

Substance Misuse Prevention Oversight and Advisory Council November Meeting Minutes

Mtg. Facilitator: Melanie Sheehan Mtg. Recorder: Nicole Rau Mitiguy Mtg. Time Keeper: Nicole Rau Mitiguy Where: Waterbury State Office Complex, Ash Conference Room
Date: 11/18/2019
Start Time: 1:00 pm
End Time: 3:00 pm

Council Attendees

Mark those present with an "X"

Name		Organization and Role		Name		Organization and Role	
X	Mark Levine, MD	Health Department, Co-Chair		X	Skylar Dryden	Youth Representative	
X	Melanie Sheehan	Mt. Ascutney Hospital and Health Center, Co-Chair		X	Peter Espenshade	Recovery Vermont	
	Daniel French	Agency of Education, Executive Committee Member			Courtney Farrell	Lund	
	Chris Herrick	Dept. of Public Safety, Executive Committee Member			Clay Gilbert	Rutland Mental Health, Evergreen Recovery Center	
X	David Allaire	City of Rutland		X	Cindy Hayford	Deerfield Valley Community Partnership	
X	Amy Brewer	Northwestern Medical Center		X	Roger Marcoux	Lamoille County Sherriff Department	
X	Rebecca Brookes	Upstream Social Marketing		X	Maryann Morris	The Collaborative	
x	Moses Delane	Youth Representative		X	Christina Nolan	U.S. Attorney	
X	Kimberley Diemond	Big Brother Big Sister		X	Eileen Peltier	Downstreet Housing	
X	John Searles, Ph.D.	Retired, Dept. of Health			Tim Trevithick	Champlain Valley Union High School	
	Stephen Von Sitas	Regional Treatment Court		X	Auburn Watersong	Agency of Human Services	
X	Skyler Genest	Dept. of Liquor and Lottery					

Non-Council Attendees

Name		Organization		Name		Organization	
X	Chad Simmons	Action Circle		X	Cindy Seivwright	Dept. of Health	
X	Julie Arel	Dept. of Health		X	Rhonda Williams	Dept. of Health	
X	Nicole Rau Mitiguy	Dept. of Health		X	Kelly Dougherty	Dept. of Health	
X	Mariah Sanderson	Burlington		X	Lori Tatsapaugh Uerz	Dept. of Health	

#	Time Allotted (Optional)	Type of Topic	Agenda Item (Topic/Objective)	Notes
1	1:00-1:20	<input checked="" type="checkbox"/> Inform <input checked="" type="checkbox"/> Discussion <input checked="" type="checkbox"/> Decision	Welcome and Introductions	<ul style="list-style-type: none"> • The Council voted to shorten the acronym of the Substance Misuse Prevention Oversight and Advisory Council to SMPC.
2	1:20-1:30	<input checked="" type="checkbox"/> Inform <input checked="" type="checkbox"/> Discussion <input type="checkbox"/> Decision	Review of Council Responsibilities	<ul style="list-style-type: none"> • Responsibilities of the Council include the following: <ul style="list-style-type: none"> ○ Provide advice to the Governor and General Assembly on strengthening the prevention system in Vermont, ensuring data is being used to inform all prevention policies ○ Review evidence-based practices, program evaluations, laws and policies, and community-based programming to make recommendations on the following: <ul style="list-style-type: none"> ▪ Modification of programs to meet gaps ▪ Eliminate redundancy and barriers to coordination between state, public and private partnerships for prevention ▪ Determine foundation for connection for youth ○ Develop statewide media campaign ○ Hold two public hearings ○ Develop and submit an annual report to the Governor and General Assembly
3	1:30-2:30	<input checked="" type="checkbox"/> Inform <input checked="" type="checkbox"/> Discussion <input checked="" type="checkbox"/> Decision	2020 Annual Report Goals and Performance Measures	<ul style="list-style-type: none"> • Review of report requirements: <ul style="list-style-type: none"> ○ Measurable goals for the effectiveness of prevention programming statewide ○ Select 3-5 performance measures for all substances at risk that demonstrate the system's results ○ Results from evaluations of state funded prevention programs ○ Explain state-funded program budgets • The conversation between Council members in identifying the goals and performance measures to include in the 2020 annual report focused on the following themes: <ul style="list-style-type: none"> ○ Increasing protective factors to reduce risk of substance use ○ Decreasing risk factors related to substance use ○ Ensuring equity of prevention programming across the state and across populations within the state, acknowledging that needs and resources might look different in rural communities vs. more urban communities ○ Ensuring prevention programming for all ages of Vermonters, acknowledging that 18-25 year-old Vermonters tend to have higher use rates among all substances ○ Building resiliency and connectedness in Vermont communities as a prevention method ○ Decrease the demand and accessibility of substances ○ Increasing the perception of harm of substance use, especially with consideration of generational use • From this conversation the Council decided that the goals should focus on the following three topics: <ul style="list-style-type: none"> ○ Increase protective factors and build resilience and feelings of connectedness in Vermont communities, across all ages, cultures, and socioeconomic conditions.

				<ul style="list-style-type: none"> ○ Decrease risk factors for substance use in Vermont for individuals of all ages, cultures, and socioeconomic conditions. ○ Increase efficiency and collaboration on prevention efforts across all state, public, and private entities, through a consolidated and holistic approach to prevention ● These goals will be measures through the following performance measures: <ul style="list-style-type: none"> ○ Percent of high school and middle school students who believe they matter to their community. (Youth Risk Behavior Survey) ○ Percent of high school and middle school students who perceive harm in using substances (marijuana, alcohol, and tobacco). (Youth Risk Behavior Survey) ○ Percent of Vermonters aged 12 years old and older who use alcohol, marijuana, tobacco, stimulants (prescription and illicit) and opioids (prescription and illicit). (National Survey on Drug Use and Health)
4	2:30-2:45	<input checked="" type="checkbox"/> Inform <input checked="" type="checkbox"/> Discussion <input checked="" type="checkbox"/> Decision	Prevention Inventory	<ul style="list-style-type: none"> ● Reviewed the required measures for the required Prevention Inventory which include: <ul style="list-style-type: none"> ○ Estimated cost and funding source for each prevention program ○ Geographic reach of each prevention program ○ Effectiveness of each prevention program ○ Identified gaps in prevention services ● The Prevention Inventory falls under the responsibility of the Substance Misuse Prevention Manager and Chief Prevention Officer; the Substance Misuse Prevention Manager has requested a workgroup from the Council to better define the measures above and identify any additional measures that would be meaningful for the Council in planning future work. The Prevention Inventory will be completed and provided to the legislature by January 1, 2021.
5	2:45-3:00	<input checked="" type="checkbox"/> Inform <input checked="" type="checkbox"/> Discussion <input checked="" type="checkbox"/> Decision	Wrap Up and Next Steps	<ul style="list-style-type: none"> ● The Prevention Sub-committee formed under the Opioid Coordination Council (OCC) will remain on hold as the Council better defines their work. The previously formed sub-committee may be called upon to focus work on sub-populations identified by the larger Council. <ul style="list-style-type: none"> ○ The Intervention, Treatment and Family Action Group sub-committees formed under the OCC will continue their work and provide information on their progress with the Council. ● A question was posed by a member about the new vaping legislation and if the taxes from that are being collected will be funneled for prevention. Act 82 also mentions that potential commercial marijuana tax could fund prevention activities. This led to conversation regarding the logistics of not having a prevention fund in the state budget. Through a shared decision-making process, called Gradients of Agreement, it was decided by the Council to further explore a posed recommendation to include a prevention line item in the State budget, in which taxes from “substances at risk for misuse” and other prevention funding could be allocated. ● The Council will further explore ways in which they can provide feedback and recommendations to the General Assembly outside of their annual report.

Action Item Log			
#	Action Item	Due Date	Staff Responsible
1	Write Annual Report for review	12/2/19	Nicole Rau Mitiguy (NRM)
2	Review Annual Report for submission to Governor and General Assembly	12/6/19	Executive Committee
3	NRM will organize a time for the identified Council members to meet on the Prevention Inventory.	12/13/19	NRM
4	Submit Annual Report on behalf of Council	12/15/19	Dr. Levine
5	Council members who would like to receive the per diem will reach out to Nicole Rau Mitiguy (Nicole.rau@vermont.gov) to receive the necessary forms	On going	Council Members and NRM
6	Send Intervention, Treatment, and Recovery (ITR) and Family Action Group sub-committees' meeting minutes to SMPC	On going	NRM

Minutes approved by the Substance Misuse Prevention Oversight and Advisory Council on December 16, 2019.