



# Regional Prevention Partnerships

## *Partnerships for Success 2015*

June 15, 2020

# What is the RPP Grant?

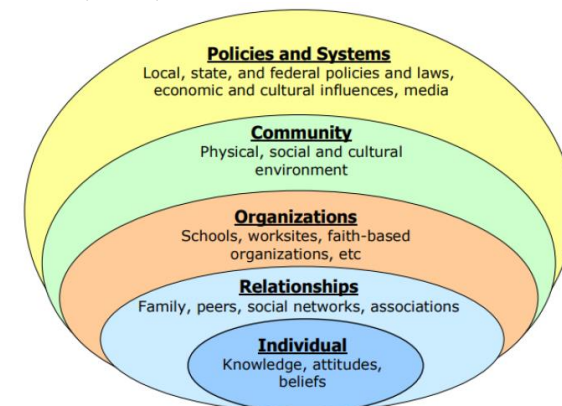
The Regional Prevention Partnerships grants are a customized regional response to reduce alcohol and drug use among adolescents, teens, and young adults.

This is a federally funded program that builds on Vermont's experience with the strategic prevention framework.

The strategic prevention framework is a way of guiding prevention programs to make sure they stay on track to make a positive change in meeting prevention program goals. The goal is to have an effective regional prevention network that will collectively cover the entire state, working with centralized support and services.



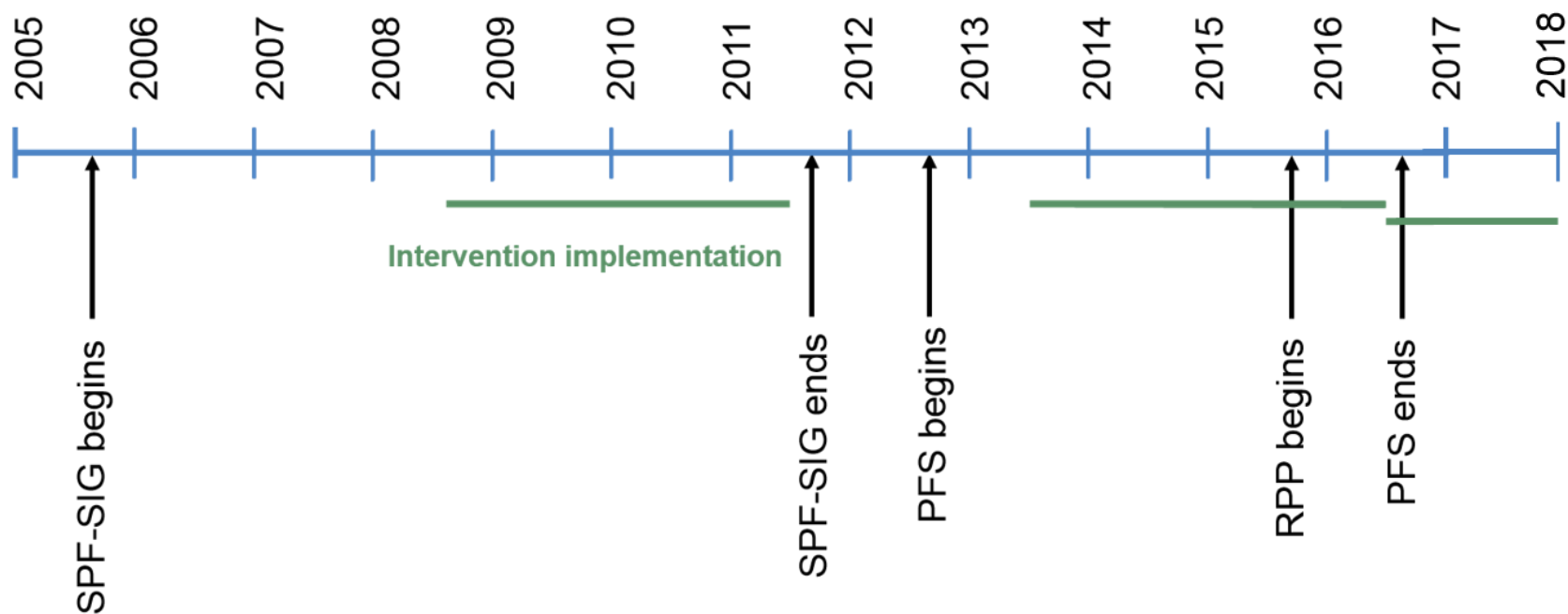
Center for Substance Abuse Prevention,  
Substance Abuse and Mental Health  
Services Administration (SAMHSA)



Adapted from: McEwen KR, Bibeau D, Steckler A, Glanz K. An ecological perspective on health promotion programs. Health Education Quarterly 15:261-277, 1988.

# SAMHSA Prevention Grants in Vermont

Vermont Department of Health, Division of Alcohol and Drug Abuse Programs



# Percent of High School Students Reporting Binge Drinking in Past 30 Days



—●— Vermont    -●- U.S.

1

Reduce underage and high-risk drinking among Vermonters age 12 to 20

2

Reduce prescription drug misuse and abuse among Vermonters age 12 to 25

3

Reduce marijuana use among Vermonters age 12 to 25

Increase state, regional and community capacity to prevent underage and binge drinking, prescription drug misuse, and marijuana use through a targeted regional approach

# Regional Prevention Partnerships Grant Goals

# The grant includes interventions and activities at different levels of the Vermont Prevention Model

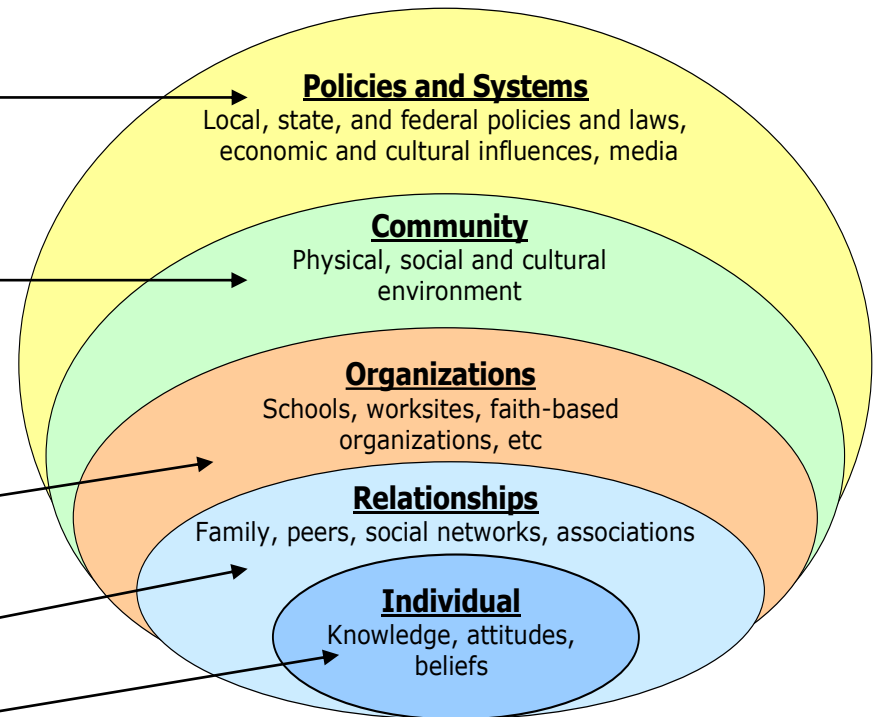
Local policy approaches such as alcohol outlet density control and restrictions on alcohol in public places.  
Enhanced enforcement of underage drinking laws

Media advocacy and community mobilization, communications campaigns, support DLL and/or local retailers' efforts to prevent underage drinking

College-based online prevention education and screening such as Alcohol Edu

Parent education programs that emphasize family connection as a prevention tool

Prevention education for youth



Adapted from: McElroy KR, Bibeau D, Steckler A, Glanz K. An ecological perspective on health promotion programs. Health Education Quarterly 15:351-377, 1988.

# Who are the grantees?

- Hospitals
- Youth Serving Organizations
- Coalitions



# Northeastern Vermont Regional Hospital

## *Local Policy Enhancements: Marijuana Use Prevention*

Building on substance-free public space policy successes, this quarter the subrecipient, through work driven by a peer leadership group, a town adopted a 100% substance free area policy for a popular family beach access point on January 16, 2020. This policy prohibits all smoking/vaping, alcohol consumption and the use of all tobacco/marijuana products 24 hours per day, 365 days per year.



**Chittenden  
Prevention  
Network:  
*Education and  
outreach to  
community on  
youth  
marijuana use  
prevention***

A middle school principal requested that a member coalition of CPN provide a monthly column in the school newsletter.

The column will contain prevention related data and resources parents can consult to help support their kids, further cementing prevention's trusted authority on the important subject for youth prevention.

**Franklin  
County Caring  
Communities:  
*Mentoring***

The region is continuing into their 23<sup>rd</sup> year of adult-youth mentoring.

FCCC has secured a scholarship for their new mentor coordinator to attend the National Mentor Conference, learning recruitment efforts, effective mentor practices, and skills attaining additional funding opportunities.

# RPP Evaluation

<http://www.vt-rpp-evaluation.org/>

# Process Evaluation Questions

Process evaluation focuses on assessing and documenting grantees':

- Partnerships and regional capacity building
- Assessment and planning
- Implementation of strategies

# Outcome Evaluation Questions

Outcome evaluation focuses on:

- Assessing change over time in population-based outcome measures and targeted risk and protective factors
- Comparing changes in outcomes across regions (e.g., as based on the timing and duration of their funding).

# RPP/PFS 2015 Evaluation Data Sources

## Process evaluation:

- Community Grantee Reporting System (CGRS)
- Annual site visits
- Interviews and focus groups with District Office and lead agency staff and community partners

## Outcome Evaluation:

- 2018-2019 Qualitative Assessment of Regional Prevention Capacity
- YRBS 2013-2019
- Young Adult Survey 2014-2020

# RPP/PFS 2015 Evaluation Data Sources

## Other Data Sources:

- Vermont Local Opinion Leader Survey
- Vermont Parent Survey
- Cannabis Retailer Community Scan

**“As a result of the RPP, the state now has a network of trained and skilled community-based partners who work in partnership with District Office staff to deliver prevention services across their regions. Many participants expressed a desire for more sustained funding that would allow them to continue to build on the capacity and infrastructure successes achieved through PFS and RPP.”**

**PIRE Vermont RPP Qualitative Assessment of Regional Prevention Capacity, 2019**



**What's Next?**



**Thank you!**

**Let's stay in touch.**

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**Web:** [healthvermont.gov](http://healthvermont.gov)

**Social:** [@healthvermont](https://twitter.com/healthvermont)

## Regional Prevention Partnerships by Region:

FY20 (July 1, 2019 – June 30, 2020)

<b>Region</b>	<b>Fiscal Agent</b> (contact <a href="mailto:hilary.fannin@vermont.gov">hilary.fannin@vermont.gov</a> with questions)
<b>Barre</b>	Washington Central Friends of Education
<b>Bennington</b>	The Collaborative
<b>Brattleboro</b>	Youth Services, Inc.
<b>Burlington</b>	Chittenden County Regional Planning Commission
<b>Middlebury</b>	United Way of Addison County
<b>Morrisville</b>	Lamoille Family Center
<b>Newport</b>	Northeastern Kingdom Learning Services
<b>Rutland</b>	Rutland Regional Medical Center
<b>Springfield</b>	The Collaborative
<b>St. Albans</b>	Franklin County Caring Communities
<b>St. Johnsbury</b>	Northeast Vermont Regional Hospital
<b>White River Junction</b>	Mt. Ascutney Hospital and Health Center

## Regional Prevention Partnerships: Strategy Examples

July 1, 2019 – June 30, 2020

Required Strategies	Grant Goals met with Strategy
<ul style="list-style-type: none"> <li>• Local alcohol policy enhancements</li> <li>• Support DLC and/or local retailers' prevention efforts</li> </ul>	<b>Reduce Underage &amp; Binge Drinking Age 12-20</b>
<ul style="list-style-type: none"> <li>• Education and outreach to community including prescribers and pharmacists</li> </ul>	<b>Reduce Rx Use &amp; Misuse Age 12-25</b>
<ul style="list-style-type: none"> <li>• Local marijuana policy enhancements</li> <li>• Education and outreach to community on youth marijuana use prevention</li> </ul>	<b>Reduce Marijuana Use Age 12-25</b>
<ul style="list-style-type: none"> <li>• Regional capacity building</li> <li>• Enhance local law enforcement efforts</li> </ul>	<b>All Goals</b>
Optional Strategies	Grant Goals met with Strategy
<ul style="list-style-type: none"> <li>• AlcoholEdu (schools or colleges)</li> <li>• eCheckup for Alcohol (schools, colleges, or worksites)</li> </ul>	<b>Reduce Underage &amp; Binge Drinking Age 12-20</b>
<ul style="list-style-type: none"> <li>• Marijuana eCheckup for (schools, colleges, or worksites)</li> </ul>	<b>Reduce Rx Use &amp; Misuse Age 12-25</b>
<ul style="list-style-type: none"> <li>• Expand safe prescription drug disposal options</li> </ul>	<b>Reduce Marijuana Use Age 12-25</b>
<ul style="list-style-type: none"> <li>• Support Youth Mental Health First Aid Training/Drug Impairment Training for Educational Professionals (DITEP)</li> <li>• Evidence-based programs/classroom curricula*                             <ul style="list-style-type: none"> <li>○ ATLAS, Life Skills, Caring Schools, PROSPER, etc.</li> </ul> </li> <li>• Evidence-based Family Programs*                             <ul style="list-style-type: none"> <li>○ Guiding Good Choices, Nurturing Parenting Program, Strengthening Families Program (10-14)</li> </ul> </li> <li>• Screening and Referral*</li> <li>• Mentoring</li> </ul>	<b>All Goals</b>

\* Strategies offered to supplement school-based substance use prevention efforts in conference with other ADAP prevention grants



# Overview of the Vermont Prevention Inventory

Amy Livingston

June 15, 2020

# Prevention Inventory Overview

- Pacific Institute for Research and Evaluation (PIRE) is contracted by the Vermont Department of Health (VDH) to develop an inventory of substance misuse prevention services throughout Vermont.
- The development of this inventory was requested by the legislature through Act 82.
- Nicole Rau Mitiguy from the VDH Division of Alcohol and Drug Abuse Programs (ADAP), along with the Substance Misuse Prevention Oversight and Advisory Council (SMPC), is providing oversight for this work.

# The PIRE Team

- Pacific Institute for Research and Evaluation (PIRE) is a not-for-profit research organization that has a strong focus on substance use prevention, including projects in 16 states across the country
- Long history of evaluating prevention projects for VDH/ADAP, including RPP and other large SAMHSA-funded projects
- Our team includes:
  - Vermont-based staff: Amy Livingston  
Vanessa Berman
  - Chapel Hill (NC)-based staff: Bob Flewelling  
Sean Hanley

# Project Scope

- Create an inventory of organizations and programs whose mission or stated objective includes the prevention of substance misuse, and/or that are implementing primary (universal) or secondary (selective) prevention strategies.
- The inventory can include, but is not limited to, information from the following types of programs or organizations:
  - Groups whose mission it is for substance use (including tobacco) prevention
  - Programs that focus on building community and family assets
  - Healthy community design
  - Positive youth development programs
  - Nurse home visiting programs



# Project Scope continued

- For each program in the inventory, the following will be included:
  - The estimated cost and funding source
  - Geographic reach
  - Program effectiveness as measured by the completion of a structured planning process to identify strategies needed to meet community needs (such as SAMHSA's Strategic Prevention Framework)
  - The levels of the Vermont Prevention Model included in the program
  - Any identified gaps in services, which could include gaps in funding, geographic areas/populations served, and levels of the Prevention Model covered

# Data collection methods

## Phase I

**Interviews with stakeholders who are knowledgeable about prevention services provided around the state or within a region. This will provide us with a list of programs, organizations, services that may be included in the inventory.**

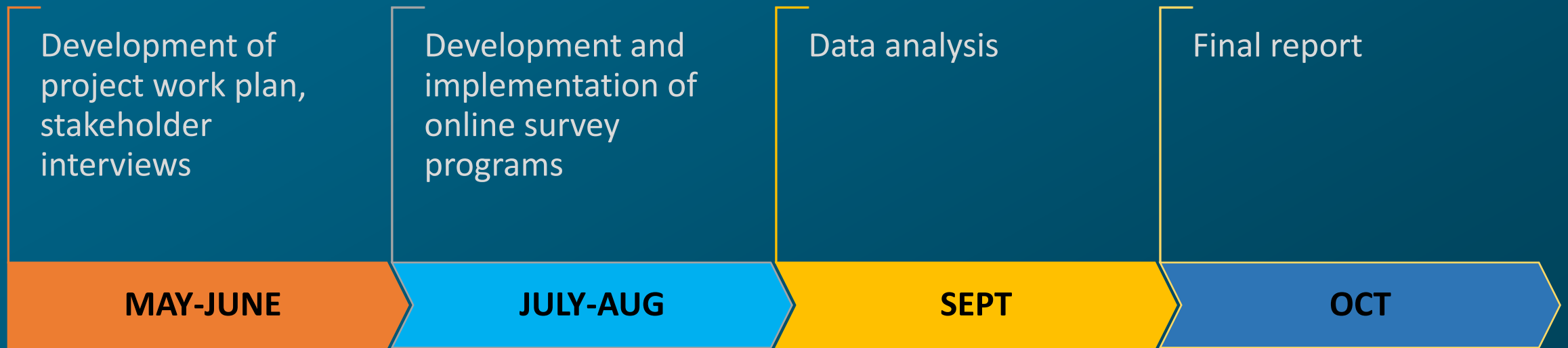
## Phase II

**An online survey which will be sent to the programs identified through the stakeholder interviews to collect information on the characteristics of these programs as identified in previous slide.**

# Analysis and Final Report

- Analysis and interpretation of the information collected on programs will include:
  - Categorization of programs based on previously described characteristics
  - Identification of gaps in services
  - Recommendations for how the information could be used by the state and the SMPC to meet objectives

# Project Timeline



# PIRE Team Contact Information

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