Opioid Coordination Council: Prevention - Vermont, Iceland, Chile

Monday, March 18, 2019
Youth Risk Behavior Survey Results over the Decade
Current Alcohol, Tobacco, and Marijuana Use

In 2017, the percent of students who currently smoke cigarettes dropped below the Healthy Vermonters 2020 Goal of 10%. Over the past decade, the percent of students who currently smoke cigarettes consistently and significantly decreased from 18% to 9%.

Current alcohol use has decreased by 10% since 2007 but significantly increased between 2015 and 2017.

Marijuana use has remained stable over the past 10 years but significantly increased between 2015 and 2017. Current marijuana use among high school students remains above the HV2020 Goal of 20%.
Electronic Vapor Product Use Policy & Prevalence 2012 - 2017

2012: Ban e-cig sales to people under 18 years old

2016: E-cigs added to Clean Indoor Air law (Act 108)

2016: E-cigs display requirements

2012: Ban e-cig sales to people under 18 years old

Youth – Ever Use

30%  - 34%

Youth – Current Use

15%  - 12%

Adult – Ever Use

19%  - 18%

Adult – Current Use

4%

Percent of High School Students Reporting Binge Drinking in Past 30 Days

Year

93 95 97 99 01 03 05 07 09 11 13 15

Percent

35 30 25 20 15

SIG

SPF-SIG

PFS

Vermont

U.S.

VERMONT

SPIDR COORDINATION COUNCIL

HOPE
Our Future is in Prevention – Across the Lifespan

• Messaging campaigns and education to raise awareness, address stigma.
• Evidence-based nurse practitioner home visiting models – ACEs reduction.
• Afterschool curricula and activities for adolescents – the “third space”.
• Iceland model – community activation, parental investment, youth voice.
• School-based primary prevention programs.
• Community mobilization – developing and expanding community coalitions.
The Iceland Model

Substance use decrease amongst 15-16 year old adolescents

[Graph showing trends over time]
Deerfield Valley Community Partnership: Coalition since 1997

• All sectors of our community come together to develop a comprehensive coordinated, inclusive solution to our community's substance abuse problems.

• Focus on Primary Prevention- Preventing the early onset of any substance use

• Community Needs
1997 VT Youth Risk Behavior Survey
Percentage of Middle & High School Students using substances in the past 30 days

- Alcohol: 71% (WSSU 1997 8th Grade), 38% (WSSU 1997 12th Grade)
- Marijuana: 44% (WSSU 1997 8th Grade), 19% (WSSU 1997 12th Grade)
- Tobacco: 67% (WSSU 1997 8th Grade), 24% (WSSU 1997 12th Grade)
Windham Southwest Supervisory Union YRBS
Grades 9-12 Past 30 Day Alcohol Use
1999-2017
Windham Southwest Supervisory Union YRBS
Grades 9-12 Past 30 Day MJ Use
1999-2017