

Walk and Bike

Safe Routes to School Are Healthy Routes to School



What We Can Do

Provide crossing guards at busy intersections.

Provide bicycle parking that is safe and close to an entrance of each school building.

Work with town staff to make sidewalks, multi-use paths and bike lanes safer for walking and biking to schools.

Increase safety through use of road markings, signs, and other prompts for walkers and bikers on school grounds where busses and cars are driving.

Reduce the number of cars near school grounds through bussing, walking, biking, carpooling and remote drop off.

What else can we do? Go to <http://saferoutes.vermont.gov>

"I really like promoting walking and biking. I love the skills it teaches our kids. I also love the exercise our children receive, and the ability to know walking in the rain and in the snow is doable. Walking and riding gives them time to gear up for and wind down from school." - Parent

"It is very important that parents, pediatricians, and school districts work together to ensure that all children can get to school safely." Phyllis F. Agran, M.D., MPH, FAAP, lead author of the American Academy of Pediatrics Policy on School Transportation Safety



This information is from a Health Impact Assessment of transportation policy in the Essex-Westford School District.
For more information see:

<http://www.healthvermont.gov/about/reports/health-impact-assessments>

Burlington District Office
Toll-free: 888-253-8803
802-863-7323
AHS.VDHOLHBurlington@vermont.gov
healthvermont.gov/local/burlington

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DEPARTMENT OF HEALTH