

## Advisory Notice: Prescriptions for Controlled Substances

### Monitoring Requirements:

Vermont law (18 V.S.A. Chapter 84A) requires the Vermont Department of Health to establish the Vermont Prescription Monitoring System (VPMS). The VPMS is an electronic database and reporting system for monitoring Schedules II, III, and IV controlled substances. Controlled substances are drugs that have some potential for abuse or dependence. These drugs are regulated by the federal Controlled Substances Act (CSA) – this law helps the US Government fight against the abuse of these drugs. Examples of controlled substances include oxycodone, methadone, hydrocodone, buprenorphine, clonazepam and diazepam.

The VPMS serves as clinical tool for health care providers to promote the appropriate use of controlled substances for legitimate medical purposes, while deterring the misuse, abuse, and diversion of controlled substances. The data is used to support states' efforts in education, research, enforcement and abuse prevention

This data is confidential, except as provided in the law, and is not subject to the public records law.

### Data Collected:

- Patient Name, Address, and Date of Birth
- Drug Dispensed, Date, Quantity and Dosage, Number of Days' Supply, Number of refills
- Patient's Health Care Provider
- Pharmacy Name (where prescription is filled)

### For More Information Contact:

#### Vermont Prescription Monitoring System

Vermont Department of Health

108 Cherry Street, PO Box 70

Burlington VT 05402-0070

Call: (802) 652-4147

Fax: (802) 652-2019

Email: AHS.VDHVPMS@vermont.gov

For information about the controlled substance schedule, visit:

[deaddiversion.usdoj.gov/schedules/schedules.html](http://deaddiversion.usdoj.gov/schedules/schedules.html)