

X-Ray Facility Tips – Digital Radiography in Dentistry

June 2022



Digital radiography gives the dentist the option to replace film-based images with digital images. Image sensors are positioned and exposed using conventional techniques. On completion of exposure, the image is digitized, displayed on a computer monitor, and stored in computer memory. Comparative studies have shown that the diagnostic quality of direct digital images approaches or exceeds that of conventional film in detecting occlusal and approximal caries, periodontal bone lesions, periapical bone lesions, and root canal systems.

Advantages of Digital Radiography

- Images are immediately displayed when using direct digital sensors. This is important in endodontics, oral surgery, and for effective patient education.
- Digital sensors are reusable.
- Darkrooms, developing solutions, and conventional film developers are no longer required, which also reduces the disposal costs for the chemicals.
- Patient dose may be reduced by up to 80% with digital radiography compared to conventional film.
- Digital radiographic images are easily stored on the computer and can be transmitted in digital form to other clinicians within minutes.
- Digital imaging can allow the altering of image properties:
 - Optimization of image density (brightness) and contrast, used to rescue or enhance an image in which exposure conditions were not optimal (over- or underexposed)
 - Magnification of the image
 - Image reversal, which is the inversion of the radiographic image for an image like a photographic print
 - Placement of color enhancements and superimposition of various textures on images to enhance visualization of edges

Disadvantages of Digital Radiography

- The initial financial investment required to replace conventional radiography with digital imaging can be costly.
- Most sensors are thicker (3 to 5 millimeters) and more rigid than conventional film, which may make intra-oral positioning difficult.
- Items used with direct digital radiography that may become contaminated and cannot be heat-sterilized (such as the x-ray sensor, connecting cord and computer equipment) need to be covered with protective barriers during patient treatment or imaging.



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- Due to the lack of universal use of digital radiography, transmission of digital radiographs to another facility may not be possible. Printer images are of lower quality than the digital radiograph and should not be considered as diagnostic images.
- The dose reduction realized by digital radiography is not clear. Digital systems have a broad exposure latitude and can provide good images even when the exposure time has been much greater than required. As a result, the patient may receive a higher dose than necessary for a diagnostically useful image and the user is not warned by image darkening that the exposure time is too lengthy. Operators should use the lowest settings that will provide a good diagnostic image.
- Clinicians may tend to decide sooner to repeat an exposure with digital radiography than they would have with film radiography. This is probably because it does not require as much time to take another digital radiograph.