

Tallaalada COVID-19 waxa heli doona dadka ku nool gobalka Vermont ee qaba xaaladaha caafimaad qaarkood. Xaaladahan ayaa la ogaaday inay dadka khatar badan galin karaan oo ah inay si dhab ah ugu xanuunsadaan caabuqa COVID-19 marka loo eego xaaladaha kale ee caafimaad.

Kansarka hadda jira

Dadka la nool kansarku waxay leeyihiin unugyo aan caadi ahayn oo sii tarmaya lana xakamayn karin. Unugyadani waxay ku faafi karaan unugyada kale ee xubnaha jirku ka samaysan yihiin. Unugyada kansarku waxay u dhaqaaqi karaan qaybaha kale ee jirka iyagoo maraaya dhiigga iyo nidaamyada kale. Kansarro badan ayaa loogu magac daray qaybta jirka ee ay saameeyeen (tusaale ahaan, kansarka sambabku wuxuu ka bilaabmaa sambabka).

Cudurka Kelyaha Mudada Dheer Ah

Dadka la nool cudurka kelyaha ee mudada dheer ah waxay leeyihiin kelyo ay dhibaato soo gaadhay ama aan nadiifin karin dhiigga iyo sidoo kale kelyo caafimaad qaba marka kelyaha aysan si fiican ushaqeynin, qashinka iyo biyaha dheeraadka ah ee jirka ku jira. Tani waxay sababi kartaa cudurka wadnaha, dhiig karka, iyo iyo dhibaatooyin caafimaad oo kale.

COPD, Oo ay kujirto Emfasiima iyo Boronjaaytiska Jitama

COPD (chronic obstructive pulmonary disease) waa koox cudurro ah oo sababa marin-haweedkaaga inay xirmaan iyo waxayna kugu adkeynaysaa inaad neefsan weydo. Imfasiima iyo boronkaytiska waa laba nooc oo kamid ah COPD.

Cudurada Wadnaha

Tan waxa kamid ah dhowr cudur oo jiidama taas oo wadnaha dhaawaca. Tan waxa kamid ah wadne istaagga, wadnaha oo shaqeyn waaya, wadne talaxgabka xirmiddu keento, iyo cudurada halbawlayaasha wadnaha ama cudurka wadnaha oo dhiigga bixiya (coronary artery disease) (ayna dhiig iyo ogsijiin ku filayn wadnaha gaarayn). Cudurka xirmidda ama dhuubashada hawl bawlaha wadnuhu wuxuu keeni karaa xanuun aad u aran, ama damqasho xun oo laabta ah. Cudurrada kale ee wadnaha waxa kamid ah cardiomyopathies (xaalado ka dhiga wax adag in wadnuhu dhiigga tuuro) iyo dhiigkarka xididada sambabka aada (cadaadiska dhiigga ee sarreeya xididada dhiigga ee wadnaha taga). Cadaadiska dhiigga ee sare kuma jiro.

Difaaca jirka ee dhantaalan (Nidaamka Difaaca ee la Daciifiyey)

Dadka kujira xaaladdani ma awoodaan inay la dagaalamaan caabuqa sababtoo ah nidaamkooda difaaca ayaan si wacan u shaqaynayn. Tan waxau sababi kara xubin-ku-beddelid adag, ama cudduro yaraanta difaaca jirka. Tan waxaa oo ku jira dadka qaba HIV iyo unugyada CD4 oo hooseeya ama aan ku jirin daawada HIV-ga. Isticmaalka corticosteroids ama daroogooyinka kale waxay kaloo daciifin karaanhabka nidaamka difaaca.

Cayil Daran (BMI ah 40 ama ka badan)

Miisaanka loo tixgeliyo waxaa ka sarreeya waxa caafimaadka u leh dherer la siiyay- tusaale ahaan, qofka jooggiisu yahay 65 inj, ama 5 fuudh iyo 5 fuud 5 inj oo dherer ah, oo miisaankiisu yahay 240 pound wuxuu leeyahay BM-ga 40.

Uurka

Haweenka uurka leh waxaa lagu daraa wajiga xaaladaha caafimaadka maxaa yeelay kuwa uurka leh waxay halis sare ugu jiraan inay aad ugu jiradaan caabuqa COVID-19.

Sonkorowga Nooca 1 iyo Nooca 2

Dadka qaba sonkorowga waxay leeyihiin beeryaro aan si fiican u isticmaalin insuliin ta. Insuliintu waa hormoon uu jirku sameeyo oo gacan ka gaysta in cuntada (sonkor) tamar laga helo.

Naafuoyinka

Naafuoyinka dadka halista ugu sarraysa u galinaya inay aad ugu bukoodaan COVID-19 waxa kamid ah xaaladaha koromosoomyada/hidde-sidaha (chromosomal disorders), sida Down syndrome; naafuoyinka garasho; iyo naafuoyinka sambabka ku adkeeya inay shaqeeyaan oo ay ku jiraan cystic fibrosis.

Cudurka Sickle Cell

Ciladaha unugyada dhiigga ee jirka u keena unugyada dhiigga cas ee dhiigga oo aad u yar isla markaana sababa in unugyada dhiigga cas ay isu beddelaan qaab “C” ah , taas oo ka dhigaysa inay ku dhegaan xididdada dhiigga isla markaana ka joojiyaan dhiigga qulqulka.

The COVID-19 vaccines will be available to people in Vermont who have certain health conditions. These conditions have been found to put people at more risk for getting really sick from COVID-19 compared to other health conditions.

Current Cancer

People living with cancer have cells that are not normal and divide out of control. These cells can spread to other tissues that make up organs in the body. Cancer cells can move to other parts of the body through the blood and other systems. Many cancers are named after the part of the body they impact (for example, lung cancer begins in the lung).

Chronic Kidney Disease

People living with chronic kidney disease have kidneys that have become damaged or cannot clean the blood as well as healthy kidneys. When the kidneys don't work well, wastes and extra water build up in the body. This can cause heart disease, high blood pressure, and other health problems.

COPD, Including Emphysema and Chronic Bronchitis

COPD (chronic obstructive pulmonary disease) is a group of diseases that cause your airway to be blocked and can make it hard to breathe. Emphysema and chronic bronchitis are two kinds of COPD.

Heart Disease

This includes several chronic illnesses that hurt the heart. This includes heart attack, heart failure, congestive heart failure, and coronary artery disease or ischemic heart disease (not enough blood and oxygen can reach the heart). Coronary artery disease can cause angina, or bad pain in the chest. Other heart diseases include cardiomyopathies (conditions that make it harder for the heart to pump blood) and pulmonary hypertension (high pressure in the blood vessels leading to the heart). High blood pressure is not included.

Immunocompromised (Weakened Immune System)

People with this condition are not able to fight off infections because their immune system is not working well. This can be due to solid organ transplant, blood or bone marrow transplant, or immune deficiency diseases. This also includes people who have HIV and a low CD4 cell count or are not on HIV treatment. Using corticosteroids or other drugs can also make the immune system weaker.

Severe Obesity (BMI of 40 or above)

Weight that is considered above what is healthy for a given height – for example, someone who is 65 inches, or 5 feet 5 inches tall, and weighs 240 pounds has a BMI of 40.

Pregnancy

Pregnant people are included in the health conditions phase because those who are pregnant are at an increased risk of becoming very sick from COVID-19.

Type 1 and Type 2 Diabetes

People with diabetes have pancreases that do not use insulin well. Insulin is a hormone created by the body to help break down energy (sugar) from food.

Disabilities

Disabilities that put people at the highest risk of becoming very sick from COVID-19 include chromosomal disorders, like Down syndrome; intellectual disabilities; and disabilities that make it hard for lungs to work, including cystic fibrosis.

Sickle Cell Disease

Blood cell disorders that cause the body to have too few red blood cells and cause red blood cells to change into a “C” shape, which makes them get stuck in blood vessels and stop blood from flowing.