

DEPARTMENT OF HEALTH

ADAP Strategy/Activity Planning Tool

STRATEGY	GUIDING GOOD CHOICES
Goal	Reduce underage and binge drinking among persons aged 12 to 20, Reduce marijuana use among persons aged 12 to 25 AND Reduce prescription drug misuse among persons aged 12 to 25
Evidence based?	Yes
IOM Category	Universal Direct
CSAP Strategy type	Education

KEY ACTIVITIES:

Description of key activities (fidelity steps) that will be completed to fully implement the strategy

1. Identify program facilitators. Ideally at least one has experience delivering program.

2. Facilitators are trained in GGC curriculum.

3. Choose dates, site and time for program sessions.

4. Develop a strategy for publicizing the program.

5. Distribute publicity to recruit participants.

6. Register participants.

7. Secure childcare, transportation, incentives and/or scholarships as needed to reduce barriers to participation. Note: Incentives cannot exceed a value of \$30 per participant.

8. Prepare materials needed for start of the program.

9. Conduct pre-test at first session.

10. Conduct all 5 sessions as specified by Leader's Guide.

11. Conduct post-test at last session.

12. Analyze pre and post results and develop summary report to share with stakeholders. Email summary to the Regional Prevention Partnerships Program Manager.

Additional indicators to be reported to ADAP:

a. Please indicate the total number of **new** individuals reached by this intervention during the past quarter. If no **new** individuals were reached by this intervention during the past quarter, please enter 0.

Source:

Contact J.D. Hawkins at: jdh@uw.edu Contact Richard Catalano at: catalano@uw.edu Centers for Communities That Care University of Washington Phone: (206) 685-7723 Email: ctr4ctc@uw.edu