

## Substance Misuse Prevention Oversight and Advisory Council March Meeting Minutes

<b>Mtg. Facilitator:</b> Melanie Sheehan, Dr. Levine
<b>Mtg. Recorder:</b> Melanie Sheehan
<b>Mtg. Time Keeper:</b> Melanie Sheehan
<b>Where:</b> Skype meeting
<b>Date:</b> 3/16/2020
<b>Start Time:</b> 1:00 pm
<b>End Time:</b> 3:00 pm

### Council Attendees

Mark those present with an "X"

Name		Organization and Role		Name		Organization and Role	
X	Mark Levine, MD	Health Department, Co-Chair			Skylar Dryden	Youth Representative	
X	Melanie Sheehan	Mt. Ascutney Hospital and Health Center, Co-Chair			Peter Espenshade	Recovery Vermont	
	Daniel French	Agency of Education, Executive Committee Member			Courtney Farrell	Lund	
	Chris Herrick	Dept. of Public Safety, Executive Committee Member			Clay Gilbert	Rutland Mental Health, Evergreen Recovery Center	
	David Allaire	City of Rutland			Cindy Hayford	Deerfield Valley Community Partnership	
X	Amy Brewer	Northwestern Medical Center			Roger Marcoux	Lamoille County Sherriff Department	
	Rebecca Brookes	Upstream Social Marketing		X	Maryann Morris	The Collaborative	
	Moses Delane	Youth Representative			Christina Nolan	U.S. Attorney	
X	Kimberley Diamond	Big Brother Big Sister			Eileen Peltier	Downstreet Housing	
X	John Searles, Ph.D.	Retired, Dept. of Health			Tim Trevithick	Champlain Valley Union High School	
	Stephen Von Sitas	Regional Treatment Court		X	Auburn Watersong	Agency of Human Services	
	Skyler Genest	Dept. of Liquor and Lottery					

### Non-Council Attendees

Name		Organization		Name		Organization	
	Sara Chesbrough	Dept of Health			Joanna Watterson	Public	
	Jen Hicks	Dept. of Health			John Earle	Public	
	Nicole Rau Mitiguy	Dept. of Health			Jill Sudhoff-Guerin	VT Medical Society	
	Kristen Murray	Dept. of Health			Rhonda Williams	Dept of Health	

X	Kelly Dougherty	Dept. of Health		Ann Gilbert	Central VT New Directions Coalition
X	Lori Tatsapaugh Uerz	Dept. of Health		Holly Morehouse	Vermont Afterschool
	Daisy Berbeco	Dept. of Mental Health		Mara Iverson	Outright Vermont
X	Guests: Beth Shrader, Center for Health and Learning, Brattleboro VT				

#	Time Allotted (Optional)	Type of Topic	Agenda Item (Topic/Objective)	Notes
1	1:00-1:20	<input checked="" type="checkbox"/> Inform <input checked="" type="checkbox"/> Discussion <input checked="" type="checkbox"/> Decision	Welcome, Introductions, and January minute review	<ul style="list-style-type: none"> <li>• Dr. Levine – introductions; may be called out due to COVID-19 responses</li> <li>• Amy Brewer moved to approve minutes.</li> <li>• John Searles, questioning data came on 3<sup>rd</sup> space from Jan minutes. Approve minutes with Caveat that data needs to be accurate. We will check with Nicole and if needed Holly Morehouse and make sure they are accurate.</li> <li>• Minutes approved with changes proposed.</li> <li>• Nicole was called into VDH health operations center so is not able to participate. All hands on deck at VDH the moment. Socially distance and stay well!</li> </ul>
2	1:20-1:30	<input checked="" type="checkbox"/> Inform <input checked="" type="checkbox"/> Discussion <input type="checkbox"/> Decision	January Meeting Evaluation results	<ul style="list-style-type: none"> <li>• Kelly Dougherty shared the results of SMPC evaluation ; 56% response rate</li> <li>• Purpose: to get input from council members on their insight and clarity of their role as members</li> <li>• Majority of folks feel that the tasks are clear, more than ¼ are unclear or not sure</li> <li>• Comments reflected information heavy initial meetings, members are feeling ready to dive into action</li> <li>• Other results were positive in terms of allowing for input and meeting organization</li> <li>• There are areas that we can work on, addressing important issues is one</li> <li>• We hear you, would love to know more around what can be improved upon. Do folks have other input?:             <ul style="list-style-type: none"> <li>○ Doing evaluation is important, continue to solicit the feedback so we can further clarify the work</li> <li>○ Create evaluation plan as to how often we will seek input</li> </ul> </li> </ul>
3	1:30-2:30	<input checked="" type="checkbox"/> Inform <input checked="" type="checkbox"/> Discussion <input checked="" type="checkbox"/> Decision	SMPC logic Model	<ul style="list-style-type: none"> <li>• Logic model was developed from language of Act 82 legislation. Members asked to provide input:             <ul style="list-style-type: none"> <li>○ How do recommendations get proposed? Who do we make them to? What is the process?</li> <li>○ Not enough voices or enough time to review to get full feedback, can offline process be created?</li> </ul> </li> <li>• [AW] To get critical feedback on logic model, send it out with pointed questions to get people thinking in the right direction, get folks to jump into it more. Critical thinking tool is needed, leading questions would help.</li> <li>• [MM] Between strategies/input/activities and short-term outputs/outcomes is a big difference, a lot of meaty work has to get done. There is still uncertainty on how the work gets done. Is decision making done by consensus? How do we work together as a group?</li> <li>• [Kelly D] One big piece of the work is the Prevention Inventory, that contract has been executed. The results will generate action for the Council: review programs, make recommendations, etc.</li> <li>• Kelly Dougherty can ask VDH policy team to come present to council to answer recommendation process questions</li> </ul>

				<ul style="list-style-type: none"> <li>• [AW] 1<sup>st</sup> column shows how interconnected the work is; for council to move and make recommendations we are dependent upon the roles of program manager and prevention officer. Those positions are critical to move the work of the council forward.</li> <li>• Melanie and Maryann offered to create a tool for engaging input on Logic model across entire council by developing tool for engagement.</li> </ul>
4	2:30-2:45	<input checked="" type="checkbox"/> Inform <input checked="" type="checkbox"/> Discussion <input checked="" type="checkbox"/> Decision	Universal Access to Afterschool Recommendations	<ul style="list-style-type: none"> <li>• [Dr. Levine] – Context for the recommendations, maybe moot at this point given that legislature has shut down due to COVID. All mitigation suggestions are being planned over weeks and months. Not sure when the work of the legislature will continue.</li> <li>• We did this work to show that the 3<sup>rd</sup> space is a primary opportunity for prevention.</li> <li>• Unusual constellation that everyone was on the same page, Governor, Agency of Education, Prevention, etc. It was the intent to rally this Council to make a recommendation to ensure that the Council was perceived as having a relevant role to fill during this legislative session.</li> <li>• Recommendations came from information provided by Holly Morehouse. Nicole was able to combine Holly's recommendations with the conversations of the council and summarize them into what is put in front of the Council today.</li> <li>• We do want input and feedback on this, even if the legislative session is over for this year. It will be included in our end of year report.</li> <li>• [JS] What is the "Task Force for Universal Access"? Dr. L – The goal of both the House and Senate Education committees was the creation of a task force for the planning, inventory, decisions, policies, etc. To make sure that VT would do better than is doing right now, which is not universal, not equitable. This Task force doesn't exist yet, but was written into proposed legislation. It would be designed by the legislature like they designed our council.</li> <li>• Assumption was if anything passed this year, it would be to create the task force. Year 2 would be ready to start on policy, budget, etc. so implementation would happen within 3 years.</li> <li>• [AW] Auburn can send the latest version of the bill. It has to go from policy to appropriations committee. Page 2 lists members proposed. If it makes crossover there will be changes coming around the membership. Holly testified about the work that has already been done – assessment of needs across the state, etc. The new proposal has task force from June – Dec because so much of the information is already available in the reports.</li> <li>• Holly also mentioned the ELO fund and funding / programming results. These 2 pieces of work would help inform measurable deliverables, etc. If we want to dive deeper, these are sources of information we can use to explore further.</li> <li>• [JS] This should be done, underscore item #8, evaluation and assessment is critical</li> <li>• [AB] Feeling disconnected from the conversation, this feels out of order. Supportive of the afterschool program. Not sure that it is the first thing that Council would have put forward. The Council hasn't had the time to get organized and discuss the priorities. Feels cart before the horse, but not an inappropriate conversation either.</li> <li>• Comments in evaluation echoed these concerns.</li> </ul>

				<ul style="list-style-type: none"> <li>• Other important issues to engage would include Tobacco Flavors and MJ commercialization; a number of comments</li> <li>• Suggestion: Make MJ commercialization a center point of the next meeting. Members agreed.</li> <li>• [Kim D] A lot of eggs were put in the afterschool basket. We should be looking at all of the eggs in the basket. We need overarching theme that connects us back to the core of prevention issues. What about citizens, aversion to risk, youth choices, mental health issues, etc.</li> <li>• There is confusion because the Governor framed this as an economic/workforce imperative, it has also been discussed as an education initiative and punted to us as a prevention initiative. Council can still look at it as something to support but it may not be solely a prevention initiative thus is why is isn't coming out of the Council.</li> <li>• [MM] Provides afterschool in their area, can appreciate that afterschool programming is a part of prevention and the importance of the financing of it. Will all programs be prevention based? How will we be providing prevention skills to this cohort of youth in afterschool, so that it isn't just homework support? How can we make sure it is moving forward with best practice prevention component – reflect healthy alternatives, provide family education, etc.? Where are the “teeth”? Is it saying that a Council member will just attend their task force?</li> <li>• [Kim D] Add something in the mentoring field? This is another way that we can support kids in the 3<sup>rd</sup> space for kids that maybe can't get to a program. It is a best practice approach. [AS supports]</li> <li>• [AW] We need to not lose focus on the trauma ... what are substance misuse prevention strategies that can mitigate stress on teenagers and families to try to cope with toxic stress and trauma that they are experiencing.</li> <li>• [Kim D] In addition to MJ, also need to focus on families who are living with opioid addiction and the kids in those families that are impacted on a daily basis.</li> <li>• Future work of the council: <ul style="list-style-type: none"> <li>○ Strategic planning / mapping expertise is needed in lieu of Chief Prevention Officer</li> <li>○ What are the financial resources available to the Council to contract out this work</li> <li>○ Weave the recommendations of past councils with our council in order to move the work forward.</li> </ul> </li> <li>• [JS] Move to accept the recommendations as follows: <ul style="list-style-type: none"> <li>○ Ensure afterschool programming contains best practice prevention components (Per MM comments made above)</li> <li>○ Clarify and strengthen the relationship between proposed Afterschool Task Force and our Council</li> <li>○ Acknowledge / address mentoring as a component of best practice prevention and 3<sup>rd</sup> space support/partner for gap areas or communities where afterschool is a barrier to some families (per Kim D comments made above)</li> </ul> </li> <li>• [MS] Second with additions to the recommendations related to MM and KD comments</li> <li>• No opposition</li> </ul>
5	2:45-3:00	<input checked="" type="checkbox"/> Inform <input type="checkbox"/> Discussion <input type="checkbox"/> Decision	Public Comment	<ul style="list-style-type: none"> <li>• Beth Shrader from CHL. Has 15+ years in prevention, commends the council for working well together across sectors. Looks forward to participating in future meetings.</li> </ul>

6		<input checked="" type="checkbox"/> Inform <input checked="" type="checkbox"/> Discussion <input checked="" type="checkbox"/> Decision	Next Steps and Reminders	<ul style="list-style-type: none"> <li>• Internal dialogue in VDH – vacuum w/o CPO appointed and Chairs are not in a position to bring the depth needed? Is there funding available? Initial funding appropriated, for Nicole’s position</li> <li>• Kelly will check into the appropriation for VDH and see what balance, if any exists, for the funds allocated for Nicole’s position and prevention inventory</li> <li>• Dr. Levine, renew discussion with Agency of Administration on recruiting for that Position</li> <li>• Next Meeting: April 20, 2020</li> </ul>
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Action Item Log			
#	Action Item	Due Date	Staff Responsible
1	Kelly Dougherty ask VDH policy team to come present to council to answer recommendation process questions	4/16/20	Kelly Dougherty
2	Create critical thinking tool to engage council members in feedback on logic model. Create and send out by the next meeting.	4/1/2020	Melanie Sheehan, Maryann Morris
3	Send notes on Afterschool recommendations to Nicole before finalizing the document	3/20/220	Melanie Sheehan
4	Check into appropriation that funds PM position and inventory to see if funds are available for strategic planning / mapping	4/1/20	Kelly Dougherty / Executive Committee
5	Renew discussions with Agency of Administration on recruiting for CPO position	4/20/20	Dr. Levine
6	Finalize Afterschool recommendations	4/20/20	NRM