

★ New updates are in red and starred.

Personnel who work with children have an important role in preventing the spread of COVID-19 by promptly offering information and quarantine guidance to students, staff and teachers. [General quarantine guidance can be found here.](#)

The chart below supplements the [Check List for Handling COVID-19 in PreK-12 Schools, Child Care, Camps and Out-of-School Programs](#) to provide modified guidance for high-risk activities common in

★ **child care, camps and out-of-school programs.** There is room to use judgement along with these guidelines and there may be circumstances warranting a more cautious approach.

General guidance for all situations:

- Anyone in close contact with someone with COVID-19 should quarantine, unless they are vaccinated without symptoms or within 3 months of being recovered from COVID-19 without any new symptoms.
- Children, teachers, and staff with symptoms should stay home, and seek medical care, if needed.
- People with symptoms of COVID-19 should get tested. Anyone with positive test results should isolate.

What is a close contact?

★ Use the chart below to assess close contacts only in **child care, camps, and out-of-school program settings.** (If you are looking for the framework for K-12 school settings, click [here](#)).

Anyone who is within 6 feet for 15 minutes or more, consecutively or cumulatively is a close contact. In addition, use the chart below to assess close contacts.

Activity of Infectious Person	Setting	Distance and/or time to determine exposure risk	Is a close contact?
 Any activity	Any setting	6 feet or less for 15 minutes or more	Yes
	Auditorium	12 feet or more (16 feet or more from a trombonists)	No

Activity of Infectious Person	Setting	Distance and/or time to determine exposure risk	Is a close contact?
Playing a wind instrument		6 to 12 feet (9 to 16 feet from a trombonist)	Conduct risk assessment* (see below)
	Classroom or non-auditorium setting	Any distance and 15 minutes or more	Yes
 Singing	Auditorium	12 feet or more	No
		6 to 12 feet	Conduct risk assessment* (see below)
	Classroom or non-auditorium setting	Any distance and 15 minutes or more	Yes
 Classroom work	Classroom with seating charts	6 feet or less for 1.5 hours or less	Yes
		More than 6 feet for 1.5 hours or less	No
		More than 6 feet for 1.5 to 4 hours	Conduct risk assessment* (see below)
	Classroom with or without seating charts	A pod of students spends 4 or more hours together (even if the students change physical location together during this time); any distance.	Yes
 Lunchroom	Cafeteria with seating information	6 feet or less	Yes
		More than 6 feet	No
	Cafeteria without seating information	In the cafeteria for 15 minutes or more	Yes

Activity of Infectious Person	Setting	Distance and/or time to determine exposure risk	Is a close contact?
 Sports: skills and drills	Indoor or outdoor	6 feet or less for 15 minutes or more	Yes
	Indoor	More than 6 feet	Conduct risk assessment* (see below)
	Outdoor	More than 6 feet	No
 Sports: game play	Indoor	Any amount of time	Yes. Both teams. (People on opposing team who did not play are not close contacts.)
	Outdoor	Any amount of time	Conduct a risk assessment* (see below) for each team
 Recess	Indoor	6 feet or less for 15 minutes or more	Yes
		More than 6 feet	Conduct a risk assessment* (see below)
	Outdoor	6 feet or less for 15 minutes or more	Yes
		Unknown, or anything not meeting the threshold of being within 6 feet for 15 minutes	No. Consider sending the low risk exposure letter*
 Transportation	Bus with seating information	6 feet or less in any direction for 15 minutes or more	Yes
		More than 6 feet	No

Activity of Infectious Person	Setting	Distance and/or time to determine exposure risk	Is a close contact?
	Bus without seating information	Anyone on the bus for 15 minutes or more	Yes

*Low risk exposure: Exposure is possible, but close contact status is unknown. Anyone identified as having a low risk exposure should be notified and recommended to monitor for symptoms and seek testing 3-5 days after exposure. Those identified as having low risk exposures are not recommended to quarantine.

Risk assessment

Questions			
	more	outdoor air	less
How well is the area ventilated with outdoor air?	multiple	Masks, distance, etc.	none
How large is the room?	larger	room	smaller
How many people were participating?	less	people	more
How old are the students? ¹	older	age	younger
How long were people together?	shorter	time	longer
What other opportunities for close contact were happening?	less	recess, lunch, breaks, etc.	more
How many people in the group were infectious?	less	infectious people	more
Did the infectious people have symptoms?	no	symptoms	yes
What is the level of community transmission?	low	cases in community	high
If a wind instrument was used by infectious person, were spit valves emptied around other people?	no	valves and location	yes
Were bell covers on the wind instruments?	yes	bell covers used	no

¹ Younger students may not remember their close contacts and may not follow prevention steps like proper masking or distancing as well as older children.

Definitions

Close contact is being within 6 feet of someone with COVID-19 for 15 minutes or more within a 24 hour period. This applies whether or not either person was wearing a mask. Use this standard for time and distance unless otherwise noted in the chart. People who are vaccinated are exempt from quarantine after exposure.

Quarantine is when people with close contact exposure stay home and away from other people for 14 days. People without symptoms have the option to get tested on or after day 7. The test must be for current infection (like a PCR test), except it cannot be an antigen test. The person must remain under quarantine until the negative test is received.

Isolation is when people who tested positive for COVID-19 stay home and away from other people until they have recovered.

Cumulative exposure is the total time of exposure over 24 hours. This can be multiple shorter exposures or one longer exposure.

Wind instruments include brass and woodwind instruments. Percussion and string instruments are excluded from this guidance.