Recovery is the process of healing the physical, emotional, and spiritual harm caused by dependence on alcohol and drugs.

We provide support for people whose lives have been impacted by addiction:

- Addicts and alcoholics seeking recovery
- families
- friends
- neighbors
- co-workers

## Open Hours:

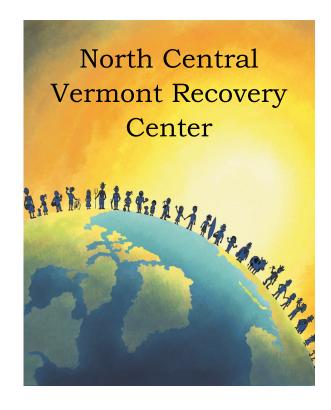
Mon—9am-12pm Tues—Fri 9am-6pm Sat — 11am-4pm Sun—11am-4pm

Open additional evening hours for meetings

The North Central Vermont
Recovery Center is one of
the 12 Recovery Centers
found throughout Vermont.
If you live outside of
Lamoille County and want
to find a recovery center in
your area, check out
healthvermont.gov/adap or
vtrecoverynetwork.org.

North Central Vermont Recovery Center 275 Brooklyn St. Suite 2 Morrisville, VT 05661 Phone: (802) 851-8120

Email: recovery@ncvrc.com
Website: www.ncvrc.com



# **NCVRC**

Helping
Individuals
and families
impacted by alcohol
and drug addiction



Struggling with issues due to drugs and alcohol?

We can help!

The 'Recovery Center' in

Morrisville, VT is a place to find
information about recovery and
substance abuse services in a drug
and alcohol free environment, and
to find people who have direct
personal experience with the
recovery process. It is a place to
find substance-free social
experiences, support, education,
and HOPE. All services are free of
charge!

#### Weekly Schedule

#### Sundays

6PM Open Discussion AA Meeting

#### Mondays:

7PM Families Anonymous

#### Tuesdays:

Noon: High Noon Narcotics Anonymous

4PM GYST (Young Men's mentoring group)

6PM As Bill Sees It (Alcoholics Anonymous)

6PM Overeaters Anonymous

#### Wednesdays:

12PM SMART Recovery

2PM Refuge Recovery

4PM GYSTpync (Young Women's mentoring group)

6:30PM Al-anon

7PM Newcomer's AA Meeting

#### Thursdays:

4PM All Recovery Meeting

**7PM Narcotics Anonymous** 

#### Fridays:

12:30PM Big Book Study

7PM Women's AA Meeting

#### Saturdays:

3PM Letting Go

PLEASE CALL TO VERIFY SCHEDULE

### At NCVRC you will find:

- 12 Step meetings
- Other recovery meetings/support groups
- Educational workshops
- Recovery Coaches (for individual recovery coaching)
- Pathway Guide (peer support for persons on medication assisted treatment)
- Family support
- Support for young adults (G.Y.S.T and GYSTpync mentoring groups)
- Volunteer opportunities
- Sober recreational opportunities and events

