

Changing Your Baby to a New Formula

Most babies will switch to a new formula without any problems. Some parents may notice minor changes in feeding or pooping patterns when switching their babies to a new formula.

A good way to make the change is to slowly mix the old formula with the new formula over a period of about a week.

- Prepare some of the new formula and some of the old formula separately, then mix the two prepared formulas together in the amounts in the chart below.
- Look for the amount of formula your baby usually drinks at a feeding in the left-hand column.
- Using columns to the right, mix the amount of current formula with the amount of the new formula.
- Use less of the old formula and more of the new formula each day over the course of the week.

Amount of Formula Your Baby Drinks:	Days 1 and 2	Days 3 and 4	Days 5 and 6	Day 7
4 oz bottle	3 oz current formula + 1 oz new formula	2 oz current formula + 2 oz new formula	1 oz current formula + 3 oz new formula	4 oz new formula
6 oz bottle	4 oz current formula + 2 oz new formula	3 oz current formula + 3 oz new formula	2 oz current formula + 4 oz new formula	6 oz new formula
8 oz bottle	6 oz current formula + 2 oz new formula	4 oz current formula + 4 oz new formula	2 oz current formula + 6 oz new formula	8 oz new formula

