

Impaired Driver Rehabilitation Program (IDRP) Treatment Requirements for License Reinstatement¹

First Offense Treatment Requirements:

- Complete a treatment program with a licensed clinician (LICSW, LCMHC, LADC, LMFT, licensed psychologist), or a clinician with a master's degree who is actively pursuing licensure.
- The treatment must consist of a minimum of four (4) hours done over a minimum period of four (4) weeks. Depending upon treatment needs, the treatment requirements may be longer than the minimum.

Multiple Offense Treatment Requirements:

- Complete a treatment program with a licensed clinician (LICSW, LCMHC, LADC, LMFT, licensed psychologist), or a clinician with a master's degree who is actively pursuing licensure.
- The treatment must consist of a minimum of 20 hours done over a minimum period of 24 weeks. Depending upon treatment needs, the treatment requirements may be longer than the minimum.
- If the offense occurred after July 1, 2016, an ignition interlock device is required. Contact DMV for more information: (802) 828-2061.

Life Suspension—Total Abstinence Application requirements:

- For more information about applying for license reinstatement through the Total Abstinence process, please contact the Vermont Department of Motor Vehicles; Safety and Enforcement Unit at (802) 828-2000 or visit: <http://dmv.vermont.gov/licenses/suspensions/total-abstinence>.
- Complete a treatment with a licensed clinician (LICSW, LCMHC, LADC, LMFT, licensed psychologist), or a clinician with a master's degree who is actively pursuing licensure.
- The treatment must consist of a minimum of 20 hours done over a minimum period of 24 weeks. Depending upon treatment needs, the treatment requirements may be longer than the minimum.
- An ignition interlock device is required. Contact DMV for more information: (802) 828-2061.

Treatment will not be considered complete until it has been approved by the counselor and/or the designated IDRP Evaluator. Progress may be measured through use of urine drug screens and/or other methods as requested by the IDRP Evaluator and/or counselor.

If an exit interview is required, the participant must schedule it with the IDRP Evaluator. The Treatment Information Form must be received by the IDRP Evaluator or counselor within 60 days of the final treatment session. If an exit interview is not required, the counselor must fax a completed IDRP Treatment Information Form to the IDRP Central Office. The IDRP Central Office fax number is: 1-866-272-7989. All forms can be found on the IDRP website at: <http://www.healthvermont.gov/alcohol-drug-abuse/programs-services/idrp>.

Once you have completed the Program, Vermont DMV will be notified of your completion within 12 business days. DMV typically processes licenses to be reinstated within three (3) business days.

A participant may appeal the decision of the IDRP Evaluator or counselor in writing to the IDRP Director (Vermont Department of Health, P.O. Box 70, Burlington, VT 05401) or seek review of the decision in Superior Court pursuant to Rule 75 of the Vermont Rules of Civil Procedure.

_____ The above treatment information has been fully explained to me.

_____ I have been given a list of local counselors.

_____ I have been offered a list of local counselors and have declined it.

Signature of Client mm dd yyyy

Signature of IDRP Evaluator mm dd yyyy

¹ Inpatient or residential treatment can be applied towards the IDRP treatment requirements. Participants must be successfully discharged (the client did not leave against medical advice or was administratively discharged) from the inpatient or residential facility with an aftercare plan. In these instances, the IDRP must receive the discharge summary and aftercare plan from the inpatient or residential treatment providers as well as the Treatment Information Form completed by the counselor providing treatment after inpatient or residential.