

# CRAFFT

- |  | yes | no  |
|--|-----|-----|
| 1. Have you ever ridden in a <b>C</b> ar driven by someone (including yourself) who was high or had been using alcohol or drugs? | ___ | ___ |
| 2. Do you ever use alcohol or drugs to <b>R</b> elax, feel better about yourself, or fit in?                                     | ___ | ___ |
| 3. Do you ever use alcohol or drugs while you are by yourself <b>A</b> lone?   | ___ | ___ |
| 4. Do you ever <b>F</b> orget things you did while using alcohol or drugs?   | ___ | ___ |
| 5. Do your <b>F</b> amily or <b>F</b> riends ever tell you that you should cut down on your drinking or drug use?                | ___ | ___ |
| 6. Have you ever gotten into <b>T</b> rouble while you were using alcohol or drugs?  | ___ | ___ |

Scoring: 2 or more positive items indicate the need for further assessment.

The CRAFFT is intended specifically for adolescents. It draws upon adult screening instruments, covers alcohol and other drugs, and calls upon situations that are suited to adolescents

From: Knight JR; Sherritt L; Shrier LA//Harris SK//Chang G. Validity of the CRAFFT substance abuse screening test among adolescent clinic patients. *Archives of Pediatrics & Adolescent* 156(6) 607-614, 2002.

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