



FREQUENTLY ASKED QUESTIONS ABOUT CANNABIS

Vermont permits adults age 21+ to possess and consume cannabis, but only those who are registered medical marijuana patients may purchase cannabis. Only medical marijuana dispensaries registered with the Department of Public Safety may sell to authorized patients and caregivers under Vermont's medical marijuana laws. Here are some of the most frequently asked questions regarding cannabis use.

Here are some of the most frequently asked questions regarding cannabis use, as well as fact sheets with additional health and safety information.

Who can use cannabis?

- Adults age 21+ are legally permitted to possess cannabis in Vermont within the legal limit.

Is cannabis dangerous?

- Smoke from cannabis contains many of the same toxins and chemicals found in tobacco smoke and inhaling it can increase the risk of developing lung problems. It can also alter your mental state, making some activities like driving dangerous while under the influence. Cannabis use can have additional risks for youth and pregnant individuals.

Who can buy and sell cannabis?

- Adults age 21+ may only purchase cannabis if they are registered medical marijuana patients or authorized caregivers. Only medical marijuana dispensaries registered with the Department of Public Safety are permitted to sell cannabis in Vermont.

Can I grow my own cannabis?

- Adults age 21+ who are not medical marijuana patients are permitted to grow, use, and possess cannabis within the legal limit. It is legal for adults age 21+ to grow up to 2 mature plants, and up to 4

immature plants (without flowers or buds). In shared dwellings, such as among roommates or family members, the limits for the entire dwelling are still 2 mature plants and 4 immature plants. Plants must be shielded from public view or access, and inaccessible to anyone younger than 21.

Where is it legal to use cannabis?

- Adults age 21+ can use cannabis on private property. It is illegal to use, smoke, eat, or vape cannabis in public places. It is illegal to smoke cannabis or cannabis products in places where it is illegal to smoke tobacco. Property owners and landlords may ban the use and possession of cannabis on their privately owned properties, and employers can ban possession and use at the workplace. It is illegal to use or possess cannabis in Section 8 housing and to use or cultivate cannabis at licensed child care centers or after school programs.

Can pregnant individuals use cannabis?

- Leading doctors' organizations recommend that individuals who are pregnant or breastfeeding, or plan to become pregnant soon, do not use cannabis.

How does cannabis affect youth?

- Young people who use cannabis regularly can harm their memory and ability to learn. There is also a greater risk for depression, anxiety, and schizophrenia.

Is driving while high illegal?

- Yes. It is illegal to use cannabis in any sort of operating vehicle: whether you are the driver or a passenger. If you are under the influence of cannabis while operating a car, boat or other vehicle, a law enforcement officer can pull you over and conduct a sobriety test, and you could lose your license.

Under Vermont law, adults 21 or older can use, carry, and grow cannabis (marijuana, weed, pot, etc.), with important restrictions. Vermont Law, known as Act No. 86 (H.511): Eliminating Penalties for Possession of Limited Amounts of Marijuana by Adults 21 or Older took effect on July 1, 2018, and includes information about where you can use cannabis, how much you can possess, and the penalties for illegal use. Adults 21 or older are also permitted to purchase cannabis if they are registered medical marijuana patients or authorized caregivers. Only medical marijuana dispensaries registered with the Department of Public Safety may sell cannabis in Vermont. For more information, visit: <https://legislature.vermont.gov/bill/status/2018/H.511>

