

Substance Misuse Prevention Oversight and Advisory Council Meeting Minutes

Mtg. Facilitator: Kelly Dougherty Mtg. Recorder: Nicole Rau Mitiguy Mtg. Time Keeper: Nicole Rau Mitiguy Where: Waterbury State Office Complex, Ash Conference Room
Date: 10/28/2019
Start Time: 1:00 pm
End Time: 3:00 pm

Council Attendees


Mark those present with an "X"

Name		Organization and Role		Name		Organization and Role	
X	Mark Levine, MD	Health Department, Co-Chair		X	Skylar Dryden	Youth Representative	
X	Melanie Sheehan	Mt. Ascutney Hospital and Health Center, Co-Chair		X	Peter Espenshade	Recovery Vermont	
X	Daniel French	Agency of Education, Executive Committee Member		X	Courtney Farrell	Lund	
X	Chris Herrick	Dept. of Public Safety, Executive Committee Member		X	Clay Gilbert	Rutland Mental Health, Evergreen Recovery Center	
X	David Allaire	City of Rutland		X	Cindy Hayford	Deerfield Valley Community Partnership	
X	Amy Brewer	Northwestern Medical Center			Roger Marcoux	Lamoille County Sherriff Department	
X	Rebecca Brookes	Upstream Social Marketing		X	Maryann Morris	The Collaborative	
x	Moses Delane	Youth Representative		X	Kevin Doyle	Representing the U.S. Attorney Christina Nolan	
X	Kimberley Diemond	Big Brother Big Sister		X	Eileen Peltier	Downstreet Housing	
X	John Searles, Ph.D.	Retired, Dept. of Health		X	Tim Trevithick	Champlain Valley Union High School	
X	Stephen Von Sitas	Regional Treatment Court		X	Auburn Watersong	Agency of Human Services	
	Skyler Genest	Dept. of Liquor and Lottery					

Non-Council Attendees

Name		Organization		Name		Organization	
X	Diane Derby	Congressman Welch's Office		X	Cindy Seivwright	Dept. of Health	
X	Julie Arel	Dept. of Health		X	Rhonda Williams	Dept. of Health	
X	Amy Marti	Aspent Health		X	Kelly Dougherty	Dept. of Health	

X	John Caceres	Valley Vista	X	Lori Tatsapaugh Uerz	Dept. of Health
X	Chad Simmons	Action Circle	X	Nicole Rau Mitiguy	
X	Stephanie Thompson	HIDTA	x	Lex Arthers	Dept. of Health
X	Kayla Donahue	Chittenden County Opioid Alliance			

#	Time Allotted (Optional)	Type of Topic	Agenda Item (Topic/Objective)	Notes
1	1:00-1:20	<input checked="" type="checkbox"/> Inform <input type="checkbox"/> Discussion <input type="checkbox"/> Decision	Welcome and Introductions	<ul style="list-style-type: none"> Act 82 as Enacted: https://legislature.vermont.gov/Documents/2020/Docs/ACTS/ACT082/ACT082%20As%20Enacted.pdf
2	1:20-1:30	<input checked="" type="checkbox"/> Inform <input checked="" type="checkbox"/> Discussion <input type="checkbox"/> Decision	Overview of the Council	<ul style="list-style-type: none"> Reviewed the legislation creating the new Council This Council replaces three previous councils: Vermont Alcohol and Drug Abuse Council (VADAC), the Vermont Tobacco Evaluation and Review Board (VTERB), and the Opioid Coordination Council (OCC) This Council will focus on all substances at risk of misuse The Council shall strengthen the state’s response to the substance use disorder crisis by advancing evidence based and evidence informed substance misuse prevention initiatives. Council members shall serve two-year terms and can be re-appointed Individuals who are not state employees and whose time on the Council is not being supported by their employer may be compensated for their time with a \$50 per diem, as requested. Two reports are due to the legislature: Council is responsible for the report focused on identifying goals and performance measures to identify the success of prevention programs throughout the state, and evaluation results from state funded prevention programs (annually); the Substance Misuse Prevention Manager and Chief Prevention Officers are responsible for the Inventory of Substance Misuse Prevention Services (January 2021). <ul style="list-style-type: none"> Programs with substance use in the mission of their program will be considered as part of the inventory. More details for this section of the agenda can be seen in the associated PowerPoint presentation  10.28.19 Presentation_SMPO,
3	1:30-2:15	<input checked="" type="checkbox"/> Inform <input checked="" type="checkbox"/> Discussion <input type="checkbox"/> Decision	State of the State Substance Misuse Data	<ul style="list-style-type: none"> Review of substance use data from the National Survey on Drug Use and Health (NSDUH) shows the trend of alcohol does not change as the highest misused substance in Vermont for individuals 12 years and older Tobacco use overall has decreased for individuals 12 years and older Marijuana use has increased for individuals 12 years and older Heroin and pain reliever misuse has continued to remain low for individuals 12 years and older For alcohol, marijuana, and tobacco the age-range with the highest use is 18-25

				<ul style="list-style-type: none"> ○ 18-25 year old Vermonters was a focus of the OCC and Council proposed to continue that focus in this work ● Stimulants are a growing substance of risk. The number of drug-overdoses that have involved stimulants has increased. For more information on stimulants see this newly published data brief: https://www.healthvermont.gov/sites/default/files/documents/pdf/ADAP_Data_Brief_StimulantMisuse.pdf ● Vermont is below the national average for: <ul style="list-style-type: none"> ○ First tried tobacco products before the age of 13 ○ Ever tried electronic cigarettes ○ Daily electronic cigarette use ○ Bought electronic cigarettes in store ● Vermont is above the national average for: <ul style="list-style-type: none"> ○ Youth cigar use ○ % of youth who did not try to quit all tobacco products ● Use of tobacco increases with every grade ● There has been a drop from 24% of population using cigarettes to 13% from the Behavior Risk Factor Surveillance Survey (BRFSS) ● With current data, overall there is a decrease in any tobacco use (all types) ● A common theme identified in this section of the agenda was as the perception of risk for a substance decreases, the rates of use increase.
3	2:15-2:50	<input checked="" type="checkbox"/> Inform <input type="checkbox"/> Discussion <input type="checkbox"/> Decision	Review of Prevention Models	<ul style="list-style-type: none"> ● Vermont's state substance use prevention programs rely on partnerships across multiple sectors to be successful ● Prevention can be broken into three smaller focus areas: universal (the entire population), selective (a particular section of the population), and indicated (individuals who have shown some risk of use) ● The Vermont Prevention Model (see PowerPoint for more information) and the Strategic Prevention Framework (SPF) are models and strategies used by the Iceland prevention model. ● CDC has released an updated document highlighting the best practices for tobacco control program, which can be found here: https://www.cdc.gov/tobacco/stateandcommunity/best_practices/ ● There are 12 Prevention Consultants (currently hiring for 1 of the 12) embedded into district offices who are intended to provide technical assistance to prevention planning to communities. ● There are 13 Regional Prevention Partnership (RPP) grantees, and many RPP grantees support tobacco prevention efforts in their communities as well ● There are 15 Supervisory Unions that are funded to provide screening to students across their schools. Intended to be universal screening, but it was noted that often infrastructure and staffing needs can limit the amount of screening conducted. ● Parent Up is a communications campaign developed and supported by ADAP that helps to coach parents in how to have ongoing discussions with their children about substances and substance use. Parent Up's website is: https://parentupvt.org/ <ul style="list-style-type: none"> ○ Parent Up will soon have information on tobacco products

				<ul style="list-style-type: none"> Tobacco prevention also uses communications campaigns as a prevention tool, including the CounterBalance campaign intended to increase information to increase the understanding of risk associated with use of tobacco products: https://counterbalancevt.com/ Tobacco Prevention grantees/coalitions have decreased significantly over the past years, Vermont currently has 14 tobacco prevention grantees. The largest reason for this the decrease in the number of grantees/coalitions in recent years is the decrease of funds coming in to focus on tobacco use prevention.
4	2:50-3:00	<input checked="" type="checkbox"/> Inform <input type="checkbox"/> Discussion <input type="checkbox"/> Decision	Wrap Up and Next Steps	<ul style="list-style-type: none"> Next meeting will include the summary of recommendations from the OCC, VTERB, and Marijuana Advisory Committee Recommend discussion of the connection between recovery and prevention in future meeting Posed to the Council: should the meetings move around the state, and should the times of some of the meetings change to accommodate the schedules of the Council's youth representatives? Further discussion needed.

Action Item Log			
#	Action Item	Due Date	Staff Responsible
1	Send legislation out to the Council	11/18/19	Nicole Rau Mitiguy (NRM)
2	Council members who would like to receive the per diem will reach out to Nicole Rau Mitiguy (Nicole.rau@vermont.gov) to receive the necessary forms	On going	Council Members and NRM

Minutes approved by the Council on November 18, 2019.