammaan ah iskuulka ku joogo, laakiin wuxuu kaloo caawinayaa badbaadinta kuwa aan la tallaali karin.

Waad ku mahadsan tahay, annaguna halkan ayaan kuu joognaa marka aad diyaar u tahay inaad hesho tallaalkaaga,

Daacad kuu ah,



Mark Levine, M.D.
Komishaneer, Waaxda Caafimaadka ee Vermont



Daniel M. Faransiis, Ed.D.
Xoghayaha, Wakaaladda Waxbarashada ee Vermont



Department of Health
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Agency of Education
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August 5, 2021

Dear Vermont parents and guardians:

As we approach a new school year, we wanted to thank you for your extraordinary efforts to keep your children, families and schools safe throughout the COVID-19 pandemic. Now, as the start of the school year approaches, **the best way to stay safe and healthy is to make sure your child is vaccinated if they are age 12 or older.**

You may be hearing a lot about the Delta variant – a mutated version of the COVID-19 virus that is more contagious and is spreading around the U.S. and in Vermont.

Fortunately, COVID-19 vaccines work extremely well at preventing hospitalization and death due to the virus, including the Delta variant. Your child’s risk of getting sick goes down dramatically once they are fully vaccinated – and even if they do get sick, symptoms are likely to be much less severe.

The vaccines are safe. We know this from scientific trials, and because hundreds of millions of people in the U.S. – including more than 10 million kids ages 12 to 17 – have been safely vaccinated. Some mild side effects are normal, and more serious side effects are very rare. It may seem like the vaccines were developed quickly, but they are actually made using science that has been used for decades to treat other diseases.

We understand if you still have questions or want more information. If you do, please talk with your child’s health care provider or your family doctor to learn more about the vaccines.

Getting a COVID-19 vaccine is free, quick and easy, with clinics and pharmacies all over the state providing vaccines without an appointment every day. To find a vaccine clinic near you, please visit healthvermont.gov/MyVaccine. Many health care providers now also offer vaccine in their office, so you can also reach out to your child's provider.

The sooner your child gets a first dose, the sooner they will be closer to full vaccine protection. Your child will not only have a greater chance to be healthy and stay in school safely, but it also helps protect those who can’t be vaccinated.

Thank you, and we are here for you when you are ready to get your shot,

Sincerely,

A handwritten signature in blue ink that reads 'Mark Levine'.

Mark Levine, M.D.
Commissioner, Vermont Department of Health

A handwritten signature in blue ink that reads 'Dan French'.

Daniel M. French, Ed.D.
Secretary, Vermont Agency of Education