

# IF SOMEONE IS OVERDOSING, CALL 9-1-1 AND GIVE NALOXONE

Save a life. Details at  
[www.healthvermont.gov/naloxone](http://www.healthvermont.gov/naloxone)

## SIGNS OF AN OVERDOSE



Person is unconscious or not waking up

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Doesn't respond to shouting or rubbing knuckles on breastbone or between upper lip and nose

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Person is not breathing normally

- Breathing very slowly or not breathing
- Snoring, choking, or gurgling sounds

## TAKE ACTION

**If the person has any signs of an overdose:**

- 1. Call 9-1-1**
- 2. Give naloxone**
- 3. Start rescue breathing and chest compressions**

*Instructions on other side*

The Good Samaritan Law provides some legal protection to anyone who gives naloxone or calls 9-1-1 in an overdose situation.

## Give naloxone\*



- Spray entire container up one side of person's nose.
- Start rescue breathing and chest compressions if person isn't breathing on their own.
- Repeat after 2 to 5 minutes if the person is not moving.

## Start rescue breathing & chest compressions

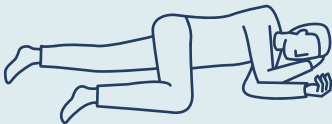
- If not breathing, tilt head back, slightly lift chin. Make sure airway is clear.
- Give 2 rescue breaths, look to see chest rise.

\*Due to effects of temperature on effectiveness, naloxone should not be left in car

- Give 30 chest compressions.
- Repeat until person moves, or first responders arrive.

## Call 9-1-1 if you haven't yet Recovery position

If the person moves and is breathing on their own, place them in the recovery position on their left side.



## After naloxone

Stay with the person until they go to the hospital. Someone who was given naloxone may be at risk for another overdose.

## READY FOR TREATMENT?

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Call 2-1-1 for free and  
confidential treatment  
and harm reduction resources.

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DEPARTMENT OF HEALTH