

COVID-19 Guidance for Emergency Child Care Services **Part 2**

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Maternal and Child Health Director

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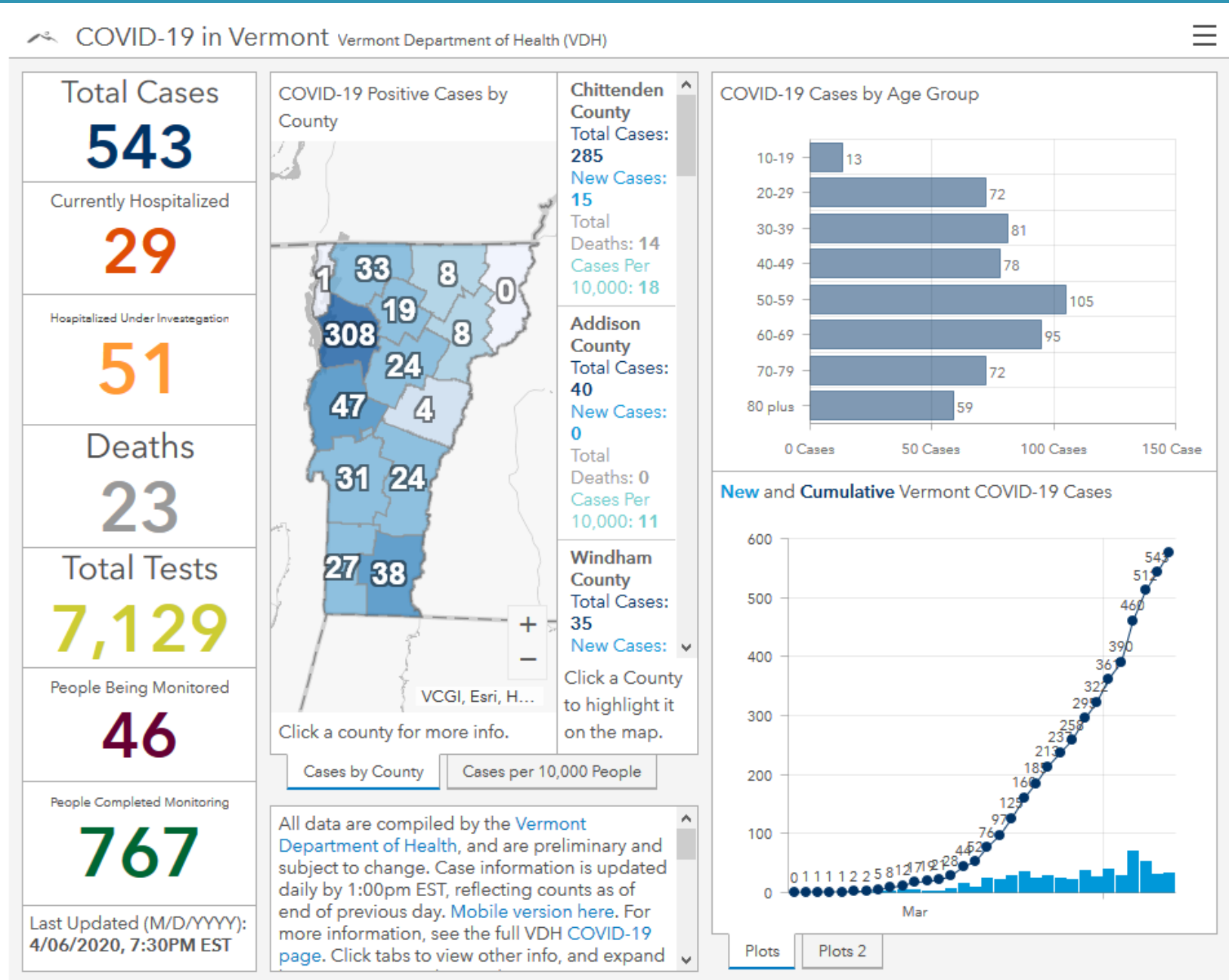
thank you!

**A great many thanks
for all you are doing on behalf of children
and families in these complex
and uncertain times.**

COVID-19 in Vermont

New Data Dashboard Situational Awareness

healthvermont.gov/covid





Important note:

The COVID-19 situation continues to evolve very rapidly – so the information we are providing today may change quickly

Exclude children, staff, parents and guardians from sites if they are showing symptoms of COVID-19, have been in contact with someone with COVID-19 in the last 14 days, or are at high risk due to underlying health conditions.

Close Contact

Close contact means being within six feet, for a long time, of someone who is diagnosed with COVID-19 during their infectious period, which starts one day before any symptoms began and continues until they are recovered.

Close contact does not mean: being more than six feet away in the same indoor environment for a long period of time, walking by, or briefly being in the same room.

Examples of close contacts	Examples of not close contacts
You live in the same home	You were their cashier at the grocery store
You are intimate partners	You are a pharmacist who gave the person medication
You rode in the same car while the person was infectious	You were in front of the person in line at the store
You had dinner together while the person was infectious	You're a coworker who briefly walked by to ask a question

	SELF-ISOLATION	SELF-QUARANTINE
For Whom?	<p>People with symptoms of COVID-19</p> <ul style="list-style-type: none"> • For people with COVID-19 who aren't sick enough to be hospitalized, or • For people who are waiting for test results 	<p>People with no symptoms of COVID19 • Close contacts of people with COVID19</p>
For How Long?	<p>Until recovery, which happens when all three have happened:</p> <ol style="list-style-type: none"> 1) It's been 3 full days of no fever without the use of fever-reducing medication, and 2) Other symptoms have improved, and 3) At least 7 days have passed since your symptoms first appeared. 	<p>For 14 days since the date of possible exposure. The day of the exposure is Day 0.</p>
What does it mean?	<p>Staying in a separate room in the house, using a separate bathroom, avoiding contact with others.</p>	<p>Staying home 24/7, monitoring for symptoms, and practicing social distancing. If possible, using a separate room and bathroom. If you become symptomatic, your close contacts should also self-quarantine.</p>

New Health Guidance: HEALTH SCREENING

Conduct a Daily Health Check for the **child(ren) attending childcare**, and your **staff**:

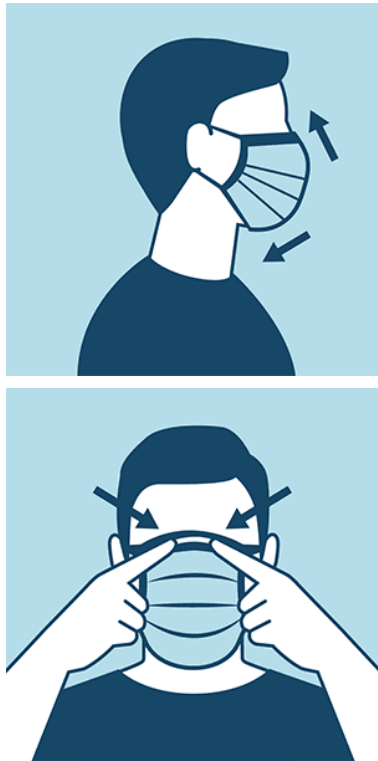
1. Have they been in close contact with a person who has COVID-19?
2. Have they felt unwell with respiratory symptoms in the last few days? *For example, have they had a cough, high temperature, shortness of breath, or difficulty breathing?*

Temperature check protocol: Health screening should occur upon entrance and near sink.

- Perform hand hygiene
- Put on a cloth facial masks or coverings, eye protection, and a single pair of disposable gloves
- Check individual's temperature
- If performing a temperature check on multiple individuals, ensure that a clean pair of gloves is used for each individual and that the thermometer has been thoroughly cleaned in between each check. If disposable or non-contact thermometers are used and the screener did not have physical contact with an individual, gloves do not need to be changed before the next check. If non-contact thermometers are used, they should be cleaned routinely
- Remove and discard gloves in between children

New Health Guidance: CLOTH FACE COVERINGS

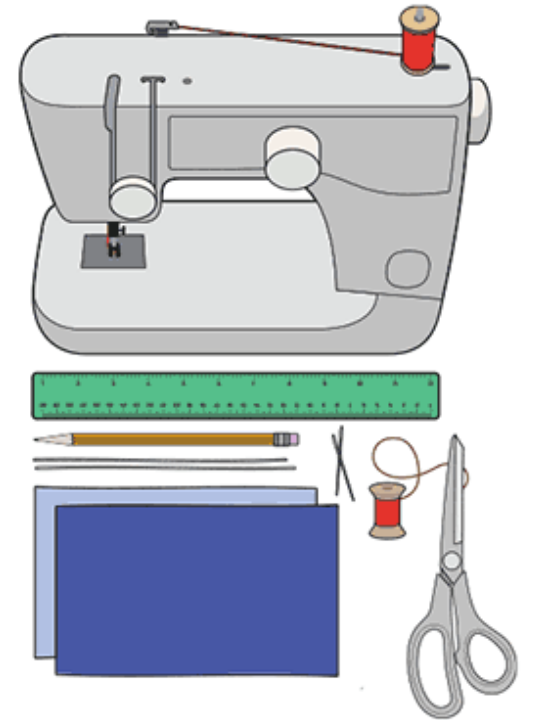
It is recommended that **all staff wear cloth face coverings while providing care.**



Cloth face coverings should—

- Fit snugly but comfortably against the side of the face
- Be secured with ties or ear loops
- Include multiple layers of fabric
- Allow for breathing without restriction
- Be able to be laundered and machine dried without damage or change to shape

Use of Cloth Face Coverings to Help Slow the Spread of COVID-19
[cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/diy-cloth-face-coverings.html](https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/diy-cloth-face-coverings.html)



New Health Guidance: DROP-OFF & PICK-UP

- Stagger arrival and drop off times and/or plan to limit direct contact with parents/caregivers.
- Same parent or designated person should drop off and pick up the child every day.
- Older people such as grandparents should not pick up their children, because they are more at risk for serious illness.
- Hand hygiene stations could be set up at the entrance of the facility or the entrance process could be rerouted through a different entrance nearest the sink.
- Parents and caregivers who are self-quarantining due to close contact with a COVID-19 positive individual should NOT do drop-off or pick-up.
- Consider recommending that parents and caregivers who are health care workers identify someone else to do drop-off and pick-up.

New Health Guidance: COVID CASES IN CARE

When there is a confirmed case of COVID in the childcare program, consult with the Vermont Department of Health. In partnership with the Health Department, the following should be considered:

- Dismiss children and most staff for 2-5 days
- Communicate with staff and parents/caregivers
- Clean and disinfect thoroughly
- Decisions about extending closure

➔ If there is a reduction in childcare capacity, notify CDD

New Health Guidance

SOCIAL DISTANCING STRATEGIES

- Wherever possible, the same childcare providers should remain with the **same group each day**.
- At nap time, place **resting children head to toe** in order to further reduce the potential for viral spread. Programs with sufficient space should place children **6 feet apart at naptime** as much as possible.

TOYS & BEDDING

- Clean **playground equipment** to the best of your ability
- **Toys that cannot be cleaned and sanitized should not be used**, including items such as soft toys, dress-up clothes, and puppets.
- **Use bedding that can be washed** (1x/week). Per childcare licensing regulations, children's bedding is required to be stored separately.

New Health Guidance: ADDITIONAL NEW ITEMS



Increased age of individuals that should not provide childcare during this time to **Age 65**



Additional updated guidance

- Updated Healthy Hand Hygiene Behavior
- Cleaning & Disinfecting
- Caring for Infants and Toddlers
- Food Preparation and Meal Service



Heath Guidance: GENERAL GUIDANCE REMINDER



1. Small groups, **not more than 10 individuals in a classroom**, including teachers
2. Absolutely **no large group activities**
3. Frequent **handwashing** with soap and water for **at least 20 seconds**
4. **Frequent thorough cleaning each day**
5. **No outside visitors and volunteers**

Health Questions Resource for Childcare Services

The Department of Health has **public health nurses available to childcare programs and school providing childcare services** to answer health related childcare questions

8:00 AM to 3:00 PM Monday through Friday

Call: **802-863-7240**, select the option for “**Childcare Services**”

After hours there will be a childcare question mailbox to leave a message and VDH staff will return your call the following business days.

Where can I get needed supplies?

Getting programs access to cleaning supplies, such as gloves, masks, and hand sanitizer is currently being coordinated by CDD and Let's Grow Kids, in partnership with the State Emergency Operations Center (SEOC).



VDH Resources & Tools:

healthvermont.gov/covid

PUBLIC HEALTH RESPONSE
 ALERTS
 CORONAVIRUS (COVID-19)
 DISEASE OUTBREAKS
 ENVIRONMENTAL CONTAMINATION
 OPIOIDS
 SAFE NEEDLE DISPOSAL IN VERMONT
 PLANS & REPORTS

 CONTACT:
 Department of Health
 108 Cherry Street
 Burlington, VT 05402

RETURN

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In response to the #COVID19 pandemic, @GovPhilScott announced a plan for the orderly dismissal of all schools & can... <https://t.co/ALWvrtT08>
[Read More](#)

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SCHOOLS AND CHILD CARE PROGRAMS



All Vermont schools are closed through the end of the 2019-2020 school year and have put plans in place for remote learning. Child care programs also will remain closed, except for those that provide services to essential workers. The Health Department continues to work with partner agencies in supporting the health and wellness of children and their families during this time.

• [Health Guidance for Emergency Programs Providing Childcare for Essential Persons](#)

- [Supplemental Guidance for Child Care Programs that Remain Open](#) (CDC)
- [COVID-19 Guidance for Emergency Child Care Service](#) (Webinar with Dr. Breena Holmes, MCH Director - 3/24/20)
- [Health & Safety in Child Care](#) (Frequently Asked Questions)
- [Supporting the Childcare Needs of Essential Persons During a Novel Coronavirus Outbreak Guidance to Schools and Child Care Programs](#) (Agency of Education)
- [Children's Development Division COVID-19](#) (Information for Child Care Programs, Children's Integrated Services Providers and CDD Grantees and Contractors)
- [Coronavirus Resources](#) (Let's Grow Kids)
- [COVID-19 Guidance for Vermont Schools](#) (Agency of Education)
- [Guidance for Schools and Childcare Programs](#) (CDC)
- [Resources for Institutes of Higher Education](#) (CDC)

Useful Posters

- [Social Distancing](#) (smaller version)
- [Social Distancing](#) (larger version)
- [Keep Germs from Spreading](#)
- [Proper Handwashing](#)
- [COVID-19 "Stop the Spread of Germs" Poster](#) (CDC)

VERMONT DEPARTMENT OF HEALTH

COVID-19: What is isolation, quarantine and self-observation?

		Isolation	Quarantine	Self-observation
	For whom?	People sick with COVID-19.	People with no symptoms and who <ul style="list-style-type: none"> were in close contact with someone sick with COVID-19, or are returning to Vermont from out of the state for anything other than an essential purpose.¹ 	Other Vermonters who don't have symptoms.
	Do I stay home?	Yes	Yes	Yes
	Can I go to work?	No. Work at home if your job allows it and if you feel well enough.	No. Work at home if your job allows it.	Only essential employees should go to work. Others should work at home.
	Can I go outside for walks, bike rides, hikes?	No, not until you have recovered. ²	No, not until 14 days have passed and no symptoms have appeared. ²	Yes, but keep six feet away from others, except people you live with.
	Can I go out for groceries and other essential items like medication?	No, not until you have recovered. ²	No, not until 14 days have passed and no symptoms have appeared. ²	Yes, but keep six feet away from others, except people you live with. Wash your hands often and don't touch your face.
	Do I stay in a separate room in my home?	Yes, until you have recovered. ²	If possible, until 14 days have passed and no symptoms have appeared. ²	No
	What if I start to feel ill?		Start isolation and call your health care provider.	Start isolation and call your health care provider.



**Maternal and Child Health (MCH)
is here to support the health and
safety of your program, your staff
and the families you serve.**



Thank you!

Let's stay in touch.

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