



2019 VERMONT YOUTH RISK BEHAVIOR SURVEY REPORT

RUTLAND COUNTY



2019 VERMONT YOUTH RISK BEHAVIOR SURVEY

The Vermont Department of Health would like to acknowledge the work and effort of all the schools, teachers and students who participate in the Youth Risk Behavior Survey each year.

Copies of the questionnaires, state-wide reports, data briefs, and additional sub-state reports are available online.

Visit the Vermont Department of Health YRBS website at:
<https://www.healthvermont.gov/yrbs>

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About the YRBS

The Youth Risk Behavior Survey (YRBS) is a national school-based survey that monitors the health-risk behaviors that contribute to the leading causes of death and disability among youth and young adults. These include:

- Behaviors that contribute to unintentional injuries and violence
- Alcohol and other drug use
- Tobacco use
- Unhealthy dietary behaviors
- Inadequate physical activity
- Sexual health behaviors related to pregnancy and STDs

The YRBS also measures other high priority health-related behaviors and protective factors. These include:

- Prevalence of obesity
- Attitudes and perceptions related to substance use
- Food and housing insecurity
- Youth assets
- Academic achievement
- Sexual Orientation and gender identity

In Vermont, the YRBS has been conducted during the spring semester of odd years since 1993.

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Methodology

The Department of Health works with the Agency of Education and the CDC to conduct two separate surveys: a high school survey of students in grades 9 through 12, and a middle school survey of middle school students in grades 6 through 8. These surveys are conducted as a census at all public schools and select independent schools across the state.

The middle school and high school surveys differ slightly. The shorter middle school survey focuses more on lifetime behaviors and includes questions on fighting, bullying, suicidality, substance use, attitudes and perceptions about substance use, sexual activity, nutrition, physical activity, youth assets, and other factors related to health equity. The high school survey includes questions on these topics as well as more in-depth questions on current behaviors as well as self-reported height and weight, driving behaviors, and other drugs used.

Student participation in the YRBS is anonymous and voluntary.

In addition, to protect students anonymity, data is suppressed when less than 50 students respond to a question or less than 5 students answer a question in a particular way.

How Accurate are the Results?

Numerous precautions are taken to ensure the reliability and validity of the results. The Centers for Disease Control and Prevention (CDC) runs over 100 consistency checks on the data to exclude careless, invalid, or logically inconsistent answers. These internal reliability checks help identify the small percentage of students who falsify their answers. These precautions can reduce some sources of error, but not all.

The CDC also weights data, a mathematical procedure that makes data representative of the population from which it was drawn. Only states with an overall response rate of at least 60% are weighted based on gender, grade, and race/ethnicity.

Information about the methodology of the national, state, and large urban school district YRBS has been described elsewhere and can be found online from the CDC's Healthy Youth-DASH website at: <https://www.cdc.gov/healthyyouth/data/yrbs/methods>

Other information including "Do students tell the truth" is available on the Vermont Department of Health YRBS webpage at: <https://www.healthvermont.gov/yrbs>

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Populations in Focus

Adverse health outcomes and behaviors experienced by specific populations are not intrinsic to youth themselves and are often instead due to social, economic and environmental inequities. The Vermont Department of Health acknowledges that these inequities can have a greater impact than individual choices. To identify disparities and help tell the complex story of youth across Vermont, health-related factors and behaviors experienced by the following specific populations are noted throughout this report:

- Sex (biological)
- Grade
- Race, Ethnicity
- Sexual Orientation / Gender Identity

Please note: Due to the small sample size, all students of color were grouped into a “SOC” category to compare to white, non-Hispanic students. For similar reasons, lesbian, gay, bisexual, and transgender students were grouped into a “LGBT” category to compare to heterosexual/cisgender students.

Using the YRBS Results

Engaging students, schools, and communities

The YRBS can detect changes in risk behaviors over time and identify differences among ages, grades, and genders. With these data, school and community organizations can focus prevention efforts and determine whether school policies and community programs are having the intended effect on student behaviors.

Think of the YRBS as a tool for starting discussions, for educating the community, for planning and evaluating programs, and for comparing Vermont students with other students nationwide.

Start the Conversation: Use the YRBS to begin a conversation with teens about the personal choices they make or about the health of their community. Ask them if the results accurately reflect what they see happening around them. How do they explain the results? From their perspective, what is or is not working? How would they promote healthy behaviors?

Increase Awareness: The YRBS provides an opportunity to break through “denial” and make community members aware of the risks that their young people face. It can also dispel myths and correct misinformation about the “average teenager.” The YRBS can accentuate the positive and celebrate the fact that many students are abstaining from behaviors that endanger their health and their ability to succeed.

Plan and Evaluate Programs: The YRBS can serve as the basis of a community needs assessment. It can help identify strengths and weaknesses in communities and can inform strategies to address those weaknesses.

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Remember to Look at the Positive Side: In most cases, the majority of adolescents are NOT engaging in risky behaviors. Although most of the charts examine the prevalence of risk behaviors, please do not forget about the percentage of adolescents who are NOT engaging in these behaviors.

Participate in Getting to 'Y': Getting to Y provides an opportunity for students to take a lead in bringing meaning to their own Youth Risk Behavior Survey data and taking steps to strengthen their school and community based on their findings. Schools and districts across the state form teams to analyze local level data, identify areas of strength and concern, and create a preliminary action plan. Through the Getting to 'Y' program, students attend a training day where they learn tools and strategies to examine data, explore root causes, and create next action steps. In addition, teams plan and host a community dialogue event to share their executive summary with the school and community.

For more information on upcoming Getting to Y trainings, newsletters, and resources visit Getting to Y at <http://www.upforlearning.org/initiatives/getting-to-y>

<https://www.healthvermont.gov/yrbs>

Understanding and Interpreting the Results

The results in this report are weighted by gender, grade, and race/ethnicity in order to compensate for absenteeism and incomplete surveys. The weighting allows the results to be fully representative of middle school students in grades six through eight (middle school survey) and high school students grades nine through twelve (high school survey). Weighting permits us to draw inferences about the school-based student population in Vermont.

Throughout this report, statistically significant differences are noted. Statistical significance is calculated by comparing the 95% confidence intervals of two or more values. If the confidence intervals overlap, the percentages are not different. In other words, the two groups are not statistically different from one another. If the confidence intervals do not overlap, there is a statistical difference between the two groups.

A 95% confidence interval is a range of values and can vary due to the size of a particular population or how consistently students responded to an item. Sometimes, when comparing the responses of two or more groups, the difference between the overall percentages may look very different, but the two numbers are not statistically different. Other times, the two values may be very close but differ statistically.

While this report notes statistical differences, we encourage you to consider meaningful difference: does the disparity merit a targeted intervention, show a real change in health, or otherwise mean something important to the community (statistics aside).

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This report includes the overall results or prevalence for all students in Vermont as well as the overall results and results by demographics for students in Rutland County

Key Terms and Statistical Differences Used in the Report

Each table includes a note about any statistical differences between the overall VT and Rutland County prevalence rates.

When subpopulations are included, statistical comparisons between subpopulations of students within Rutland County are also noted.

Throughout this report you will see the following key terms and statistical notations.

Key Terms

- . = Too few students to report
- VT = All students in Vermont
- County = All students in Rutland County
- M = Male students in Rutland County
- F = Female students in Rutland County
- Older = Students in grades 11 and 12
- Younger = Students in grades 9 and 10
- WnH = White, non-Hispanic students in Rutland County
- SOC = Students of color in Rutland County
- Het = Heterosexual or cisgender students in Rutland County
- LGBT = Lesbian, gay, bisexual, or transgender students in Rutland County

Statistical Differences

Some subgroups of students defined by where they live, sex, race/ethnicity, grade in school, and sexual orientation / gender identity status have a higher prevalence of many health-risk behaviors that might place them at risk for unnecessary or premature mortality, morbidity, and social problems. Statistical differences, including differences between VT and Rutland County students as well as differences within Rutland County by sex, grade, race, and sexual orientation / gender identity are noted by the following notations:

α = Students across VT are statistically different than students in Rutland

β = Male students are statistically different from female students

ϵ = 11th and 12th grade students are statistically different from 9th and 10th grade students; 6th grade students are significantly different from 7th and 8th grade students

ι = 8th grade students are significantly different from 6th and 7th grade students

δ = Results statistically increase or decrease with each grade

ζ = Students of color (SOC) are statistically different from white, non-Hispanic (WnH) students

θ = Lesbian, gay, bisexual and transgender (LGBT) students are statistically different from heterosexual and cisgender (HET) students

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HIGH SCHOOL RESULTS

Demographics

Sex	VT	Rutland
Female	48	49
Male	52	51

Grade	VT	Rutland
9th grade	25	24
10th grade	25	26
11th grade	25	24
12th grade	25	25

Demographics

Race	VT	Rutland
Students of Color	16	13
White, non-Hispanic	84	87

Sexual Orientation / Gender Identity	VT	Rutland
Lesbian, Gay, Bisexual, or Transgender	14	14
Heterosexual / Cisgender	86	86

Violence and Unintentional Injuries

Physical Violence	VT	Rutland	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT	Statistical Differences			
													β	ε	ζ	θ
Were in a physical fight, past year	18	20	27	13	26	21	18	15	19	31	19	27	β	ε	ζ	θ
Carried a weapon on school property, past 30 days	5	5	8	2	4	4	5	6	4	9	4	6	β	ζ		
Were threatened or injured with a weapon on school property, past 30 days	7	8	8	8	7	9	9	5	7	10	7	12				
Did not go to school because they felt unsafe at school or on their way to or from school, past 30 days	6	9	6	12	9	7	12	10	9	11	8	15	α	β		θ

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Violence and Unintentional Injuries

Bullying	VT	Rutland	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT	Statistical Differences		
													α	β	θ
Were electronically bullied, past year	16	21	14	27	22	21	19	21	20	25	19	31	α	β	θ
Were bullied, past 30 days	17	21	15	28	26	20	22	18	21	22	19	34	α	β	θ
Bullied someone, past 30 days	10	11	12	10	13	9	12	11	11	16	10	14			

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Violence and Unintentional Injuries

Sexual and Dating Violence	VT	Rutland	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT	Statistical Differences		
													β	ϵ	θ
Report someone has ever done sexual things to them that they did not want	18	18	7	30	14	15	20	24	18	20	15	38	β	ϵ	θ
Experienced physical dating violence, past year	8	10	9	11	10	7	8	12	8	19	8	21		ζ	θ
Reported someone they were dating or going out with purposely tried to control them or emotionally hurt them one or more times, past year	28	34	26	42	29	34	31	42	34	38	32	47	α	β	θ
Have sent or received a revealing or sexual photo of someone using social media, email, or texting on their smartphone, computer, iPad or other tablet, past 30 days	27	30	28	32	28	27	28	37	30	31	28	42			θ

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Violence and Unintentional Injuries

Motor Vehicle Safety	VT	Rutland	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT	Statistical Differences	
													α	θ
Rode with a driver who had been drinking alcohol, past 30 days	17	17	17	17	18	14	19	16	17	18	16	21		
Rode in a car or other vehicle driven by someone who had been using marijuana, past 30 days	23	25	26	25	22	19	27	33	25	28	24	36	ϵ	θ

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Violence and Unintentional Injuries

Motor Vehicle Safety, Among Students Who Drive													Statistical Differences
	VT	Rutland	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT	
Texted or e-mailed while driving a car or other vehicle, past 30 days	35	35	31	39	8	13	49	55	35	38	34	45	ε
Drove a car or other vehicle when they had been drinking alcohol, past 30 days	6	6	7	4	6	2	5	9	5	8	4	13	θ
Drove a car or other vehicle when they had been using marijuana, past 30 days	15	16	16	16	11	8	17	26	16	19	15	21	ε

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Violence and Unintentional Injuries

Unintentional Injuries & Prevention													Statistical Differences	
	VT	Rutland	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT		
Rarely or never wore a helmet when skiing or snowboarding, past year	11	13	14	10	16	12	13	10	11	23	11	.		
Had a concussion from playing a sport or being physically active, past year	18	20	22	17	19	16	22	22	19	25	20	17		
Had a sunburn, past year	73	72	65	78	70	71	73	72	75	50	72	75	β	ζ

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Mental Health

Mental Health	VT	Rutland	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT	Statistical Differences	
													β	θ
Did something to purposely hurt themselves without wanting to die, past year	19	21	13	30	24	18	22	22	21	24	15	55	β	θ
Felt sad or hopeless, past year	31	35	24	46	31	32	40	38	35	33	31	63	α	β ε θ
Made a plan about how they would attempt suicide, past year	13	15	9	21	14	16	16	15	15	16	11	36	β	θ
Attempted suicide, past year	7	7	4	11	10	8	5	7	7	11	5	21	β	θ

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Lifetime Substance Use

Tobacco, Alcohol, or Marijuana Use Before Age 13													Statistical Differences
	VT	Rutland	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT	
First tried cigarette smoking before age 13 years	7	8	8	8	10	8	9	4	7	11	7	14	θ
Drank alcohol before age 13	13	15	17	13	16	16	15	13	15	18	14	19	
Tried marijuana for the first time before age 13 years	6	7	8	7	8	10	7	5	7	10	7	12	α

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Lifetime Substance Use

Lifetime Substance Use - Alcohol, Marijuana, & Tobacco	VT	Rutland	Gender		Grade Level				Race/Ethnicity		Sexual Orientation		Statistical Differences		
			M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT			
Ever tried cigarette smoking	22	22	22	22	19	20	23	24	21	25	20	34			θ
Ever used an electronic vapor product	50	53	50	56	46	53	56	59	53	54	52	65	α	ε	θ
Ever used a flavored tobacco product	27	29	27	31	25	23	32	37	29	28	29	35		ε	
Ever drank alcohol	55	56	54	58	41	52	64	67	56	56	55	65		ε	θ
Ever used marijuana	40	44	44	44	32	38	49	57	44	41	42	58	α	ε	θ

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Lifetime Substance Use

Lifetime Substance Use - Prescription Drug Misuse													Statistical Differences	
	VT	Rutland	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT		
Ever used a prescription drug	12	14	15	13	13	15	13	14	13	20	13	20	ζ	θ
Ever took prescription pain medicine without a doctor's prescription or differently than how a doctor told them to use it	9	12	13	11	12	11	12	12	11	17	11	18	α	θ
Have taken prescription stimulants without a doctor's prescription or differently than how a doctor told them to use it one or more times	7	6	7	5	5	6	6	7	6	9	5	9		

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Lifetime Substance Use

Lifetime Substance Use - Other Drug Use													Statistical Differences
	VT	Rutland	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT	
Ever used cocaine	4	3	4	2	3	3	3	4	3	4	2	8	θ
Ever used inhalants	7	8	8	7	11	6	8	6	7	10	6	16	θ
Ever used heroin	2	2	3	1	2	.	2	3	2	.	1	4	β
Ever used methamphetamines	2	2	2	1	1	.	2	2	1	.	1	3	

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Past 30 Day Substance Use

Past 30 Day Tobacco Use	VT	Rutland	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT	Statistical Differences		
Currently smoked cigarettes or cigars or used smokeless tobacco or electronic vapor products	28	31	29	32	26	26	31	39	31	31	30	42	ε	θ	
Currently smoked cigarettes or cigars or used smokeless tobacco	10	10	12	8	8	7	10	15	10	10	9	19	β	ε	θ
Tried to quit using all tobacco products, past year	44	44	46	43	47	47	44	41	44	49	44	49			

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Past 30 Day Substance Use

Past 30 Day Tobacco Use	VT	Rutland											Statistical Differences	
			M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT		
Currently smoked cigarettes	7	5	6	5	6	4	5	7	5	6	4	16		θ
Currently used an electronic vapor product	26	29	26	31	25	25	29	36	29	28	28	40	ϵ	θ
Currently used smokeless tobacco	3	3	5	1	3	3	3	4	3	4	3	5	β	
Currently smoked cigars	6	6	8	4	4	4	6	11	6	6	6	8	β	ϵ

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Past 30 Day Substance Use

Past 30 Day Alcohol and Other Drug Use													Statistical Differences
	VT	Rutland	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT	
Currently drank alcohol	31	31	29	32	24	25	35	40	31	30	31	37	ε
Binge drank, past 30 days	15	15	14	16	10	9	19	23	15	15	14	20	ε
Currently used marijuana	27	27	27	28	21	24	28	36	27	28	26	38	ε θ
Currently took any prescription medication without a doctor's prescription or differently than how a doctor told them to use it	5	5	5	4	5	3	5	6	4	7	4	6	

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Tobacco, Alcohol, and Marijuana Use Among Current Users

Frequency of Cigarette Use, Among Current Users	Rutland
1 or 2 days	35
3 to 5 days	21
6 to 9 days	8
10 to 19 days	15
20 to 29 days	.
All 30 days	20

Number of Cigarettes Smoked, Among Current Users	Rutland
Less than 1 cigarette	41
1 cigarette	17
2 to 5 cigarettes	23
6 to 10 cigarettes	9
11 to 20 cigarettes	.
More than 20 cigarettes	.

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Tobacco, Alcohol, and Marijuana Use Among Current Users

Frequency of EVP Use, Among Current Users

	Rutland
1 or 2 days	16
3 to 5 days	14
6 to 9 days	12
10 to 19 days	12
20 to 29 days	13
All 30 days	34

Primary Reason for EVP Use, Among Current Users

	Rutland
Friend/family used them	18
To try to quit other tobacco	8
Cost less than other tobacco	2
Easier to get than other	.
Less harmful than other	8
Available in flavors	12
Used for some other reason	51

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Tobacco, Alcohol, and Marijuana Use Among Current Users

Source of EVP, Among Current Users	Rutland
Bought them in a store	14
I got them on the Internet	6
Someone else bought them	26
Borrowed them	33
Someone gave them to me	12
Took them from a store	.
Some other way	9

Type of EVP Used, Among Current Users	Rutland
JUUL /rechargeable w pods	74
Vape Pen/recharge e-cig	8
Disposable e-cig/vaping	.
Mods with refillable tanki	12
Other e-vapor product	3
Not sure	2

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Tobacco, Alcohol, and Marijuana Use Among Current Users

Frequency of Alcohol Use, Among Current Users	Rutland
1 or 2 days	49
3 to 5 days	26
6 to 9 days	12
10 to 19 days	9
20 to 29 days	2
All 30 days	2

Largest Amount of Alcohol Consumed in One Sitting, Among Current Users	Rutland
1 or 2 drinks	36
3 drinks	5
4 drinks	9
5 drinks	12
6 or 7 drinks	19
8 or 9 drinks	7
10 or more drinks	12

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Tobacco, Alcohol, and Marijuana Use Among Current Users

Frequency of Marijuana Use, Among Current Users

	Rutland
1 or 2 times	28
3 to 9 times	22
10 to 19 times	16
20 to 39 times	13
40 or more times	20

Primary Way Marijuana was Used, Among Current Users

	Rutland
Smoked it	77
Ate in food	4
Drank in tea or other drink	.
Vaporized	9
Dabbed it	6
Some other way	2

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Other Substance Use Related Topics

Substance Use Exposure and Prevention													Statistical Differences	
	VT	Rutland	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT	β	ε
Were asked by a doctor, dentist, or nurse if they smoked, past year	61	63	58	69	54	63	64	72	63	64	63	68	β	ε
Most of the time or always see ads for cigarettes or other tobacco products	50	52	49	56	50	54	55	50	52	53	53	51		

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Other Substance Use Related Topics

Substance Use on School Property													Statistical Differences
	VT	Rutland	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT	
Attended school under the influence of alcohol or other illegal drugs, past year	15	15	16	13	14	12	15	18	15	17	14	20	
Were offered, sold, or given an illegal drug on school property, past year	19	18	20	16	20	17	16	17	18	18	17	19	

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Perceptions of Substance Use

Perceptions of Substance Use - Peer Use													Statistical Differences	
	VT	Rutland	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT		
Think it is wrong or very wrong for someone their age to use electronic vapor products	56	54	53	55	60	56	55	43	54	53	55	43	ϵ	θ
Think it is wrong or very wrong for someone their age to drink alcohol	53	57	60	53	69	63	53	41	56	60	56	55	α	ϵ
Think it is wrong or very wrong for someone their age to use marijuana	51	51	51	50	64	54	48	37	51	51	53	35	ϵ	θ

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Perceptions of Substance Use

Perceptions of Substance Use - Parental Beliefs													Statistical Differences	
	VT	Rutland	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT		
Responded that their parents or guardians feel it would be wrong or very wrong for the student to use electronic vapor products	84	83	82	84	88	84	84	76	83	81	84	78		ε
Responded that their parents or guardians feel it would be wrong or very wrong for the student to drink alcohol	69	72	70	75	81	79	70	60	72	77	73	68		ε
Responded that their parents or guardians feel it would be wrong or very wrong for the student to use marijuana	75	75	73	76	82	77	71	69	74	76	77	63		ε θ

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Perceptions of Substance Use

Perceptions of Substance Use - Ease of Access													Statistical Differences
	VT	Rutland	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT	
Say if they wanted to get electronic vapor products, it would be sort of easy or very easy for them to get some	73	72	71	73	57	74	73	84	72	70	74	71	ε
Say if they wanted to get alcohol, it would be sort of easy or very easy for them to get some	67	69	65	73	57	71	71	75	69	66	69	72	β ε
Say if they wanted to get marijuana, it would be sort of easy or very easy for them to get some	62	64	63	65	50	62	66	78	64	64	64	70	ε

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Perceptions of Substance Use

Perceptions of Substance Use - Harm													Statistical Differences	
	VT	Rutland	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT		
Think people greatly risk harming themselves (physically or in other ways) if they use electronic vapor products regularly	29	25	22	28	28	25	24	23	25	23	25	22	α	β
Think people greatly risk harming themselves (physically or in other ways) if they have five or more drinks of alcohol (beer, wine, or liquor) once or twice each weekend	39	40	37	44	40	42	37	42	40	42	39	43		
Think people greatly risk harming themselves (physically or in other ways) if they use marijuana regularly	23	23	22	24	30	24	19	19	23	24	24	13	ϵ	θ

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Sexual Health

HIV and STD Testing	VT	Rutland	Gender		Grade Level				WnH	SOC	Het	LGBT	Statistical Differences
			M	F	9th	10th	11th	12th					
Were ever tested for human immunodeficiency virus (HIV)	13	14	12	15	10	10	17	18	13	21	13	17	ε ζ
Were ever tested for a sexually transmitted disease (STD)	11	10	7	12	6	7	15	11	9	14	9	13	β ε

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Sexual Health

Sexual Activity	VT	Rutland	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT	Statistical Differences	
													α	ε
Ever had sexual intercourse	40	45	43	47	24	36	57	62	45	47	44	52	α	ε
Had sexual intercourse for the first time before age 13 years	3	3	3	2	2	4	.	2	2	7	2	8		ζ θ
Had sexual intercourse with four or more persons during their life	9	10	11	10	5	7	11	17	10	11	9	16		ε θ
Were currently sexually active	31	34	30	39	17	26	44	48	34	31	33	41	α	β ε

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Sexual Health

Sexual Activity Among Students Who Had Sexual Intercourse During the Previous Three Months

Prescription Birth Control Use, Among Sexually Active Students													Statistical Differences
	VT	Rutland	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT	
Used birth control pills before last sexual intercourse, among sexually active students	32	30	22	36	14	28	33	34	32	.	31	29	β
Used a shot (e.g., Depo-Provera), patch (e.g., OrthoEvra), or birth control ring (e.g., NuvaRing), among sexually active students	4	3	.	4	9	5	.	.	3	.	3	.	
Used an IUD (e.g., Mirena or ParaGard) or implant (e.g., Implanon or Nexplanon), among sexually active students	19	17	15	19	8	7	16	27	18	.	19	8	ε

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Sexual Health

Sexual Activity Among Students Who Had Sexual Intercourse During the Previous Three Months

Condom & Birth Control Use, Among Sexually Active Students													Statistical Differences
	VT	Rutland	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT	
Used a condom during last sexual intercourse, among sexually active students	54	54	59	50	61	68	56	43	54	.	55	56	ε
Used birth control pills; an IUD or implant; or a shot, patch, or birth control ring, among sexually active students	56	50	39	59	31	40	52	61	53	.	52	40	β ε
Used both a condom during last sexual intercourse and birth control pills; an IUD or implant; or a shot, patch, or birth control ring before last sexual intercourse, among sexually active students	21	18	12	23	14	23	20	15	19	.	18	21	

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Sexual Health

Sexual Activity Among Students Who Had Sexual Intercourse During the Previous Three Months

Condom & Birth Control Use, Among Sexually Active Students	VT	Rutland	Gender		Grade Level				WnH	SOC	Het	LGBT	Statistical Differences
			M	F	9th	10th	11th	12th					
Did not use any method to prevent pregnancy, among sexually active students	6	7	7	7	14	7	6	6	6	.	5	19	θ

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Weight, Physical Activity, and Nutrition

Weight and Weight Perceptions	VT	Rutland	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT	Statistical Differences	
													α	θ
Were obese	13	17	20	15	15	18	15	22	17	17	16	28	α	θ
Were overweight	14	16	15	16	16	16	19	12	15	18	15	17		
Described themselves as slightly or very overweight	31	34	29	40	29	36	35	38	35	35	31	53	α	β θ
Were trying to lose weight	43	48	35	61	43	48	45	54	48	45	45	63	α	β θ

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Weight, Physical Activity, and Nutrition

Physical Activity	VT	Rutland	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT	Statistical Differences	
													β	θ
Did not participate in at least 60 minutes of physical activity on at least one day, past week	14	16	13	19	12	16	17	17	16	17	14	23	β	θ
Were physically active at least 60 minutes per day every day, past week	22	23	30	17	24	26	23	20	23	26	26	13	β	θ
Were physically active at least 60 minutes per day on 5 or more days, past week	46	48	55	41	50	50	46	45	48	45	52	27	β	θ
Play video or computer games or used a computer 3 or more hours per day	48	48	51	46	52	46	47	50	48	53	48	53		

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Weight, Physical Activity, and Nutrition

Physical Activity at School	VT	Rutland	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT	Statistical Differences
													α β ϵ
Report they participate in physical activity or other short breaks during class at least 1x per week	62	58	62	54	70	55	55	52	57	65	59	51	α β ϵ
Report they participate in physical activity or other short breaks during class, every day	23	24	27	20	27	27	21	19	23	26	25	14	β ϵ θ

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Weight, Physical Activity, and Nutrition

Soda and Sugar-Sweetened Beverage Consumption													Statistical Differences
	VT	Rutland	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT	
Did not drink any soda or sugar-sweetened beverages, past week	23	19	18	21	20	16	21	20	19	20	19	21	α
Drank a can, bottle, or glass of soda or a sugar-sweetened beverage, past week	18	23	29	16	22	25	20	23	22	29	23	20	α β
Drank soda or sugar-sweetened beverages 2+ times per day, past week	10	13	17	9	14	14	12	12	13	17	13	13	α β
Drank soda or sugar-sweetened beverages 3+ times per day, past week	5	7	9	4	8	7	4	6	6	10	6	9	α β

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Weight, Physical Activity, and Nutrition

Water Consumption	VT	Rutland	Gender		Grade Level				WnH	SOC	Het	LGBT	Statistical Differences
			M	F	9th	10th	11th	12th					
Drank one or more glasses per day of water, past week	79	75	73	77	68	77	74	81	76	70	76	76	α
Drank two or more glasses per day of water, past week	70	66	64	68	61	67	65	70	66	63	67	66	α
Drank three or more glasses per day of water, past week	54	51	50	52	45	55	48	54	51	50	52	50	

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Weight, Physical Activity, and Nutrition

Fruit and Vegetable Consumption	VT	Rutland											Statistical Differences
			M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT	
Ate 5+ fruits/vegetables every day, past week	21	18	21	16	20	18	18	17	18	22	18	19	α

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Weight, Physical Activity, and Nutrition

Fruit Consumption													Statistical Differences
	VT	Rutland	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT	
Did not eat fruit or drink 100% fruit juices, past week	6	9	11	6	8	8	7	10	8	10	8	10	α β
Ate fruit or drank 100% fruit juices one or more times per day, past week	62	55	55	55	57	56	58	51	55	53	56	49	α
Ate fruit or drank 100% fruit juices two or more times per day, past week	31	26	27	25	25	28	27	26	26	30	26	25	α

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Weight, Physical Activity, and Nutrition

Vegetable Consumption	VT	Rutland	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT	Statistical Differences	
													α	ε
Did not eat vegetables, past week	5	5	7	4	7	6	4	6	5	5	5	6		
Ate vegetables one or more times per day, past week	72	66	64	68	62	63	69	70	66	67	66	66	α	ε
Ate vegetables two or more times per day, past week	37	31	31	30	29	29	33	32	31	32	30	32	α	
Ate vegetables three or more times per day, past week	19	15	16	14	17	14	14	15	15	17	15	17	α	

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Weight, Physical Activity, and Nutrition

Breakfast Consumption	VT	Rutland	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT	Statistical Differences	
													α	θ
Did not eat breakfast, past week	11	15	16	14	13	17	15	15	15	19	14	22	α	θ
Ate breakfast on at least 5 days, past week	54	45	49	42	44	50	45	42	46	40	47	32	α	θ
Ate breakfast on all 7 days, past week	37	30	35	25	31	33	27	30	31	24	32	18	α	β θ

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Social Determinants of Health

Social Determinants of Health	VT	Rutland	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT	Statistical Differences	
													β	θ
Have ever slept away from their parents or guardians because they were kicked out, ran away, or were abandoned	4	5	4	6	4	5	7	5	5	5	4	12		θ
Most of the time or always went hungry because there was not enough food in their home, past 30 days	2	2	3	2	3	3	2	2	3	.	2	5		
Have a physical disability, emotional problems, or learning disability	30	31	27	35	27	30	32	36	31	34	27	55	β	θ

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Social Determinants of Health

Social Determinants of Health	VT	Rutland	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT	Statistical Differences			
													α	β	ϵ	θ
Described their grades in school as mostly A's or B's	78	75	69	81	67	72	76	84	75	74	78	63	α	β	ϵ	θ
Report they are most likely to attend a 4-year college or university, a community college, or technical school after high school	76	74	66	82	64	74	76	80	74	77	76	70	β	ϵ		

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Youth Assets and Other Protective Factors

Protective Factors - Family	VT	Rutland			9th	10th	11th	12th	WnH	SOC	Het	LGBT	Statistical Differences	
			M	F										
Did not eat dinner at home with parents, past week	9	11	11	10	10	9	14	10	11	12	10	17		θ
Ate dinner at home with parent at least 2x, past week	86	85	85	84	87	88	81	82	85	83	86	76	ε	θ
Ate dinner at home with at least one of their parents or other adult family member on 4+ days, past week	75	73	73	72	79	79	64	69	73	73	74	62	ε	θ

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Youth Assets and Other Protective Factors

Protective Factors - School Connectedness													Statistical Differences	
	VT	Rutland	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT		
Reported there is at least one teacher or other adult in their school that they can talk to if they have a problem	78	77	74	79	68	75	80	83	78	70	78	71	ε	
Strongly agree or agree that their school has clear rules and consequences for behavior	56	55	61	49	57	58	50	55	55	56	58	45	β	θ
Do not participate in any afterschool activities	34	33	34	32	37	34	31	30	33	37	31	43		θ
Spend 10 or more hours participating in afterschool activities	24	22	22	23	18	22	23	25	23	19	24	17		

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Youth Assets and Other Protective Factors

Protective Factors - Community	VT	Rutland	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT	Statistical Differences		
													α	β	θ
Strongly agree or agree that in their community they feel like they matter to people	58	52	56	48	50	55	49	54	52	54	57	28	α	β	θ

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2019 VERMONT YOUTH RISK BEHAVIOR SURVEY REPORT

MIDDLE SCHOOL RESULTS

Demographics

Sex	VT	Rutland
Female	49	49
Male	51	51

Grade	VT	Rutland
6th grade	24	16
7th grade	38	41
8th grade	38	44

Demographics

Race	VT	Rutland
Students of Color	19	17
White, non-Hispanic	81	83

Sexual Orientation / Gender Identity	VT	Rutland
Lesbian, Gay, Bisexual, or Transgender	11	10
Heterosexual / Cisgender	89	90

Violence and Unintentional Injuries

Violence	VT	Rutland	M	F	6th	7th	8th	WnH	SOC	Het	LGBT	Statistical Differences			
												α	β	ζ	θ
Were ever in a physical fight	41	47	61	32	40	48	47	45	58	46	61	α	β	ζ	θ
Did not go to school because they felt they would be unsafe at school or on their way to or from school, past 30 days	9	11	8	13	10	11	10	10	15	10	19				θ
Report someone has ever done sexual things to them that they did not want	10	10	5	14	7	10	11	9	15	7	31	β		ζ	θ

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Violence and Unintentional Injuries

Bullying	VT	Rutland										Statistical Differences		
			M	F	6th	7th	8th	WnH	SOC	Het	LGBT			
Were ever bullied on school property	45	50	41	60	52	49	50	51	46	47	78	α	β	θ
Were ever electronically bullied	24	29	21	38	20	30	32	28	39	28	57	α	β	ζ θ
Were bullied, past 30 days	24	30	23	37	30	32	28	29	30	28	54	α	β	θ
Bullied someone, past 30 days	9	10	9	11	7	12	9	9	14	10	15			

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Violence and Unintentional Injuries

Unintentional Injuries & Prevention												Statistical Differences			
	VT	Rutland	M	F	6th	7th	8th	WnH	SOC	Het	LGBT				
Rarely or never wear a bicycle helmet	6	5	39	36	19	36	46	36	52	39	47				δ ϵ ι ζ
Rarely or never wear a helmet when skiing or snowboarding	6	9	10	7	9	9	9	10	.	8	.				α
Had a concussion from playing a sport or being physically active, past year	19	22	23	20	24	20	22	21	25	22	23				
Had a sunburn, past year	66	70	64	76	66	68	74	74	53	73	63				α β ζ

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Violence and Unintentional Injuries

Motor Vehicle Safety													Statistical Differences	
	VT	Rutland	M	F	6th	7th	8th	WnH	SOC	Het	LGBT			
Rarely or never wear a seat belt	45	44	2	2	.	1	3	2	3	2	.			
Ever rode with a driver who had been drinking alcohol	20	21	19	24	15	19	26	22	20	20	36		θ	
Have ever ridden in a car driven by someone who had been using marijuana	10	13	11	15	6	12	17	13	19	12	31	α	θ	

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Mental Health

Mental Health	VT	Rutland	M	F	6th	7th	8th	WnH	SOC	Het	LGBT	Statistical Differences			
												β	ε	ζ	θ
Ever seriously thought about killing themselves	18	21	14	27	7	21	25	20	27	16	60	β	ε	θ	
Ever made a plan about how they would kill themselves	12	14	10	18	5	14	18	13	22	11	42	β	ε	ζ θ	
Ever tried to kill themselves	6	8	6	10	.	8	10	7	11	6	34	α		θ	
Have ever done something to purposely hurt themselves without wanting to die, such as cutting or burning themselves on purpose, past year	18	18	11	25	7	19	21	18	25	15	56	β	ε	θ	
Felt sad or hopeless, past year	23	28	18	38	20	27	32	26	38	23	68	α β		ζ θ	

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Lifetime Substance Use

Lifetime Substance Use	VT	Rutland										Statistical Differences		
			M	F	6th	7th	8th	WnH	SOC	Het	LGBT			
Ever tried a cigarette	7	9	9	10	.	10	12	9	13	9	25	α		θ
Ever tried a flavored tobacco product	8	11	9	13	5	9	15	11	17	11	27	α		θ
Ever used an electronic vapor product	16	21	20	23	7	21	27	21	30	21	37	α	ϵ	θ
Ever drank alcohol	20	26	25	26	10	25	32	26	33	25	44	α	ϵ	θ
Ever used marijuana	7	9	9	10	.	8	13	9	17	9	18			ζ θ
Have ever taken a prescription drug without a doctor's prescription or differently than how a doctor told them to use it	6	7	7	6	6	6	7	6	12	7	12			ζ
Ever used inhalants	5	7	6	7	5	7	7	7	9	6	18	α		θ

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Lifetime Substance Use

Substance Use Before Age 11	VT	Rutland										Statistical Differences		
			M	F	6th	7th	8th	WnH	SOC	Het	LGBT			
Tried cigarette smoking for the first time before age 11 years	3	4	3	4	.	5	4	3	6	3	13			θ
Drank alcohol for the first time before age 11 years	9	11	12	10	6	13	11	11	17	11	18			
Tried marijuana for the first time before age 11 years	1	2	2	1	100	2	2	1	5	2	.			ε ζ

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Past 30 Day Substance Use

Past 30 Day Tobacco Use												Statistical Differences		
	VT	Rutland	M	F	6th	7th	8th	WnH	SOC	Het	LGBT			
Currently smoked cigarettes or cigars or used smokeless tobacco	2	3	3	3	100	4	3	3	4	3	6		ε	
Currently smoked cigarettes or cigars or used smokeless tobacco or electronic vapor products	9	13	11	15	4	12	17	13	19	13	27	α	ε	θ
Currently smoked cigarettes	2	2	2	2	100	2	2	2	.	2	5		ε	
Currently used an electronic vapor product	8	12	9	15	4	11	16	12	18	12	25	α	ε	θ
Currently used smokeless tobacco	1	1	2	1	100	2	1	1	.	2	.		ε	
Currently smoked cigars	1	1	1	1	100	1	1	1	.	1	.		ε	

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Past 30 Day Substance Use

Past 30 Day Alcohol and Other Substance Use													Statistical Differences	
	VT	Rutland	M	F	6th	7th	8th	WnH	SOC	Het	LGBT			
Currently drank alcohol	7	10	9	11	.	10	13	10	14	9	20	α	θ	
Binge drank, past 30 days	2	3	2	3	100	2	4	2	6	2	7	ϵ	θ	
Currently used marijuana	5	6	4	7	.	6	7	5	11	5	14		ζ θ	

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Tobacco, Alcohol, and Marijuana Use Among Current Users

Frequency of Cigarette Use, Among Current Users	Rutland
1 or 2 days	80
3 to 9 days	5
10 to 29 days	15

Number of Cigarettes Smoked, Among Current Users	Rutland
1 or Less	85
2 to 5 cigarettes	10
6 to 10 cigarettes	5

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Tobacco, Alcohol, and Marijuana Use Among Current Users

Frequency of EVP Use, Among Current Users	Rutland
1 or 2 days	51
3 to 9 days	19
10 to 29 days	17
Every day	13

Access to EVP, Among Current Users	Rutland
Bought them in a store or online	7
Borrowed them	58
Someone else bought them or someone gave them to me	18
Took them from a store	1
Some other way	16

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Tobacco, Alcohol, and Marijuana Use Among Current Users

Reason for EVP Use, Among Current Users	Rutland
Friend/family used them	25
To try to quit other tobacco	2
Easier to get than other	1
Less harmful than other	5
Available in flavors	20
Used for some other reason	46

Type of EVP Used, Among Current Users	Rutland
JUUL / pod-type device	76
Vape Pen / rechargeable e-cigarette	8
Mods with refillable tank	8
Other electronic vapor product	3
Not sure	5

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Tobacco, Alcohol, and Marijuana Use Among Current Users

Frequency of Marijuana Use, Among Current Users	Rutland
1 or 2 times	46
3 to 9 times	36
10 to 19 times	5
20+ times	12

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Other Substance Use Related Topics

Tobacco Use Exposure & Prevention	Statistical Differences											
	VT	Rutland	M	F	6th	7th	8th	WnH	SOC	Het	LGBT	
Were asked by a doctor, dentist, or nurse if they smoked	33	32	29	34	21	28	39	32	39	33	41	i
Most of the time or always see ads for cigarettes or other tobacco products	46	51	50	53	45	47	58	54	47	53	64	α i

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Perceptions of Substance Use

Perceptions of Peer Use as Wrong or Very Wrong	VT	Rutland										Statistical Differences				
			M	F	6th	7th	8th	WnH	SOC	Het	LGBT	α	δ	ϵ	ι	θ
Think it is wrong or very wrong for someone their age to use electronic vapor products	84	78	81	76	96	80	71	78	72	79	54	α	δ	ϵ	ι	θ

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Perceptions of Substance Use

Perceptions of Substance Use - Parental Beliefs												Statistical Differences	
	VT	Rutland	M	F	6th	7th	8th	WnH	SOC	Het	LGBT		
Responded that their parents or guardians feel it would be wrong or very wrong for the student to use electronic vapor products	92	91	91	91	95	91	89	92	85	91	86		
Responded that their parents or guardians feel it would be wrong or very wrong for the student to drink alcohol	87	86	85	87	88	88	83	86	84	87	81		
Responded that their parents or guardians feel it would be wrong or very wrong for the student to use marijuana	92	93	93	92	97	93	91	94	85	93	85	ζ	θ

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Perceptions of Substance Use

Perceptions of Substance Use - Ease of Access												Statistical Differences
	VT	Rutland	M	F	6th	7th	8th	WnH	SOC	Het	LGBT	
Say if they wanted to get electronic vapor products, it would be sort of easy or very easy for them to get some	29	32	33	32	14	32	39	32	39	33	43	ε
Say if they wanted to get alcohol, it would be sort of easy or very easy for them to get some	40	37	34	40	25	36	42	36	43	36	59	θ
Say if they wanted to get marijuana, it would be sort of easy or very easy for them to get some	19	21	19	22	6	19	27	20	31	20	33	δ ε ι ζ θ

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Perceptions of Substance Use

Perceptions of Substance Use - Harm												Statistical Differences	
	VT	Rutland	M	F	6th	7th	8th	WnH	SOC	Het	LGBT		
Think people greatly risk harming themselves (physically or in other ways) if they use electronic vapor products regularly	45	39	35	43	57	40	33	38	35	37	34	α	ε
Think people greatly risk harming themselves (physically or in other ways) if they have five or more drinks of alcohol (beer, wine, or liquor) once or twice each weekend	45	41	38	45	49	41	39	40	38	41	34	α	
Think people greatly risk harming themselves (physically or in other ways) if they use marijuana regularly	49	47	44	50	60	50	39	45	44	47	32		i θ

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Sexual Health

Sexual Activity & Condom Use	VT	Rutland										Statistical Differences	
			M	F	6th	7th	8th	WnH	SOC	Het	LGBT		
Ever had sexual intercourse	5	8	9	6	.	6	10	6	17	8	14	α	ζ
Used a condom during last sexual intercourse, among those who have has sexual intercourse	58	70	73	.		

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Physical Activity, and Nutrition

Physical Activity: 60 min per day	VT	Rutland										Statistical Differences	
			M	F	6th	7th	8th	WnH	SOC	Het	LGBT		
Did not participate in at least 60 minutes of physical activity on at least 1 day, past week	9	9	10	8	6	10	9	9	10	6	19		θ
Were physically active at least 60 minutes per day on 5 or more days, past week	56	58	63	54	59	57	59	59	56	63	34	β	θ
Were physically active at least 60 minutes per day on all 7 days, past week	30	32	40	25	29	34	32	32	37	36	15	β	θ

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Physical Activity, and Nutrition

Physical Inactivity	VT	Rutland										Statistical Differences	
			M	F	6th	7th	8th	WnH	SOC	Het	LGBT		
Watch television 1 hour or less per day	42	46	42	50	36	47	48	46	47	45	57		
Watch television 3 or more hours per day	22	26	24	28	20	27	28	27	27	25	39	α	θ

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Physical Activity, and Nutrition

Physical Inactivity												Statistical Differences
	VT	Rutland	M	F	6th	7th	8th	WnH	SOC	Het	LGBT	
Play video or computer games or used a computer 1 hour or less per day	58	63	66	60	53	62	68	63	67	64	69	α
Play video or computer games or used a computer 3 or more hours per day	41	47	49	46	36	45	54	48	52	48	58	α

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Physical Activity, and Nutrition

Physical Activity at School	VT	Rutland										Statistical Differences	
			M	F	6th	7th	8th	WnH	SOC	Het	LGBT		
Participate in physical activity or other short breaks during class at least once a week	80	78	82	76	86	78	76	78	79	79	74		
Participate in physical activity or other short breaks during class everyday	64	63	56	70	65	64	62	63	62	60	76	β	θ

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Physical Activity, and Nutrition

Walk or Bike To/From School	VT	Rutland									Statistical Differences	
			M	F	6th	7th	8th	WnH	SOC	Het	LGBT	
Walk or ride a bike to school at least once a week when weather permits	74	76	73	79	82	73	76	77	69	76	71	
Walk or ride their bike to school every day when weather permits	11	13	14	12	6	15	13	12	18	12	18	

Sport Team Participation	VT	Rutland									Statistical Differences	
			M	F	6th	7th	8th	WnH	SOC	Het	LGBT	
Play on at least one sports team, past year	72	73	73	74	76	74	71	74	73	77	57	θ

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Physical Activity, and Nutrition

Water Consumption	VT	Rutland										Statistical Differences	
			M	F	6th	7th	8th	WnH	SOC	Het	LGBT		
Drank one or more glasses per day of water, past week	78	71	74	69	72	73	70	72	76	73	55	α	θ
Drank two or more glasses per day of water, past week	71	65	67	63	69	67	61	65	68	66	49	α	θ
Drank three or more glasses per day of water, past week	56	50	53	48	55	55	44	50	56	51	42	α	

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Physical Activity, and Nutrition

Breakfast Consumption	VT	Rutland										Statistical Differences			
			M	F	6th	7th	8th	WnH	SOC	Het	LGBT				
Did not eat breakfast, past week	9	12	10	14	4	12	15	13	12	12	23	α			θ
Ate breakfast on 5 or more days, past week	36	44	35	53	31	44	49	43	49	44	62	α	β	ε	θ
Ate breakfast on all 7 days, past week	46	39	48	31	52	41	33	38	38	38	27	α	β		

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Social Determinants of Health

Social Determinants of Health	VT	Rutland										Statistical Differences	
			M	F	6th	7th	8th	WnH	SOC	Het	LGBT		
Described their grades in school as mostly A's or B's	66	66	62	71	70	65	66	67	65	69	46	β	θ
Reported in their home people most of the time or always speak a language other than English	6	3	3	3	.	4	3	1	10	2	5	α	ζ
Most of the time or always went hungry because there was not enough food in their home, past 30 days	3	3	2	4	.	3	4	3	4	3	6		

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Youth Assets and Other Protective Factors

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Youth Assets and Other Protective Factors

Family Engagement												Statistical Differences	
	VT	Rutland	M	F	6th	7th	8th	WnH	SOC	Het	LGBT		
Did not eat dinner at home with at least one of their parents or other adult family member, past week	6	7	8	6	4	6	9	7	8	6	11		
Ate dinner at home with at least one of their parents or other adult family member on two or more days, past week	92	91	90	91	94	91	89	91	89	92	84		
Ate dinner at home with at least one of their parents or other adult family member on four or more days, past week	85	82	84	81	87	83	80	83	77	84	68	α	θ
Ate dinner at home with at least one of their parents or other adult family member every day, past week	61	58	61	55	67	59	53	59	50	60	44		θ

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Youth Assets and Other Protective Factors

School Connectedness	VT	Rutland										Statistical Differences			
			M	F	6th	7th	8th	WnH	SOC	Het	LGBT				
Have at least one teacher or other adult in their school that they can talk to if they have a problem	72	70	72	67	79	66	69	71	62	71	55				θ
Strongly agree or agree that their school has clear rules and consequences for behavior	64	58	63	53	76	59	51	59	53	58	49	α	β	ε	

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Youth Assets and Other Protective Factors

Community Connectedness	VT	Rutland	M	F	6th	7th	8th	WnH	SOC	Het	LGBT	Statistical Differences		
												α	β	θ
Strongly agree or agree that in their community they feel like they matter to people	59	54	62	45	61	53	52	56	46	58	16	α	β	θ

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