

# "Nitakulinda, utanilinda."

- Kaa nyumbani kadri uwezavyo, toka nje kwa ajili ya vitu muhimu.
- Vaa kisetiri cha uso wakati unaenda nje karibu na wengine.
- Weka futi 6 mbali na wengine.



futi 6

A horizontal orange double-headed arrow pointing left and right, positioned below the text 'futi 6'.