

Substance Misuse Prevention Oversight and Advisory Council December Meeting Minutes

Mtg. Facilitator: Nicole Rau Mitiguy Mtg. Recorder: Nicole Rau Mitiguy Mtg. Time Keeper: Nicole Rau Mitiguy Where: Waterbury State Office Complex, Cherry Conference Room
Date: 12/16/2019
Start Time: 1:00 pm
End Time: 3:00 pm

Council Attendees

Mark those present with an "X"

Name		Organization and Role		Name		Organization and Role	
X	Mark Levine, MD	Health Department, Co-Chair		X	Skylar Dryden	Youth Representative	
X	Melanie Sheehan	Mt. Ascutney Hospital and Health Center, Co-Chair		X	Peter Espenshade	Recovery Vermont	
X	Daniel French	Agency of Education, Executive Committee Member		X	Courtney Farrell	Lund	
X	Chris Herrick	Dept. of Public Safety, Executive Committee Member		X	Clay Gilbert	Rutland Mental Health, Evergreen Recovery Center	
X	David Allaire	City of Rutland		X	Cindy Hayford	Deerfield Valley Community Partnership	
X	Amy Brewer	Northwestern Medical Center		X	Roger Marcoux	Lamoille County Sherriff Department	
X	Rebecca Brookes	Upstream Social Marketing		X	Maryann Morris	The Collaborative	
x	Moses Delane	Youth Representative		X	Kevin Doyle	Representing Christina Nolan, U.S. Attorney	
X	Kimberley Diamond	Big Brother Big Sister		X	Eileen Peltier	Downstreet Housing	
X	John Searles, Ph.D.	Retired, Dept. of Health		X	Tim Trevithick	Champlain Valley Union High School	
X	Stephen Von Sitas	Regional Treatment Court			Auburn Watersong	Agency of Human Services	
X	Skyler Genest	Dept. of Liquor and Lottery					

Non-Council Attendees

Name		Organization		Name		Organization	
X	Chad Simmons	Action Circle		X	Cindy Seivwright	Dept. of Health	
X	Julie Arel	Dept. of Health		X	Rhonda Williams	Dept. of Health	
X	Nicole Rau Mitiguy	Dept. of Health		X	Jill Sudhoff-Guerin	VT Medical Society	
X	Mariah Sanderson	Burlington		X	Britta Egeland	VT Rise	

X	Trevor Dryden	Community Member	X	Ann Gilbert	Central VT New Directions Coalition
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#	Time Allotted (Optional)	Type of Topic	Agenda Item (Topic/Objective)	Notes
1	1:00-1:20	<input checked="" type="checkbox"/> Inform <input type="checkbox"/> Discussion <input type="checkbox"/> Decision	Welcome and Introductions	<ul style="list-style-type: none"> Deputy Commissioner Chris Herrick noted that during the upcoming legislative session, it will be a focus of the Department of Public Safety to further decriminalize substance misuse. An example of this is the potential to embed social workers in law enforcement offices to support law enforcement officers when working with an individual experiencing a substance use issue.
2	1:20-1:30	<input checked="" type="checkbox"/> Inform <input checked="" type="checkbox"/> Discussion <input checked="" type="checkbox"/> Decision	Review of SMPC 2020 Annual Report	<ul style="list-style-type: none"> In reviewing the goals and measures, the Council noted the following: <ul style="list-style-type: none"> Timeframes need to be added to the performance measures to add clarity and specificity It would be helpful to note the amount used if possible in the performance measures (binge use vs. using smaller amounts at one time). Need to clarify the ages from which the data was collected for the performance measures. For example, the Youth Risk Behavior Survey is 13 and older while the National Survey on Drug Use and Health looks at trends for Vermonters 12 and older. More clarity is needed for the School Based Health budget to explain that the legislative report is not reflective of the entire School Based Health program budget, which also includes federal funding; the budgets in the legislative report only report on State General Fund or Special Funds actual spend in state fiscal year 2019. The Executive Committee will develop a timeline for the 2021 Annual Report with support from the Substance Misuse Prevention Manager, which will include ample time for to involve the Council in the development and writing of the report.
3	1:30-2:30	<input checked="" type="checkbox"/> Inform <input checked="" type="checkbox"/> Discussion <input checked="" type="checkbox"/> Decision	Review of Previous Council Recommendations	<ul style="list-style-type: none"> Review of three previous councils' recommendations were reviewed: <ul style="list-style-type: none"> Governor's Marijuana Advisory Commission (MAC) Vermont Tobacco Evaluation and Review Board (VTERB) Governor's Opioid Coordination Council (OCC) It was noted that some of the previous recommendations have been completed while others need some additional work/support to achieve them. The MAC recommended a group like the Substance Misuse Prevention Oversight and Advisory Council (SMPC) in their recommendations. VTERB's recommendation of raising the age limit for tobacco to 21 has been enacted in Vermont. Vermont has also increased the tax rate on tobacco products by 10%, however what the literature has found is there is a more significant impact on tobacco use if the 10% is enacted at one time rather than cumulatively such as Vermont's rate. <ul style="list-style-type: none"> The question of how the tobacco tax is being used was raised to the Council, and posed that a recommendation be made to invest a portion of the taxes collected to the Tobacco Control Program for statewide prevention and cessation work. <ul style="list-style-type: none"> More information on this will be provided in an upcoming Council meeting.

				<ul style="list-style-type: none"> ○ It was also noted that there is not a price floor for tobacco products in Vermont. It was posed to make a recommendation to the legislature that a price floor be enacted. With further discussion the Council decided to postpone making this recommendation, and will further assess data and policies around this prior to putting forth a recommendation. ● The OCC recommendation of an Agency of Education (AOE) FTE focused on evidence-based prevention and intervention programs has come to fruition by repurposing a previous position to meet this need. <ul style="list-style-type: none"> ○ Screening, Brief Intervention, and Navigation to Services (SBINS) is happening in a robust way throughout the state, and continues to grow. ○ The OCC’s focus on stigma is notable, and is recommended by the SMPC Chair to continue to be a focus in the work of the SMPC. ○ Transportation is an area that needs continued work in AHS as solutions continue to be explored and worked on across all AHS departments with community partners. ○ It was noted that while the OCC focused on opioids, it is important to focus across substances. An example of this is the new Intensive Outpatient Program being embedded within Rutland’s hub to support hub patients in addressing use of other substances, in addition to their opioid treatment. <ul style="list-style-type: none"> ▪ An additional suggestion was to examine additional impacts of substance use on others, specifically sharps disposal and addressing the impact on communities where sharps are found in community settings. ● Following the review, the Council considered how to put into action the recommendations that are not yet completed; and considered how to integrate them into the work of the SMPC. <ul style="list-style-type: none"> ○ A recommendation was made to crosswalk the recommendations from the reports to identify common recommendations for key strategies for the SMPC to address. ○ A recommendation was made to further develop the SMPC’s structure to include subcommittees/workgroups to further address the previous recommendations. Multiple suggestions on how this structure could look were made by Council members: creating subcommittees focusing on individual substances of concern and identifying strategies to address them within the subcommittee, or by creating subcommittees to focus on individual recommendations. <ul style="list-style-type: none"> ▪ The Council agreed that subcommittees should be formed to help support the work of the SMPC. It was recommended that subcommittees meet on the same day as the full SMPC meetings to assist with scheduling and to minimize additional time constraints.
4	2:30-2:45	<input checked="" type="checkbox"/> Inform <input checked="" type="checkbox"/> Discussion <input checked="" type="checkbox"/> Decision	Prevention Inventory Data Measures	<ul style="list-style-type: none"> ● Cindy Hayford, Amy Brewer, John Searles, and Melanie Sheehan joined Nicole Rau Mitiguy and Lori Tatsapaugh Uerz to form a workgroup to further define and identify the measures included in the Prevention Inventory. ● The group decided to use an existing definition of prevention from the Institute of Medicine or similar organization. Included in the inventory will be organizations whose mission is it to prevent substance use, organizations that focus on building community assets, organizations focused on healthy community design, and organizations focused on positive youth development. ● The workgroup defined the “effectiveness of the program” measure by examining if the program went through a planning process, such as SAMHSA’s Strategic Prevention Framework, to identify strategies to implement. Those who went through a planning process would be considered an effective program.

				<ul style="list-style-type: none"> • Included in the “gaps in services” measure would be gaps in funding, lack of sustainable funding, and a program or area of the state receiving funding for only particular substance rather than all substances of concern. • The workgroup posed an additional measure to the Council, which is to capture which levels from the Vermont Prevention Framework are being included in prevention efforts by each program included in the inventory to identify if there are gaps in the sectors being utilized in prevention efforts. The Council agreed to this addition. • The Department of Health will be putting the data collection efforts for this work out to bid through a simplified request for proposal (RFP) process. The RFP will be sent to vendors in January with bids collected and reviewed by early February. <ul style="list-style-type: none"> ○ The workgroup for the Prevention Inventory has offered their assistance with the selection of a vendor from the RFP process. Nicole Rau Mitiguy will further explore this option and reach out to this workgroup about this process and timeline. • Data collection will happen between April and September of 2020. The SMPC will be asked to help analyze the data to formulate the report due to the General Assembly on January 1, 2021. It is the belief of the Prevention Inventory workgroup that the information collected through this inventory will also be utilized by the Council to inform recommendations to the General Assembly. • It was recommended that State’s policies and infrastructure also be examined in the inventory to evaluate potential gaps within the State’s prevention system and process. This was noted considering the potential for opioid settlement money to be coming to Vermont, and how lessons from the Tobacco Master Settlement Agreement could inform future work with opioid settlement funding.
5	2:45-3:00	<input checked="" type="checkbox"/> Inform <input checked="" type="checkbox"/> Discussion <input checked="" type="checkbox"/> Decision	Wrap Up and Next Steps	<ul style="list-style-type: none"> • There was a call to have a mental health representative on the Council. The Executive Committee will further discuss and identify the best mechanism to achieve this request. <ul style="list-style-type: none"> ○ It was noted that during the assessment phase of many prevention programs, substance use and mental health in connection with social isolation often is discussed. This was especially highlighted as something often discussed and identified by youth who are involved in the assessment process. • It was noted that the vaping lung injury issue continues to grow in the U.S. and while it has connections to both nicotine and THC, it seems to be more heavily connected with THC. <ul style="list-style-type: none"> ○ As vaping devices can often be used for both nicotine and THC products, the question of how the concern of vaping nicotine might impact legislation on the commercialization of cannabis was posed. • In the last year, 53% of fatal vehicle crashes involved an individual under the influence. This increased rate seems to be a trend nationally. <ul style="list-style-type: none"> ○ In Vermont in the last year, the number of fatalities decreased, but the percentage of those related to individuals driving under the influence did not decrease.

Action Item Log			
#	Action Item	Due Date	Staff Responsible
1	Update performance measures to include additional clarification identified in this meeting.	2/1/20	Nicole Rau Mitiguy (NRM)
2	Create and share a timeline and process for the 2021 SMPC Annual Report.	5/1/20	Executive Committee
3	Release the Prevention Inventory RFP and select a vendor.	2/20/20	NRM Prevention Inventory Workgroup
4	Identify an individual from DMH to join the SMPC for future meetings.	1/27/20	Executive Committee
5	Council members who would like to receive the per diem will reach out to Nicole Rau Mitiguy (Nicole.rau@vermont.gov) to receive the necessary forms	On going	Council Members and NRM
6	Send Intervention, Treatment, and Recovery (ITR) and Family Action Group sub-committees' meeting minutes to SMPC	On going	NRM

Minutes approved by the Substance Misuse Prevention Oversight and Advisory Council on January 27, 2020.