

Review of Strategies and Recommendations MAC, Prevention and Education Subcommittee

Mark A. Levine, MD – Commissioner



Substance Misuse Prevention Model

Policies and Systems

Local, state, and federal policies and laws, economic and cultural influences, media



Community

Physical, social and cultural environment



Organizations

##**#**###

Schools, worksites, faith-based organizations, etc.



Relationships

Family, peers, social networks



🕯 Individual

Knowledge, attitudes, beliefs

What the Health Department and partners are doing in our communities

- Laws and ordinances to reduce access and density of substances
- Taxes to reduce youth and young adult consumption
- · Media and educational campaigns
 - Rental housing rules and recommendations
 - Retail sales limits
 - Town planning guidance
 - Substance-free events
 - · School and worksite wellness
 - School and worksite substance use policies and recommendations
- Parenting programs
- Community Services
- Volunteering
- Youth empowerment
- Mentoring
- Education

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Lessons from Tobacco and Alcohol that Could Apply to Cannabis Regulation

- □ Smoke-free policies
- □ Limiting access to youth: outlet density, type of outlet
- □ Taxation, minimum price laws
- Allowing local control over outlet density and advertising
- □ Restrict access by age
- Child-resistant packaging
- □ Limiting advertising and internet sales
- □ Enforcement of laws

Recommendations Requiring Prevention Funding

- □ Establish a substance misuse prevention fund \$7M
 - Substance misuse advisory committee
- □ Sustained, comprehensive strategies
- □ Substance misuse prevention is not substance-specific

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Substance Misuse Prevention Strategy and Funding Needs

- Establish six regional prevention networks \$6M
 - Apply Strategic Prevention Framework
 - Example of approaches: 7 Strategies for Change from Community Anti-Drug Coalitions of America
 - Examples of programming:
 - Iceland model
 - Vermont Afterschool
 - Deerfield Valley Community Partnership

Substance Misuse Prevention Strategy and Funding Needs

- □ Substance Misuse Advisory Committee \$10,000
- □ Evaluation \$500,000
- □ Media and communication strategies \$300,000
- □ VDH − 1 FTE \$100,000

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School-Based Prevention - \$15M

- □ 1 Full time substance use prevention professional per 250 students
- □ Scale up over five years

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Research and Policy

- □ Research on health effects \$1M annually
- □ Policy Level recommendations, no funding needed
 - Put infrastructure in place before sales begin
 - Prohibit sale of edibles on the regulated market (infused products)
 - Protection for children
 - Restrict advertising