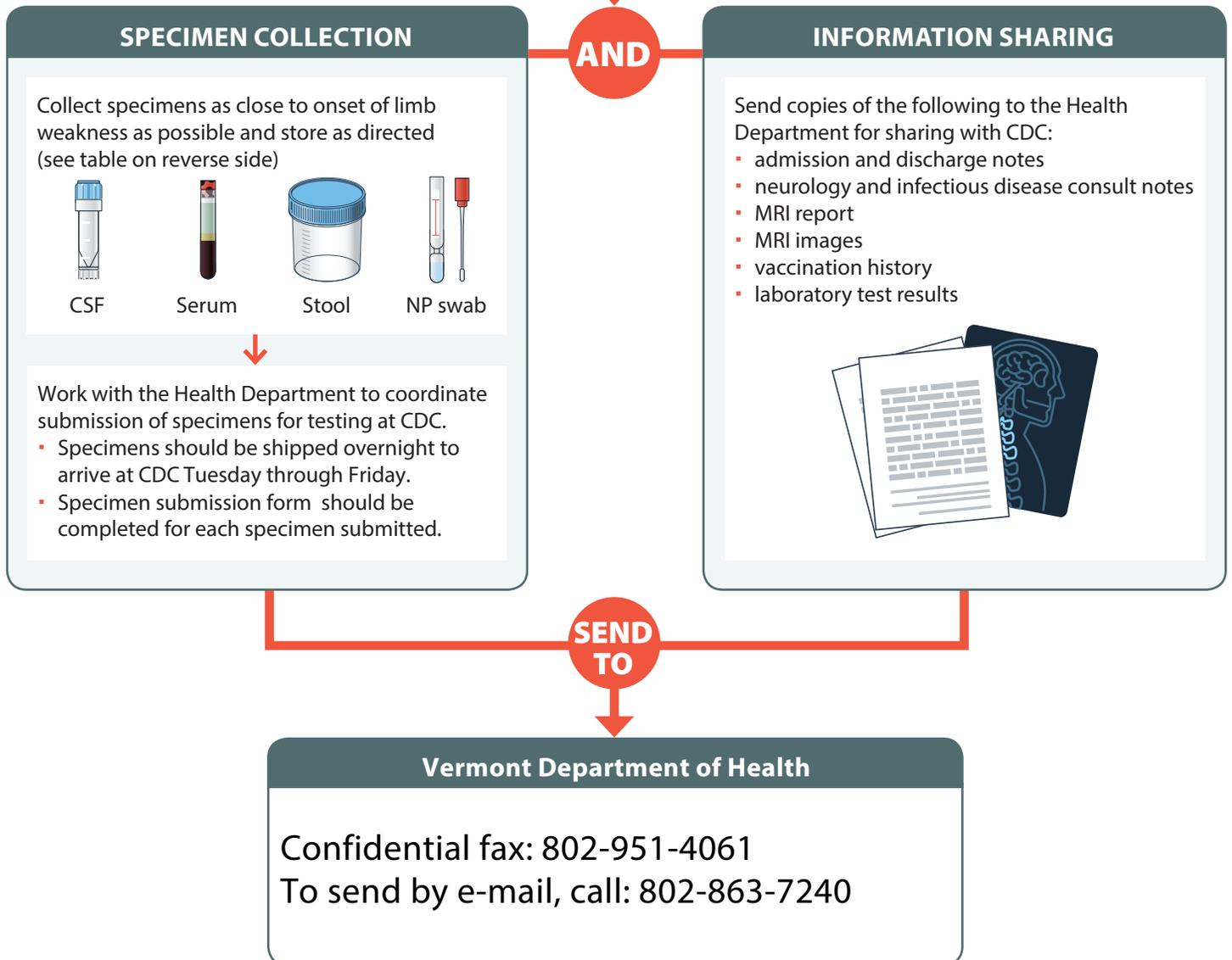


AFM Job Aid for Clinicians

How to send information about a suspected AFM case to the **Vermont Department of Health**

1 Identify suspected case of AFM: patient with onset of acute flaccid limb weakness and an MRI showing spinal cord lesions in at least some gray matter.

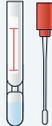
2 Contact the Vermont Department of Health when you identify a suspected case of AFM by calling 802-863-7240.



3 The Health Department completes [AFM Patient Summary Form](#), compiles medical records, and sends information to CDC. Patient will be classified by national AFM experts.

4 After expert review, patient classification is given back to the Health Department and relayed to clinician by the Health Department.

Specimens to collect and send to CDC for testing for suspected AFM cases

SAMPLE	AMOUNT	TUBE TYPE	PROCESSING	STORAGE	SHIPPING
CSF	0.15 mL, 0.5-2 mL preferred (collect at same time or within 24hrs of serum)	Cryovial 	Spun and CSF removed to cryovial	Freeze at $\leq -20^{\circ}\text{C}$	Ship on dry ice
Serum	0.5 mL, 1 mL preferred (collect at same time or within 24hrs of CSF)	Tiger/red top 	Spun and serum removed to tiger/red top.	Freeze at $\leq -20^{\circ}\text{C}$	Ship on dry ice
Stool	1 gram, 10-20 grams preferred (2 samples collected 24hrs apart)	Sterile container 	n/a	Freeze at $\leq -20^{\circ}\text{C}$	Ship on dry ice. Rectal swabs should not be sent in place of stool.
Respiratory (NP)/ Oropharyngeal (OP) swab	0.5 mL, 1 mL preferred (minimum amount)	n/a 	Store in viral transport medium	Freeze at $\leq -20^{\circ}\text{C}$	Ship on dry ice

Coordinate with the Vermont Department of Health to send information about suspected AFM cases and ship specimens to CDC. ALL submissions to CDC for diagnostic testing require pre-approval at this time.

Updated May 2022