

N° MRN _____

Izina ry'umugwayi _____

Itariki y'amavuko _____

Impanuro ngedegwako ku imiti Opioid

Umuganga yabandikiye gufata umuti wo kuvura ububabare witwa Opioid, birakenewe ko umenya ingaruka zijanye nuwo muti. Nubwo uwo muti wa Opioids ushobora gufasha mu kuvura mu buryo bwihuta canke bifashe umwanya ubwo bubabare, iyo ukoresheje uwo muti no mu gihe gito cane bituma ushaka kuwufata vyongererekana na cane cane igihe muwufashe mukiri bato. Abagwayi benshi bavuga ko hari ubundi buryo nk'imiti bita "Ibuprofen" na "Acetaminophen", canke biciye mu kugorora umubiri (massage) canke uburyo bw'inshinge bita "Acupuncture" mu kuvura ububabare kandi ko bidasaba imiti ya Opioids gusa mu kuvura ingwara z'ububabare. Ganira na muganga wawe kuvyerekeye uburyo bundi bwo kuvura ububabare.

Fata umwanya ukwiye mu kuraba amakuru y'umugwayi ku rupapuro yiyandikishijeko kandi ufate umwanya wo kubaza ibibazo canke wiganire amakenga woba ufite muganga wawe. Bamaze kukubwira ingaruka zose, ca ushirako umukono wawe hepfo ku rupapuro.

Jewe, _____, nahawe impanuro n'umuganga wanje kandi ndatahura ingaruka zijana no gufata imiti yitwa Opioid. Bampaye impanuro ku bikurikira:

- Urugero rw'ingaruka ya y'imiti Opioid mu kuyifata nabi, gufata umuti mwinshi, no kuguma ushaka kuyifata.
- **Ingaruka zindi nka:** kuguma ushaka gusinzira, kugumirwa, kubira ivyuya, kwiyagaza, ingorane mu kwiyumvira, kuguma ushaka kuyikoresha, kutamenya uko wiyumva (harimwo kugira ivyiyumviro vyinshi bibi), kudasinzira neza (Harimwo no guhagarika guhema akanya gato) hamwe ni ngaruka ku ntungamubiri.
- Kwiga **kuyirinda**- bisigura gufata iyindi miti ishobora kugabanya ububabare nkayo.
- Kubura ubuzima kubera ingorane mu guhema - bisigura ko ushobora **guhagarika guhema**
- Kuyifata utayizi bishobora gutuma ufata **mwinshi wotuma upfa, cane cane ku bana**. Utegerezwa kubika iyo miti ahantu kure aho batayishikira ngo bayifate canke ngo bayibe.
- Kuyikoresha wibungenze bishobora gutera ingaruka kumwana bigasaba ko bamurinda kuguma ayikenera.
- **Gufatira rimwe imiti ya Opioids hamwe ni nzoga canke iyindi miti** bishobora gutuma ufata uwurenze ugashobora gupfa. Ibi kandi vyerekeye ni miti yindi nka benzodiazepines na barbiturates, ariko atari igihe cose.

Nahawe kandi igipapuro c'abagwayi kivuga kuvyerekeye imiti ya Opioids.

Itariki

Umukono w'umugwayi.

Umukono w'umuvyeyi w'umugwayi canke uwumuhagarikiye (iyo bikenewe)

Umukono w'uwamwandikiye umuti

Menya neza Iki gipapuro c'impanuro gitanzwe ni gisata c'ubuvuzi co muri Vermont kugire bamenyenshe ivyerekeye iyo miti gusa kandi ntigitegerezwa gukoreshwa canke kugenderwako mu kuvura canke mu bijanye n'amategeko. Impanuro zivugwamwo ntizigisha umugwayi, ntizihuza umugwayi na muganga, kandi ntizigomba gufatwa nk'inyishu za muganga ku ngwara. Iki gipapuro ntibagomba kugifata nk'amategeko atanzwe na Reta ya Vermont. Izi mpanuro ntizihuza umugwayi n'umushingwamanza kandi ntizikurikizwa mu gusaba impanuro ku mushingwamanza canke ngo zigendegweko imbere y'amategeko.

[Izina ry'igisata]

[Kirundi]

MRN _____

Patient Name _____

DOB _____

Prescribed Opioid Informed Consent

Your provider has prescribed opioids to treat your pain. It is important for you to understand the risks associated with this medication. While opioids can be effective at treating acute (sudden or short-term) pain, using them even for a short time can increase your chances for addiction in the future, especially if taken early in life. Many patients find that there are other methods, such as ibuprofen and acetaminophen, as well as physical therapy, massage or acupuncture, to treat their pain and that they do not need opioid medications. Talk to your provider about other options for pain relief.

Take time to review the included patient information sheet and be sure to discuss any questions or concerns with your provider. Once you have been informed of the risks, please sign the bottom of this form.

I, _____, have been counseled by my provider and understand the risks associated with opioid use. I have been provided with information on the following:

- The potential of **misuse, abuse, diversion, and addiction** with opioid medication.
- **Side effects** including: feeling drowsy, constipation, sweating, itching, cloudy thinking, withdrawal upon discontinuation of use, mood changes (including worsening depression), sleep pattern changes (including worsening sleep apnea), and effects on hormones.
- Building up a **tolerance** – meaning having to take more medication to get the same pain relief effect.
- Life-threatening respiratory depression – meaning you can **stop breathing**.
- Accidental exposure can lead to potentially **fatal overdose, especially in children**. You must safely store your drugs to avoid accidental exposure or theft.
- Use while pregnant may cause **neonatal opioid withdrawal syndrome** in a newborn.
- **Combining opioids with alcohol and/or other psychoactive medication** can cause a fatal overdose. This includes, but is not limited to, combining with benzodiazepines and barbiturates.

I have also received a patient education sheet on opioids.

Date

Signature of Patient

Signature of Patient's Parent, Guardian, or Legal Representative (if applicable)

Signature of Prescriber

Disclaimer This EXAMPLE informed Consent is provided by the Vermont Department of Health provided as an information resource only and is not to be used or relied on for any treatment or legal purposes. This information is not intended to be patient education, does not create any patient-physician relationship, and should not be used as a substitute for professional diagnosis and treatment. It does not constitute legal advice on the part of the State of Vermont. This information does not create an attorney-client relationship and is not a substitute for seek legal advice from an attorney or competent legal resource.

[Name of Facility]