#### 2015 Vermont Youth Risk Behavior Survey Report

#### **Report for Windsor County**

#### **Survey Format in 2015**

In 2015, we conducted two surveys: a high school survey of students in grades 9 through 12, and a middle school survey of students in grades 6 through 8.

Results in this report include high school and middle school results for Vermont and for Windsor County All results in the 2015 high school section are for grades 9 through 12 only, and the middle school section are for grades 6 through 8 only.

The middle school and high school surveys differed slightly. The shorter middle school survey included questions on fighting, bullying, suicidality, substance use, attitudes and perceptions about substance use, body image, physical activity, and youth assets. The high school survey included questions on these topics as well as self-reported height and weight, driving behaviors, other drug use, sexual behavior and orientation, and nutrition.

Copies of both surveys can be found online at: http://healthvermont.gov/research/yrbs.aspx Copies of the full state reports, highlights, and additional sub state reports can also be found here.

The Vermont Department of Health would like to acknowledge the work and effort of all the schools, teachers and students who choose to participate in the Youth Risk Behavior Survey each year.

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#### How to Use the YRBS

The YRBS can detect changes in risk behaviors over time and identify differences among ages, grades, and genders. With these data, we can focus prevention efforts and determine whether school policies and community programs are having the intended effect on student behaviors.

Think of the YRBS as a tool for starting discussions, for educating the community, for planning and evaluating programs, and for comparing Vermont students with other students nationwide.

- Start the Conversation: Use the YRBS to begin a conversation with teens about the personal choices they make or about the health of their community. Ask them if the results accurately reflect what they see happening around them. How do they explain the results? From their perspective, what is or is not working? How would they promote healthy behaviors?
- Increase Awareness: The YRBS provides an opportunity to break through "denial" and make community members aware of the risks that their young people face. It can also dispel myths and correct misinformation about the "average teenager." The YRBS can accentuate the positive and celebrate the fact that many students are abstaining from behaviors that endanger their health and their ability to succeed.
- Plan and Evaluate Programs: The YRBS can serve as the basis of a community needs assessment. It can help identify strengths and weaknesses in communities, and can inform strategies to address those weaknesses.
- Remember to Look at the Positive Side: In most cases, the majority of adolescents are NOT engaging in risky behaviors. Although most of the charts examine the prevalence of risk behaviors, please do not forget about the percentage of adolescents who are NOT engaging in these behaviors.

Note: "Getting to 'Y'", a program originally funded by the Agency of Education, provides a manual for student groups looking to analyze and leverage their own YRBS data – it can be found here: http://www.upforlearning.com/index.php/yatst.

#### How to Read this YRBS Report

Format: The results appear in data tables, with an overall average, by grade and by gender. The percentages in some charts may not total 100% due to rounding.

Weighting: The results in this report are weighted by gender, grade, and race/ethnicity in order to compensate for absenteeism and incomplete surveys. The weighting allows the results to be fully representative of public students in grades six through eight (middle school survey) and grades nine through twelve (high school survey). This permits us to draw inferences about the school-based student population in Vermont.

In 2015, there was a methodology change in the weighting procedure. From 1993 through 2011, statewide reports included numbers based on a weighted sample of schools, and local-level reports included unweighted numbers. In 2013, due to the high participation from Vermont schools, the switch was made to use all of the student responses in the statewide report, instead of a sample. This allows for direct comparison between county estimates and the statewide estimates, as well as ensure that the estimates are more accurate. You can still compare the local-level report numbers to previous local-level years.

Statistical Comparisons: We note significant differences in the far right column on each table labeled "Notes." For the 2015 results, we compared the 95 percent confidence intervals separately by grade, gender and year to determine if the percentages for each county were statistically different from the state. If the confidence intervals overlapped, the percentages were not different. In every table it is noted whether this county is statistically different from the state average. However, we encourage you to consider meaningful difference: does the disparity merit a targeted intervention, show a real change in health, or otherwise mean something important to the community (statistics aside).

In some cases there were not enough students responding to report an estimate. In those cases there is a dot (.) and the "Notes" column will read "Too few students." We limit reportable estimates to a total numerator of 5 students and denominator of 50 students.

#### A Word of Caution

The YRBS represents the most complete and most recent information available about risk behaviors among Vermont students. However, the YRBS has some limitations that you should keep in mind when interpreting the results.

- Data Quality: We take numerous precautions to ensure the reliability and validity of the results. The Centers for Disease Control and Prevention (CDC) carefully designed and thoroughly tested the questionnaire. The anonymous survey encourages students to be honest and forthright. The CDC runs over 100 consistency checks on the data to exclude careless, invalid, or logically inconsistent answers. We statistically adjust, or weight, the results so that the responses accurately represent all Vermont public school students based on gender, grade, and race/ethnicity. These precautions can reduce some sources of error, but not all.
- Who's Not Included: Administrators make every effort to have all students complete the YRBS. However, students who are not at school the day of the survey are not included in the results. Additionally, students who are home schooled, attend independent schools that chose not to participate, or dropped out of school are not included.
- Comparing Supervisory Unions/School Districts to Each Other and to the State: Participating supervisory unions and school districts receive reports of their results comparing them directly to the state. It is natural to also want to know how individual supervisory unions or school districts compare to each other, but we urge caution in making such comparisons because the reasons for the differences may not be simple or easy to identify.
- What, not Why: The YRBS can indicate what students are doing. It can also suggest which groups of students are more likely to engage in these behaviors. However, the survey does not answer why they are doing it. We encourage students to analyze their own data and offer insight into the results.

#### **Personal Safety**

Feeling safe – whether at school, in a car, or in a relationship – fosters positive adolescent development. The high school and middle school surveys included questions on fighting, bullying, seat belt use, safety at school, helmet use, and suicidality. The high school survey included additional questions on driving behaviors, dating violence, and self-harm.

- Physical fighting is a marker for problem behaviors<sup>1</sup> and is associated with serious injury.<sup>2,3</sup> Abuse by an intimate partner and forced sex are associated with negative psychosocial outcomes, poor mental health outcomes, and other risk behaviors among both males and females.<sup>4,5,6</sup>
- Both being a bully and being victimized by bullies have been increasingly recognized as health problems for children because of their association with a range of problems, including poor psychological adjustment, 7,8 poor academic achievement, 8 and violent behavior. 9
- Motor vehicle crash injuries are the leading cause of death among youth ages 15 to 19 in the U.S.<sup>10</sup> Proper use of safety belts reduces the risk of fatal injury to front seat passengers by 45% and risk of moderate to critical injury by 50%.<sup>11</sup>
- Bicycle helmets are 85% to 88% effective at reducing the impact of head and brain injuries due to bicycle crashes. 12 Despite this, less than one quarter of bicyclists wear helmets. 12
- In 2011, alcohol use was associated with nearly four in ten motor vehicle-related fatalities nationwide and in Vermont. Additionally, research examining drugs other than alcohol indicates that marijuana is the most prevalent drug detected in impaired drivers, fatally injured drivers, and motor vehicle crash victims nationwide. 4

#### Alcohol, Tobacco and Other Drugs

Early use of alcohol, tobacco, and other drugs is associated with myriad problems later in life. The high school and middle school surveys asked about tobacco, alcohol, marijuana, inhalant, and prescription drug use. Both surveys also asked the age at which students first used alcohol, cigarettes, and marijuana. The high school survey asked additional questions on other drug use, such as heroin, methamphetamines, and hallucinogens. Both surveys asked about ease of availability of alcohol, cigarettes, and marijuana, peer disapproval of use of these substances, perceived parental disapproval of use, and the risk of harm associated with use of these substances.

- Alcohol use is a major contributing factor in about half of all homicides and sexual assaults, <sup>15</sup> and about one-third of all motor vehicle crash fatalities. <sup>16</sup> Heavy drinking among youth has been linked to violence, academic and job problems, suicidal behavior, trouble with law enforcement authorities, risky sexual behavior, and use of cigarettes, marijuana, cocaine, and other illegal drugs. <sup>17,18</sup>
- Tobacco use is the single most preventable cause of death in the United States, <sup>19</sup> contributing to more than one in five deaths. <sup>20</sup> Cigarette smoking increases the risk of heart disease, chronic obstructive pulmonary disease, acute respiratory illness, stroke, and cancers of the lung, larynx, oral cavity, pharynx, pancreas, and cervix. <sup>19</sup>
- Marijuana use is associated with smoking-related respiratory damage, temporary short-term memory loss, decreased motivation, and psychological dependence.<sup>21</sup> Other reactions include feelings of distrust, anxiety, or depression.<sup>21</sup> In Vermont, more teens enter treatment with a primary diagnosis for marijuana dependence than all other illicit drugs combined.<sup>22</sup>
- Other drug use is related to suicide, early unwanted pregnancy, school failure, delinquency, and transmission of sexually transmitted diseases (STDs), including HIV infection. <sup>23</sup>
- Multi-year results from the Monitoring the Future survey indicate that the prevalence of marijuana use among youth declines as the percentage of youth expressing disapproval of marijuana increases. As perception of harm of using alcohol and other drugs decreases, there is a tendency for use to increase. Increased use is also associated with the perception that substances are readily available, regardless of whether the perception is accurate.

#### **Sexual Behavior and Orientation**

Experimentation with sexual behaviors and orientation often starts during adolescence. The high school survey asked about age of first sexual intercourse, frequency, sexual partners, sexual orientation, alcohol and drug use related to sexual intercourse, contraceptive use, and HIV testing.

- Early sexual activity and having multiple sexual partners are associated with an increased risk of unwanted pregnancy, sexually transmitted diseases (STDs) including HIV infection, <sup>25</sup> and negative effects on social and psychological development. <sup>26</sup> Alcohol and drug use may serve as predisposing factors for initiation of sexual activity. <sup>27</sup>
- Of the nearly 19 million new cases of STDs per year in the United States, almost half are among youth ages 15-24. STDs may result in infertility and facilitation of HIV transmission and may have an adverse effect on pregnancy outcomes and maternal and child health. Besides abstinence, condom use is currently the most effective means of preventing sexual transmission of HIV and other STDs. Proceedings of the state of
- Although many lesbian, gay, bisexual, and transgender adolescents lead happy and healthy lives, others face tremendous challenges to growing up physically and mentally healthy. Compared to heterosexual youth, lesbian, gay, bisexual, and transgender youth are at higher risk for depression, tobacco, alcohol and other drug use, suicide, and unhealthy sexual behaviors. 30

#### **Body Image**

Negative feelings about weight and body image often develop in adolescence. The high school and middle school surveys included questions about weight perception and weight control. The high school survey asked for students' height and weight to calculate body mass index.

• There are more than three times as many overweight children and adolescents in the U.S. than there were in 1980.<sup>31</sup> Obesity during childhood and adolescence is associated with negative psychological and social consequences and adverse health outcomes, including type 2 diabetes, obstructive sleep apnea, hypertension, dyslipidemia, and metabolic syndrome.<sup>32</sup> Overweight and obesity acquired during childhood or adolescence may persist into adulthood.<sup>33</sup> Approximately 400,000 deaths a year in the United States are currently associated with overweight and obesity.<sup>20</sup>

#### **Nutrition and Physical Activity**

Nutritious eating and physical activity are two cornerstones of healthy adolescent development. The high school and middle school surveys asked about breakfast consumption, physical activity, physical education classes, and television, computer, and video game use. The high school survey also asked about consumption of fruits, vegetables, soda, and sugar-sweetened beverages.

- Fruits and vegetables are good sources of complex carbohydrates, vitamins, minerals, and other substances that are important for good health. Dietary patterns with higher intakes of fruits and vegetables are associated with a variety of health benefits, including a decreased risk for some types of cancer. <sup>39-43</sup>
- In recent years, soft drink consumption has significantly increased among children and adolescents. Consumption of sugar-sweetened drinks, including soft drinks, appears to be associated with an increased risk for being overweight in children. 44-45
- Regular physical activity builds and maintains healthy bones and muscles, controls weight, builds lean muscle, reduces fat, reduces feelings of depression and anxiety. It also decreases the risk of dying prematurely, dying of heart disease, and developing diabetes, colon cancer, and high blood pressure. The U.S. Department of Health and Human Services recommends that young people ages 6–17 participate in at least 60 minutes of physical activity every day. 46
- By 12th grade, more than half of female students in the U.S. do not participate in vigorous physical activity regularly. School physical education classes can increase adolescent participation in physical activity and help adolescents develop the knowledge, attitudes, and skills they need to engage in lifelong physical activity. 47-50
- Television viewing is the principal sedentary leisure time behavior in the U.S. Studies have shown that television viewing in young people is related to obesity<sup>51</sup> and violent or aggressive behavior.<sup>52-54</sup> Using the computer for fun and playing video games have become increasingly common sedentary leisure time activities among young people as well.

#### **Measures of Youth Assets**

Adolescent achievement requires sources of positive influence. The high school and middle school surveys asked about school and community connectivity as well as parental conversations about school. The high school survey asked additional questions about volunteerism and grades earned in school.

- Above-average school performance is one of many developmental assets, or factors promoting positive development. Studies have shown that students who get higher grades in school are less likely to use cigarettes, alcohol, or marijuana, and are more likely to postpone sexual intercourse. <sup>55</sup>
- One of the strongest predictors of students' success in school is the extent to which their parents stay involved with their schoolwork.<sup>56</sup> A national study of adolescent health found that youth who reported a "connectedness" to their parents/family and school were the least likely to engage in risky behaviors.<sup>57</sup> Parental expectations regarding school achievement were also associated with lower levels of risk behaviors.<sup>57</sup>
- Research shows that involvement in constructive, supervised extracurricular activities is associated with reduced likelihood of involvement in risky behaviors such as school failure, drug use, and delinquency.<sup>58</sup> In addition, evidence is emerging that students who participate in such activities are also more likely to engage in other "thriving" behaviors.<sup>59</sup>
- Youth are not simply objects of adult efforts to modify their behaviors. Rather, if given the opportunities, they can make significant contributions to their families, schools, and communities. Adolescents, especially, need to exercise decision-making power in as many settings as is practical, so that they can develop into competent adults. Schools are a natural setting for youth to share in decisions that affect their lives.

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# 2015 Vermont Youth Risk Behavior Survey Report High School Report for Windsor County

The Vermont Department of Health would like to acknowledge the work and effort of all the schools, teachers and students who choose to participate in the Youth Risk Behavior Survey each year.

#### Windsor Number of Students in Windsor County

## Windsor County Total 1600

Sex	Total	%
Missing	15	0%
Female	813	50%
Male	772	48%

Grade	Total	%
Missing	21	1%
9th grade	403	25%
10th grade	456	28%
11th grade	404	25%
12th grade	316	19%

Race / Ethnicity	Total	%
Missing	28	1%
Racial or ethnic minority	198	12%
White non-Hispanic	1374	85%

<b>Mother's Level of Education</b>	Total	%
Missing	3	0%
High school or less	444	27%
Some college	195	12%
College graduate	526	32%
Graduate or professional degree after college	302	18%
Not sure	130	8%

NOTE: The above numbers are unweighted. They represent the students who took the survey in Windsor County.

#### Vermont Number of Students in Vermont

# Vermont Total 21013

Sex	Total	%
Missing	294	1%
Female	10243	48%
Male	10476	49%

Grade	Total	%
Missing	297	1%
9th grade	5627	26%
10th grade	5586	26%
11th grade	5171	24%
12th grade	4332	20%

Race / Ethnicity	Total	%
Missing	611	2%
Racial or ethnic minority	3197	15%
White non-Hispanic	17205	81%

Mother's Level of Education	Total	%
Missing	176	0%
High school or less	5495	26%
Some college	2746	13%
College graduate	6905	32%
Graduate or professional degree after college	3825	18%
Not sure	1866	8%

NOTE: The above numbers are unweighted. They represent the students who took the survey in Vermont. All other numbers represented in this report are weighted to reflect the enrolled student population.

#### 1.01 Percent of students who were in a physical fight, past 12 months

		Windsor	Vermont	Notes
Grade	9th	26%	22%	
	10th	22%	20%	
	11th	15%	17%	
	12th	15%	14%	
Sex	Female	13%	12%	-
	Male	26%	24%	
Total	-	20%	18%	

#### 1.02 Percent of students who were in a physical fight on school property, past 12 months

		Windsor	Vermont	Notes
Grade	9th	13%	10%	
	10th	9%	8%	
	11th	6%	6%	
	12th	4%	5%	
Sex	Female	5%	4%	
	Male	11%	10%	
Total		8%	7%	

#### 1.03 Percent of students who were threatened or injured with a weapon on school property, past 12 months

		Windsor	Vermont	Notes
Grade	9th	7%	6%	
	10th	4%	6%	
	11th	4%	4%	
	12th	2%	4%	
Sex	Female	4%	4%	-
	Male	5%	6%	
Total	-	5%	5%	-

#### 1.04 Percent of students who carried a weapon such as a gun, knife, or club on school property, past 30 days

		Windsor	Vermont	Notes
Grade	9th	7%	6%	
	10th	8%	7%	
	11th	8%	9%	
	12th	7%	8%	
Sex	Female	4%	4%	
	Male	11%	11%	
Total	-	8%	8%	-

#### 1.05 Percent of students who did not go to school because they felt unsafe, past 30 days

		Windsor	Vermont	Notes
Grade	9th	7%	7%	
	10th	6%	6%	
	11th	6%	5%	
	12th	4%	5%	
Sex	Female	8%	7%	_
	Male	4%	4%	
Total	-	6%	6%	

#### 1.06 Percent of students who reported being bullied, past 30 days

		Windsor	Vermont	Notes
Grade	9th	27%	23%	
	10th	23%	18%	
	11th	18%	16%	
	12th	12%	14%	
Sex	Female	26%	23%	
	Male	14%	12%	
Total	-	20%	18%	-

#### 1.07 Percent of students who reported being electronically bullied, past 12 months

		Windsor	Vermont	Notes
Grade	9th	18%	20%	
	10th	22%	17%	County statistically higher
	11th	16%	16%	
	12th	12%	13%	
Sex	Female	24%	23%	
	Male	10%	10%	
Total		17%	16%	

NOTE: For the purposes of the Vermont YRBS, bullying was described as occurring when, on many occasions, a student or group of students say or do unpleasant things to another student to make fun of, tease, embarrass, or scare him/her, or purposefully exclude him/her. Bullying can occur before, during, or after the school day; on school property; on a school bus; or at a school-sponsored activity. It is not bullying when two students of about the same strength and power argue or fight, or when teasing is done in a friendly way. Electronic bullying includes through e-mail, chat rooms, instant messaging, Web sites, or texting.

#### 1.08 Percent of students who bullied someone else, past 30 days

		Windsor	Vermont	Notes
Grade	9th	15%	13%	
	10th	11%	11%	
	11th	13%	11%	
	12th	9%	10%	
Sex	Female	12%	11%	-
	Male	12%	12%	
Total	-	12%	11%	

#### 1.09 Percent of students who purposefully hurt themselves without wanting to die, past 12 months

		Windsor	Vermont	Notes
Grade	9th	24%	20%	
	10th	18%	19%	
	11th	19%	17%	
	12th	15%	14%	
Sex	Female	29%	26%	-
	Male	9%	9%	
Total		19%	17%	

#### 1.10 Percent of students who felt sad or hopeless for two weeks in a row, past 12 months

		Windsor	Vermont	Notes
Grade	9th	24%	24%	
	10th	24%	26%	
	11th	27%	24%	
	12th	27%	24%	
Sex	Female	34%	34%	
	Male	16%	15%	
Total	_	25%	24%	

#### 1.11 Percent of students who made a suicide plan, past 12 months

		Windsor	Vermont	Notes
Grade	9th	16%	13%	
	10th	12%	13%	
	11th	11%	12%	
	12th	11%	10%	
Sex	Female	17%	16%	
	Male	8%	8%	
Total		12%	12%	

#### 1.12 Percent of students who attempted suicide, past 12 months

		Windsor	Vermont	Notes
Grade	9th	7%	7%	
	10th	4%	6%	
	11th	5%	5%	
	12th	4%	5%	
Sex	Female	7%	8%	
	Male	3%	4%	
Total	-	5%	6%	

### 1.13 Percent of students who attempted suicide that resulted in an injury, poisoning, or overdose that required medical treatment, past 12 months

		Windsor	Vermont	Notes
Grade	9th	3%	2%	
	10th	2%	2%	
	11th	1%	2%	
	12th	2%	2%	
Sex	Female	3%	3%	
	Male	1%	1%	
Total	-	2%	2%	

#### 1.14 Percent of students who dated in the past 12 months and were physically hurt by someone they were dating or going out with

		Windsor	Vermont	Notes
Grade	9th	12%	8%	
	10th	7%	9%	
	11th	7%	9%	
	12th	10%	9%	
Sex	Female	11%	11%	
	Male	6%	7%	
Total	-	9%	9%	

#### 1.15 Percent of students who have ever been physically forced to have sexual intercourse

		Windsor	Vermont	Notes
Grade	9th	5%	5%	
	10th	6%	6%	
	11th	7%	7%	
	12th	8%	8%	
Sex	Female	11%	10%	
	Male	3%	3%	
Total	-	7%	7%	

#### 1.16 Percent of students who rode with a drinking driver, past 30 days

		Windsor	Vermont	Notes
Grade	9th	23%	19%	
	10th	19%	20%	
	11th	23%	20%	
	12th	20%	19%	
Sex	Female	22%	20%	
	Male	20%	19%	
Total	-	21%	20%	-

#### 1.17 Percent of students who rode with a driver who had been smoking marijuana, past 30 days

		Windsor	Vermont	Notes
Grade	9th	16%	13%	
	10th	22%	20%	
	11th	29%	26%	
	12th	31%	29%	
Sex	Female	26%	22%	County statistically higher
	Male	23%	22%	
Total	,	25%	22%	

#### 1.18 Percent of drivers who drove a car or other vehicle when they had been drinking alcohol, past 30 days

		Windsor	Vermont	Notes
Grade	9th	8%	5%	
	10th	5%	4%	
	11th	9%	8%	
	12th	9%	9%	
Sex	Female	7%	5%	-
	Male	10%	9%	
Total		8%	7%	

#### 1.19 Percent of drivers who drove a car or other vehicle when they had been smoking marijuana, past 30 days

		Windsor	Vermont	Notes
Grade	9th	13%	8%	
	10th	10%	10%	
	11th	18%	18%	
	12th	19%	20%	
Sex	Female	14%	12%	
	Male	18%	18%	
Total		16%	15%	

#### 1.20 Percent of drivers who texted or e-mailed while driving a car or other vehicle, past 30 days

		Windsor	Vermont	Notes
Grade	9th	9%	10%	
	10th	15%	15%	
	11th	44%	40%	
	12th	52%	50%	
Sex	Female	35%	33%	
	Male	34%	33%	
Total		34%	33%	

#### 1.21 Percent of students who rode a bicycle and reported never or rarely wearing a bicycle helmet, past 12 months

		Windsor	Vermont	Notes
Grade	9th	48%	48%	
	10th	50%	54%	
	11th	48%	55%	
	12th	53%	56%	
Sex	Female	49%	49%	
	Male	50%	56%	County statistically lower
Total	-	50%	53%	

#### 1.22 The percent of students who have had a sunburn in the past 12 months

		Windsor	Vermont	Notes
Grade	9th	67%	63%	
	10th	71%	65%	County statistically higher
	11th	71%	65%	
	12th	76%	67%	County statistically higher
Sex	Female	77%	72%	County statistically higher
	Male	65%	59%	County statistically higher
Total		71%	65%	County statistically higher

### 1.23 The percent of students who have used a tanning device such as a sunlamp, sunbed, or tanning booth in the last 12 months

		Windsor	Vermont	Notes
Grade	9th	4%	2%	
	10th	3%	3%	
	11th	3%	4%	
	12th	4%	6%	
Sex	Female	4%	5%	
	Male	3%	3%	
Total	-	4%	4%	

#### 2.01 Percent of students who ever drank alcohol other than a few sips

		Windsor	Vermont	Notes
Grade	9th	38%	37%	
	10th	54%	51%	
	11th	67%	63%	
	12th	73%	71%	
Sex	Female	60%	57%	-
	Male	57%	54%	
Total	-	58%	56%	

#### 2.02 Percent of students who drank alcohol, other than a few sips, before age 13

		Windsor	Vermont	Notes
Grade	9th	16%	14%	
	10th	11%	13%	
	11th	13%	12%	
	12th	8%	10%	
Sex	Female	10%	10%	
	Male	13%	14%	
Total	-	12%	12%	

#### 2.03 Percent of students who drank alcohol, past 30 days

		Windsor	Vermont	Notes
Grade	9th	17%	17%	
	10th	30%	26%	
	11th	36%	34%	
	12th	44%	42%	
Sex	Female	34%	30%	-
	Male	31%	29%	
Total	-	32%	30%	

#### 2.04 Percent of students who had five or more drinks in a row (binged), past 30 days

		Windsor	Vermont	Notes
Grade	9th	10%	8%	
	10th	13%	13%	
	11th	20%	19%	
	12th	22%	24%	
Sex	Female	16%	15%	-
	Male	17%	17%	
Total		16%	16%	-

#### 2.05 Among students who drank alcohol, the number of days students drank in the last 30 days

9th				
9111	1 to 2 days	46%	55%	
	3 to 9 days	37%	33%	
	10+ days	16%	11%	
10th	1 to 2 days	60%	57%	
	3 to 9 days	29%	34%	
	10+ days	10%	9%	
11th	1 to 2 days	48%	49%	
	3 to 9 days	46%	40%	
	10+ days	6%	11%	
12th	1 to 2 days	54%	47%	
	3 to 9 days	35%	40%	
	10+ days	11%	13%	
Female	1 to 2 days	56%	55%	
	3 to 9 days	38%	36%	
	10+ days	6%	9%	
Male	1 to 2 days	49%	47%	
	3 to 9 days	35%	38%	
	10+ days	16%	15%	
	1 to 2 days	52%	51%	
	3 to 9 days	37%	37%	
	10+ days	11%	12%	
	11th 12th Female	10+ days  10th	10+ days       16%         10th       1 to 2 days       60%         3 to 9 days       29%         10+ days       10%         11th       1 to 2 days       48%         3 to 9 days       46%         10+ days       54%         3 to 9 days       35%         10+ days       11%         Female       1 to 2 days       56%         3 to 9 days       38%         10+ days       6%         Male       1 to 2 days       35%         10+ days       16%         1 to 2 days       35%         10+ days       52%         3 to 9 days       37%	10+ days       16%       11%         10th       1 to 2 days       60%       57%         3 to 9 days       29%       34%         10+ days       10%       9%         11th       1 to 2 days       48%       49%         3 to 9 days       46%       40%         10+ days       54%       47%         3 to 9 days       35%       40%         10+ days       11%       13%         Female       1 to 2 days       56%       55%         3 to 9 days       38%       36%         10+ days       6%       9%         Male       1 to 2 days       35%       38%         10+ days       16%       15%         1 to 2 days       52%       51%         3 to 9 days       37%       37%

NOTE: Only students who drank alcohol during the previous 30 days are included in this analysis. Previous reports included all students.

#### 2.06 Among students who drank alcohol in the last 30 days, the greatest number of drinks consumed in one sitting

			Windsor	Vermont	Notes
Grade	9th	1 to 2 drinks	44%	49%	
		3 to 4 drinks	15%	19%	
		5 or more drinks	41%	32%	
	10th	1 to 2 drinks	42%	41%	
		3 to 4 drinks	24%	20%	
		5 or more drinks	33%	39%	
	11th	1 to 2 drinks	38%	33%	
		3 to 4 drinks	16%	18%	
		5 or more drinks	46%	49%	
	12th	1 to 2 drinks	35%	32%	
		3 to 4 drinks	21%	19%	
		5 or more drinks	44%	49%	
Sex	Female	1 to 2 drinks	40%	40%	
		3 to 4 drinks	24%	23%	
		5 or more drinks	36%	38%	
	Male	1 to 2 drinks	38%	33%	
		3 to 4 drinks	15%	16%	
		5 or more drinks	48%	52%	
Total		1 to 2 drinks	39%	36%	
		3 to 4 drinks	19%	19%	
		5 or more drinks	42%	45%	

NOTE: Only students who drank alcohol during the previous 30 days are included in this analysis. Previous reports included all students.

#### 2.07 Among students who drank in the past 30 days, usual source of alcohol

			Windsor	Vermont	Notes
Grade	9th	Bought it		3%	Too few students
		Gave someone money	11%	12%	
		Someone gave it to me	34%	36%	
		Took it / some other way	52%	49%	
	10th	Bought it	4%	3%	
		Gave someone money	18%	18%	
		Someone gave it to me	42%	41%	
		Took it / some other way	36%	37%	
	11th	Bought it	·	4%	Too few students
		Gave someone money	25%	28%	
		Someone gave it to me	44%	41%	
		Took it / some other way	28%	27%	
	12th	Bought it	5%	7%	
		Gave someone money	29%	29%	
		Someone gave it to me	41%	43%	
		Took it / some other way	25%	22%	
Sex	Female	Bought it	·	2%	Too few students
		Gave someone money	23%	24%	
		Someone gave it to me	47%	46%	
		Took it / some other way	28%	28%	
	Male	Bought it	7%	7%	
		Gave someone money	21%	24%	
		Someone gave it to me	34%	35%	
		Took it / some other way	38%	34%	
Total		Bought it	4%	5%	
		Gave someone money	23%	24%	
		Someone gave it to me	41%	40%	
		Took it / some other way	32%	31%	

#### 2.08 Among students who drank in the past 30 days, the location where students typically consumed alcohol

		Windsor	Vermont	Notes
9th	At my home	47%	46%	
	At another persons home	41%	43%	
	At a public place or event	12%	12%	
10th	At my home	35%	37%	
	At another persons home	55%	53%	
	At a public place or event	10%	10%	
11th	At my home	40%	32%	
	At another persons home	52%	58%	
	At a public place or event	8%	9%	
12th	At my home	31%	30%	
	At another persons home	61%	60%	
	At a public place or event	9%	10%	
Female	At my home	33%	34%	
	At another persons home	61%	58%	
	At a public place or event	7%	8%	
Male	At my home	41%	34%	
	At another persons home	46%	53%	
	At a public place or event	13%	13%	
	At my home	36%	34%	
	At another persons home	54%	55%	
	At a public place or event	10%	10%	
	10th  11th  12th  Female	At another persons home At a public place or event  10th At my home At another persons home At a public place or event  11th At my home At another persons home At a public place or event  12th At my home At another persons home At a public place or event  Female At my home At another persons home At a public place or event  Male At my home At another persons home At a public place or event  Male At my home At another persons home At a public place or event  At my home At another persons home At another persons home	9th At my home 47% At another persons home 41% At a public place or event 12%  10th At my home 35% At another persons home 55% At a public place or event 10%  11th At my home 40% At another persons home 52% At a public place or event 8%  12th At my home 31% At another persons home 61% At a public place or event 9%  Female At my home 33% At another persons home 61% At a public place or event 7%  Male At my home 41% At another persons home 46% At a public place or event 13%  At my home 36% At another persons home 46% At a public place or event 13%	9th         At my home         47%         46%           At another persons home         41%         43%           At a public place or event         12%         12%           10th         At my home         35%         37%           At another persons home         55%         53%           At a public place or event         10%         10%           11th         At my home         40%         32%           At another persons home         52%         58%           At a public place or event         8%         9%           12th         At my home         31%         30%           At a public place or event         9%         10%           Female         At my home         33%         34%           At a public place or event         7%         8%           Male         At my home         46%         53%           At a public place or event         13%         13%           At my home         36%         34%           At another persons home         54%         55%

#### 2.09 Percent of students who have ever smoked a whole cigarette

		Windsor	Vermont	Notes
Grade	9th	14%	14%	
	10th	20%	18%	
	11th	22%	24%	
	12th	25%	28%	
Sex	Female	21%	19%	
	Male	20%	23%	
Total		20%	21%	

#### 2.10 Percent of students who smoked a whole cigarette before age 13

		Windsor	Vermont	Notes
Grade	9th	6%	6%	
	10th	5%	6%	
	11th	6%	6%	
	12th	5%	6%	
Sex	Female	5%	5%	-
	Male	7%	7%	
Total	-	6%	6%	-

#### 2.11 Percent of students who smoked cigarettes, past 30 days

		Windsor	Vermont	Notes
Grade	9th	8%	7%	
	10th	9%	9%	
	11th	10%	12%	
	12th	13%	14%	
Sex	Female	11%	10%	-
	Male	10%	12%	
Total	-	10%	11%	

#### 2.12 Among students who smoked cigarettes in the past month, number of days students smoked

 )th  th	1 to 2 days 3 to 9 days 10+ days 1 to 2 days 3 to 9 days 10+ days 1 to 2 days	· · · · · · · ·	35% 26% 39% 31% 25% 44%	Too few students
 )th  th	10+ days  1 to 2 days 3 to 9 days 10+ days	· · · · · · ·	39% 31% 25%	Too few students  Too few students  Too few students
 )th  th	1 to 2 days 3 to 9 days 10+ days	· ·	31% 25%	Too few students Too few students
th	3 to 9 days 10+ days		25%	Too few students
 th	10+ days			
th			44%	Too few students
	1 to 2 days			200 ICW Stadelits
		•	29%	Too few students
	3 to 9 days		23%	Too few students
	10+ days	•	48%	Too few students
eth	1 to 2 days		26%	Too few students
	3 to 9 days	•	19%	Too few students
	10+ days		55%	Too few students
emale	1 to 2 days	34%	32%	
	3 to 9 days	18%	23%	
	10+ days	48%	44%	
ale	1 to 2 days	31%	26%	
	3 to 9 days	19%	22%	
	10+ days	50%	52%	
	1 to 2 days	33%	29%	-
	3 to 9 days	18%	22%	
	10+ days	49%	49%	
_	ale	3 to 9 days 10+ days	3 to 9 days 10+ days 48%  10+ days 31% 3 to 9 days 10+ days 50%  1 to 2 days 3 to 9 days 1 to 2 days 3 to 9 days 1 to 2 days 3 to 9 days 3 to 9 days	3 to 9 days 10+ days 48% 44%  ale 1 to 2 days 3 to 9 days 10+ days 50% 52%  1 to 2 days 3 to 9 days 1 to 2 days 3 to 9 days 1 to 2 days 3 to 9 days

NOTE: Only students who smoked cigarettes during the previous 30 days are included in this analysis. Previous reports included all students.

#### 2.13 Among students who smoked cigarettes in the past month, the amount of cigarettes smoked on days smoked

			Windsor	Vermont	Notes
Grade	9th	1 cigarette or less	•	51%	Too few students
		2 to 10 cigarettes	•	39%	Too few students
		11 or more cigarettes	•	10%	Too few students
	10th	1 cigarette or less		45%	Too few students
		2 to 10 cigarettes		45%	Too few students
		11 or more cigarettes	•	10%	Too few students
	11th	1 cigarette or less		43%	Too few students
		2 to 10 cigarettes	•	48%	Too few students
		11 or more cigarettes	•	9%	Too few students
	12th	1 cigarette or less		42%	Too few students
		2 to 10 cigarettes	•	45%	Too few students
		11 or more cigarettes		13%	Too few students
Sex	Female	1 cigarette or less	45%	47%	_
		2 to 10 cigarettes	40%	44%	
		11 or more cigarettes	15%	9%	
	Male	1 cigarette or less	40%	42%	
		2 to 10 cigarettes	47%	45%	
		11 or more cigarettes	13%	13%	
Total	<del></del>	1 cigarette or less	42%	44%	-
		2 to 10 cigarettes	43%	44%	
		11 or more cigarettes	15%	12%	

NOTE: Only students who smoked cigarettes during the previous 30 days are included in this analysis. Previous reports included all students.

# 2.14 Among students who smoked cigarettes in the past month and were under age 18, how they obtained cigarettes

			Windsor	Vermont	Notes
Grade	9th	Bought them	•	5%	Too few students
		Someone else bought them		27%	Too few students
		Borrowed/bummed them		37%	Too few students
		Took them / some other way		31%	Too few students
	10th	Bought them		7%	Too few students
		Someone else bought them	•	26%	Too few students
		Borrowed/bummed them		41%	Too few students
		Took them / some other way		26%	Too few students
	11th	Bought them		12%	Too few students
		Someone else bought them		31%	Too few students
		Borrowed/bummed them	•	39%	Too few students
		Took them / some other way	•	17%	Too few students
	12th	Bought them		14%	Too few students
		Someone else bought them	•	32%	Too few students
		Borrowed/bummed them	•	41%	Too few students
		Took them / some other way	•	14%	Too few students
Sex	Female	Bought them	•	6%	Too few students
		Someone else bought them	28%	30%	
		Borrowed/bummed them	49%	45%	
		Took them / some other way	19%	19%	
	Male	Bought them	9%	14%	
		Someone else bought them	18%	28%	
		Borrowed/bummed them	45%	34%	
		Took them / some other way	28%	24%	
Total		Bought them	6%	10%	
		Someone else bought them	23%	29%	
		Borrowed/bummed them	47%	39%	
		Took them / some other way	23%	22%	

#### 2.15 Among current smokers, the percent of smokers who tried to quit smoking, past 12 months

		Windsor	Vermont	Notes
Grade	9th		45%	Too few students
	10th		46%	Too few students
	11th		44%	Too few students
	12th	•	39%	Too few students
Sex	Female	44%	43%	
	Male	37%	41%	
Total		40%	42%	

# 2.16 Percent of students who have ever used electronic vapor products such as e-cigarettes, vaping pens, e-hookahs, and hookah pens.

		Windsor	Vermont	Notes
Grade	9th	17%	18%	
	10th	26%	28%	
	11th	34%	35%	
	12th	37%	39%	
Sex	Female	27%	27%	
	Male	30%	33%	
Total		29%	30%	

#### 2.17 Percent of students who have used electronic vapor products, past 30 days

		Windsor	Vermont	Notes
Grade	9th	11%	10%	
	10th	15%	14%	
	11th	17%	17%	
	12th	21%	19%	
Sex	Female	14%	13%	
	Male	19%	18%	
Total	-	16%	15%	

#### 2.18 Percent of students who have ever tried a flavored tobacco product

		Windsor	Vermont	Notes
Grade	9th	15%	15%	
	10th	21%	21%	
	11th	27%	29%	
	12th	35%	32%	
Sex	Female	22%	20%	
	Male	27%	28%	
Total	-	25%	24%	

### 2.19 Percent of students who tried a flavored tobacco product before age 13

		Windsor	Vermont	Notes
Grade	9th	6%	6%	
	10th	4%	5%	
	11th	6%	6%	
	12th	5%	5%	
Sex	Female	4%	4%	
	Male	7%	7%	
Total	-	5%	6%	-

NOTE: Flavored tobacco products include any tobacco product flavored to taste like menthol (mint), clove, spice, alcohol (wine or cognac), candy, fruit, chocolate, or other sweets.

## 2.20 Percent of students who used smokeless tobacco such as snuff or dip, past 30 days

		Windsor	Vermont	Notes
Grade	9th	6%	5%	
	10th	5%	6%	
	11th	7%	8%	
	12th	7%	8%	
Sex	Female	2%	3%	
	Male	11%	11%	
Total		6%	7%	-

## 2.21 Percent of students who smoked cigars or little cigars, past 30 days

		Windsor	Vermont	Notes
Grade	9th	6%	5%	
	10th	10%	8%	
	11th	12%	12%	
	12th	19%	16%	
Sex	Female	8%	6%	County statistically higher
	Male	16%	14%	
Total	-	12%	10%	

# 2.22 Percent of students who smoked cigarettes, cigars or little cigars, or used smokeless tobacco, during the past 30 days

		Windsor	Vermont	Notes
Grade	9th	12%	11%	
	10th	17%	15%	
	11th	20%	21%	
	12th	27%	25%	
Sex	Female	15%	13%	
	Male	23%	23%	
Total		19%	18%	

# 2.23 Percent of students who smoked cigarettes, cigars or little cigars, used smokeless tobacco, or electronic vapor products during the past 30 days

		Windsor	Vermont	Notes
Grade	9th	17%	16%	
	10th	24%	22%	
	11th	26%	28%	
	12th	34%	32%	
Sex	Female	22%	20%	_
	Male	29%	29%	
Total		25%	25%	-

## 2.24 Percent of students who have ever tried marijuana

		Windsor	Vermont	Notes
Grade	9th	23%	22%	
	10th	39%	32%	County statistically higher
	11th	46%	44%	
	12th	51%	49%	
Sex	Female	41%	36%	County statistically higher
	Male	40%	38%	
Total	-	40%	37%	County statistically higher

# 2.25 Percent of students who used marijuana before age 13

		Windsor	Vermont	Notes
Grade	9th	7%	6%	
	10th	7%	6%	
	11th	6%	7%	
	12th	6%	6%	
Sex	Female	5%	5%	-
	Male	8%	8%	
Total	-	7%	6%	-

## 2.26 Percent of students who used marijuana, past 30 days

		Windsor	Vermont	Notes
Grade	9th	15%	13%	
	10th	25%	20%	
	11th	26%	27%	
	12th	28%	29%	
Sex	Female	23%	21%	
	Male	25%	24%	
Total		24%	22%	-

# 2.27 Among those who currently use marijuana, the number of times reported using marijuana, in the last month

			Windsor	Vermont	Notes
Grade	9th	1 to 2 times	18%	36%	County statistically lower
		3 to 9 times	33%	24%	
		10+ times	49%	40%	
	10th	1 to 2 times	29%	32%	
		3 to 9 times	25%	26%	
		10+ times	46%	42%	
	11th	1 to 2 times	26%	30%	
		3 to 9 times	23%	24%	
		10+ times	50%	46%	
	12th	1 to 2 times	37%	29%	
		3 to 9 times	15%	23%	
		10+ times	48%	48%	
Sex	Female	1 to 2 times	33%	37%	
		3 to 9 times	26%	26%	
		10+ times	40%	37%	
	Male	1 to 2 times	24%	26%	
		3 to 9 times	19%	23%	
		10+ times	56%	52%	
Total		1 to 2 times	28%	31%	-
		3 to 9 times	22%	24%	
		10+ times	49%	45%	

# 2.28 Percent of students who ever misused a stimulant or prescription pain reliever

		Windsor	Vermont	Notes
Grade	9th	11%	8%	
	10th	11%	10%	
	11th	15%	13%	
	12th	14%	14%	
Sex	Female	13%	11%	
	Male	13%	12%	
Total		13%	11%	

## 2.29 Percent of students who misused a stimulant or prescription pain reliever in the past 30 days

		Windsor	Vermont	Notes
Grade	9th	6%	4%	County statistically higher
	10th	5%	4%	
	11th	5%	5%	
	12th	6%	6%	
Sex	Female	6%	4%	County statistically higher
	Male	5%	5%	
Total		6%	5%	

#### 2.30 Percent of students who ever used cocaine

		Windsor	Vermont	Notes
Grade	9th	4%	3%	
	10th	4%	4%	
	11th	5%	5%	
	12th	5%	7%	
Sex	Female	4%	4%	-
	Male	6%	6%	
Total	-	5%	5%	

#### 2.31 Percent of students who ever used inhalants

		Windsor	Vermont	Notes
Grade	9th	9%	7%	
	10th	5%	6%	
	11th	9%	7%	
	12th	5%	5%	
Sex	Female	7%	6%	
	Male	7%	7%	
Total	-	7%	7%	

# 2.32 Percent of students who ever used methamphetamines

		Windsor	Vermont	Notes
Grade	9th	3%	2%	
	10th	3%	2%	
	11th	3%	3%	
	12th	2%	3%	
Sex	Female	2%	2%	-
	Male	3%	3%	
Total		3%	3%	

#### 2.33 Percent of students who ever used heroin

		Windsor	Vermont	Notes
Grade	9th	3%	2%	
	10th	3%	2%	
	11th	2%	2%	
	12th	2%	3%	
Sex	Female	2%	1%	
	Male	3%	3%	
Total		3%	2%	

## 3.01 Percent of students who were in the same room as someone smoking, past 7 days

		Windsor	Vermont	Notes
Grade	9th	38%	34%	
	10th	39%	36%	
	11th	39%	39%	
	12th	35%	38%	
Sex	Female	40%	37%	-
	Male	36%	37%	
Total	-	38%	37%	

## 3.02 Percent of students who were in the same car as someone smoking, past 7 days

		Windsor	Vermont	Notes
Grade	9th	26%	25%	
	10th	29%	27%	
	11th	26%	28%	
	12th	25%	28%	
Sex	Female	28%	28%	
	Male	25%	27%	
Total	-	27%	27%	

# 3.03 Frequency in which students see advertisements for tobacco when they are in a grocery store, gas station, or convenience store.

			Windsor	Vermont	Notes
Grade	9th	Never or rarely	16%	19%	
		Sometimes	27%	27%	
		At least most of the time	57%	54%	
	10th	Never or rarely	16%	19%	
		Sometimes	26%	27%	
		At least most of the time	59%	53%	
	11th	Never or rarely	19%	21%	
		Sometimes	25%	28%	
		At least most of the time	56%	52%	
	12th	Never or rarely	18%	22%	
		Sometimes	33%	28%	
		At least most of the time	49%	50%	
Sex	Female	Never or rarely	15%	19%	County statistically lower
		Sometimes	30%	28%	
		At least most of the time	55%	53%	
	Male	Never or rarely	20%	22%	
		Sometimes	25%	26%	
		At least most of the time	55%	51%	
Total		Never or rarely	17%	21%	County statistically lower
		Sometimes	28%	27%	
		At least most of the time	55%	52%	County statistically higher

In 2015, 11% of Vermont high school students reported smoking cigarettes in the last 30 days and 22% of students reported using marijuana during that same time period. Students were asked about their perceptions on how many students smoke and use marijuana.

#### 3.04 Out of 100 high school students, the number thought to smoke cigarettes

	Windsor	Vermont	Notes
15 or less students	21%	19%	
16 to 25 students	31%	29%	
26 to 45 students	24%	24%	
46 to 55 students	14%	14%	
56 to 75 students	6%	8%	County statistically lower
76 or more students	4%	7%	County statistically lower

#### 3.05 Out of 100 high school students, the number thought to use marijuana

	Windsor	Vermont	Notes
15 or less students	6%	8%	County statistically lower
16 to 25 students	14%	13%	
26 to 45 students	22%	21%	
46 to 55 students	21%	21%	
56 to 75 students	21%	20%	
76 or more students	16%	16%	

#### 3.06 Percent of students who think their parents think it is wrong for them to smoke cigarettes

		Windsor	Vermont	Notes
Grade	9th	95%	94%	
	10th	94%	93%	
	11th	94%	92%	
	12th	87%	87%	
Sex	Female	93%	93%	
	Male	92%	90%	
Total	-	93%	91%	

#### 3.07 Percent of students who think their parents think it is wrong for them to drink alcohol

		Windsor	Vermont	Notes
Grade	9th	84%	84%	
	10th	76%	78%	
	11th	68%	70%	
	12th	58%	57%	
Sex	Female	71%	74%	
	Male	71%	70%	
Total		71%	72%	-

#### 3.08 Percent of students who think their parents think it is wrong for them to smoke marijuana

		Windsor	Vermont	Notes
Grade	9th	85%	87%	
	10th	79%	82%	
	11th	78%	78%	
	12th	73%	74%	
Sex	Female	78%	82%	County statistically lower
	Male	78%	79%	
Total		78%	80%	

## 3.09 Percent of students who think it is wrong for someone their age to smoke cigarettes

		Windsor	Vermont	Notes
Grade	9th	84%	87%	
	10th	82%	84%	
	11th	78%	77%	
	12th	70%	67%	
Sex	Female	79%	80%	-
	Male	78%	77%	
Total	-	78%	78%	-

#### 3.10 Percent of students who think it is wrong for someone their age to drink alcohol

		Windsor	Vermont	Notes
Grade	9th	70%	70%	
	10th	54%	58%	
	11th	45%	47%	
	12th	40%	38%	
Sex	Female	52%	54%	-
	Male	52%	53%	
Total		52%	53%	

#### 3.11 Percent of students who think it is wrong for someone their age to smoke marijuana

		Windsor	Vermont	Notes
Grade	9th	69%	70%	
	10th	54%	59%	
	11th	51%	51%	
	12th	47%	44%	
Sex	Female	54%	57%	_
	Male	56%	55%	
Total	-	55%	56%	

# 3.12 Percent of students who think people their age risk harming themselves if they smoke a pack of cigarettes a day

		Windsor	Vermont	Notes
Grade	9th	63%	62%	
	10th	69%	66%	
	11th	69%	66%	
	12th	63%	66%	
Sex	Female	66%	67%	
	Male	67%	63%	
Total		66%	65%	

#### 3.13 Percent of students who think people their age risk harming themselves if they binge drink on weekends

		Windsor	Vermont	Notes
Grade	9th	43%	42%	
	10th	41%	40%	
	11th	37%	36%	
	12th	33%	35%	
Sex	Female	42%	43%	-
	Male	35%	33%	
Total		38%	38%	

### 3.14 Percent of students who think people their age risk harming themselves if they smoke marijuana regularly

		Windsor	Vermont	Notes
Grade	9th	34%	35%	
	10th	25%	29%	
	11th	22%	22%	
	12th	21%	21%	
Sex	Female	27%	30%	
	Male	24%	24%	
Total	-	25%	27%	-

## 3.15 Percent of students who think it would be easy to get cigarettes

		Windsor	Vermont	Notes
Grade	9th	48%	44%	
	10th	53%	55%	
	11th	65%	64%	
	12th	85%	80%	
Sex	Female	62%	57%	County statistically higher
	Male	64%	64%	
Total		63%	61%	

#### 3.16 Percent of students who think it would be easy to get alcohol

		Windsor	Vermont	Notes
Grade	9th	59%	60%	
	10th	72%	68%	
	11th	79%	74%	
	12th	75%	75%	
Sex	Female	74%	71%	_
	Male	68%	68%	
Total		72%	69%	

#### 3.17 Percent of students who think it would be easy to get marijuana

		Windsor	Vermont	Notes
Grade	9th	50%	46%	
	10th	67%	60%	County statistically higher
	11th	73%	69%	
	12th	78%	74%	
Sex	Female	66%	60%	County statistically higher
	Male	68%	65%	
Total		67%	62%	County statistically higher

#### 3.18 Percent of students who were asked if they smoked by a health care provider, past 12 months

		Windsor	Vermont	Notes
Grade	9th	51%	44%	County statistically higher
	10th	60%	50%	County statistically higher
	11th	68%	57%	County statistically higher
	12th	74%	60%	County statistically higher
Sex	Female	65%	56%	County statistically higher
	Male	62%	50%	County statistically higher
Total		63%	53%	County statistically higher

# 3.19 Percent of students who think it is likely or very likely that a party where students from their high school were drinking alcohol would be broken up by police

		Windsor	Vermont	Notes
Grade	9th	34%	36%	
	10th	30%	30%	
	11th	24%	27%	
	12th	21%	24%	
Sex	Female	26%	29%	-
	Male	28%	29%	
Total	-	27%	29%	-

#### 3.20 Percent of students who were offered, sold or given an illegal drug on school property, past 12 months

		Windsor	Vermont	Notes
Grade	9th	18%	15%	
	10th	22%	19%	
	11th	21%	20%	
	12th	16%	18%	
Sex	Female	18%	15%	County statistically higher
	Male	20%	21%	
Total		19%	18%	-

## 4.01 Sexual orientation

			Windsor	Vermont	Notes
Grade	9th	Heterosexual (straight)	86%	88%	
		Gay or lesbian	3%	2%	
		Bisexual	9%	6%	County statistically higher
		Not sure	2%	5%	
	10th	Heterosexual (straight)	91%	89%	
		Gay or lesbian	1%	2%	
		Bisexual	6%	6%	
		Not sure	2%	4%	
	11th	Heterosexual (straight)	88%	88%	
		Gay or lesbian	2%	2%	
		Bisexual	7%	6%	
		Not sure	4%	4%	
	12th	Heterosexual (straight)	89%	88%	
		Gay or lesbian	2%	2%	
		Bisexual	7%	6%	
		Not sure	2%	4%	
Sex	Female	Heterosexual (straight)	84%	84%	
		Gay or lesbian	2%	2%	
		Bisexual	11%	10%	
		Not sure	3%	5%	
	Male	Heterosexual (straight)	93%	92%	
		Gay or lesbian	2%	2%	
		Bisexual	3%	3%	
		Not sure	2%	4%	
Total		Heterosexual (straight)	88%	88%	
		Gay or lesbian	2%	2%	
		Bisexual	7%	6%	
		Not sure	3%	4%	County statistically lower

#### 4.02 Percent of students who have ever had sexual intercourse

		Windsor	Vermont	Notes
Grade	9th	21%	18%	
	10th	35%	33%	
	11th	49%	49%	
	12th	64%	62%	
Sex	Female	42%	40%	-
	Male	43%	41%	
Total	-	42%	41%	-

#### 4.03 Percent of students who have ever had oral sex

		Windsor	Vermont	Notes
Grade	9th	26%	21%	County statistically higher
	10th	39%	37%	
	11th	50%	50%	
	12th	64%	60%	
Sex	Female	43%	41%	
	Male	46%	42%	
Total		45%	42%	

#### 4.04 Percent of students who had sexual intercourse before age 13

		Windsor	Vermont	Notes
Grade	9th	3%	3%	
	10th	3%	3%	
	11th	3%	3%	
	12th	5%	4%	
Sex	Female	2%	2%	
	Male	5%	4%	
Total	-	3%	3%	

## 4.05 Percent of students who have had sexual intercourse with four or more people

		Windsor	Vermont	Notes
Grade	9th	3%	3%	
	10th	5%	6%	
	11th	10%	11%	
	12th	19%	19%	
Sex	Female	10%	9%	
	Male	9%	10%	
Total		9%	10%	-

#### 4.06 Percent of students who have ever been tested for HIV

		Windsor	Vermont	Notes
Grade	9th	6%	7%	
	10th	10%	8%	
	11th	9%	12%	
	12th	12%	14%	
Sex	Female	10%	11%	
	Male	9%	9%	
Total		9%	10%	

## 4.07 Percent of students who had sex at least once in the past 3 months (currently sexually active)

		Windsor	Vermont	Notes
Grade	9th	12%	12%	
	10th	28%	24%	
	11th	37%	38%	
	12th	49%	49%	
Sex	Female	33%	33%	
	Male	30%	30%	
Total	-	32%	31%	

#### 4.08 Of sexually active students, percent who used alcohol or drugs the last time they had sex

		Windsor	Vermont	Notes
Grade	9th		18%	Too few students
	10th	21%	19%	
	11th	15%	18%	
	12th	18%	18%	
Sex	Female	14%	15%	
	Male	22%	22%	
Total		18%	19%	

#### 4.09 Of sexually active students, percent who used condoms the last time they had sex

		Windsor	Vermont	Notes
Grade	9th	•	65%	Too few students
	10th	67%	65%	
	11th	60%	58%	
	12th	51%	54%	
Sex	Female	53%	55%	
	Male	62%	62%	
Total		58%	58%	

# 4.10 Of sexually active students, percent who used prescription birth control the last time they had sex.

Birth control included using prescription birth control pills, shot, patch, ring, or IUD

		Windsor	Vermont	Notes
Grade	9th		28%	Too few students
	10th	39%	39%	
	11th	46%	49%	
	12th	48%	54%	
Sex	Female	50%	55%	
	Male	35%	38%	
Total		43%	47%	

# 4.11 Of sexually active students, those who used either a condom or prescription birth control the last time they had sex

		Windsor	Vermont	Notes
Grade	9th		80%	Too few students
	10th	88%	87%	
	11th	88%	88%	
	12th	85%	87%	
Sex	Female	86%	88%	
	Male	87%	86%	
Total	-	86%	87%	

# 4.12 Of sexually active students, methods used to prevent pregnancy used the last time they had sex

			Windsor	Vermont	Notes
Grade	9th	No method was used	•	12%	Too few students
		Birth control pills		19%	Too few students
		Condoms		50%	Too few students
		IUD or implant		4%	Too few students
		Shot/patch/birth control ring		5%	Too few students
		Withdrawal/other method		8%	Too few students
		Not sure		3%	Too few students
	10th	No method was used	7%	7%	
		Birth control pills	27%	28%	
		Condoms	46%	46%	
		IUD or implant	8%	5%	
		Shot/patch/birth control ring		6%	Too few students
		Withdrawal/other method	7%	6%	
		Not sure		2%	Too few students
	11th	No method was used	4%	6%	
		Birth control pills	37%	37%	
		Condoms	40%	37%	
		IUD or implant		7%	Too few students
		Shot/patch/birth control ring	6%	6%	
		Withdrawal/other method	9%	6%	
		Not sure	•	1%	Too few students
	12th	No method was used	6%	7%	
		Birth control pills	35%	40%	
		Condoms	36%	32%	
		IUD or implant	8%	7%	
		Shot/patch/birth control ring	5%	7%	
		Withdrawal/other method	8%	6%	
		Not sure	•	2%	Too few students

			Windsor	Vermont	Notes
Sex	Female	No method was used	6%	7%	-
		Birth control pills	35%	39%	
		Condoms	34%	31%	
		IUD or implant	7%	8%	
		Shot/patch/birth control ring	8%	8%	
		Withdrawal/other method	9%	5%	County statistically higher
		Not sure		1%	Too few students
	Male	No method was used	6%	7%	
		Birth control pills	28%	30%	
		Condoms	48%	45%	
		IUD or implant	6%	4%	
		Shot/patch/birth control ring	٠	4%	Too few students
		Withdrawal/other method	8%	7%	
		Not sure	3%	3%	
Total		No method was used	6%	7%	
		Birth control pills	32%	35%	
		Condoms	41%	38%	
		IUD or implant	7%	6%	
		Shot/patch/birth control ring	5%	6%	
		Withdrawal/other method	8%	6%	
		Not sure	1%	2%	

Cont. Of sexually active students, methods used to prevent pregnancy used the last time they had sex

# 4.13 Sexual identity of sexual contacts

			Windsor	Vermont	Notes
Sex	Female	Have not had sex	42%	45%	
		Same sex	2%	1%	
		Opposite sex	48%	46%	
		Both sexes	8%	7%	
	Male	Have not had sex	40%	43%	
		Same sex	1%	1%	
		Opposite sex	57%	53%	
		Both sexes	2%	2%	
	-			-	
Total		Have not had sex	41%	44%	County statistically lower
		Same sex	1%	1%	
		Opposite sex	53%	50%	
		Both sexes	5%	5%	

## 5.01 The percent of students who are overweight (85th to <95th BMI percentile)

		Windsor	Vermont	Notes
Grade	9th	15%	15%	
	10th	16%	14%	
	11th	14%	14%	
	12th	14%	13%	
Sex	Female	14%	14%	-
	Male	15%	14%	
Total	-	15%	14%	-

#### 5.02 The percent of students who are obese (=>95th BMI percentile)

		Windsor	Vermont	Notes
Grade	9th	14%	12%	
	10th	15%	13%	
	11th	11%	12%	
	12th	14%	12%	
Sex	Female	10%	9%	
	Male	17%	16%	
Total		14%	12%	

NOTE: BMI = body mass index; For youth, BMI is age- and sex-specific. It is expressed by a percentile based on weight and height.

# **5.03** Perceptions of weight

			Windsor	Vermont	Notes
Grade	9th	Underweight	14%	15%	
		About the right weight	56%	56%	
		Overweight	31%	29%	
	10th	Underweight	13%	13%	
		About the right weight	52%	55%	
		Overweight	36%	32%	
	11th	Underweight	11%	13%	
		About the right weight	59%	55%	
		Overweight	29%	31%	
	12th	Underweight	13%	13%	
		About the right weight	55%	55%	
		Overweight	32%	32%	
Sex	Female	Underweight	9%	10%	
		About the right weight	53%	54%	
		Overweight	38%	36%	
	Male	Underweight	16%	17%	
		About the right weight	57%	57%	
		Overweight	26%	26%	
Total		Underweight	13%	14%	
		About the right weight	55%	55%	
		Overweight	32%	31%	

# 5.04 Students who are trying to do something about their weight

			Windsor	Vermont	Notes
Grade	9th	Lose weight	40%	41%	
		Gain weight	11%	12%	
		Stay the same weight /do nothing	49%	47%	
	10th	Lose weight	45%	43%	
		Gain weight	15%	13%	
		Stay the same weight /do nothing	41%	44%	
	11th	Lose weight	38%	42%	
		Gain weight	14%	14%	
		Stay the same weight /do nothing	48%	44%	
	12th	Lose weight	47%	42%	
		Gain weight	14%	15%	
		Stay the same weight /do nothing	39%	42%	
Sex	Female	Lose weight	57%	56%	
		Gain weight	4%	4%	
		Stay the same weight /do nothing	40%	40%	
	Male	Lose weight	28%	28%	
		Gain weight	24%	23%	
		Stay the same weight /do nothing	48%	49%	
Total	_	Lose weight	42%	42%	
		Gain weight	14%	14%	
		Stay the same weight /do nothing	44%	44%	

# **6.01 Hours spent per school day watching TV, playing video games or using the computer for fun.** In 2015, the definition of screen time was expanded. Caution should be taken when making comparisons to previous years.

			Windsor	Vermont	Notes
Grade	9th	Less than 1 hour	11%	14%	
		1 to 2 hours	34%	36%	
		3 to 4 hours	34%	33%	
		5+ hours	22%	18%	
	10th	Less than 1 hour	10%	14%	
		1 to 2 hours	38%	36%	
		3 to 4 hours	36%	32%	
		5+ hours	16%	18%	
	11th	Less than 1 hour	12%	15%	
		1 to 2 hours	37%	38%	
		3 to 4 hours	36%	32%	
		5+ hours	15%	16%	
	12th	Less than 1 hour	13%	16%	
		1 to 2 hours	34%	36%	
		3 to 4 hours	38%	32%	
		5+ hours	15%	17%	
Sex	Female	Less than 1 hour	13%	15%	
		1 to 2 hours	35%	37%	
		3 to 4 hours	35%	32%	
		5+ hours	17%	16%	
	Male	Less than 1 hour	10%	14%	County statistically lower
		1 to 2 hours	36%	36%	
		3 to 4 hours	37%	32%	County statistically higher
		5+ hours	17%	18%	
Total		Less than 1 hour	12%	15%	County statistically lower
		1 to 2 hours	36%	36%	•
		3 to 4 hours	36%	32%	County statistically higher
		5+ hours	17%	17%	

# 6.02 The number of days students participated in at least 60 minutes of physical activity during the past 7 days

h Oth	0 days 1 to 2 days 3 to 6 days Everyday 0 days	11% 12% 49% 29%	11% 16% 47% 25%	County statistically lower
 Oth	3 to 6 days Everyday	49% 29%	47%	County statistically lower
 Oth	Everyday	29%		
Oth			25%	
Oth	0 days			
		12%	13%	
	1 to 2 days	14%	15%	
	3 to 6 days	51%	47%	
	Everyday	23%	24%	
l th	0 days	13%	15%	
	1 to 2 days	16%	17%	
	3 to 6 days	46%	45%	
	Everyday	25%	22%	
2th	0 days	14%	17%	
	1 to 2 days	17%	18%	
	3 to 6 days	45%	44%	
	Everyday	24%	21%	
emale	0 days	17%	17%	
	1 to 2 days	18%	20%	
	3 to 6 days	49%	48%	
	Everyday	16%	16%	
lale	0 days	9%	12%	
	1 to 2 days	11%	14%	
	3 to 6 days	45%	44%	
	Everyday	35%	30%	County statistically higher
	0 days	13%	14%	
	•	15%	17%	
			23%	
		0 days 1 to 2 days 3 to 6 days	0 days 13% 1 to 2 days 15%	0 days 13% 14% 1 to 2 days 15% 17% 3 to 6 days 48% 46%

#### 6.03 The percent of students who ate fruits and vegetables 5 or more times per day, past 7 days

		Windsor	Vermont	Notes
Grade	9th	23%	23%	
	10th	24%	23%	
	11th	21%	23%	
	12th	23%	24%	
Sex	Female	22%	22%	
	Male	23%	25%	
Total		23%	24%	

## 6.04 The percent of students who ate fruits or fruit juice 2 or more times per day, past 7 days

		Windsor	Vermont	Notes
Grade	9th	32%	34%	
	10th	31%	34%	
	11th	32%	34%	
	12th	33%	35%	
Sex	Female	32%	33%	-
	Male	33%	35%	
Total		32%	34%	

#### 6.05 The percent of students who ate vegetables 3 or more times per day, past 7 days

		Windsor	Vermont	Notes
Grade	9th	19%	17%	
	10th	16%	17%	
	11th	15%	18%	
	12th	19%	19%	
Sex	Female	17%	17%	
	Male	18%	19%	
Total		17%	18%	

## 6.06 The percent of students who did not eat any fruit or fruit juice, past 7 days

		Windsor	Vermont	Notes
Grade	9th	7%	5%	
	10th	3%	4%	
	11th	3%	4%	
	12th	6%	4%	
Sex	Female	3%	3%	-
	Male	6%	5%	
Total	-	5%	4%	-

## 6.07 The percent of students who did not any eat vegetables, past 7 days

		Windsor	Vermont	Notes
Grade	9th	4%	5%	
	10th	5%	4%	
	11th	4%	4%	
	12th	4%	4%	
Sex	Female	2%	3%	-
	Male	7%	6%	
Total		4%	4%	

# 6.08 The number of days students ate breakfast during the past 7 days

			Windsor	Vermont	Notes
Grade	9th	Never	14%	11%	
		1 to 3 days	24%	25%	
		4 to 6 days	24%	22%	
		Everyday	38%	42%	
	10th	Never	10%	11%	
		1 to 3 days	29%	24%	
		4 to 6 days	24%	24%	
		Everyday	38%	41%	
	11th	Never	9%	10%	
		1 to 3 days	27%	25%	
		4 to 6 days	22%	24%	
		Everyday	42%	40%	
	12th	Never	12%	11%	
		1 to 3 days	28%	25%	
		4 to 6 days	20%	25%	
		Everyday	40%	39%	
Sex	Female	Never	11%	11%	
		1 to 3 days	30%	27%	
		4 to 6 days	23%	24%	
		Everyday	36%	38%	
	Male	Never	12%	11%	
		1 to 3 days	23%	23%	
		4 to 6 days	22%	23%	
		Everyday	43%	43%	
Total	_	Never	11%	11%	
		1 to 3 days	27%	25%	
		4 to 6 days	22%	24%	
		Everyday	39%	40%	

# 6.09 The number of glasses of water students drank yesterday

9th  10th	None 1 to 3 glasses 4+ glasses None 1 to 3 glasses	7% 62% 31%	9% 60% 32%	
 10th	4+ glasses None	31%	32%	
 10th	None			
10th		8%	90/	
	1 to 3 glasses		8%	
		61%	58%	
	4+ glasses	31%	34%	
11th	None	7%	8%	
	1 to 3 glasses	61%	60%	
	4+ glasses	32%	32%	
12th	None	9%	9%	
	1 to 3 glasses	59%	57%	
	4+ glasses	32%	34%	
Female	None	7%	8%	-
	1 to 3 glasses	64%	62%	
	4+ glasses	29%	31%	
Male	None	8%	9%	
	1 to 3 glasses	57%	56%	
	4+ glasses	35%	35%	
	None	8%	9%	-
	1 to 3 glasses	61%	59%	
	4+ glasses	31%	33%	
 ]	12th Female	1 to 3 glasses 4+ glasses  12th None 1 to 3 glasses 4+ glasses  Female None 1 to 3 glasses 4+ glasses  Male None 1 to 3 glasses 4+ glasses  None 1 to 3 glasses  1 to 3 glasses	1 to 3 glasses       61%         4+ glasses       32%         12th       None       9%         1 to 3 glasses       59%         4+ glasses       32%         Female       None       7%         1 to 3 glasses       64%         4+ glasses       29%         Male       None       8%         1 to 3 glasses       57%         4+ glasses       35%         None       8%         1 to 3 glasses       61%	1 to 3 glasses 61% 60% 4+ glasses 32% 32%  12th None 9% 9% 1 to 3 glasses 59% 57% 4+ glasses 32% 34%  Female None 7% 8% 1 to 3 glasses 64% 62% 4+ glasses 29% 31%  Male None 8% 9% 1 to 3 glasses 57% 56% 4+ glasses 35% 35%  None 8% 9% 1 to 3 glasses 57% 56% 4+ glasses 35% 35%

# 6.10 Amount of soda students drank during the past 7 days

			Windsor	Vermont	Notes
Grade	9th	None	29%	32%	
		At least once during the past week	56%	54%	
		At least once per day	15%	14%	
	10th	None	28%	33%	
		At least once during the past week	58%	53%	
		At least once per day	14%	14%	
	11th	None	29%	33%	
		At least once during the past week	56%	51%	
		At least once per day	15%	15%	
	12th	None	34%	36%	
		At least once during the past week	51%	49%	
		At least once per day	15%	15%	
Sex	Female	None	35%	42%	County statistically lower
		At least once during the past week	54%	48%	County statistically higher
		At least once per day	10%	9%	
	Male	None	24%	25%	
		At least once during the past week	56%	55%	
		At least once per day	20%	20%	
Total		None	30%	33%	County statistically lower
		At least once during the past week	55%	52%	County statistically higher
		At least once per day	15%	15%	

# 6.11 The amount of sugar-sweetened beverages (not including soda) students drank during past 7 days

Grade	9th	None			
		Tione	20%	25%	
		At least once during the past week	62%	61%	
		At least once per day	18%	14%	
	10th	None	20%	25%	County statistically lower
		At least once during the past week	63%	59%	
		At least once per day	16%	15%	
	11th	None	26%	26%	
		At least once during the past week	60%	59%	
		At least once per day	15%	16%	
	12th	None	27%	29%	
		At least once during the past week	62%	57%	
		At least once per day	10%	15%	County statistically lower
Sex	Female	None	26%	30%	County statistically lower
		At least once during the past week	64%	59%	County statistically higher
		At least once per day	11%	11%	
	Male	None	21%	22%	
		At least once during the past week	60%	58%	
		At least once per day	20%	19%	
Total		None	23%	26%	County statistically lower
		At least once during the past week	62%	59%	County statistically higher
		At least once per day	15%	15%	

#### 7.01 Typical grades in the past 12 months, as reported by students

			Windsor	Vermont	Notes
Grade	9th	Mostly As or Bs	73%	76%	
		Mostly Cs	15%	13%	
		Mostly Ds or Fs	5%	4%	
		Other / Not sure	7%	7%	
	10th	Mostly As or Bs	77%	77%	
		Mostly Cs	17%	14%	
		Mostly Ds or Fs	4%	4%	
		Other / Not sure	3%	5%	
	11th	Mostly As or Bs	81%	80%	
		Mostly Cs	13%	13%	
		Mostly Ds or Fs	3%	3%	
		Other / Not sure	4%	4%	
	12th	Mostly As or Bs	84%	83%	
		Mostly Cs	11%	11%	
		Mostly Ds or Fs	2%	2%	
		Other / Not sure	3%	4%	
Sex	Female	Mostly As or Bs	83%	84%	
		Mostly Cs	11%	9%	
		Mostly Ds or Fs	3%	3%	
		Other / Not sure	3%	4%	
	Male	Mostly As or Bs	74%	74%	
		Mostly Cs	17%	16%	
		Mostly Ds or Fs	4%	4%	
		Other / Not sure	5%	6%	
Total	100	Mostly As or Bs	78%	79%	
		Mostly Cs	14%	13%	
		Mostly Ds or Fs	3%	3%	
		Other / Not sure	4%	5%	

#### 7.02 The percent of students participating in extracurricular activities, hours per week

		Windsor	Vermont	Notes
9th	0 hours	26%	32%	County statistically lower
	1 to 4 hours	27%	30%	
	5 to 9 hours	21%	17%	
	10 or more hours	25%	21%	
10th	0 hours	29%	32%	
	1 to 4 hours	29%	28%	
	5 to 9 hours	19%	16%	
	10 or more hours	24%	24%	
11th	0 hours	28%	32%	
	1 to 4 hours	28%	27%	
	5 to 9 hours	17%	16%	
	10 or more hours	28%	25%	
12th	0 hours	30%	32%	
	1 to 4 hours	22%	26%	
	5 to 9 hours	16%	16%	
	10 or more hours	32%	27%	
Female	0 hours	28%	31%	
	1 to 4 hours	28%	29%	
	5 to 9 hours	19%	16%	
	10 or more hours	25%	24%	
Male	0 hours	30%	33%	
	1 to 4 hours	24%	27%	
	5 to 9 hours	17%	16%	
	10 or more hours	29%	24%	County statistically higher
	0 hours	29%	32%	County statistically lower
	1 to 4 hours	26%	28%	· ·
	5 to 9 hours	18%	16%	
	10 or more hours	27%	24%	County statistically higher
	10th  11th  12th  Female	1 to 4 hours 5 to 9 hours 10 or more hours  10th	9th 0 hours 27% 1 to 4 hours 27% 5 to 9 hours 21% 10 or more hours 25%  10th 0 hours 29% 1 to 4 hours 29% 5 to 9 hours 19% 10 or more hours 24%  11th 0 hours 28% 1 to 4 hours 28% 5 to 9 hours 17% 10 or more hours 28% 1 to 4 hours 28% 5 to 9 hours 16% 10 or more hours 30% 1 to 4 hours 22% 5 to 9 hours 16% 10 or more hours 32%  Female 0 hours 28% 1 to 4 hours 28% 5 to 9 hours 16% 10 or more hours 32%  Male 0 hours 28% 5 to 9 hours 19% 10 or more hours 25%  Male 0 hours 29% 1 to 4 hours 24% 5 to 9 hours 17% 10 or more hours 29%  O hours 29% 1 to 4 hours 26% 5 to 9 hours 18%	9th       0 hours       26%       32%         1 to 4 hours       27%       30%         5 to 9 hours       21%       17%         10 or more hours       25%       21%         10th       0 hours       29%       32%         1 to 4 hours       29%       28%         5 to 9 hours       19%       16%         10 or more hours       24%       24%         11th       0 hours       28%       32%         1 to 4 hours       28%       27%         5 to 9 hours       17%       16%         10 or more hours       28%       25%         12th       0 hours       30%       32%         1 to 4 hours       22%       26%         5 to 9 hours       16%       16%         10 or more hours       28%       29%         5 to 9 hours       19%       16%         10 or more hours       25%       24%         Male       0 hours       30%       33%         1 to 4 hours       24%       27%         5 to 9 hours       17%       16%         10 or more hours       29%       24%         0 hours       29%       24% </td

#### 7.03 The percent of students who spoke with their parents at least weekly about school

		Windsor	Vermont	Notes
Grade	9th	77%	78%	
	10th	79%	77%	
	11th	77%	77%	
	12th	74%	75%	
Sex	Female	76%	77%	
	Male	78%	76%	
Total	-	77%	76%	

#### 7.04 The percent of students who agree that in their community they feel like they matter to people

		Windsor	Vermont	Notes
Grade	9th	43%	49%	County statistically lower
	10th	49%	48%	
	11th	49%	50%	
	12th	51%	54%	
Sex	Female	44%	47%	
	Male	52%	54%	
Total		48%	50%	

#### 7.05 The percent of students who agree that teachers really care about them and give them lots of encouragement

		Windsor	Vermont	Notes
Grade	9th	55%	59%	
	10th	58%	57%	
	11th	64%	64%	
	12th	74%	69%	
Sex	Female	60%	60%	-
	Male	65%	64%	
Total		62%	62%	

#### 7.06 The percent of students who agree that students help decide what goes on in school

		Windsor	Vermont	Notes
Grade	9th	46%	50%	
	10th	49%	46%	
	11th	45%	46%	
	12th	53%	49%	
Sex	Female	48%	48%	-
	Male	47%	48%	
Total	-	48%	48%	

#### 7.07 The percent of students who report that they will probably or definitely complete a post high school program

		Windsor	Vermont	Notes
Grade	9th	75%	75%	
	10th	84%	80%	
	11th	86%	83%	
	12th	84%	84%	
Sex	Female	85%	83%	-
	Male	80%	78%	
Total	-	82%	80%	

# 2015 Vermont Youth Risk Behavior Survey Report Middle School Report for Windsor County

The Vermont Department of Health would like to acknowledge the work and effort of all the schools, teachers and students who choose to participate in the Youth Risk Behavior Survey each year.

#### Windsor Number of Middle School Students in Windsor County

# Windsor County Total 1407

Sex	Total	%
Missing	9	0%
Female	697	49%
Male	701	49%

Grade	Total	%
Missing	5	0%
6th grade	248	17%
7th grade	588	41%
8th grade	566	40%

Age	Total	%
Missing	6	0%
11 years or younger	121	8%
12 years	380	27%
13 years	581	41%
14 years or older	319	22%

Race / Ethnicity	Total	%
Missing	74	5%
Racial or ethnic minority	236	16%
White non-Hispanic	1097	77%

NOTE: The above numbers are unweighted. They represent the students who took the survey in Windsor County. Not all students indicated their sex or grade, therefore the totals in these tables may not add up to the total number of students in the county or state who participated. All other numbers represented in this report are weighted to reflect the enrolled student population.

#### Vermont Number of Middle School Students in Vermont

#### Vermont Total 13648

Sex	Total	%
Missing	96	0%
Female	6713	49%
Male	6839	50%

Grade	Total	%
Missing	86	0%
6th grade	2899	21%
7th grade	5337	39%
8th grade	5326	39%

Age	Total	%
Missing	63	
11 years or younger	1445	10%
12 years	3983	29%
13 years	5240	38%
14 years or older	2917	21%

Race / Ethnicity	Total	%
Missing	926	6%
Racial or ethnic minority	2357	17%
White non-Hispanic	10365	75%

NOTE: The above numbers are unweighted. They represent the students who took the survey in Vermont. All other numbers represented in this report are weighted to reflect the enrolled student population.

#### 1.01 Percent of students who have ever been in a physical fight

		Windsor	Vermont	Notes
Grade	6th	36%	42%	
	7th	38%	41%	
	8th	44%	44%	
Sex	Female	24%	28%	-
	Male	54%	57%	
Total		40%	43%	

#### 1.02 Percent of students who were bullied at least once, past 30 days

		Windsor	Vermont	Notes
Grade	6th	27%	24%	
	7th	23%	25%	
	8th	24%	22%	
Sex	Female	31%	30%	
	Male	19%	18%	
Total	-	24%	24%	

NOTE: For the purposes of the Vermont YRBS, bullying was described as occurring when, on many occasions, a student or group of students say or do unpleasant things to another student to make fun of, tease, embarrass, or scare him/her, or purposefully exclude him/her. Bullying can occur before, during, or after the school day; on school property; on aschool bus; or at a school-sponsored activity. It is not bullying when two students of about the same strength and power argue or fight or when teasing is done in a friendly way. Electronic bullying occurs through e-mail, chat rooms, instant messaging, Web sites, or texting.

#### 1.03 Percent of students who reported they had ever been electronically bullied

		Windsor	Vermont	Notes
Grade	6th	22%	21%	
	7th	26%	26%	
	8th	29%	28%	
Sex	Female	39%	36%	
	Male	15%	16%	
Total		26%	26%	

#### 1.04 Percent of students who were ever bullied at school

		Windsor	Vermont	Notes
Grade	6th	46%	46%	
	7th	47%	48%	
	8th	45%	45%	
Sex	Female	55%	53%	
	Male	37%	40%	
Total		46%	46%	

#### 1.05 Percent of students who bullied someone at least once, past 30 days

		Windsor	Vermont	Notes
Grade	6th	7%	8%	
	7th	8%	9%	
	8th	9%	11%	
Sex	Female	9%	10%	
	Male	7%	9%	
Total		8%	10%	

#### 1.06 Percent of students who did not go to school because they felt unsafe, past 30 days

		Windsor	Vermont	Notes
Grade	6th	9%	8%	
	7th	6%	7%	
	8th	7%	7%	
Sex	Female	9%	9%	
	Male	5%	6%	
Total		7%	7%	

# 1.07 Percent of students who felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities, past 12 months

		Windsor	Vermont	Notes
Grade	6th	19%	17%	
	7th	18%	19%	
	8th	20%	22%	
Sex	Female	27%	27%	
	Male	11%	13%	
Total		19%	20%	

#### 1.08 Percent of students who ever seriously thought about suicide

		Windsor	Vermont	Notes
Grade	6th	13%	14%	
	7th	16%	16%	
	8th	21%	22%	
Sex	Female	22%	23%	
	Male	13%	12%	
Total		17%	18%	

#### 1.09 Percent of students who ever made a suicide plan

		Windsor	Vermont	Notes
Grade	6th	9%	9%	
	7th	11%	11%	
	8th	14%	15%	
Sex	Female	16%	16%	
	Male	8%	8%	
Total		12%	12%	

#### 1.10 Percent of students who ever attempted suicide

		Windsor	Vermont	Notes
Grade	6th	4%	5%	
	7th	4%	5%	
	8th	8%	8%	
Sex	Female	9%	8%	
	Male	3%	3%	
Total	-	6%	6%	

#### 1.11 Percent of students who had at least one sunburn in the past 12 months

		Windsor	Vermont	Notes
Grade	6th	47%	51%	
	7th	56%	55%	
	8th	59%	56%	
Sex	Female	55%	58%	
	Male	55%	51%	
Total	-	55%	54%	

#### 1.12 Bicycle helmet use among those who rode a bicycle in the past 12 months

			Windsor	Vermont	Notes
Grade	6th	Never / rarely wear a helmet	30%	26%	
		Sometimes wear a helmet	18%	15%	
		Most of the time / always wear a helmet	52%	59%	
	7th	Never / rarely wear a helmet	27%	31%	
		Sometimes wear a helmet	16%	16%	
		Most of the time / always wear a helmet	57%	52%	
	8th	Never / rarely wear a helmet	34%	41%	County statistically lower
		Sometimes wear a helmet	15%	15%	
		Most of the time / always wear a helmet	51%	43%	County statistically higher
Sex	Female	Never / rarely wear a helmet	28%	31%	
		Sometimes wear a helmet	18%	17%	
		Most of the time / always wear a helmet	54%	52%	
	Male	Never / rarely wear a helmet	32%	36%	
		Sometimes wear a helmet	14%	14%	
		Most of the time / always wear a helmet	53%	49%	
Total		Never / rarely wear a helmet	30%	34%	County statistically lower
		Sometimes wear a helmet	16%	16%	
		Most of the time / always wear a helmet	54%	51%	

#### 1.13 Helmet use while rollerblading or skateboarding (of those students who rollerbladed or skateboarded)

			Windsor	Vermont	Notes
Grade	6th	Never / rarely wear a helmet	35%	31%	
		Sometimes wear a helmet	9%	11%	
		Most of the time / always wear a helmet	56%	58%	
	7th	Never / rarely wear a helmet	36%	42%	
		Sometimes wear a helmet	16%	13%	
		Most of the time / always wear a helmet	48%	45%	
	8th	Never / rarely wear a helmet	48%	52%	
		Sometimes wear a helmet	13%	12%	
		Most of the time / always wear a helmet	39%	36%	
Sex	Female	Never / rarely wear a helmet	42%	45%	-
		Sometimes wear a helmet	15%	13%	
		Most of the time / always wear a helmet	43%	43%	
	Male	Never / rarely wear a helmet	38%	41%	
		Sometimes wear a helmet	12%	12%	
		Most of the time / always wear a helmet	50%	47%	
Total		Never / rarely wear a helmet	40%	43%	
		Sometimes wear a helmet	13%	12%	
		Most of the time / always wear a helmet	47%	45%	

#### 1.14 Percent of students who reported never or rarely wearing a seatbelt while riding in a car

		Windsor	Vermont	Notes
Grade	6th		2%	Too few students
	7th	2%	3%	
	8th	2%	4%	
Sex	Female	1%	2%	
	Male	2%	3%	
Total		2%	3%	

#### 1.15 Percent of students who ever rode in a car driven by someone who had been drinking

		Windsor	Vermont	Notes
Grade	6th	11%	15%	
	7th	15%	19%	
	8th	25%	25%	
Sex	Female	20%	21%	
	Male	16%	19%	
Total		18%	20%	

#### 2.01 Percent of students who ever drank alcohol other than a few sips

		Windsor	Vermont	Notes
Grade	6th	6%	10%	
	7th	9%	15%	County statistically lower
	8th	23%	24%	
Sex	Female	12%	16%	County statistically lower
	Male	16%	18%	
Total		14%	17%	County statistically lower

#### 2.02 Percent of students who drank alcohol other than a few sips before age 11

		Windsor	Vermont	Notes
Grade	6th	5%	7%	
	7th	4%	6%	
	8th	5%	6%	
Sex	Female	3%	5%	County statistically lower
	Male	6%	8%	
Total	-	5%	6%	County statistically lower

#### 2.03 Percent of students who drank any alcohol, past 30 days

		Windsor	Vermont	Notes
Grade	6th	2%	3%	
	7th	2%	5%	County statistically lower
	8th	9%	10%	
Sex	Female	4%	6%	
	Male	5%	7%	
Total		5%	6%	County statistically lower

#### 2.04 Percent of students who binge drank (5 or more alcoholic drinks in a row), past 30 days

		Windsor	Vermont	Notes
Grade	6th	•	1%	Too few students
	7th	1%	1%	
	8th	3%	4%	
Sex	Female	2%	2%	
	Male	2%	2%	
Total		2%	2%	

#### 2.05 Percent of students who ever tried cigarette smoking, even one or two puffs

		Windsor	Vermont	Notes
Grade	6th	3%	4%	
	7th	5%	7%	
	8th	11%	13%	
Sex	Female	7%	9%	
	Male	6%	9%	
Total		7%	9%	County statistically lower

#### 2.06 Percent of students who ever smoked a whole cigarette

		Windsor	Vermont	Notes
Grade	6th		2%	Too few students
	7th	3%	4%	
	8th	6%	8%	
Sex	Female	3%	5%	
	Male	4%	5%	
Total		4%	5%	County statistically lower

#### 2.07 Percent of students who smoked a whole cigarette by age 11

		Windsor	Vermont	Notes
Grade	6th	•	1%	Too few students
	7th		1%	Too few students
	8th	2%	2%	
Sex	Female	1%	1%	
	Male	1%	2%	
Total		1%	1%	

#### 2.08 Percent of students who smoked cigarettes, past 30 days

		Windsor	Vermont	Notes
Grade	6th	•	1%	Too few students
	7th	•	2%	Too few students
	8th	3%	3%	
Sex	Female	2%	2%	
	Male	1%	2%	
Total		2%	2%	

#### 2.9 Percent of students who ever used electronic vapor products such as e-cigarettes

		Windsor	Vermont	Notes
Grade	6th	3%	3%	
	7th	3%	6%	
	8th	7%	11%	County statistically lower
Sex	Female	4%	7%	County statistically lower
	Male	5%	7%	County statistically lower
Total		5%	7%	County statistically lower

#### 2.10 Percent of students who used electronic vapor products such as e-cigarettes during the past 30 days

		Windsor	Vermont	Notes
Grade	6th		1%	Too few students
	7th	1%	2%	
	8th	4%	5%	
Sex	Female	2%	3%	
	Male	2%	3%	
Total	-	2%	3%	

#### 2.11 Percent of students who used chewing tobacco, snuff, or dip, past 30 days

		Windsor	Vermont	Notes
Grade	6th	•	1%	Too few students
	7th	•	1%	Too few students
	8th	3%	3%	
Sex	Female		1%	Too few students
	Male	2%	3%	
Total		1%	2%	

#### 2.12 Percent of students who smoked cigars, cigarillos, or little cigars, past 30 days

		Windsor	Vermont	Notes
Grade	6th		1%	Too few students
	7th	1%	1%	
	8th	2%	2%	
Sex	Female	2%	1%	
	Male	1%	2%	
Total		1%	2%	

# 2.13 Percent of students who used a tobacco product such as cigarettes, smokeless tobacco, or cigars, in the past 30 days

		Windsor	Vermont	Notes
Grade	6th		2%	Too few students
	7th	2%	3%	
	8th	5%	6%	
Sex	Female	3%	3%	
	Male	3%	4%	
Total		3%	4%	

#### 2.14 Percent of students who used any tobacco products including e-cigarettes in the past 30 days

		Windsor	Vermont	Notes
Grade	6th	2%	3%	
	7th	2%	4%	
	8th	7%	8%	
Sex	Female	4%	5%	
	Male	4%	6%	
Total		4%	5%	

#### 2.15 Percent of smokers who attempted to quit smoking, past 12 months

		Windsor	Vermont	Notes
Grade	6th	•	•	Too few students
	7th	•	58%	Too few students
	8th	•	45%	Too few students
Sex	Female		48%	Too few students
	Male	•	47%	Too few students
Total			48%	Too few students

#### 2.16 Percent of students who have ever used marijuana

		Windsor	Vermont	Notes
Grade	6th		2%	Too few students
	7th	4%	5%	
	8th	10%	11%	
Sex	Female	6%	6%	
	Male	6%	7%	
Total		6%	7%	

#### 2.17 Percent of students who used marijuana by age 11

		Windsor	Vermont	Notes
Grade	6th	•	1%	Too few students
	7th	1%	1%	
	8th	3%	2%	
Sex	Female	1%	1%	
	Male	2%	2%	
Total		2%	1%	

#### 2.18 Percent of students who used marijuana, past 30 days

		Windsor	Vermont	Notes
Grade	6th		1%	Too few students
	7th	2%	3%	
	8th	7%	6%	
Sex	Female	4%	3%	
	Male	3%	4%	
Total		4%	4%	

#### 2.19 Percent of students who have ever used inhalants

		Windsor	Vermont	Notes
Grade	6th	2%	5%	
	7th	3%	4%	
	8th	4%	6%	
Sex	Female	4%	5%	
	Male	3%	5%	
Total		3%	5%	County statistically lower

#### 2.20 Percent of students who ever took a prescription drug without a doctor's prescription

		Windsor	Vermont	Notes
Grade	6th		2%	Too few students
	7th	1%	3%	
	8th	4%	4%	
Sex	Female	2%	3%	
	Male	2%	3%	
Total	-	2%	3%	

#### 3.01 Percent of students who were in the same room with someone who was smoking cigarettes, past 7 days

		Windsor	Vermont	Notes
Grade	6th	30%	24%	
	7th	23%	28%	County statistically lower
	8th	30%	31%	
Sex	Female	28%	29%	
	Male	26%	27%	
Total		27%	28%	

#### 3.02 Percent of students who were in the same car with someone who was smoking cigarettes, past 7 days

		Windsor	Vermont	Notes
Grade	6th	25%	17%	County statistically higher
	7th	16%	20%	
	8th	20%	23%	
Sex	Female	20%	22%	
	Male	19%	19%	
Total		20%	21%	

# 3.03 Percent of students who, always or most of the time saw advertisments for tobacco products at supermarkets or gas stations

		Windsor	Vermont	Notes
Grade	6th	42%	47%	
	7th	52%	52%	
	8th	51%	55%	
Sex	Female	48%	52%	
	Male	51%	52%	
Total		49%	52%	

#### 3.04 Percent of students who, in the past 12 months, were asked if they smoke by a health professional

		Windsor	Vermont	Notes
Grade	6th	19%	15%	
	7th	31%	26%	
	8th	40%	35%	
Sex	Female	33%	28%	County statistically higher
	Male	30%	26%	
Total		32%	27%	County statistically higher

#### 3.05 Students perceptions about out of 100 Vermont high school students the number who smoke cigarettes

	Windsor	Vermont	Notes
15 or less students	19%	16%	County statistically higher
16 to 25 students	24%	25%	
26 to 45 students	24%	24%	
46 to 55 students	16%	16%	
56 to 75 students	8%	9%	
76 or more students	9%	10%	

#### 3.06 Percent of students who think their parents would think it is wrong or very wrong for them to smoke cigarettes

		Windsor	Vermont	Notes
Grade	6th	97%	96%	
	7th	96%	96%	
	8th	96%	96%	
Sex	Female	97%	97%	
	Male	96%	96%	
Total		96%	96%	

#### 3.07 Percent of students who think their parents would think it is wrong or very wrong for them to drink alcohol

		Windsor	Vermont	Notes
Grade	6th	92%	92%	
	7th	93%	92%	
	8th	88%	90%	
Sex	Female	92%	93%	
	Male	90%	90%	
Total		91%	91%	

#### 3.08 Percent of students who think their parents would think it is wrong or very wrong for them to smoke marijuana

		Windsor	Vermont	Notes
Grade	6th	96%	96%	
	7th	96%	95%	
	8th	90%	92%	
Sex	Female	93%	94%	
	Male	94%	94%	
Total	-	94%	94%	

#### 3.09 Percent of students who think it would be wrong or very wrong for someone their age to smoke cigarettes

		Windsor	Vermont	Notes
Grade	6th	98%	97%	
	7th	98%	95%	County statistically higher
	8th	91%	92%	
Sex	Female	95%	95%	
	Male	95%	94%	
Total		95%	94%	

#### 3.10 Percent of students who think it would be wrong or very wrong for someone their age to drink alcohol

		Windsor	Vermont	Notes
Grade	6th	96%	94%	
	7th	94%	90%	County statistically higher
	8th	82%	83%	
Sex	Female	92%	90%	
	Male	88%	87%	
Total		90%	88%	

#### 3.11 Percent of students who think it would be wrong or very wrong for someone their age to smoke marijuana

		Windsor	Vermont	Notes
Grade	6th	98%	97%	
	7th	95%	92%	
	8th	82%	83%	
Sex	Female	92%	91%	
	Male	89%	89%	
Total	-	91%	90%	

# 3.12 Percent of students who think people their age greatly risk harming themselves if they smoke one or more packs of cigarettes a day

		Windsor	Vermont	Notes
Grade	6th	73%	70%	
	7th	75%	72%	
	8th	74%	72%	
Sex	Female	73%	71%	
	Male	75%	72%	
Total		74%	71%	

## 3.13 Percent of students who think that people their age greatly risk harming themselves if they have five or more drinks of alcohol once or twice each weekend

		Windsor	Vermont	Notes
Grade	6th	45%	49%	
	7th	51%	49%	
	8th	48%	46%	
Sex	Female	50%	49%	
	Male	48%	46%	
Total	_	48%	48%	

# 3.14 Percent of students who think that people their age greatly risk harming themselves if they smoke marijuana regularly

		Windsor	Vermont	Notes
Grade	6th	68%	67%	
	7th	64%	61%	
	8th	51%	51%	
Sex	Female	61%	60%	
	Male	59%	58%	
Total		60%	59%	

#### 3.15 Percent of students who report that it would be easy or very easy to get cigarettes

		Windsor	Vermont	Notes
Grade	6th	19%	18%	
	7th	22%	24%	
	8th	34%	34%	
Sex	Female	25%	25%	
	Male	27%	29%	
Total		26%	27%	

#### 3.16 Percent of students who report that it would be easy or very easy to get alcohol

		Windsor	Vermont	Notes
Grade	6th	21%	24%	
	7th	29%	33%	
	8th	49%	46%	
Sex	Female	32%	35%	
	Male	37%	37%	
Total		35%	36%	

#### 3.17 Percent of students who report that it would be easy or very easy to get marijuana

		Windsor	Vermont	Notes
Grade	6th	4%	6%	
	7th	11%	12%	
	8th	26%	22%	
Sex	Female	14%	13%	
	Male	17%	16%	
Total	-	15%	14%	

#### 4.01 Percent of students who have ever had sexual intercourse

		Windsor	Vermont	Notes
Grade	6th		3%	Too few students
	7th	4%	4%	
	8th	11%	8%	
Sex	Female	4%	4%	
	Male	8%	7%	
Total		6%	6%	

#### 4.02 Percent of students who have ever had oral sex

		Windsor	Vermont	Notes
Grade	6th	•	2%	Too few students
	7th	2%	3%	
	8th	11%	9%	
Sex	Female	4%	5%	
	Male	7%	6%	
Total		6%	5%	

#### 5.01 Number of times during the past 7 days students ate breakfast

4 to Eve Nev 1 to 4 to	o 3 times o 6 times eryday	6% 19% 24% 52%	4% 13% 22% 61%	County statistically higher  County statistically lower
4 to Eve Nev 1 to 4 to	o 6 times eryday ver o 3 times	24% 52% 4%	22% 61%	
Eve Nev 1 to 4 to	eryday ver o 3 times	52%	61%	County statistically lower
Nev 1 to 4 to	ver o 3 times	4%		County statistically lower
1 to	3 times		7%	
4 to		1		
	6 timas	16%	16%	
Eve	o o umes	27%	25%	
	eryday	52%	51%	
Ne	/er	8%	8%	
1 to	3 times	20%	20%	
4 to	6 times	25%	25%	
Eve	eryday	46%	48%	
male Nev	ver	8%	8%	
1 to	3 times	22%	21%	
4 to	6 times	26%	26%	
Eve	eryday	44%	45%	
ile Ne	/er	4%	6%	
1 to	3 times	15%	13%	
4 to	6 times	25%	23%	
Eve	eryday	56%	59%	
Nev	/er	6%	7%	
		18%	17%	
4 to	6 times	26%	24%	
_	eryday	50%	52%	
 ul	e Neve 1 to Eve Neve 1 to 4 to	1 to 3 times 4 to 6 times Everyday  e Never 1 to 3 times 4 to 6 times Everyday  Never 1 to 3 times 4 to 6 times Everyday	4 to 6 times 26% Everyday 44%  e Never 4% 1 to 3 times 15% 4 to 6 times 25% Everyday 56%  Never 6% 1 to 3 times 18% 4 to 6 times 26%	4 to 6 times 26% 26% Everyday 44% 45%  e Never 4% 6% 1 to 3 times 15% 13% 4 to 6 times 25% 23% Everyday 56% 59%  Never 6% 7% 1 to 3 times 18% 17% 4 to 6 times 26% 24%

#### 5.02 Percent of students who reported drinking at least four bottles or glasses of water a day

		Windsor	Vermont	Notes
Grade	6th	40%	45%	
	7th	43%	41%	
	8th	41%	39%	
Sex	Female	35%	38%	
	Male	48%	44%	
Total		42%	41%	

#### 5.03 Number of days students participated in at least 60 minutes of physical activity in the past 7 days

			Windsor	Vermont	Notes
Grade	6th	Never	10%	8%	
		1 to 4 days	37%	32%	
		5 to 6 days	22%	27%	
		Everyday	31%	33%	
	7th	Never	6%	7%	
		1 to 4 days	31%	34%	
		5 to 6 days	31%	28%	
		Everyday	31%	31%	
	8th	Never	6%	8%	
		1 to 4 days	35%	36%	
		5 to 6 days	26%	27%	
		Everyday	32%	29%	
Sex	Female	Never	7%	8%	
		1 to 4 days	40%	39%	
		5 to 6 days	30%	30%	
		Everyday	24%	23%	
	Male	Never	7%	8%	
		1 to 4 days	29%	29%	
		5 to 6 days	26%	25%	
		Everyday	39%	38%	
Total		Never	7%	8%	
		1 to 4 days	34%	34%	
		5 to 6 days	27%	27%	
		Everyday	31%	31%	

# 5.04 Number of times students participated in physical activity breaks outside of physical education courses in an average school week

			Windsor	Vermont	Notes
Grade	6th	0 days	33%	18%	County statistically higher
		1 to 2 days	11%	15%	
		3 to 4 days	17%	19%	
		Everyday	39%	48%	County statistically lower
	7th	0 days	30%	30%	
		1 to 2 days	15%	17%	
		3 to 4 days	13%	17%	County statistically lower
		Everyday	42%	36%	County statistically higher
	8th	0 days	33%	33%	
		1 to 2 days	12%	16%	County statistically lower
		3 to 4 days	11%	16%	County statistically lower
		Everyday	43%	35%	County statistically higher
Sex	Female	0 days	32%	28%	
		1 to 2 days	16%	18%	
		3 to 4 days	14%	17%	
		Everyday	38%	38%	
	Male	0 days	32%	28%	
		1 to 2 days	11%	15%	County statistically lower
		3 to 4 days	12%	17%	County statistically lower
		Everyday	46%	40%	County statistically higher
Total		0 days	32%	28%	County statistically higher
		1 to 2 days	13%	16%	County statistically lower
		3 to 4 days	13%	17%	County statistically lower
		Everyday	42%	39%	County statistically higher

#### 5.05 Number of hours spent watching TV on an average school day

			Windsor	Vermont	Notes
Grade	6th	1 hour or less per day	51%	60%	County statistically lower
		2 to 4 hours per day	41%	34%	
		5 or more hours per day	8%	6%	
	7th	1 hour or less per day	62%	57%	
		2 to 4 hours per day	33%	37%	
		5 or more hours per day	5%	6%	
	8th	1 hour or less per day	61%	57%	
		2 to 4 hours per day	32%	37%	
		5 or more hours per day	7%	7%	
Sex	Female	1 hour or less per day	58%	57%	
		2 to 4 hours per day	36%	37%	
		5 or more hours per day	6%	6%	
	Male	1 hour or less per day	60%	58%	
		2 to 4 hours per day	33%	35%	
		5 or more hours per day	7%	7%	
Total		1 hour or less per day	59%	58%	
		2 to 4 hours per day	34%	36%	
		5 or more hours per day	7%	6%	

#### 5.06 Number of hours spent playing video games or going online for something not related to school, on an average school day

			Windsor	Vermont	Notes
Grade	Grade 6th 1 hour or less per		43%	55%	County statistically lower
		2 to 4 hours per day	42%	33%	County statistically higher
		5 or more hours per day	15%	12%	
	7th	1 hour or less per day	50%	46%	
		2 to 4 hours per day	38%	40%	
		5 or more hours per day	12%	14%	
	8th	1 hour or less per day	43%	40%	
		2 to 4 hours per day	42%	41%	
		5 or more hours per day	15%	19%	
Sex	Female	1 hour or less per day	47%	48%	
		2 to 4 hours per day	40%	37%	
		5 or more hours per day	14%	15%	
	Male	1 hour or less per day	44%	44%	
		2 to 4 hours per day	42%	41%	
		5 or more hours per day	14%	15%	
Total		1 hour or less per day	46%	46%	
		2 to 4 hours per day	41%	39%	
		5 or more hours per day	14%	15%	

#### 5.07 Number of days in the average week students went online for something not school-related

			Windsor	Vermont	Notes
Grade	6th	Never	22%	22%	
		1 to 5 days	42%	45%	
		At least six days	36%	33%	
	7th	Never	14%	16%	
		1 to 5 days	43%	41%	
		At least six days	42%	42%	
	8th	Never	7%	11%	County statistically lower
		1 to 5 days	36%	34%	
		At least six days	56%	55%	
Sex	Female	Never	13%	13%	-
		1 to 5 days	41%	41%	
		At least six days	46%	46%	
	Male	Never	14%	18%	County statistically lower
		1 to 5 days	40%	38%	
		At least six days	46%	44%	
Total		Never	13%	15%	
		1 to 5 days	41%	39%	
		At least six days	46%	45%	

#### 6.01 Percent of students who talk to their parents about school at least weekly

		Windsor	Vermont	Notes
Grade	6th	82%	81%	
	7th	83%	80%	
	8th	80%	78%	
Sex	Female	80%	80%	-
	Male	83%	79%	County statistically higher
Total		81%	79%	

#### 6.02 Percent of students who agree or strongly agree that 'in your community you feel like you matter to people'

		Windsor	Vermont	Notes
Grade	6th	60%	60%	
	7th	53%	56%	
	8th	54%	51%	
Sex	Female	49%	50%	-
	Male	59%	59%	
Total		55%	55%	

of encouragement

### 6.03 Percent of students who agree or strongly agree that their teachers really care about them and give them a lot

		Windsor	Vermont	Notes
Grade	6th	64%	69%	
	7th	61%	62%	
	8th	63%	59%	
Sex	Female	60%	62%	
	Male	65%	64%	
Total		62%	63%	

#### 6.04 Percent of students who agree or strongly agree that students help decide what goes on in school

		Windsor	Vermont	Notes
Grade	6th	44%	45%	
	7th	42%	44%	
	8th	43%	39%	
Sex	Female	42%	42%	
	Male	44%	43%	
Total		43%	43%	