

# Amabwirizwa yo kugenzura ipima rya COVID-19

Koresha aya mabwirizwa ku ntambwe zikurikira uzofata umaze kuronka inyishu ntabanduka y'igipimo, cerekana nimba ufise canke udafise ibimenyetso hamwe n'ubwoko bw'igipimo (antigen canke PCR). Aya mabwirizwa arakuraba hatizunzwe urucanco wahawe canke nimba igipimo wafashe cari kigukwiriye, wagifatiye kwa muganga acanke i muhira (citwa kwipima). Inyishu z'igipimo co muhira zitegerezwa gutangwa mu gisata c'amagara y'abantu mu kwuzura [iyi fomu ku rubuga](#). Amakuru arabandanya ku rupapuro rukurikira. Ronka ayandi amakuru asobanuye:

- **ku bantu barwaye COVID-19** bari hafi yo kuja aha bonyene kandi bamenyesheje abo begeranye kuri [healthvermont.gov/covid19positive](https://healthvermont.gov/covid19positive)
- **abegeranye n'umurwayi** bari hafi yo kuja mu mwiherero no gupimwa kuri [healthvermont.gov/aboutclosecontact](https://healthvermont.gov/aboutclosecontact).

	Igipimo ntabanduka	Intambwe zikurikira:	Inyishu ziva Kurikirana PCR	Intambwe za nyuma
Igipimo PCR	<b>Arakomeye</b> nta bimenyetso afise	Nta bihari  Canke, nimba uri mubegeranye kandi ukaba uri mu mwiherero, bandanya ukurikiza ama <a href="#">bwirizwa y'umwiherero</a> .	Gukurikirana PCR nti bikenewe.	
	<b>Arakomeye</b> afise bimenyetso	Guma muhira kugeza ibimenyetso biheze.  Canke, nimba uri mu begeranye kandi ukaba uri mu mwiherero, bandanya ukurikiza ama <a href="#">bwirizwa y'umwiherero</a> .	Gukurikirana PCR nti bikenewe.	
	<b>Ararwaye</b> afise canke nta bimenyetso afise	Afatwa nk'uwurwaye. Ja aha wenyene kandi umenyesheshe abo mwegeranye.	Gukurikirana PCR nti birekuwe.  Gukurikirana igipimo PCR cerekana ko utanduye mugihe co kuja ahawenyene ntigiheza igihe co kuba aha wenyene. Kurikirana amerekezo yo guheza ukuba aha	

## Aho gufatira ingingo yo gupima COVID-19

	Igipimo ntabanduka	Intambwe zikurikira:	Inyishu ziva Kurikirana PCR	Intambwe za nyuma
			wenyene kuri <a href="https://healthvermont.gov/covid19positive">healthvermont.gov/covid19positive</a>	
<p>Urupimwo rukoresha ubumara butuma abasoda b'umubiri bakora uburinzi</p> <p>Igipimo gikoresha ubumara butuma abasoda b'umubiri bakora uburinzi</p>	<b>Arakomeye</b> nta bimenyetso afise	Nta bihari Canke, nimba uri mubegeranye kandi ukaba uri mu mwiherero, bandanya ukurikiza ama <a href="#">bwirizwa y'umwiherero</a> .	Gukurikirana PCR nti bikenewe.	
	<b>Ararwaye</b> afise canke nta bimenyetso afise	Afatwa nk'urwaye. Ja aha wenyene kandi umenyesheshe abo mwegeranye.	Gukurikirana PCR nti bikenewe. Menya: Abantu baba ahantu mumigwi bategerezwa gukurikiza amabwirizwa yo <a href="#">igipimo gikoresha ubumara butuma abasoda b'umubiri bakora uburinzi</a> . Bikomoka kuri <a href="#">Amabwirizwa y'igipimo gikoresha ubumara butuma abasoda b'umubiri bakora uburinzi, CDC</a>	
			Muri make, nimba PCR yakozwe mu masaha 48 y'igipimo ntabanduka kandi igipimo kiba cerekana ko utarwaye...	Guma muhira kugeza ibimenyetso biheze. Canke, nimba uri mu begeranye kandi ukaba uri mu mwiherero, bandanya ukurikiza ama <a href="#">bwirizwa y'umwiherero</a> .
			Nimba PCR yakozwe mu masaha 48 y'igipimo ntabanduka kandi inyishu zikaba zerekana ko urwaye...	Ja aha wenyene kandi umenyesheshe abo mwegeranye.
	<b>Arakomeye</b> afise bimenyetso	Kurikirana igipimo PCR.	Nimba PCR yerekana ko urwaye...	Ja aha wenyene kandi umenyesheshe abo mwegeranye.

## Aho gufatira ingingo yo gupima COVID-19

	Igipimo ntabanduka	Intambwe zikurikira:	Inyishu ziva Kurikirana PCR	Intambwe za nyuma
		Canke, nimba uri mu begeranye kandi ukaba uri mu mwiherero, bandanya ukurikiza ama <a href="#">bwirizwa y'umwiherero</a> .	Nimba PCR yerekana ko ukomeye...	Guma muhira kugeza ibimenyetso biheze. Canke, nimba uri mu begeranye kandi ukaba uri mu mwiherero, bandanya ukurikiza ama <a href="#">bwirizwa y'umwiherero</a> .

# COVID-19 Follow-up Testing Guide

Use this guide for next steps to take after receiving an initial test result, based on whether or not you have symptoms and type of test (antigen or PCR). This guidance applies regardless of your vaccination status or if the test you took was completed in person at a clinic or at home (also called self-tests). At-home test results should be reported to the Health Department by completing [this online form](#). The chart continues on the next page. Find more detailed information:

- for people with COVID-19 about isolating and notifying close contacts at [healthvermont.gov/covid19positive](https://healthvermont.gov/covid19positive)
- for close contacts about quarantine and testing at [healthvermont.gov/aboutclosecontact](https://healthvermont.gov/aboutclosecontact).

	Initial Test Result	Next Steps	Results from Follow Up PCR	Final Steps
PCR Test	Negative without symptoms	None  Or, if you are a close contact and in quarantine, continue following the <a href="#">quarantine guidance</a> .	A follow up PCR is not needed.	
	Negative with symptoms	Stay home until symptoms resolve.  If you are a close contact and in quarantine, continue following the <a href="#">quarantine guidance</a> .	A follow up PCR is not needed.	
	Positive with or without symptoms	Treat as a positive. Isolate and notify close contacts	A follow up PCR is not recommended.  A follow up negative PCR test during your isolation period does not end isolation. Follow the	

## COVID-19 Testing Decision Chart

	Initial Test Result	Next Steps	Results from Follow Up PCR	Final Steps
			guidance for ending isolation at <a href="https://healthvermont.gov/covid19positive">healthvermont.gov/covid19positive</a>	
Antigen Test	Negative without symptoms	None Or, if you are a close contact and in quarantine, continue following the <a href="#">quarantine guidance</a> .	A follow up PCR is not needed.	
	Antigen Test	Treat as a positive. Isolate and notify close contacts.	A follow up PCR is not needed. Note: People in group living settings should follow additional guidance for <a href="#">antigen testing</a> .  Source: <a href="#">Guidance for Antigen Testing, CDC</a>	
However, if a PCR was done within 48 hours of the initial test and the result is negative...			Stay home until symptoms resolve. If you are a close contact and in quarantine, continue following the <a href="#">quarantine guidance</a> .	
If a PCR was done within 48 hours of the initial test and the result is positive...			Isolate and notify close contacts.	
	Negative with symptoms	Get a follow up PCR test.	If PCR is positive...	Isolate and notify close contacts.

## COVID-19 Testing Decision Chart

	Initial Test Result	Next Steps	Results from Follow Up PCR	Final Steps
		If you are a close contact and in quarantine, continue following the <a href="#">quarantine guidance</a> .	If PCR is negative...	Stay home until symptoms resolve. If you are a close contact and in quarantine, continue following the <a href="#">quarantine guidance</a> .