

Tilmaamaha Shaybaadhka La Socodka COVID-19

Isticmaal tilmaamaha talaabooyinka xiga ee la qaadayo marka la helo natiijada hore ee shaybaadhka, taas oo ku salaysan hadii aad leedahay astaamo iyo hadii kale iyo nooca shaybaadhka (antigen ama PCR). Tilmaamahan waxay khuseeyaan waxay doonto ha noqdo xaaladaada talaalku ama hadii shaybaadhka aad gashay adiga oo socda inta aad timid xarunta caafimaadka ama guriga (oo sidoo kale loo yaqaan isbaadhid qofka ah). Natiijada shaybaadhka guriga waa in la gaadhsiiyaa Waaxda Caafimaadka iyada la [buuxinayo foomka online ah](#). Shaxdan waxay sii soconaysaa bogga xiga. Macluumaadka dheeraadka ah ka oggaw:

- **dadka qaba COVID-19** ee ku saabsan go'doominta, ku wargeli cida aad u dhawaatay healthvermont.gov/covid19positive
- **dadka loo dhawaaday** karantiimada iyo shaybaadhkooda healthvermont.gov/aboutclosecontact.

	Natiijada Shaybaadhka Hore	Tallaabooyinka Xiga	Natiijada laga heley La socio PCR	Talaabada Ugu Danbeysa
Shaybaadhka PCR	Laga waayay oo bilaa astaamo ah	Waxba Ama, hadii aad u dhawaatay cid qabta oo ku jirto karantiin sii wado karantiilka sida uu yahay tilmaamuhu .	La socodka PCR looma baahna.	
	Laga waayay oo leh astaamo	Joog guriga ilaa aad bilaa astaamo noqonayso. Hadii aad u dhawaatay cid qabta oo ku jirto karantiil sii wado karantiilka sida uu yahay tilmaamuhu .	La socodka PCR looma baahna.	
	Laga heley oo bilaa astaamo ah	Ula dhaqan sidii cid laga heley. Gal go'doomin oo wargeli cida aad u dhawaatay	La socodka PCR laguma taliyo. Shaybaadhka PCR ee lagaaga waayay ee la socodka laguma soo afjaro mudada aysoleeshinka. Raac tilmaamaha soo afjarida aysoleeshinka ee healthvermont.gov/covid19positive	
Shaybaadhka	Laga waayay oo bilaa astaamo ah	Waxba Ama, hadii aad u dhawaatay cid	La socodka PCR looma baahna.	

	Natiijada Shaybaadhka Hore	Tallaabooyinka Xiga	Natiijada laga heley La soco PCR	Talaabada Ugu Danbeysa
Antigen-ka		qabta oo ku jirto karantiin sii wado karantiilka sida uu yahay tilmaamuhu .		
Shaybaadhka Antigen-ka	Laga heley oo bilaa astaamo ah	Ula dhaqan sidii cid laga heley. Gal go'doomin oo wargeli cida aad u dhawaatay.	La socodka PCR looma baahna. Oggow: Dadka ku jira habdhismeedka kooxda waa inay raacaan tilmaamo dheeraad ah oo ku saabsan tilmaamaha shaybaadhka antigen. <i>Isha: Tilmaamaha Shaybaadhka Antigen, CDC</i>	
			Laakiin, hadii PCR lagugu sameeyay 48 saacadood gudahood mudada shaybaadhka hore oo natiijada laga waayo...	Joog guriga ilaa aad bilaa astaamo noqonayso. Hadii aad u dhawaatay cid qabta oo ku jirto karantiil sii wado karantiilka sida uu yahay tilmaamuhu .
			Hadii PCR lagugu sameeyay 48 saacadood gudahood mudada shaybaadhka hore oo natiijada laga helo...	Gal go'doomin oo wargeli cida aad u dhawaatay.
	Laga waayay oo leh astaamo	Gal shaybaadhka PCR kadib. Hadii aad u dhawaatay cid qabta oo ku jirto karantiil sii wado karantiilka sida uu yahay tilmaamuhu .	Hadii PCR uu sheego inaad qabto... Hadii PCR uu sheego inaad qabin...	Gal go'doomin oo wargeli cida aad u dhawaatay. Joog guriga ilaa aad bilaa astaamo noqonayso. Hadii aad u dhawaatay cid qabta oo ku

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	Natijada Shaybaadhka Hore	Tallaabooyinka Xiga	Natijada laga heley La soco PCR	Talaabada Ugu Danbeysa
				jirto karantiil sii wado karantiilka sida uu yahay tilmaamuhu.

COVID-19 Follow-up Testing Guide

Use this guide for next steps to take after receiving an initial test result, based on whether or not you have symptoms and type of test (antigen or PCR). This guidance applies regardless of your vaccination status or if the test you took was completed in person at a clinic or at home (also called self-tests). At-home test results should be reported to the Health Department by completing [this online form](#). The chart continues on the next page. Find more detailed information:

- for people with COVID-19 about isolating and notifying close contacts at healthvermont.gov/covid19positive
- for close contacts about quarantine and testing at healthvermont.gov/aboutclosecontact.

	Initial Test Result	Next Steps	Results from Follow Up PCR	Final Steps
PCR Test	Negative without symptoms	None Or, if you are a close contact and in quarantine, continue following the quarantine guidance .	A follow up PCR is not needed.	
	Negative with symptoms	Stay home until symptoms resolve. If you are a close contact and in quarantine, continue following the quarantine guidance .	A follow up PCR is not needed.	
	Positive with or without symptoms	Treat as a positive. Isolate and notify close contacts	A follow up PCR is not recommended. A follow up negative PCR test during your isolation period does not end isolation. Follow the guidance for ending isolation at	

COVID-19 Testing Decision Chart

	Initial Test Result	Next Steps	Results from Follow Up PCR	Final Steps
			healthvermont.gov/covid19positive	
Antigen Test	Negative without symptoms	None Or, if you are a close contact and in quarantine, continue following the quarantine guidance .	A follow up PCR is not needed.	
	Antigen Test	Treat as a positive. Isolate and notify close contacts.	A follow up PCR is not needed. Note: People in group living settings should follow additional guidance for antigen testing . Source: Guidance for Antigen Testing, CDC	
However, if a PCR was done within 48 hours of the initial test and the result is negative...			Stay home until symptoms resolve. If you are a close contact and in quarantine, continue following the quarantine guidance .	
If a PCR was done within 48 hours of the initial test and the result is positive...			Isolate and notify close contacts.	
	Negative with	Get a follow up PCR test.	If PCR is positive...	Isolate and notify close contacts.

COVID-19 Testing Decision Chart

	Initial Test Result	Next Steps	Results from Follow Up PCR	Final Steps
	symptoms	If you are a close contact and in quarantine, continue following the quarantine guidance .	If PCR is negative...	Stay home until symptoms resolve. If you are a close contact and in quarantine, continue following the quarantine guidance .