



2019 VERMONT YOUTH RISK BEHAVIOR SURVEY REPORT

WINDSOR COUNTY



2019 VERMONT YOUTH RISK BEHAVIOR SURVEY

The Vermont Department of Health would like to acknowledge the work and effort of all the schools, teachers and students who participate in the Youth Risk Behavior Survey each year.

Copies of the questionnaires, state-wide reports, data briefs, and additional sub-state reports are available online.

Visit the Vermont Department of Health YRBS website at:
<https://www.healthvermont.gov/yrbs>

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Table of Contents

About the YRBS	3
Methodology	4
How Accurate are the Results?	4
Populations in Focus	5
Using the YRBS Results	5
Understanding and Interpreting the Results	6
Key Terms and Statistical Differences Used in the Report	7
High School Results	8
Demographics.....	9
Violence and Unintentional Injuries.....	11
Mental Health.....	17
Lifetime Substance Use.....	18
Past 30 Day Substance Use.....	22
Tobacco, Alcohol, and Marijuana Use Among Current Users.....	25
Other Substance Use Related Topics.....	30
Perceptions of Substance Use.....	32
Sexual Health.....	36
Weight, Physical Activity, and Nutrition.....	41
Social Determinants of Health.....	50
Youth Assets and Other Protective Factors.....	52
Middle School Results	55
Demographics.....	56
Violence and Unintentional Injuries.....	58
Mental Health.....	62
Lifetime Substance Use.....	63
Past 30 Day Substance Use.....	65
Tobacco, Alcohol, and Marijuana Use Among Current Users.....	67
Other Substance Use Related Topics.....	71
Perceptions of Substance Use.....	72
Sexual Health.....	76
Physical Activity, and Nutrition.....	77
Social Determinants of Health.....	84
Youth Assets and Other Protective Factors.....	85

About the YRBS

The Youth Risk Behavior Survey (YRBS) is a national school-based survey that monitors the health-risk behaviors that contribute to the leading causes of death and disability among youth and young adults. These include:

- Behaviors that contribute to unintentional injuries and violence
- Alcohol and other drug use
- Tobacco use
- Unhealthy dietary behaviors
- Inadequate physical activity
- Sexual health behaviors related to pregnancy and STDs

The YRBS also measures other high priority health-related behaviors and protective factors. These include:

- Prevalence of obesity
- Attitudes and perceptions related to substance use
- Food and housing insecurity
- Youth assets
- Academic achievement
- Sexual Orientation and gender identity

In Vermont, the YRBS has been conducted during the spring semester of odd years since 1993.

2019 VERMONT YOUTH RISK BEHAVIOR SURVEY

Methodology

The Department of Health works with the Agency of Education and the CDC to conduct two separate surveys: a high school survey of students in grades 9 through 12, and a middle school survey of middle school students in grades 6 through 8. These surveys are conducted as a census at all public schools and select independent schools across the state.

The middle school and high school surveys differ slightly. The shorter middle school survey focuses more on lifetime behaviors and includes questions on fighting, bullying, suicidality, substance use, attitudes and perceptions about substance use, sexual activity, nutrition, physical activity, youth assets, and other factors related to health equity. The high school survey includes questions on these topics as well as more in-depth questions on current behaviors as well as self-reported height and weight, driving behaviors, and other drugs used.

Student participation in the YRBS is anonymous and voluntary.

In addition, to protect students anonymity, data is suppressed when less than 50 students respond to a question or less than 5 students answer a question in a particular way.

How Accurate are the Results?

Numerous precautions are taken to ensure the reliability and validity of the results. The Centers for Disease Control and Prevention (CDC) runs over 100 consistency checks on the data to exclude careless, invalid, or logically inconsistent answers. These internal reliability checks help identify the small percentage of students who falsify their answers. These precautions can reduce some sources of error, but not all.

The CDC also weights data, a mathematical procedure that makes data representative of the population from which it was drawn. Only states with an overall response rate of at least 60% are weighted based on gender, grade, and race/ethnicity.

Information about the methodology of the national, state, and large urban school district YRBS has been described elsewhere and can be found online from the CDC's Healthy Youth-DASH website at: <https://www.cdc.gov/healthyyouth/data/yrbs/methods>

Other information including "Do students tell the truth" is available on the Vermont Department of Health YRBS webpage at: <https://www.healthvermont.gov/yrbs>

2019 VERMONT YOUTH RISK BEHAVIOR SURVEY

Populations in Focus

Adverse health outcomes and behaviors experienced by specific populations are not intrinsic to youth themselves and are often instead due to social, economic and environmental inequities. The Vermont Department of Health acknowledges that these inequities can have a greater impact than individual choices. To identify disparities and help tell the complex story of youth across Vermont, health-related factors and behaviors experienced by the following specific populations are noted throughout this report:

- Sex (biological)
- Grade
- Race, Ethnicity
- Sexual Orientation / Gender Identity

Please note: Due to the small sample size, all students of color were grouped into a “SOC” category to compare to white, non-Hispanic students. For similar reasons, lesbian, gay, bisexual, and transgender students were grouped into a “LGBT” category to compare to heterosexual/cisgender students.

Using the YRBS Results

Engaging students, schools, and communities

The YRBS can detect changes in risk behaviors over time and identify differences among ages, grades, and genders. With these data, school and community organizations can focus prevention efforts and determine whether school policies and community programs are having the intended effect on student behaviors.

Think of the YRBS as a tool for starting discussions, for educating the community, for planning and evaluating programs, and for comparing Vermont students with other students nationwide.

Start the Conversation: Use the YRBS to begin a conversation with teens about the personal choices they make or about the health of their community. Ask them if the results accurately reflect what they see happening around them. How do they explain the results? From their perspective, what is or is not working? How would they promote healthy behaviors?

Increase Awareness: The YRBS provides an opportunity to break through “denial” and make community members aware of the risks that their young people face. It can also dispel myths and correct misinformation about the “average teenager.” The YRBS can accentuate the positive and celebrate the fact that many students are abstaining from behaviors that endanger their health and their ability to succeed.

Plan and Evaluate Programs: The YRBS can serve as the basis of a community needs assessment. It can help identify strengths and weaknesses in communities and can inform strategies to address those weaknesses.

2019 VERMONT YOUTH RISK BEHAVIOR SURVEY

Remember to Look at the Positive Side: In most cases, the majority of adolescents are NOT engaging in risky behaviors. Although most of the charts examine the prevalence of risk behaviors, please do not forget about the percentage of adolescents who are NOT engaging in these behaviors.

Participate in Getting to 'Y': Getting to Y provides an opportunity for students to take a lead in bringing meaning to their own Youth Risk Behavior Survey data and taking steps to strengthen their school and community based on their findings. Schools and districts across the state form teams to analyze local level data, identify areas of strength and concern, and create a preliminary action plan. Through the Getting to 'Y' program, students attend a training day where they learn tools and strategies to examine data, explore root causes, and create next action steps. In addition, teams plan and host a community dialogue event to share their executive summary with the school and community.

For more information on upcoming Getting to Y trainings, newsletters, and resources visit Getting to Y at <http://www.upforlearning.org/initiatives/getting-to-y>

<https://www.healthvermont.gov/yrbs>

Understanding and Interpreting the Results

The results in this report are weighted by gender, grade, and race/ethnicity in order to compensate for absenteeism and incomplete surveys. The weighting allows the results to be fully representative of middle school students in grades six through eight (middle school survey) and high school students grades nine through twelve (high school survey). Weighting permits us to draw inferences about the school-based student population in Vermont.

Throughout this report, statistically significant differences are noted. Statistical significance is calculated by comparing the 95% confidence intervals of two or more values. If the confidence intervals overlap, the percentages are not different. In other words, the two groups are not statistically different from one another. If the confidence intervals do not overlap, there is a statistical difference between the two groups.

A 95% confidence interval is a range of values and can vary due to the size of a particular population or how consistently students responded to an item. Sometimes, when comparing the responses of two or more groups, the difference between the overall percentages may look very different, but the two numbers are not statistically different. Other times, the two values may be very close but differ statistically.

While this report notes statistical differences, we encourage you to consider meaningful difference: does the disparity merit a targeted intervention, show a real change in health, or otherwise mean something important to the community (statistics aside).

2019 VERMONT YOUTH RISK BEHAVIOR SURVEY

This report includes the overall results or prevalence for all students in Vermont as well as the overall results and results by demographics for students in Windsor County

Key Terms and Statistical Differences Used in the Report

Each table includes a note about any statistical differences between the overall VT and Windsor County prevalence rates.

When subpopulations are included, statistical comparisons between subpopulations of students within Windsor County are also noted.

Throughout this report you will see the following key terms and statistical notations.

Key Terms

- . = Too few students to report
- VT = All students in Vermont
- County = All students in Windsor County
- M = Male students in Windsor County
- F = Female students in Windsor County
- Older = Students in grades 11 and 12
- Younger = Students in grades 9 and 10
- WnH = White, non-Hispanic students in Windsor County
- SOC = Students of color in Windsor County
- Het = Heterosexual or cisgender students in Windsor County
- LGBT = Lesbian, gay, bisexual, or transgender students in Windsor County

Statistical Differences

Some subgroups of students defined by where they live, sex, race/ethnicity, grade in school, and sexual orientation / gender identity status have a higher prevalence of many health-risk behaviors that might place them at risk for unnecessary or premature mortality, morbidity, and social problems. Statistical differences, including differences between VT and Windsor County students as well as differences within Windsor County by sex, grade, race, and sexual orientation / gender identity are noted by the following notations:

α = Students across VT are statistically different than students in Windsor

β = Male students are statistically different from female students

ϵ = 11th and 12th grade students are statistically different from 9th and 10th grade students; 6th grade students are significantly different from 7th and 8th grade students

ι = 8th grade students are significantly different from 6th and 7th grade students

δ = Results statistically increase or decrease with each grade

ζ = Students of color (SOC) are statistically different from white, non-Hispanic (WnH) students

θ = Lesbian, gay, bisexual and transgender (LGBT) students are statistically different from heterosexual and cisgender (HET) students

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HIGH SCHOOL RESULTS

Demographics

Sex	VT	Windsor
Female	48	51
Male	52	49

Grade	VT	Windsor
9th grade	25	27
10th grade	25	26
11th grade	25	23
12th grade	25	23

Demographics

Race	VT	Windsor
Students of Color	16	15
White, non-Hispanic	84	85

Sexual Orientation / Gender Identity	VT	Windsor
Lesbian, Gay, Bisexual, or Transgender	14	14
Heterosexual / Cisgender	86	86

Violence and Unintentional Injuries

Physical Violence	VT	Windsor	Gender		Grade Level				WnH	SOC	Het	LGBT	Statistical Differences	
			M	F	9th	10th	11th	12th					β	ϵ
Were in a physical fight, past year	18	16	22	11	20	18	12	14	16	21	16	18	β	ϵ
Carried a weapon on school property, past 30 days	5	4	6	2	2	4	5	4	3	6	4	4	β	
Were threatened or injured with a weapon on school property, past 30 days	7	6	5	6	6	6	5	7	6	7	6	9		
Did not go to school because they felt unsafe at school or on their way to or from school, past 30 days	6	7	4	10	8	7	7	9	7	11	6	18	β	θ

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Violence and Unintentional Injuries

Bullying	VT	Windsor	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT	Statistical Differences		
													β	ϵ	θ
Were electronically bullied, past year	16	15	9	21	17	18	15	10	15	18	14	27	β	ϵ	θ
Were bullied, past 30 days	17	17	12	22	21	19	16	12	17	20	15	33	β	ϵ	θ
Bullied someone, past 30 days	10	9	10	9	10	9	11	9	9	11	8	15			θ

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Violence and Unintentional Injuries

Sexual and Dating Violence	VT	Windsor	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT	Statistical Differences	
Report someone has ever done sexual things to them that they did not want	18	17	6	28	15	17	18	19	17	20	14	33	β	θ
Experienced physical dating violence, past year	8	6	5	7	6	8	7	3	6	7	5	14		θ
Reported someone they were dating or going out with purposely tried to control them or emotionally hurt them one or more times, past year	28	25	18	31	29	28	25	16	24	31	22	41	α	β ε θ
Have sent or received a revealing or sexual photo of someone using social media, email, or texting on their smartphone, computer, iPad or other tablet, past 30 days	27	23	21	26	20	25	24	25	23	28	23	32	α	θ

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Violence and Unintentional Injuries

Motor Vehicle Safety	VT	Windsor	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT	Statistical Differences		
													α	β	θ
Rode with a driver who had been drinking alcohol, past 30 days	17	14	12	17	14	14	13	16	14	15	13	20	α	β	θ
Rode in a car or other vehicle driven by someone who had been using marijuana, past 30 days	23	20	19	21	14	19	23	27	19	25	19	28	α	ϵ	θ

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Violence and Unintentional Injuries

Motor Vehicle Safety, Among Students Who Drive													Statistical Differences	
	VT	Windsor	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT		
Texted or e-mailed while driving a car or other vehicle, past 30 days	35	34	34	35	8	17	50	48	34	39	36	31		ε
Drove a car or other vehicle when they had been drinking alcohol, past 30 days	6	4	6	3	.	2	4	7	3	11	4	9	α	ζ
Drove a car or other vehicle when they had been using marijuana, past 30 days	15	13	16	11	9	9	15	19	13	14	12	21		ε θ

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Violence and Unintentional Injuries

Unintentional Injuries & Prevention													Statistical Differences			
	VT	Windsor	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT				
Rarely or never wore a helmet when skiing or snowboarding, past year	11	6	8	3	5	6	6	6	5	8	5	10	α	β		
Had a concussion from playing a sport or being physically active, past year	18	16	17	15	14	18	18	14	15	21	17	13				
Had a sunburn, past year	73	79	74	83	76	75	79	85	82	61	79	74	α	β	ε	ζ

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Mental Health

Mental Health	VT	Windsor	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT	Statistical Differences		
													α	β	θ
Did something to purposely hurt themselves without wanting to die, past year	19	18	8	26	21	19	16	14	17	22	13	43	β	ε	θ
Felt sad or hopeless, past year	31	29	18	39	28	30	30	26	28	31	24	58	β		θ
Made a plan about how they would attempt suicide, past year	13	12	9	15	13	13	13	9	12	13	8	35	β		θ
Attempted suicide, past year	7	5	3	7	6	6	7	2	5	7	3	19	β		θ

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Lifetime Substance Use

Tobacco, Alcohol, or Marijuana Use Before Age 13	VT	Windsor	Gender		Grade Level				WnH	SOC	Het	LGBT	Statistical Differences		
			M	F	9th	10th	11th	12th					α	ζ	θ
First tried cigarette smoking before age 13 years	7	5	4	5	5	4	6	5	4	9	4	11	α	ζ	θ
Drank alcohol before age 13	13	11	11	11	13	10	12	8	10	17	10	16		ζ	
Tried marijuana for the first time before age 13 years	6	4	5	4	5	5	5	2	4	9	4	9		ζ	θ

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Lifetime Substance Use

Lifetime Substance Use - Alcohol, Marijuana, & Tobacco	VT	Windsor											Statistical Differences		
			M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT			
Ever tried cigarette smoking	22	17	17	17	11	13	19	25	16	22	15	27	α	ϵ	θ
Ever used an electronic vapor product	50	49	46	51	35	46	52	64	48	53	49	54		ϵ	
Ever used a flavored tobacco product	27	23	22	25	17	19	26	34	24	22	24	28	α	ϵ	
Ever drank alcohol	55	53	48	57	36	46	64	69	53	55	53	59	β	ϵ	
Ever used marijuana	40	37	37	38	21	33	47	52	37	38	37	45		ϵ	

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Lifetime Substance Use

Lifetime Substance Use - Prescription Drug Misuse													Statistical Differences		
	VT	Windsor	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT			
Ever used a prescription drug	12	10	9	10	9	8	9	13	8	18	9	16	α	ζ	θ
Ever took prescription pain medicine without a doctor's prescription or differently than how a doctor told them to use it	9	7	6	7	7	6	6	8	6	14	6	10	α	ζ	
Have taken prescription stimulants without a doctor's prescription or differently than how a doctor told them to use it one or more times	7	6	6	6	5	5	6	9	5	10	5	12		ζ	θ

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Lifetime Substance Use

Lifetime Substance Use - Other Drug Use	VT	Windsor	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT	Statistical Differences
Ever used cocaine	4	3	4	2	2	2	3	5	2	6	2	4	ζ
Ever used inhalants	7	6	7	5	7	7	3	4	5	12	5	9	ε ζ
Ever used heroin	2	1	2	1	1	.	1	.	1	4	1	3	ζ θ
Ever used methamphetamines	2	1	2	1	.	2	.	2	1	4	1	3	ζ

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Past 30 Day Substance Use

Past 30 Day Tobacco Use	VT	Windsor	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT	Statistical Differences	
Currently smoked cigarettes or cigars or used smokeless tobacco or electronic vapor products	28	24	24	24	14	19	30	35	24	24	24	28	α	ε
Currently smoked cigarettes or cigars or used smokeless tobacco	10	7	9	5	2	5	9	13	7	7	7	10	α	β ε
Tried to quit using all tobacco products, past year	44	45	43	48	41	51	43	46	46	43	45	54		

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Past 30 Day Substance Use

Past 30 Day Tobacco Use	VT	Windsor	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT	Statistical Differences		
													α	ε	θ
Currently smoked cigarettes	7	4	3	5	2	3	5	6	4	4	3	9	α	ε	θ
Currently used an electronic vapor product	26	23	23	23	14	18	29	33	23	22	23	26	α	ε	
Currently used smokeless tobacco	3	3	5	.	.	2	3	5	3	4	3	.		ε	
Currently smoked cigars	6	4	6	2	.	2	5	9	4	5	4	4	α	β	ε

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Past 30 Day Substance Use

Past 30 Day Alcohol and Other Drug Use													Statistical Differences	
	VT	Windsor	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT		
Currently drank alcohol	31	29	26	32	16	21	34	48	29	30	29	32	ε	
Binge drank, past 30 days	15	14	13	15	5	9	20	26	14	15	15	12	ε	
Currently used marijuana	27	24	24	24	13	21	30	35	24	25	23	33	ε	θ
Currently took any prescription medication without a doctor's prescription or differently than how a doctor told them to use it	5	4	4	4	3	4	5	5	3	9	3	10	ζ	θ

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Tobacco, Alcohol, and Marijuana Use Among Current Users

Frequency of Cigarette Use, Among Current Users	Windsor
1 or 2 days	41
3 to 5 days	14
6 to 9 days	7
10 to 19 days	11
20 to 29 days	.
All 30 days	24

Number of Cigarettes Smoked, Among Current Users	Windsor
Less than 1 cigarette	41
1 cigarette	22
2 to 5 cigarettes	21
6 to 10 cigarettes	7
11 to 20 cigarettes	.
More than 20 cigarettes	9

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Tobacco, Alcohol, and Marijuana Use Among Current Users

Frequency of EVP Use, Among Current Users

	Windsor
1 or 2 days	24
3 to 5 days	11
6 to 9 days	11
10 to 19 days	17
20 to 29 days	11
All 30 days	27

Primary Reason for EVP Use, Among Current Users

	Windsor
Friend/family used them	21
To try to quit other tobacco	4
Cost less than other tobacco	.
Easier to get than other	2
Less harmful than other	12
Available in flavors	8
Used for some other reason	52

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Tobacco, Alcohol, and Marijuana Use Among Current Users

Source of EVP, Among Current Users	Windsor
Bought them in a store	16
I got them on the Internet	2
Someone else bought them	21
Borrowed them	36
Someone gave them to me	14
Took them from a store	.
Some other way	11

Type of EVP Used, Among Current Users	Windsor
JUUL /rechargeable w pods	70
Vape Pen/recharge e-cig	5
Disposable e-cig/vaping	12
Mods with refillable tanki	6
Other e-vapor product	4
Not sure	3

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Tobacco, Alcohol, and Marijuana Use Among Current Users

Frequency of Alcohol Use, Among Current Users	Windsor
1 or 2 days	53
3 to 5 days	25
6 to 9 days	12
10 to 19 days	5
20 to 29 days	3
All 30 days	2

Largest Amount of Alcohol Consumed in One Sitting, Among Current Users	Windsor
1 or 2 drinks	37
3 drinks	5
4 drinks	11
5 drinks	14
6 or 7 drinks	17
8 or 9 drinks	6
10 or more drinks	10

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Tobacco, Alcohol, and Marijuana Use Among Current Users

Frequency of Marijuana Use, Among Current Users

	Windsor
1 or 2 times	41
3 to 9 times	21
10 to 19 times	12
20 to 39 times	9
40 or more times	17

Primary Way Marijuana was Used, Among Current Users

	Windsor
Smoked it	62
Ate in food	9
Drank in tea or other drink	.
Vaporized	19
Dabbed it	7
Some other way	2

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Other Substance Use Related Topics

Substance Use Exposure and Prevention	VT	Windsor	Gender		Grade Level				WnH	SOC	Het	LGBT	Statistical Differences	
			M	F	9th	10th	11th	12th					α	ε
Were asked by a doctor, dentist, or nurse if they smoked, past year	61	66	65	68	54	66	72	75	67	65	66	69	α	ε
Most of the time or always see ads for cigarettes or other tobacco products	50	52	46	58	54	52	53	50	55	39	53	53	β	ζ

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Other Substance Use Related Topics

Substance Use on School Property	VT	Windsor	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT	Statistical Differences			
													α	ε	ζ	θ
Attended school under the influence of alcohol or other illegal drugs, past year	15	12	12	12	6	11	14	18	11	17	10	21	α	ε	ζ	θ
Were offered, sold, or given an illegal drug on school property, past year	19	18	19	16	14	20	20	17	17	21	17	21				

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Perceptions of Substance Use

Perceptions of Substance Use - Peer Use													Statistical Differences		
	VT	Windsor	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT			
Think it is wrong or very wrong for someone their age to use electronic vapor products	56	58	57	59	68	62	55	45	58	57	59	50			ϵ
Think it is wrong or very wrong for someone their age to drink alcohol	53	54	57	50	70	58	45	37	54	51	54	46	β		ϵ
Think it is wrong or very wrong for someone their age to use marijuana	51	54	55	54	71	61	46	35	54	55	56	40	α	δ	θ

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Perceptions of Substance Use

Perceptions of Substance Use - Parental Beliefs													Statistical Differences		
	VT	Windsor	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT			
Responded that their parents or guardians feel it would be wrong or very wrong for the student to use electronic vapor products	84	88	87	88	88	92	84	85	87	88	89	82	α	ε	θ
Responded that their parents or guardians feel it would be wrong or very wrong for the student to drink alcohol	69	71	72	70	85	78	64	54	71	71	72	62		δ	θ
Responded that their parents or guardians feel it would be wrong or very wrong for the student to use marijuana	75	79	77	80	83	85	74	70	79	78	81	62	α	ε	θ

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Perceptions of Substance Use

Perceptions of Substance Use - Ease of Access													Statistical Differences	
	VT	Windsor	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT		
Say if they wanted to get electronic vapor products, it would be sort of easy or very easy for them to get some	73	74	72	76	62	71	77	86	74	72	74	76		ε
Say if they wanted to get alcohol, it would be sort of easy or very easy for them to get some	67	68	62	73	62	67	69	74	68	66	67	75	β	ε
Say if they wanted to get marijuana, it would be sort of easy or very easy for them to get some	62	61	58	64	45	59	68	75	61	60	60	71	ε	θ

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Perceptions of Substance Use

Perceptions of Substance Use - Harm													Statistical Differences
	VT	Windsor	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT	
Think people greatly risk harming themselves (physically or in other ways) if they use electronic vapor products regularly	29	30	27	33	31	32	28	29	30	31	30	26	β
Think people greatly risk harming themselves (physically or in other ways) if they have five or more drinks of alcohol (beer, wine, or liquor) once or twice each weekend	39	42	36	48	43	49	38	37	42	41	42	45	β ε
Think people greatly risk harming themselves (physically or in other ways) if they use marijuana regularly	23	24	20	27	33	28	18	15	23	26	26	15	β ε θ

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Sexual Health

HIV and STD Testing	VT	Windsor	M		F		9th	10th	11th	12th	WnH	SOC	Het	LGBT	Statistical Differences
			M	F	M	F									
Were ever tested for human immunodeficiency virus (HIV)	13	11	12	10	8	8	14	15	11	12	11	11	ε		
Were ever tested for a sexually transmitted disease (STD)	11	10	9	10	3	8	14	15	9	12	10	12	ε		

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Sexual Health

Sexual Activity	VT	Windsor	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT	Statistical Differences	
													α	δ
Ever had sexual intercourse	40	36	36	36	15	29	45	59	36	36	37	40	α	δ
Had sexual intercourse for the first time before age 13 years	3	2	2	1	3	1	2	.	1	5	1	5		ζ θ
Had sexual intercourse with four or more persons during their life	9	6	6	6	1	2	8	12	6	6	5	7	α	ε
Were currently sexually active	31	28	27	29	9	20	36	51	29	23	30	25		δ

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Sexual Health

Sexual Activity Among Students Who Had Sexual Intercourse During the Previous Three Months

Prescription Birth Control Use, Among Sexually Active Students													Statistical Differences
	VT	Windsor	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT	
Used birth control pills before last sexual intercourse, among sexually active students	32	35	32	37	.	27	39	39	35	29	37	.	ε
Used a shot (e.g., Depo-Provera), patch (e.g., OrthoEvra), or birth control ring (e.g., NuvaRing), among sexually active students	4	3	.	4	3	.	2	.	
Used an IUD (e.g., Mirena or ParaGard) or implant (e.g., Implanon or Nexplanon), among sexually active students	19	21	20	21	.	23	24	19	21	19	22	.	

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Sexual Health

Sexual Activity Among Students Who Had Sexual Intercourse During the Previous Three Months

Condom & Birth Control Use, Among Sexually Active Students													Statistical Differences
	VT	Windsor	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT	
Used a condom during last sexual intercourse, among sexually active students	54	64	67	62	.	71	60	64	65	.	64	.	α
Used birth control pills; an IUD or implant; or a shot, patch, or birth control ring, among sexually active students	56	58	53	62	.	51	66	60	59	50	61	.	ε
Used both a condom during last sexual intercourse and birth control pills; an IUD or implant; or a shot, patch, or birth control ring before last sexual intercourse, among sexually active students	21	28	26	30	.	27	32	29	29	.	30	.	α

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Sexual Health

Sexual Activity Among Students Who Had Sexual Intercourse During the Previous Three Months

Condom & Birth Control Use, Among Sexually Active Students	VT	Windsor			9th	10th	11th	12th	WnH	SOC	Het	LGBT	Statistical Differences
			M	F									
Did not use any method to prevent pregnancy, among sexually active students	6	4	3	4	.	.	.	4	4	.	2	.	

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Weight, Physical Activity, and Nutrition

Weight and Weight Perceptions	VT	Windsor	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT	Statistical Differences	
													β	θ
Were obese	13	12	15	10	12	11	13	13	13	10	11	19	β	θ
Were overweight	14	12	12	12	14	13	13	7	11	14	11	13		
Described themselves as slightly or very overweight	31	30	23	35	26	30	33	31	29	33	25	51	β	θ
Were trying to lose weight	43	42	27	56	42	42	42	42	42	44	38	62	β	θ

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Weight, Physical Activity, and Nutrition

Physical Activity	VT	Windsor	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT	Statistical Differences	
													β	θ
Did not participate in at least 60 minutes of physical activity on at least one day, past week	14	12	10	14	11	13	13	12	11	17	10	19	β	θ
Were physically active at least 60 minutes per day every day, past week	22	24	30	18	30	23	24	18	24	23	26	14	β	θ
Were physically active at least 60 minutes per day on 5 or more days, past week	46	53	58	47	58	55	49	48	53	53	57	35	α	β ε θ
Play video or computer games or used a computer 3 or more hours per day	48	48	48	47	49	49	50	42	47	53	46	54		

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Weight, Physical Activity, and Nutrition

Physical Activity at School													Statistical Differences
	VT	Windsor	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT	
Report they participate in physical activity or other short breaks during class at least 1x per week	62	61	61	60	72	62	54	51	61	58	62	55	ε
Report they participate in physical activity or other short breaks during class, every day	23	24	28	20	27	23	23	21	24	24	25	19	β

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Weight, Physical Activity, and Nutrition

Soda and Sugar-Sweetened Beverage Consumption													Statistical Differences
	VT	Windsor	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT	
Did not drink any soda or sugar-sweetened beverages, past week	23	24	19	28	24	23	21	27	23	26	24	25	β
Drank a can, bottle, or glass of soda or a sugar-sweetened beverage, past week	18	17	20	13	18	15	18	15	16	20	16	19	β
Drank soda or sugar-sweetened beverages 2+ times per day, past week	10	8	10	6	9	7	10	7	7	11	7	9	β
Drank soda or sugar-sweetened beverages 3+ times per day, past week	5	4	5	3	4	3	6	3	3	7	4	3	

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Weight, Physical Activity, and Nutrition

Water Consumption													Statistical Differences
	VT	Windsor	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT	
Drank one or more glasses per day of water, past week	79	81	81	82	81	79	82	82	81	79	82	79	
Drank two or more glasses per day of water, past week	70	72	73	72	73	71	70	77	73	68	73	68	
Drank three or more glasses per day of water, past week	54	56	56	56	56	54	56	59	57	51	57	52	

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Weight, Physical Activity, and Nutrition

Fruit and Vegetable Consumption	VT	Windsor											Statistical Differences
			M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT	
Ate 5+ fruits/vegetables every day, past week	21	24	23	25	25	27	18	25	23	28	25	22	α

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Weight, Physical Activity, and Nutrition

Fruit Consumption													Statistical Differences
	VT	Windsor	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT	
Did not eat fruit or drink 100% fruit juices, past week	6	6	7	5	6	9	4	4	6	6	6	6	
Ate fruit or drank 100% fruit juices one or more times per day, past week	62	63	66	61	62	63	63	66	63	64	65	55	θ
Ate fruit or drank 100% fruit juices two or more times per day, past week	31	33	33	33	35	35	27	33	32	37	35	28	

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Weight, Physical Activity, and Nutrition

Vegetable Consumption	VT	Windsor											Statistical Differences	
			M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT		
Did not eat vegetables, past week	5	4	6	3	5	5	3	3	4	6	4	8	β	θ
Ate vegetables one or more times per day, past week	72	75	76	75	71	77	74	80	76	73	78	69	α	θ
Ate vegetables two or more times per day, past week	37	41	41	41	38	46	37	41	40	42	42	38	α	
Ate vegetables three or more times per day, past week	19	21	21	21	21	23	18	21	20	24	21	22		

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Weight, Physical Activity, and Nutrition

Breakfast Consumption	VT	Windsor	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT	Statistical Differences
													ζ θ
Did not eat breakfast, past week	11	12	11	12	13	13	11	9	11	17	10	19	ζ θ
Ate breakfast on at least 5 days, past week	54	56	61	51	57	56	54	55	57	50	58	41	β θ
Ate breakfast on all 7 days, past week	37	38	43	34	42	39	37	35	39	33	41	23	β θ

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Social Determinants of Health

Social Determinants of Health	VT	Windsor			9th	10th	11th	12th	WnH	SOC	Het	LGBT	Statistical Differences	
			M	F									ζ	θ
Have ever slept away from their parents or guardians because they were kicked out, ran away, or were abandoned	4	3	2	4	2	3	3	5	2	7	2	7	ζ	θ
Most of the time or always went hungry because there was not enough food in their home, past 30 days	2	2	2	1	2	1	2	.	2	.	1	3		
Have a physical disability, emotional problems, or learning disability	30	32	25	39	32	31	34	32	31	37	27	53	β	θ

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Social Determinants of Health

Social Determinants of Health	VT	Windsor	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT	Statistical Differences
Described their grades in school as mostly A's or B's	78	78	75	82	76	75	77	85	78	81	80	73	β
Report they are most likely to attend a 4-year college or university, a community college, or technical school after high school	76	80	74	86	73	78	81	88	80	78	81	79	α β ε

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Youth Assets and Other Protective Factors

Protective Factors - Family	VT	Windsor			9th	10th	11th	12th	WnH	SOC	Het	LGBT	Statistical Differences		
			M	F									α	ε	θ
Did not eat dinner at home with parents, past week	9	8	8	7	6	8	7	9	7	10	7	11	α		
Ate dinner at home with parent at least 2x, past week	86	88	88	89	91	88	87	87	89	86	89	82			θ
Ate dinner at home with at least one of their parents or other adult family member on 4+ days, past week	75	78	79	76	83	79	75	71	78	73	79	68	α	ε	θ

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Youth Assets and Other Protective Factors

Protective Factors - School Connectedness													Statistical Differences	
	VT	Windsor	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT		
Reported there is at least one teacher or other adult in their school that they can talk to if they have a problem	78	80	77	82	70	80	83	88	81	72	81	74	ε	ζ
Strongly agree or agree that their school has clear rules and consequences for behavior	56	58	63	54	62	56	56	59	58	59	61	47	β	θ
Do not participate in any afterschool activities	34	26	28	24	27	21	28	27	26	22	25	29	α	
Spend 10 or more hours participating in afterschool activities	24	30	29	31	27	32	30	32	30	30	30	29	α	

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Youth Assets and Other Protective Factors

Protective Factors - Community	VT	Windsor											Statistical Differences	
			M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT		
Strongly agree or agree that in their community they feel like they matter to people	58	60	65	55	57	58	58	67	61	55	64	45	β	θ

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2019 VERMONT YOUTH RISK BEHAVIOR SURVEY REPORT

MIDDLE SCHOOL RESULTS

Demographics

Sex	VT	Windsor
Female	49	49
Male	51	51

Grade	VT	Windsor
6th grade	24	25
7th grade	38	39
8th grade	38	36

Demographics

Race	VT	Windsor
Students of Color	19	19
White, non-Hispanic	81	81

Sexual Orientation / Gender Identity	VT	Windsor
Lesbian, Gay, Bisexual, or Transgender	11	12
Heterosexual / Cisgender	89	88

Violence and Unintentional Injuries

Violence	VT	Windsor										Statistical Differences		
			M	F	6th	7th	8th	WnH	SOC	Het	LGBT			
Were ever in a physical fight	41	41	55	27	40	41	41	39	49	42	46	β	ζ	
Did not go to school because they felt they would be unsafe at school or on their way to or from school, past 30 days	9	8	6	11	8	10	7	7	12	7	20	β	ζ	θ
Report someone has ever done sexual things to them that they did not want	10	9	4	14	4	9	12	8	12	7	25	β	ε	θ

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Violence and Unintentional Injuries

Bullying	VT	Windsor										Statistical Differences	
			M	F	6th	7th	8th	WnH	SOC	Het	LGBT		
Were ever bullied on school property	45	48	42	53	47	47	49	47	53	45	68	β	θ
Were ever electronically bullied	24	25	17	32	20	23	29	23	33	22	50	β	ζ θ
Were bullied, past 30 days	24	24	18	30	26	24	23	23	30	20	50	β	θ
Bullied someone, past 30 days	9	8	8	9	7	9	9	8	11	8	11		

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Violence and Unintentional Injuries

Unintentional Injuries & Prevention												Statistical Differences	
	VT	Windsor	M	F	6th	7th	8th	WnH	SOC	Het	LGBT		
Rarely or never wear a bicycle helmet	6	4	22	23	16	22	27	22	27	22	34	α	θ
Rarely or never wear a helmet when skiing or snowboarding	6	4	4	4	6	4	3	4	.	3	8	α	
Had a concussion from playing a sport or being physically active, past year	19	18	19	17	20	17	18	18	18	19	15		
Had a sunburn, past year	66	64	61	67	57	66	66	68	45	65	68		ζ

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Violence and Unintentional Injuries

Motor Vehicle Safety	VT	Windsor										Statistical Differences	
			M	F	6th	7th	8th	WnH	SOC	Het	LGBT		
Rarely or never wear a seat belt	45	50	1	2	1	1	2	1	3	1	6	α	θ
Ever rode with a driver who had been drinking alcohol	20	19	16	21	13	19	23	19	20	19	27		
Have ever ridden in a car driven by someone who had been using marijuana	10	9	6	12	5	9	12	9	12	8	22	β	θ

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Mental Health

Mental Health	VT	Windsor										Statistical Differences		
			M	F	6th	7th	8th	WnH	SOC	Het	LGBT			
Ever seriously thought about killing themselves	18	18	13	23	14	18	21	17	24	15	42	β	θ	
Ever made a plan about how they would kill themselves	12	12	9	16	9	11	16	11	19	10	34	β	ζ	θ
Ever tried to kill themselves	6	6	4	8	4	7	7	5	11	4	19	β	ζ	θ
Have ever done something to purposely hurt themselves without wanting to die, such as cutting or burning themselves on purpose, past year	18	20	12	27	13	20	24	19	26	16	52	β	ζ	θ
Felt sad or hopeless, past year	23	25	15	34	22	22	29	23	33	20	56	β	ζ	θ

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Lifetime Substance Use

Lifetime Substance Use	VT	Windsor										Statistical Differences	
			M	F	6th	7th	8th	WnH	SOC	Het	LGBT		
Ever tried a cigarette	7	6	5	7	2	6	10	6	9	6	14	ϵ	θ
Ever tried a flavored tobacco product	8	7	6	7	4	6	9	6	11	6	14		θ
Ever used an electronic vapor product	16	14	13	14	6	12	20	12	21	14	24	δ	ϵ ι ζ θ
Ever drank alcohol	20	19	20	19	10	19	27	18	27	19	26	δ	ϵ ι ζ
Ever used marijuana	7	7	5	8	2	6	11	6	10	7	13	δ	ϵ ι θ
Have ever taken a prescription drug without a doctor's prescription or differently than how a doctor told them to use it	6	7	6	8	6	7	7	6	10	6	12		θ
Ever used inhalants	5	4	4	5	1	5	5	4	4	4	7	ϵ	

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Lifetime Substance Use

Substance Use Before Age 11	VT	Windsor										Statistical Differences	
			M	F	6th	7th	8th	WnH	SOC	Het	LGBT		
Tried cigarette smoking for the first time before age 11 years	3	3	3	2	.	3	3	2	4	3	5		
Drank alcohol for the first time before age 11 years	9	8	9	7	5	10	9	7	13	8	13		ζ
Tried marijuana for the first time before age 11 years	1	1	1	1	.	1	2	1	2	1	.		

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Past 30 Day Substance Use

Past 30 Day Tobacco Use												Statistical Differences		
	VT	Windsor	M	F	6th	7th	8th	WnH	SOC	Het	LGBT			
Currently smoked cigarettes or cigars or used smokeless tobacco	2	2	1	2	.	1	3	1	4	1	5		ζ	θ
Currently smoked cigarettes or cigars or used smokeless tobacco or electronic vapor products	9	7	6	9	3	6	12	7	11	7	15	β	ι	θ
Currently smoked cigarettes	2	2	1	2	.	1	2	1	4	1	5		ζ	θ
Currently used an electronic vapor product	8	7	5	9	3	6	11	7	10	7	15	β	ι	θ
Currently used smokeless tobacco	1	1	.	1	.	.	1	0	2	1	.		ζ	
Currently smoked cigars	1	1	1	1	.	.	1	.	4	1	3			θ

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Past 30 Day Substance Use

Past 30 Day Alcohol and Other Substance Use												Statistical Differences	
	VT	Windsor	M	F	6th	7th	8th	WnH	SOC	Het	LGBT		
Currently drank alcohol	7	6	5	8	3	5	10	5	12	6	9		α ϵ
Binge drank, past 30 days	2	2	1	2	.	1	3	1	4	1	3		ϵ
Currently used marijuana	5	5	3	6	2	3	8	4	9	4	10	β	α ϵ θ

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Tobacco, Alcohol, and Marijuana Use Among Current Users

Frequency of Cigarette Use, Among Current Users

Windsor

1 or 2 days	35
3 to 9 days	28
10 to 29 days	5
Every day	32

Number of Cigarettes Smoked, Among Current Users

Windsor

1 or Less	54
2 to 5 cigarettes	20
11 or more cigarettes	26

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Tobacco, Alcohol, and Marijuana Use Among Current Users

Frequency of EVP Use, Among Current Users	Windsor
1 or 2 days	41
3 to 9 days	33
10 to 29 days	16
Every day	9

Access to EVP, Among Current Users	Windsor
Bought them in a store or online	3
Borrowed them	59
Someone else bought them or someone gave them to me	21
Took them from a store	2
Some other way	15

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Tobacco, Alcohol, and Marijuana Use Among Current Users

Reason for EVP Use, Among Current Users	Windsor
Friend/family used them	33
To try to quit other tobacco	5
Cost less than other tobacco	1
Easier to get than other	3
Less harmful than other	3
Available in flavors	15
Used for some other reason	40

Type of EVP Used, Among Current Users	Windsor
JUUL / pod-type device	64
Vape Pen / rechargeable e-cigarette	10
Disposable e-cigarette / vaping device	3
Mods with refillable tank	8
Other electronic vapor product	6
Not sure	9

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Tobacco, Alcohol, and Marijuana Use Among Current Users

Frequency of Marijuana Use, Among Current Users	Windsor
1 or 2 times	53
3 to 9 times	19
10 to 19 times	9
20+ times	20

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Other Substance Use Related Topics

Tobacco Use Exposure & Prevention												Statistical Differences			
	VT	Windsor	M	F	6th	7th	8th	WnH	SOC	Het	LGBT				
Were asked by a doctor, dentist, or nurse if they smoked	33	37	37	36	21	34	49	37	38	37	44		δ	ε	ι
Most of the time or always see ads for cigarettes or other tobacco products	46	47	47	48	40	49	50	50	42	48	58			ε	

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Perceptions of Substance Use

Perceptions of Peer Use as Wrong or Very Wrong	VT	Windsor										Statistical Differences				
			M	F	6th	7th	8th	WnH	SOC	Het	LGBT	α	δ	ϵ	ι	θ
Think it is wrong or very wrong for someone their age to use electronic vapor products	84	86	85	88	94	88	80	87	82	87	76	α	δ	ϵ	ι	θ

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Perceptions of Substance Use

Perceptions of Substance Use - Parental Beliefs												Statistical Differences	
	VT	Windsor	M	F	6th	7th	8th	WnH	SOC	Het	LGBT		
Responded that their parents or guardians feel it would be wrong or very wrong for the student to use electronic vapor products	92	93	93	95	94	94	93	94	91	94	92		
Responded that their parents or guardians feel it would be wrong or very wrong for the student to drink alcohol	87	88	87	89	92	87	86	88	87	89	84		
Responded that their parents or guardians feel it would be wrong or very wrong for the student to use marijuana	92	92	93	92	95	92	92	93	91	94	87	θ	

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Perceptions of Substance Use

Perceptions of Substance Use - Ease of Access												Statistical Differences						
	VT	Windsor	M	F	6th	7th	8th	WnH	SOC	Het	LGBT							
Say if they wanted to get electronic vapor products, it would be sort of easy or very easy for them to get some	29	28	30	26	14	24	41	28	31	28	39			δ	ε	ι	θ	
Say if they wanted to get alcohol, it would be sort of easy or very easy for them to get some	40	42	38	47	22	41	56	43	43	42	50			β	δ	ε	ι	
Say if they wanted to get marijuana, it would be sort of easy or very easy for them to get some	19	18	16	20	9	16	26	17	26	17	35			δ	ε	ι	ζ	θ

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Perceptions of Substance Use

Perceptions of Substance Use - Harm												Statistical Differences	
	VT	Windsor	M	F	6th	7th	8th	WnH	SOC	Het	LGBT		
Think people greatly risk harming themselves (physically or in other ways) if they use electronic vapor products regularly	45	47	44	50	56	45	42	46	46	47	35	ε	θ
Think people greatly risk harming themselves (physically or in other ways) if they have five or more drinks of alcohol (beer, wine, or liquor) once or twice each weekend	45	46	45	48	49	47	44	46	48	47	40		
Think people greatly risk harming themselves (physically or in other ways) if they use marijuana regularly	49	51	47	56	62	54	41	51	50	53	32	β	ι θ

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Sexual Health

Sexual Activity & Condom Use	VT	Windsor										Statistical Differences	
			M	F	6th	7th	8th	WnH	SOC	Het	LGBT		
Ever had sexual intercourse	5	5	5	5	.	4	9	4	9	4	14		ζ θ
Used a condom during last sexual intercourse, among those who have has sexual intercourse	58	56		

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Physical Activity, and Nutrition

Physical Activity: 60 min per day												Statistical Differences	
	VT	Windsor	M	F	6th	7th	8th	WnH	SOC	Het	LGBT		
Did not participate in at least 60 minutes of physical activity on at least 1 day, past week	9	9	9	9	9	8	9	8	12	6	20		θ
Were physically active at least 60 minutes per day on 5 or more days, past week	56	56	61	52	58	56	55	57	55	62	33	β	θ
Were physically active at least 60 minutes per day on all 7 days, past week	30	30	37	23	33	30	28	29	34	33	17	β	θ

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Physical Activity, and Nutrition

Physical Inactivity	VT	Windsor										Statistical Differences
			M	F	6th	7th	8th	WnH	SOC	Het	LGBT	
Watch television 1 hour or less per day	42	40	37	44	43	43	36	39	45	38	51	θ
Watch television 3 or more hours per day	22	22	23	22	21	25	20	22	23	21	30	θ

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Physical Activity, and Nutrition

Physical Inactivity	VT	Windsor	M	F	6th	7th	8th	WnH	SOC	Het	LGBT	Statistical Differences	
Play video or computer games or used a computer 1 hour or less per day	58	56	62	50	47	56	63	57	54	55	73	β	θ
Play video or computer games or used a computer 3 or more hours per day	41	39	41	37	29	37	46	39	39	37	58	ι	θ

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Physical Activity, and Nutrition

Physical Activity at School	VT	Windsor	M	F	6th	7th	8th	WnH	SOC	Het	LGBT	Statistical Differences		
												α	ι	θ
Participate in physical activity or other short breaks during class at least once a week	80	77	79	75	81	81	69	78	72	79	65	α	ι	θ
Participate in physical activity or other short breaks during class everyday	64	66	61	71	60	67	69	67	65	65	79	β		θ

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Physical Activity, and Nutrition

Walk or Bike To/From School												Statistical Differences
	VT	Windsor	M	F	6th	7th	8th	WnH	SOC	Het	LGBT	
Walk or ride a bike to school at least once a week when weather permits	74	79	79	80	77	83	78	80	75	80	78	α
Walk or ride their bike to school every day when weather permits	11	9	9	8	10	7	10	8	12	8	9	α

Sport Team Participation												Statistical Differences
	VT	Windsor	M	F	6th	7th	8th	WnH	SOC	Het	LGBT	
Play on at least one sports team, past year	72	70	72	68	69	71	71	71	68	76	47	θ

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Physical Activity, and Nutrition

Water Consumption												Statistical Differences		
	VT	Windsor	M	F	6th	7th	8th	WnH	SOC	Het	LGBT			
Drank one or more glasses per day of water, past week	78	77	79	76	77	79	76	79	76	80	65			θ
Drank two or more glasses per day of water, past week	71	70	73	67	69	72	68	71	69	73	55			θ
Drank three or more glasses per day of water, past week	56	54	57	51	55	58	49	55	52	57	43			θ

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Physical Activity, and Nutrition

Breakfast Consumption	VT	Windsor										Statistical Differences	
			M	F	6th	7th	8th	WnH	SOC	Het	LGBT		
Did not eat breakfast, past week	9	9	6	12	9	8	11	9	11	8	20	β	θ
Ate breakfast on 5 or more days, past week	36	36	29	42	32	34	41	35	41	34	53	β	θ
Ate breakfast on all 7 days, past week	46	47	53	40	52	47	42	47	42	48	29	β	θ

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Social Determinants of Health

Social Determinants of Health	VT	Windsor										Statistical Differences	
			M	F	6th	7th	8th	WnH	SOC	Het	LGBT		
Described their grades in school as mostly A's or B's	66	70	68	73	69	70	72	71	70	74	56	α	θ
Reported in their home people most of the time or always speak a language other than English	6	5	6	5	8	4	5	3	15	5	6		ζ
Most of the time or always went hungry because there was not enough food in their home, past 30 days	3	3	2	3	3	2	3	2	5	2	6		

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Youth Assets and Other Protective Factors

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Youth Assets and Other Protective Factors

Family Engagement												Statistical Differences	
	VT	Windsor	M	F	6th	7th	8th	WnH	SOC	Het	LGBT		
Did not eat dinner at home with at least one of their parents or other adult family member, past week	6	5	4	6	5	5	5	5	5	4	9		
Ate dinner at home with at least one of their parents or other adult family member on two or more days, past week	92	92	93	91	93	92	92	93	90	93	85		θ
Ate dinner at home with at least one of their parents or other adult family member on four or more days, past week	85	86	87	84	87	86	85	87	84	88	72		θ
Ate dinner at home with at least one of their parents or other adult family member every day, past week	61	62	68	57	67	62	60	63	60	65	41	β	θ

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Youth Assets and Other Protective Factors

School Connectedness	VT	Windsor										Statistical Differences		
			M	F	6th	7th	8th	WnH	SOC	Het	LGBT			
Have at least one teacher or other adult in their school that they can talk to if they have a problem	72	74	75	73	79	74	71	75	69	76	62			θ
Strongly agree or agree that their school has clear rules and consequences for behavior	64	64	68	60	71	64	58	63	62	66	49	β		θ

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Youth Assets and Other Protective Factors

Community Connectedness	VT	Windsor										Statistical Differences	
			M	F	6th	7th	8th	WnH	SOC	Het	LGBT		
Strongly agree or agree that in their community they feel like they matter to people	59	58	64	52	64	58	54	58	55	65	23	β	θ

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