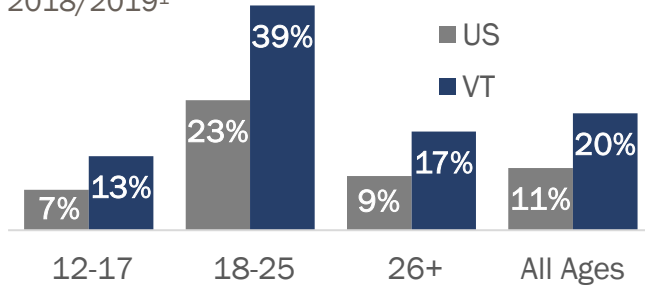


Prevalence of Use

The percent of the Vermont population that used marijuana in the past month was higher than the US average, for all age groups.

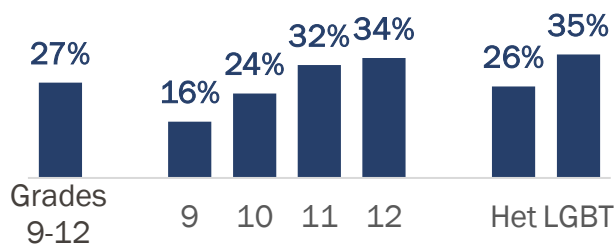
2018/2019¹



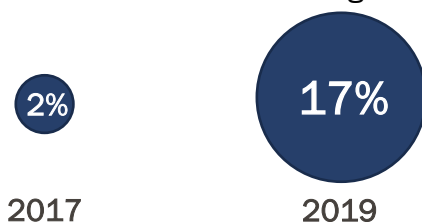
Vermont rates of use in the past month among people aged 12+ were highest in the country—at nearly twice the national rate.¹ Adult marijuana use has steadily increased in Vermont since 2013² and use among high school students increased significantly from 2017 to 2019³.

Marijuana use among high school students increases by grade. LGBT students are more likely to use than heterosexual students.

Past 30-day marijuana use, 2019³



Among current high schoolers who use marijuana, **vaping** as the primary method of use increased more than eight times³:



Prevalence of Use During Pregnancy

The 2018 Pregnancy Risk Assessment Monitoring System shows that:

- 10% of people who are pregnant report using marijuana **during** their most recent pregnancy.⁴
- 17% of people who are pregnant report using marijuana in the month before pregnancy.⁴
- Marijuana was the most commonly used substance other than alcohol or tobacco.⁴

Harm and Risky Behavior

In 2019, only 23% of high school students thought people their age greatly risked harming themselves, physically or in other ways, if they smoked marijuana regularly.³

- **23% of high school students report riding with someone using marijuana in the past month.**
- **15% of high school students report driving when using marijuana in the past month.**³

These rates are higher than driving after drinking alcohol or riding in a car with a driver who was drinking alcohol.³

Among the 17% of adults who reported past-month marijuana use in 2018, one in four said they drove in the three hours after use.² As of mid-October 2020, there were 7 motor vehicle fatalities associated with confirmed active cannabis use in 2020.⁵

Treatment

Between July 2018 and June 2019, 959 Vermonters were treated for primary marijuana/hashish disorders by state funded Preferred Providers⁶:

- Of those treated, 55% were under age 25.⁶
- 79% of 12-17-year olds in treatment are there for a marijuana/hashish disorder.⁶

References:

1. Data from the 2018/2019 National Survey on Drug Use and Health:
<https://www.samhsa.gov/data/report/2018-2019-nsduh-state-prevalence-estimates>
2. Data from the 2018 Behavioral Risk Factor Surveillance System:
healthvermont.gov/BRFSS2018
3. Data from the 2019 Youth Risk Behavior Survey for Vermont: healthvermont.gov/YRBS2019-HS
4. Data from the 2018 Pregnancy Risk Assessment Monitoring System:
healthvermont.gov/PRAMS2018
5. Data from Motor Vehicle Crash Facts accessed on 10/14/2020:
https://ghsp.vermont.gov/sites/ghsp/files/documents/Fatal%20Crashes%20September%2030%202020_October%205%202020.pdf
“Active Cannabis - Delta-9 THC Confirmed is counted in the number of operators that had drugs only or alcohol & drugs.”
6. Department of Health 2019 Treatment Data: healthvermont.gov/ADAP-Reports

Note: The word “marijuana” is used in this document as it is the term used to refer to cannabis use in the data sources.

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