



VERMONT BOARD OF MEDICAL PRACTICE

September 5, 2018

Maple Leaf Conference Room

Gifford Medical Center

Randolph, Vermont

RETREAT AGENDA

10:00 – 10:50

Licensing Meeting

10:50 – 11:00

Break

11:00 – 12:00

Regular Board Meeting

12:00 – 12:30

Break – Lunch

12:30 – 1:45

Retreat Topic 1 – A Visit with the new VPHP Medical Director

The Board will welcome Lisa Lambert, MD, Medical Director of the Vermont Practitioner Health Program (VPHP), Jessa Barnard, Executive Director and Colleen Magne, VPHP Program Administrator. They will provide an update on VPHP services.

1:45 – 2:00

Break

2:00 – 3:45

Retreat Topic 2 – Mindful Practices for Professionals Workshop

Samara D. Anderson, Esq., DoTERRA Wellness Advocate will conduct a workshop on mindfulness. Ms. Anderson has worked extensively with attorneys and other professionals using mindfulness concepts to support wellness and effectiveness in practice. The presentation will include a discussion of the concepts and a chance for members to experience some of the techniques.