Vermont’s multi-faceted approach to addressing substance use disorder involves coordination between multiple state agencies and community partners in the areas of prevention, treatment, recovery and law enforcement.

### Access to Treatment

<table>
<thead>
<tr>
<th>Count</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>9,363</strong></td>
<td>Estimated Vermonters age 18+ receiving MOUD in <strong>hubs and spokes</strong> Q4 2021*</td>
</tr>
<tr>
<td><strong>0</strong></td>
<td>People waiting for hub services**</td>
</tr>
<tr>
<td><strong>15-20k</strong></td>
<td>Estimated people with OUD in need of treatment (includes people in treatment)</td>
</tr>
</tbody>
</table>

Research shows that MOUD is the most effective treatment for OUD.

### Drug Disposal

<table>
<thead>
<tr>
<th>Count</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>79</strong></td>
<td>Drug disposal locations available statewide*</td>
</tr>
<tr>
<td><strong>23,391</strong></td>
<td>Pounds of drugs collected in state-funded programs between July 2021 and June 2022**</td>
</tr>
</tbody>
</table>

Most people who misuse prescription opioids get them from friends or family. Convenient disposal options may decrease misuse of unused prescriptions.

### Overdoses (Accidental)

<table>
<thead>
<tr>
<th>April Current and Previous Year Comparison</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>2022</strong></td>
</tr>
<tr>
<td>Opioid related fatalities</td>
</tr>
<tr>
<td>% of fatalities involving fentanyl</td>
</tr>
<tr>
<td>Nonfatal rate per 10,000 ED Visits</td>
</tr>
</tbody>
</table>

All data are preliminary and subject to change. People who die from accidental overdoses may have more than one substance in their system. For more information: [Monthly Vermont Opioid-Related Fatalities](#).

### Recent Highlights

- CDC’s State Unintentional Drug Overdose Reporting System (SUDORS) dashboard includes overdose death data by drug type, month, and demographics. There is also an interactive data dashboard for **nonfatal** overdoses: [CDC’s Drug Overdose Surveillance and Epidemiology (DOSE) dashboard](#).

### Messaging

The [End Addiction Stigma](#) campaign is running on TV, digital and social media channels throughout the summer. Messaging increases awareness about how language contributes to stigma, and features testimonials from Vermonters with lived experience, and family, employer and health care provider perspectives.

* Data updated quarterly
** Data updated monthly

7/25/2022
**Acronyms**

BRFSS – Behavioral Risk Factor Surveillance System  
CDC – Centers for Disease Control & Prevention  
DSU – Division of Substance Use Programs  
ED – Emergency Department  
MOUD – Medication for Opioid Use Disorder  
MME – Morphine Milligram Equivalent  
OUD – Opioid Use Disorder  
OD – Overdose  
SAMHSA – Substance Abuse & Mental Health Services Administration  
SUDORS – State Unintentional Drug Overdose Reporting System  
VPMS – Vermont Prescription Monitoring System  
YRBS – Youth Risk Behavior Survey

**Definitions**

Hub – Regional programs that provide intensive opioid use disorder treatment options, including high intensity Medication Assisted Treatment, and maintain strong connections to area Spokes. There are nine Hubs in Vermont.

Medication for Opioid Use Disorder (MOUD) – The use of methadone, buprenorphine, or naltrexone, in combination with counseling and behavioral therapies, to treat opioid use disorder.

Morphine Milligram Equivalent (MME) – The amount of morphine equivalent to the strength of the opioid dispensed. Using MME allows comparison between types and strengths of opioids.

Opioid Analgesic – Narcotic pain medication

Opioid Use Disorder (OUD) – Recurrent use of opioids causes clinically and functionally significant impairment, such as health problems, disability, and failure to meet major responsibilities at work, school, or home.

Spoke – Office-based opioid treatment settings located in communities across Vermont. At many Spokes, opioid use disorder treatment is fully integrated into general healthcare and wellness services.

**More Information**

[healthvermont.gov/scorecard-opioids](http://healthvermont.gov/scorecard-opioids)  
[healthvermont.gov/RxAware](http://healthvermont.gov/RxAware)  
[healthvermont.gov/opioids](http://healthvermont.gov/opioids)  
[healthvermont.gov/ADAPReports](http://healthvermont.gov/ADAPReports)  
[healthvermont.gov/YRBS](http://healthvermont.gov/YRBS)  
[KnowODVT.com](http://KnowODVT.com)  
[EndAddictionStigmaVT.com](http://EndAddictionStigmaVT.com)

**References**

[healthvermont.gov/DoYourPart](http://healthvermont.gov/DoYourPart)  