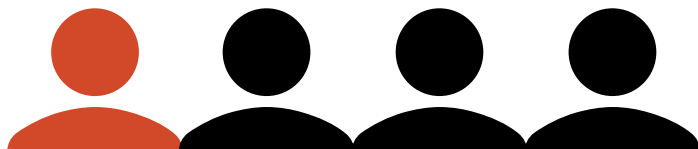


# Addressing Youth Marijuana Use

24% of Vermont high school students use marijuana.



Nearly **one-quarter** of Vermont high school students have used marijuana in the past 30 days.<sup>1</sup>

**42%**

Among Vermont high school students who use marijuana, 42% use it **10 or more times a month**.<sup>1</sup>

## We are taking steps to prevent youth marijuana use.

- Statewide, community-supported, messaging educates youth and parents on the health effects of marijuana on developing brains.
- School-based services provide screenings, education, peer leadership opportunities, family outreach and support to prevent youth marijuana use.
- Clinician trainings provide education on youth marijuana use assessment and treatment.
- Community-led initiatives provide education, community mobilization, youth leadership opportunities, municipal policy development assistance, and collaboration with local partners to reduce youth marijuana access and use.

## Comprehensive and consistent prevention strategies work.

- Evaluations have found larger reductions in marijuana use rates among high school students in communities with grant-funded strategies compared to non-funded communities.<sup>2,3</sup>
- Marijuana use prevention strategies work best when there is multi-level implementation (state, community, school, family, and individual) that are consistently funded for implementation, evaluation, and adjustment to meet community needs over time.<sup>4</sup>

**Learn more:** [HealthVermont.gov/Marijuana](https://HealthVermont.gov/Marijuana)

<sup>1</sup> Vermont Department of Health. "Vermont Youth Risk Behavior Survey." High School Survey. 2017. [HealthVermont.gov/YRBS](https://HealthVermont.gov/YRBS)

<sup>2</sup> SPF-SIG Project Leads to Reductions in Underage Drinking and Marijuana Use [HealthVermont.gov/SPF-SIG-Eval](https://HealthVermont.gov/SPF-SIG-Eval)

<sup>3</sup> Vermont's Partnerships for Success (PFS) Grant Yields Positive Results [HealthVermont.gov/PFS-Eval](https://HealthVermont.gov/PFS-Eval)

<sup>4</sup> Vermont Marijuana Commission Education and Prevention Subcommittee Final Report [HealthVermont.gov/PES-FinalReport](https://HealthVermont.gov/PES-FinalReport)