# Vermont Alcohol and Drug Abuse Council Meeting Minutes

Department of Liquor Control 13 Green Mountain Drive Montpelier, Vermont Wednesday, March 22, 2017 10:00AM – 12:00PM

#### Present:

# **Appointed Members:**

Barbara Cimaglio Lori Augustyniak Mark Weikart Nissa Walke Theresa Randall Jolinda LaClair

### Staff

Marcia LaPlante Tina Royer

#### **Guests**

Anne Van Donsel Jennifer Fisher Lauren Kasehagen Marcy Couillard Mindy Parisi, RN Amy Paradis Molly Cozzens

#### **Associate Members**

Peter Espenshade

# Welcome and Approval of minutes

Motion to approve the minutes as written made by Barbara Cimaglio. The motion was seconded by Mark Weikart. The February 22 minutes were approved by committee.

### **Review of Vermont's Data**

**Adverse Childhood Experiences -** Laurin Kasehagen, Senior MCH Epidemiologist / CDC Assignee to Vermont Departments of Health & Mental Health

Laurin Kasehagen gave a presentation regarding Adverse Childhood Experiences (ACE): ACE is used to describe types of abuse, neglect, and traumatic experiences occurring to individuals during their childhood. Kaiser ACE Study examined relationships between ACEs and reduced health and well-being later in life. The more negative childhood experiences the child has at a young age, the higher the chance he or she will be involved in risky behaviors later in adult life. Intervention at an early age is key to prevention. Lauren provided statistics regarding the Burden of ACEs and the relationship to substance misuse later in life. Please see presentation attached.

**Opioid Scorecard -** Anne VanDonsel, Director of Performance Management and Evaluation, Department of Health, Division of Alcohol and Drug Abuse Programs

Anne gave a data overview regarding the opioid prevalence, treatment and overdose in Vermont. Although the abuse of non-medical prescription overdose numbers has decreased, the amount of heroin users especially in the young adult age group, have increased. Anne also indicated that the statewide number of people waiting for opioid use disorder treatment in hubs has trended downward over time; and the number of people served in hubs has increased. It was pointed out that Rutland County has statistically significantly higher rates of both overdose deaths and treatment admissions. See presentation attached.

### Molly Cozzens & Amy Paradis - Department of Public Safety

Molly & Amy reviewed the Vermont Intelligence Center's Drug Monitoring Initiative (DMI) & New England HIDTA's Data Collection Effort, including data on seizures and overdose. This includes the amount of heroin that has been seized from Vermont authorities in 2016 to January 2017, and does not include federal statistics such as DEA seizures. Theresa Randall reported that heroin seized in Vermont is intended to stay in Vermont. It doesn't go into Canada. Vermonters in possession are being arrested out of state. In general, heroin confiscated during out of state arrests was destined for Vermont. These arrests, are not counted in Vermont's data. Please see attached???.

## **Questions/Comments:**

The Council discussed these datasets, informing our approach to alcohol and drug use from different but very much related lenses. Barbara Cimaglio introduced a topic for a future meeting/discussion. The Burlington CommStat is looking at the connection with human trafficking, the trauma experienced by these women, and the understanding clinicians need when treating the individual.

Meeting adjourned: 11:50am

Next Meeting: April 26, 2017

Submitted by: Tina Royer