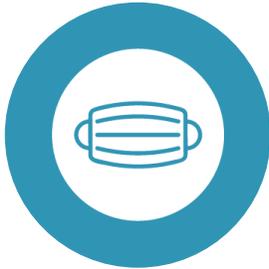




Help Stop the Spread of COVID-19 & Flu



Wear a mask.



Stay 6 feet apart from others.



Wash your hands often or use hand sanitizer.



Stay home when you are sick.



Get a flu shot. *Ask your provider today!*

Learn more: healthvermont.gov