

EXPLORING A NEW ROUTE TO A HEALTHIER VERMONT

Transforming Vermont's Investments in Health and Wellbeing

WHAT IS THIS?

As a vanguard for health reform, Vermont excels in implementing innovative health strategies. This project seeks to widen Vermont's lens on health by incorporating factors associated with health and wellbeing beyond the traditional medical system while also creating joint accountability across sectors. To capture what Vermont currently invests in population health, a comprehensive health expenditure analysis tool and set of shared health metrics will be implemented.

WHY DOES THIS MATTER?

What we spend on health is disproportionate to the things that make us healthy. Health care is only a small contributor to our health but accounts for a large amount of what we spend.

To better understand this disconnect, state-level spending will be assessed to capture expenditures made on health impacts, such as behaviors, economic stability, education, the physical and built environment, cultural factors, and clinical care. This project seeks to transform what and how we spend on population-level health, and by doing so, become a national model.

HOW WILL THIS ENHANCE MY WORK?

By including the many factors that impact health and wellbeing, Vermont can:

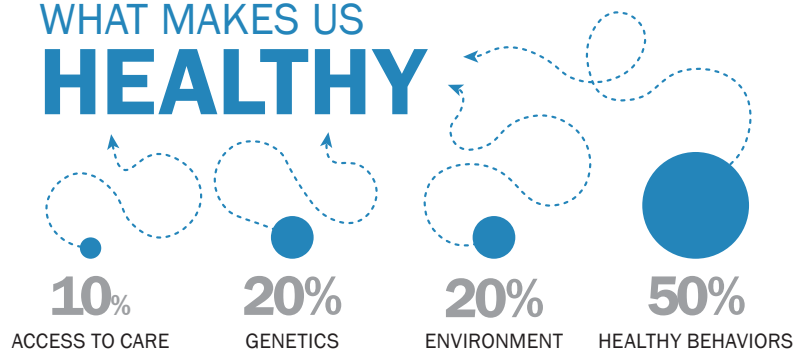
- **Make informed policy decisions** on how we spend state dollars
- **Foster collaboration for health and wellbeing** through data-driven health metrics
- **Highlight how the pivotal work you do** everyday affects the health of Vermonters
- **Shift the paradigm** from a focus on healthcare to health

DOES THIS COMPLEMENT VERMONT'S HEALTH CARE REFORM EFFORTS?

This project works synergistically with Green Mountain Care Board's Healthcare Expenditure Analysis, Vermont Blueprint for Health, the State Health Improvement Plan, Vermont Unified Health Budget, and the Vermont Health in All Policies Task Force. This project will propel Vermont to the national spotlight, as Vermont is the first and only state attempting this novel work.



WHAT MAKES US HEALTHY



WHAT WE SPEND ON BEING HEALTHY



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PROJECT CONTACT

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