4-Octylphenol





Summary of Health Effects

4-octylphenol can irritate the skin and eyes of humans. It can also affect how hormones act in the bodies of animals.

How is 4-octylphenol used?

4-octylphenol is used in detergents and as an emulsifier in manufacturing. In a screening of plastic toys, 4-octylphenol was found in two out of 28 polyvinyl chloride (PVC) plastics.¹

Toxicity: What are its health effects?

4-octylphenol is known to cause skin irritation and serious eye irritation.²

The European Union classified it as a category 1 endocrine disruptor with estrogenic activity.³

Exposure: How can a person come in contact with it?

A person can come in contact with 4octylphenol from skin contact or by swallowing it.

4-octyphenol has been detected in the natural environment in surface water and fish.^{4,5} It has also been detected in packaged and canned vegetables.⁶

A 2012 study detected 4-octylphenol in the urine of Chinese adults. The 2014 National Health and Nutrition Examination Survey (NHANES) report did not include data for 4-octylphenol.

References

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