



# **Substance Misuse Prevention Oversight and Advisory Council**

## **Purpose, Charge, and Deliverables**

**Melanie Sheehan, SMPOAC Vice Chair**

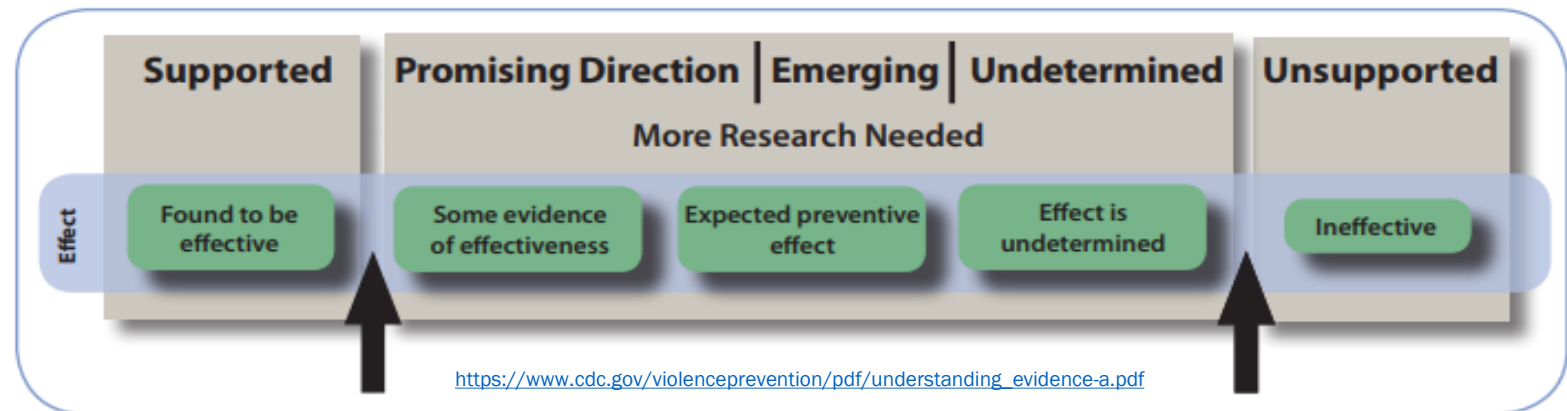
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# The Substance Misuse Prevention Oversight and Advisory Council

## RESPONSIBILITIES

- Provide advice to the Governor and General Assembly for improving prevention policies and programming throughout the State and to ensure that population prevention measures are at the forefront of all policy determinations. Prevention initiatives shall encompass all substances at risk of misuse, and address all ages of population.
- The Council shall strengthen the State's response to the substance use disorder crisis by advancing evidence-based and evidence informed substance misuse prevention initiatives.



# Work of the Council

## Report To Legislature

- **Select measurable goals**
- **Select 3-5 performance measures for all substances at risk**
- Results of evaluation of funded programs
- Explain state-funded program budgets

## Review

- Evidence based practices to reduce demand
- Prevention program evaluations
- State laws, policies, programs
- Community-based youth and older adult programming

## Based on review, make recommendations to:

- Modify programs to address gaps
- Eliminate redundancy
- Eliminate barriers to coordination w/ state government & across programs
- Determine foundation for connection and support for youth
- Integrate prevention programming between state, and public/private partnerships

### Other:

- ~ Develop Statewide media campaign
- ~ Conduct 2 public hearings

# Using measures already collected by the State to identify goals and performance measures

## Report To Legislature

- **Select measurable goals for the effectiveness of prevention programming statewide**
  - **Select 3-5 performance measures for all substances at risk that demonstrate the system's results**
- **Agency of Human Services and the Health Department Scorecards**
    - Tobacco Program Scorecard
    - Substance Use Scorecard
  - **These goals and performance measures from the various scorecards support the development and evaluation of the following:**
    - Healthy Vermonters 2020
    - Vermont State Health Improvement Plan

# Following the SPF model, the goals and performance measures selected by the Council should be as SMART as possible.

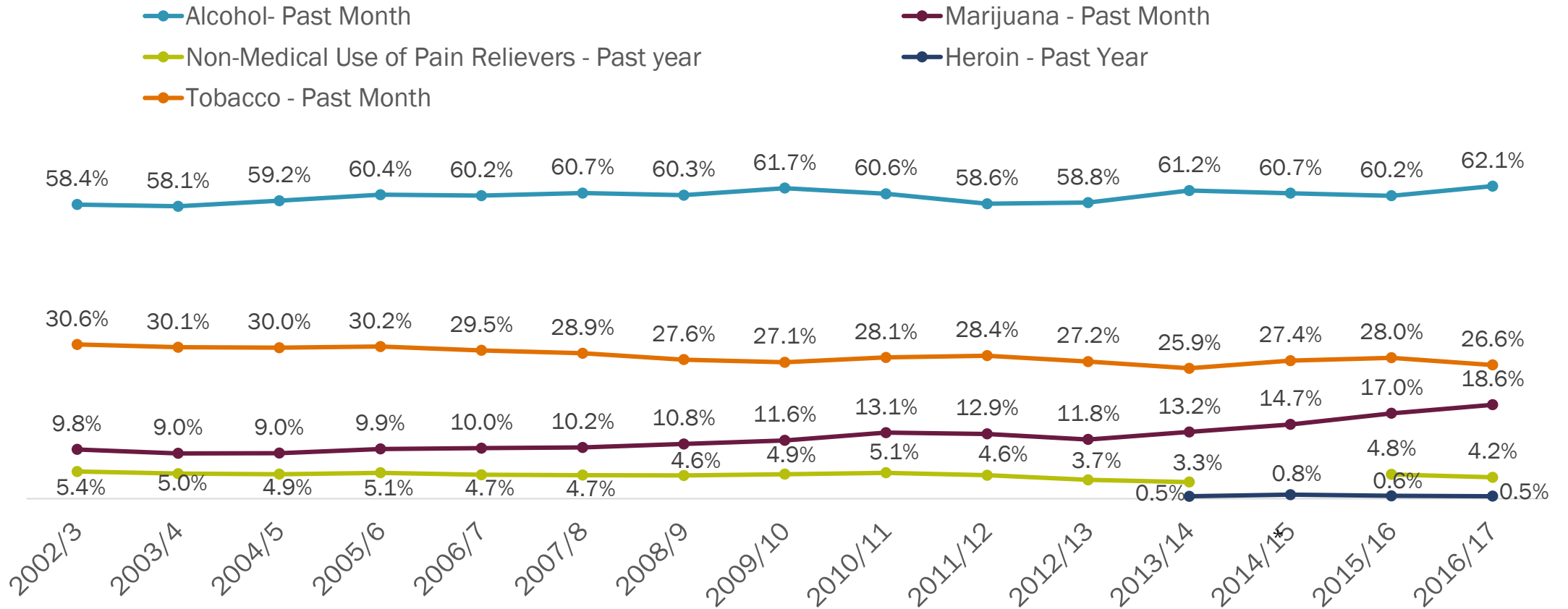
## Substance Use

Alcohol and Other Drug Use

Prevent and reduce the negative impacts of alcohol and drug misuse		Time Period	Current Actual Value	Current Target Value	Current Trend
+ I	AHS % of adolescents in grades 9-12 binge drinking in the past 30 days	2017	17%	15%	→ 0
+ I	% of adults age 18-24 binge drinking in the last 30 days	2017	30%	31%	↘ 2
+ I	Substance Abuse % of adults age 65 and older who drink at a level of risk	2017	22%	18%	↘ 1
+ I	% of adolescents in grades 9-12 who used marijuana in the past 30 days	2017	24%	20%	↗ 1
+ I	Substance Abuse % of adults age 18-24 who used marijuana in the last 30 days	2017	28%	26%	↗ 1
+ I	Substance Abuse % of adults using marijuana who use 10 or more days per month	2017	61%	—	↘ 1

- Specific
- Measurable
- Achievable
- Realistic
- Timely

# Percent of Vermonters age 12+ using selected substances: Alcohol is the mostly commonly used substance



\* Pain reliever question changed 2014/2015 data are not available and 2015/16 and above are not comparable to previous years

## The tobacco prevention goals for consideration are as follows:

- Decrease the percentage of adolescents in grades 9-12 who use e-cigarettes
- Decrease the percentage of adolescents in grades 9-12 who smoke cigarettes
- Decrease the percentage of adults using smokeless or other tobacco products
- Decrease the percentage of adults who smoke cigarettes
- Increase the number of statewide laws on smoke-free indoor air to prohibit smoking in public places

## Tobacco performance measures for consideration include:

- Percentage of CDC recommended funding for tobacco program
- Percentage of youth groups that educate local or state decisionmakers on smoke free policy and retailer tobacco advertising restrictions
- Number of durable local or state interventions introduced that address the tobacco point of sale environment
- Percentage of district offices with a tobacco-funded coalition in their service area that provide technical assistance



## For alcohol and marijuana:

- Suggested goal would be the scorecard outcome:
  - Prevent and reduce the negative impacts of alcohol and drug misuse.
- Suggested performance measures would be the scorecard indicators:
  - Percentage of adolescents in grades 9-12 binge drinking in the past 30 days
  - Percentage of adults age 18-24 binge drinking in the last 30 days
  - Percentage of adults age 65 and older who drink at a level of risk
  - Percentage of adolescents in grades 9-12 who used marijuana in the past 30 days

# Opioids:

- Suggested goal for prevention efforts would be:
  - Decrease the number of opioid analgesic morphine milligram equivalents (MMEs) dispensed per 100 residents
- Suggested performance measure:
  - Total opioid pain relievers dispensed by Vermont licensed pharmacies

# Prevention Inventory

On or before January 1, 2021, the Manager of Substance Misuse Prevention, in consultation with the Chief Prevention Officer, shall develop and submit to the House Committee on Human Services and to the Senate Committee on Health and Welfare an inventory of substance misuse prevention programs in the State.

The Manager shall include in the inventory:

- the estimated cost and funding source of each program
- the geographic reach of each program
- the effectiveness of each program
- any identified gaps in services.