State Level Data
National Survey on Drug Use and Health
2017 - 2018

December 2019
National Survey on Drug Use and Health (NSDUH)

- Comprehensive household interview survey of substance use, substance use disorders, mental health, and the receipt of treatment services for these disorders
- Collected face-to-face by field interviewers who read less sensitive questions to respondents and transition respondents to audio computer assisted self-interviewing for sensitive items
- NSDUH covers the civilian, noninstitutionalized population, aged 12 or older:
  - Includes: Households, college dorms, homeless in shelters, civilians on military bases
  - Excludes: Active military, long-term hospital residents, prison populations, homeless not in shelters
- Sample includes all 50 states and DC
- Approximately 67,500 persons are interviewed annually
- Data collected from January to December
What is NSDUH?

- Conducted by SAMHSA - states do NOT have the ability to add or change questions
- Data summarized for the US, States, and Substate Areas
- Methodology is described [here](#) – it is complex and survey data are adjusted in many ways prior to reporting
- Probability sampling methods are used
- Reported numbers are estimates and sampling errors are included in the data tables
- Participants are given $30 for participating in the study
- NSDUH underwent a partial redesign in 2015 resulting in broken trends
Sample Size and age distribution for NSDUH

Number of interviews per state

<table>
<thead>
<tr>
<th>State</th>
<th>Target Number of Completed Interviews, 2013</th>
<th>Target Number of Completed Interviews per Year, 2014 to 2022</th>
</tr>
</thead>
<tbody>
<tr>
<td>California</td>
<td>3,600</td>
<td>4,560</td>
</tr>
<tr>
<td>Florida</td>
<td>3,600</td>
<td>3,300</td>
</tr>
<tr>
<td>New York</td>
<td>3,600</td>
<td>3,300</td>
</tr>
<tr>
<td>Texas</td>
<td>3,600</td>
<td>3,300</td>
</tr>
<tr>
<td>Illinois</td>
<td>3,600</td>
<td>2,400</td>
</tr>
<tr>
<td>Michigan</td>
<td>3,600</td>
<td>2,400</td>
</tr>
<tr>
<td>Ohio</td>
<td>3,600</td>
<td>2,400</td>
</tr>
<tr>
<td>Pennsylvania</td>
<td>3,600</td>
<td>2,400</td>
</tr>
<tr>
<td>Georgia</td>
<td>900</td>
<td>1,500</td>
</tr>
<tr>
<td>New Jersey</td>
<td>900</td>
<td>1,500</td>
</tr>
<tr>
<td>North Carolina</td>
<td>900</td>
<td>1,500</td>
</tr>
<tr>
<td>Virginia</td>
<td>900</td>
<td>1,500</td>
</tr>
<tr>
<td>Hawaii</td>
<td>900</td>
<td>967</td>
</tr>
<tr>
<td>Remaining States, Each</td>
<td>900</td>
<td>960</td>
</tr>
</tbody>
</table>

Sample Age Distribution

<table>
<thead>
<tr>
<th>Age Group</th>
<th>2013</th>
<th>2014-2022</th>
</tr>
</thead>
<tbody>
<tr>
<td>12-17</td>
<td>33%</td>
<td>25%</td>
</tr>
<tr>
<td>18-25</td>
<td>33%</td>
<td>25%</td>
</tr>
<tr>
<td>26+</td>
<td>33%</td>
<td>50%</td>
</tr>
<tr>
<td>26-34</td>
<td>9%</td>
<td>15%</td>
</tr>
<tr>
<td>35-49</td>
<td>13%</td>
<td>20%</td>
</tr>
<tr>
<td>50+</td>
<td>11%</td>
<td>15%</td>
</tr>
</tbody>
</table>
Sources

There is an on-line tool with the measures [here](#). This allows selection by measure, state, and age group.

SAMHSA Maps – these show state level rates for more measures and age groups than included in this presentation.

- [2017/2018](#)
- [2016/2017](#)
- [2015/2016](#)
- [2014/2015](#)
- [2013/2014](#)
Statistical significance data:

- Change from 2016/17 to 2017/18
- Change from 2015/16 to 2016/17
- Change from 2014/15 to 2015/16
- Change from 2013/14 to 2014/15
- Change from 2012/13 to 2013/14
- Change from 2011/12 to 2012/13
- Change from 2010/11 to 2011/12
- Change from 2009/10 to 2010/11

Significance for earlier years is not readily available
General Notes

• When the trend data isn’t available for the full period 2010/11 forward it means either than the data aren’t available (heroin, methamphetamine) or the question changed and is no longer comparable (pain reliever misuse, binge drinking, risk of smoking marijuana, illicit drug use disorder, substance use disorder)

• When the data label is Red and bold, it means there is a statistically different change that is undesirable. When it is Green and bold, it is a desirable change. The change may be at the 0.05 or 0.10 level. Refer to the source data if that information is needed. Significance prior to the changes between 2009/2010 and 2010/11 are not readily available.

• Northeast states include: CT, ME, MA, NH, NJ, NY, PA, RI, and VT
Summary data
Takeaways – 2017/2018 NSDUH

• **Good news:** Measures with significant improvement between 2016/17 and 2017/18 were:
  - Past month tobacco use by people age 12+, 12-18, 26+
  - Past month cigarette use by people age 12+18-25
  - Perception of great risk of drinking 5+ drinks 1 to 2 times a week by people age 18-25, 26+

• **Bad news:** Measures with significant negative changes include:
  - Past month alcohol use by people age 12-20
  - Past month marijuana use by people age 12-17
  - First use of marijuana by people age 12+, 12-17, 18-25
  - Past year methamphetamine use by people age 12-17
  - Past year heroin use by people age 25+

*Source: National Survey on Drug Use and Health, 2017-2018*
# Takeaways – Vermont compared to the US and Northeast 2017/2018

<table>
<thead>
<tr>
<th>Measure</th>
<th>Compared to the Northeast, Vermont is:</th>
<th>Compared to the US, Vermont is:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Past month alcohol use age 12+</td>
<td>Higher</td>
<td>Higher</td>
</tr>
<tr>
<td>Past month binge alcohol use age 12+</td>
<td>Same</td>
<td>Higher</td>
</tr>
<tr>
<td>Past month marijuana use age 12+</td>
<td>Higher</td>
<td>Higher</td>
</tr>
<tr>
<td>Perceived great risk from smoking marijuana once a month age 12+</td>
<td>Lower</td>
<td>Lower</td>
</tr>
<tr>
<td>Trying marijuana for the first time age 12+</td>
<td>Higher</td>
<td>Higher</td>
</tr>
<tr>
<td>Past year cocaine use age 12+</td>
<td>Higher</td>
<td>Higher</td>
</tr>
<tr>
<td>Past year methamphetamine use age 12+</td>
<td>Same</td>
<td>Same</td>
</tr>
<tr>
<td>Past year heroin use age 12+</td>
<td>Same</td>
<td>Same</td>
</tr>
<tr>
<td>Past year pain reliever misuse age 12+</td>
<td>Same</td>
<td>Same</td>
</tr>
</tbody>
</table>

Bold red or green label indicates a significant difference

Source: National Survey on Drug Use and Health, 2017-2018
## Takeaways – Vermont compared to the US and Northeast 2017/2018

<table>
<thead>
<tr>
<th>Measure</th>
<th>Compared to the Northeast, Vermont is:</th>
<th>Compared to the US, Vermont is:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Past month tobacco use age 12+</td>
<td>Higher</td>
<td>Same</td>
</tr>
<tr>
<td>Past month cigarette use age 12+</td>
<td>Higher</td>
<td>Same</td>
</tr>
<tr>
<td>Alcohol use disorder in the past year age 12+</td>
<td>Higher</td>
<td>Higher</td>
</tr>
<tr>
<td>Any substance use disorder in the past year age 12+</td>
<td>Higher</td>
<td>Higher</td>
</tr>
<tr>
<td>Any illicit drug use disorder in the past year age 12+</td>
<td>Higher</td>
<td>Higher</td>
</tr>
</tbody>
</table>

Bold red or green label indicates a significant difference

Source: National Survey on Drug Use and Health, 2017-2018
US – general information
Epidemiology – United States

In 2018 20.3 million people aged 18+ had a substance use disorder (NSDUH).

For comparison:
- For 30.3 million people have diabetes (CDC, 2015)
- 16 million have COPD (NIH, CDC, 2015)
- 1.7 million are diagnosed with cancer (CDC, 2015)

10.3 million report misusing opioids (NSDUH, 2018)
- 9.4 million reporting misusing prescription pain relievers only
- 808,000 report misusing heroin
- 562,000 report misusing both heroin and prescription pain relievers

Treatment for Substance Use Disorders (NSDUH, 2018)
- 19.7% of people with an opioid use disorder in 2018 received treatment
- 4.6% of people with an alcohol use disorder in 2018 received treatment
Over 60% of people age 12 and older in the US used at least one potentially addictive substance in the past month in 2018.

No Past Month Substance Use
108.9 Million People (39.8%)

Past Month Substance Use
164.8 Million People (60.2%)

Data Source: National Survey on Drug Use and Health, 2018
Vermont Data
Of Vermonters age 12+ using selected substances, alcohol is the mostly commonly used substance.
Fewer than five percent of Vermonters age 12+ used cocaine or opioids in the last year.

Source: National Survey on Drug Use and Health, 2010-2018

Bold red or green label indicates a significant change from previous year.
High rates of past month drug use by Vermonters age 12+ aligns closely with rates of marijuana use.

<table>
<thead>
<tr>
<th>Year</th>
<th>Any Illicit Drug</th>
<th>Illicit Drug Use Other than Marijuana</th>
<th>Marijuana</th>
</tr>
</thead>
<tbody>
<tr>
<td>2015/16</td>
<td>18.2%</td>
<td>4.69%</td>
<td>17.0%</td>
</tr>
<tr>
<td>2016/17</td>
<td>19.4%</td>
<td>4.71%</td>
<td>18.6%</td>
</tr>
<tr>
<td>2017/18</td>
<td>20.3%</td>
<td>4.30%</td>
<td>19.3%</td>
</tr>
</tbody>
</table>

Source: National Survey on Drug Use and Health, 2015-2018

Bold red or green label indicates a significant change from previous year.
The percentage of Vermonters perceiving great risk of using substances in 2017/2018 varies by age and substance, with marijuana being lowest for all age groups. Perception of great risk of trying heroin is lowest among those age 12-17.

Percent perceiving great risk of:

- Smoking 1+ Packs of Cigarettes per Day
- Drinking 5+ Drinks 1-2 Times a Week
- Using Cocaine Once a Month
- Trying Heroin Once or Twice
- Smoking Marijuana Once a Month

Source: National Survey on Drug Use and Health, 2017/2018
Alcohol
Vermont past month alcohol use among people age 12+ is among the highest in the US (2017-2018). This is true of all age groups.

Vermont Rates by Age

15.2% 70.5% 65.6% 62.4%
12-17 18-25 26+ 12+

Source: National Survey on Drug Use and Health, 2017-2018

Vermont Department of Health

Percent Reporting Use
- 57.95-66.67
- 54.94-57.94
- 50.02-54.93
- 46.31-50.01
- 27.93-46.30

US, Northeast, VT Comparison

51.4% 55.6% 62.4%
US* NE* VT

*VT is statistically higher than both the Northeast and US
The percentage of Vermonters age 18-25 using alcohol in the past month is consistently higher than that of other age groups.

<table>
<thead>
<tr>
<th>Year</th>
<th>12-17</th>
<th>18-25</th>
<th>26+</th>
</tr>
</thead>
<tbody>
<tr>
<td>2010/11</td>
<td>62.8%</td>
<td>17.8%</td>
<td></td>
</tr>
<tr>
<td>2011/12</td>
<td>60.9%</td>
<td>17.3%</td>
<td></td>
</tr>
<tr>
<td>2012/13</td>
<td>61.7%</td>
<td>14.8%</td>
<td></td>
</tr>
<tr>
<td>2013/14</td>
<td>64.4%</td>
<td>13.8%</td>
<td></td>
</tr>
<tr>
<td>2014/15</td>
<td>63.8%</td>
<td>13.2%</td>
<td></td>
</tr>
<tr>
<td>2015/16</td>
<td>63.4%</td>
<td>12.8%</td>
<td></td>
</tr>
<tr>
<td>2016/17</td>
<td>65.3%</td>
<td>13.6%</td>
<td></td>
</tr>
<tr>
<td>2017/18</td>
<td>65.6%</td>
<td>15.2%</td>
<td></td>
</tr>
</tbody>
</table>

Bold red or green label indicates a significant change from previous year.

Source: National Survey on Drug Use and Health, 2010-2018
The percentage of Vermonters age 12+ using alcohol in the past month is consistently higher than the national average.

Source: National Survey on Drug Use and Health, 2010-2018
The percentage of Vermonters age 12-17 using alcohol in the past month is consistently higher than the national average.

Source: National Survey on Drug Use and Health, 2010-2018
The percentage of underage (12-20) Vermonters using alcohol in the past month is consistently higher than the national average.

Vermont Rates by Age

- 12-17: 7.4%
- 18-25: 26.0%
- 26+: 27.6%
- 12+: 47.9%

Source: National Survey on Drug Use and Health, 2017-2018

Vermont is statistically higher than the US.
The percentage of Vermonters age 12+ binge drinking in the past month is typically higher than the national average and has not significantly changed.

Source: National Survey on Drug Use and Health, 2015-2018

Bold red or green label indicates a significant change from previous year
The percentage of Vermonters age 18-25 binge drinking in the past month is consistently higher than that of other age groups.

Source: National Survey on Drug Use and Health, 2015-2018
The percentage of underage (12-20) Vermonters binge drinking in the past month is consistently higher than the national average.

<table>
<thead>
<tr>
<th>Year</th>
<th>Vermont</th>
<th>USA</th>
</tr>
</thead>
<tbody>
<tr>
<td>2015/16</td>
<td>20.6%</td>
<td>12.7%</td>
</tr>
<tr>
<td>2016/17</td>
<td>19.6%</td>
<td>12.0%</td>
</tr>
<tr>
<td>2017/18</td>
<td>20.8%</td>
<td>11.7%</td>
</tr>
</tbody>
</table>

Bold red or green label indicates a significant change from previous year.

Source: National Survey on Drug Use and Health, 2015-2018
Marijuana
In 2017/2018 a significantly higher percentage of Vermonters used marijuana in the past month compared to the US and the Northeast, in each age group.

Source: National Survey on Drug Use and Health, 2017-2018
Vermont past month marijuana use among people age 12+ is among the highest in the US (2017-2018).

Source: National Survey on Drug Use and Health, 2017-2018

Vermont Rates by Age

12-17: 12.7%
18-25: 37.7%
26+: 16.8%
12+: 19.3%

US Rates by Age

12-17: 9.8%
18-25: 10.3%
26+: -
12+: 19.3%

US, Northeast, Vermont Comparison

VT is Statistically Higher than both the Northeast and US
Marijuana-related legislation in Vermont began in 2004.

- Marijuana legalized for medical purposes (May, 2004)
- Marijuana decriminalized (June, 2013)
- H. 511 passed by Vermont State Legislature (January, 2018)
- H. 511 takes effect, possession of 1 oz. allowed for those 21+ (July 1, 2018)

Source: https://www.healthvermont.gov/sites/default/files/ADAP_Data_Brief_Marijuana.pdf
The percentage of Vermonters age 12+ using marijuana in the past month is consistently higher than the national average. Vermont and US have both had significant increases in use.

Source: National Survey on Drug Use and Health, 2010-2018
The percentage of Vermonters age 18-25 using marijuana in the past month is consistently higher than other age groups.

<table>
<thead>
<tr>
<th>Year</th>
<th>12-17</th>
<th>18-25</th>
<th>26+</th>
</tr>
</thead>
<tbody>
<tr>
<td>2010/11</td>
<td>33.2%</td>
<td>14.0%</td>
<td>9.5%</td>
</tr>
<tr>
<td>2011/12</td>
<td>33.2%</td>
<td>13.4%</td>
<td>9.3%</td>
</tr>
<tr>
<td>2012/13</td>
<td>28.7%</td>
<td>11.3%</td>
<td>8.9%</td>
</tr>
<tr>
<td>2013/14</td>
<td>30.6%</td>
<td>11.4%</td>
<td>10.4%</td>
</tr>
<tr>
<td>2014/15</td>
<td>34.9%</td>
<td>11.6%</td>
<td>10.9%</td>
</tr>
<tr>
<td>2015/16</td>
<td>38.2%</td>
<td>14.0%</td>
<td>9.4%</td>
</tr>
<tr>
<td>2016/17</td>
<td>38.8%</td>
<td>15.9%</td>
<td>10.7%</td>
</tr>
<tr>
<td>2017/18</td>
<td>37.7%</td>
<td>16.8%</td>
<td>12.7%</td>
</tr>
</tbody>
</table>

Bold red or green label indicates a significant change from previous year.
The percentage of Vermonters age 12-17 using marijuana in the past month is consistently higher than the national average.

<table>
<thead>
<tr>
<th>Year</th>
<th>Vermont</th>
<th>US</th>
</tr>
</thead>
<tbody>
<tr>
<td>2010/11</td>
<td>14.0%</td>
<td>7.6%</td>
</tr>
<tr>
<td>2011/12</td>
<td>13.4%</td>
<td>7.5%</td>
</tr>
<tr>
<td>2012/13</td>
<td>11.3%</td>
<td>7.1%</td>
</tr>
<tr>
<td>2013/14</td>
<td>11.4%</td>
<td>7.2%</td>
</tr>
<tr>
<td>2014/15</td>
<td>10.9%</td>
<td>7.2%</td>
</tr>
<tr>
<td>2015/16</td>
<td>9.4%</td>
<td>6.8%</td>
</tr>
<tr>
<td>2016/17</td>
<td>10.7%</td>
<td>6.5%</td>
</tr>
<tr>
<td>2017/18</td>
<td>12.7%</td>
<td>6.6%</td>
</tr>
</tbody>
</table>

Bold red or green label indicates a significant change from previous year.

Source: National Survey on Drug Use and Health, 2010-2018
Vermonters age 12+ are less likely to perceive great risk from smoking marijuana once a month than other US states (2017-2018). This is true of all age groups.

Source: National Survey on Drug Use and Health, 2017-2018
Vermonters age 12+ are less likely to perceive great risk from smoking marijuana once a month than the US as a whole.

Source: National Survey on Drug Use and Health, 2015-2018
The percentage of Vermonters age 18-25 perceiving great risk from smoking marijuana in the past month is consistently lower than that of other age groups.
Vermonters age 12+ are more likely to try marijuana for the first time than other US states (2017-2018).

Source: National Survey on Drug Use and Health, 2017-2018
The percentage of Vermonters age 12+ trying marijuana for the first time is consistently higher than the national average.

Vermont

US


1.87% 1.89% 1.89% 1.91% 1.95% 1.96% 2.03% 2.17%

2.72% 2.74% 2.73% 2.73% 2.86% 3.08% 3.36% 4.01%

Bold red or green label indicates a significant change from previous year

Source: National Survey on Drug Use and Health, 2010-2018
There were significant increases in the percentage of Vermonters age 12-17 and 18-25 who tried marijuana for the first time in 2017/2018.

Source: National Survey on Drug Use and Health, 2010-2018

Bold red or green label indicates a significant change from previous year.
Stimulants
Vermont past year cocaine use among people age 12+ is among the highest in the US (2017-2018)

Source: National Survey on Drug Use and Health, 2017-2018

**Vermont Rates by Age**

- 12-17: 0.8%
- 18-25: 11.1%
- 26+: 2.3%
- 12+: 3.4%

**Percent Reporting Use**

- 2.41-4.51
- 2.08-2.40
- 1.84-2.07
- 1.49-1.83
- 1.14-1.48

*VT is statistically higher than both the Northeast and US*
The percentage of Vermonters age 12+ using cocaine in the past year is consistently higher than the national average.

Source: National Survey on Drug Use and Health, 2010-2018
Vermonters age 18-25 are most likely to have used cocaine in the past year.
Vermont past year methamphetamine use among people age 12+ is similar to US and Northeast rates (2017-2018)

Source: National Survey on Drug Use and Health, 2017-2018
The percentage of Vermonters age 12+ using methamphetamine in the past year is similar to the national average.

Source: National Survey on Drug Use and Health, 2015-2018
Percent of Vermonters using methamphetamine in the past year is low in all age groups.

Bold red or green label indicates a significant change from previous year.

Source: National Survey on Drug Use and Health, 2015-2018
Opioids
Vermont’s 2017/2018 past year pain reliever misuse and heroin use among people age 12+ is statistically similar to US and the Northeast.

**Past Year Pain Reliever Misuse**

- Vermont: 3.80%
- Northeast: 3.42%
- US: 3.85%

**Past Year Heroin Use**

- Vermont: 0.65%
- Northeast: 0.46%
- US: 0.31%

Source: National Survey on Drug Use and Health, 2017-2018
While Vermont appears to have one of the highest rates of past year heroin use in the US, it is statistically similar to both the US and Northeast (2017-2018)

Vermont is statistically similar to both the US and Northeast
Vermonters Age 18-25 are more likely to use heroin in the past year than other age groups

Vermont Department of Health

Source: National Survey on Drug Use and Health, 2013-2018

Bold red or green label indicates a significant change from previous year
The percentage of Vermonters age 12+ using heroin in the past year is similar to the national average.

Source: National Survey on Drug Use and Health, 2013-2018
Vermont past year pain reliever misuse among people age 12+ is similar to US and Northeast (2017-2018).

Vermont Department of Health

Source: National Survey on Drug Use and Health, 2017-2018
Vermonters age 18-25 are more likely to have misused pain relievers in the past year than other age groups.

Source: National Survey on Drug Use and Health, 2015-2018
The percentage of Vermonters age 12+ misusing pain relievers in the past year is similar to the national average.

Source: National Survey on Drug Use and Health, 2015-2018

Vermont Department of Health

Bold red or green label indicates a significant change from previous year
Tobacco
There has been no dramatic change in the percent of Vermonters age 12+ using any tobacco and cigarettes in the past month.

Tobacco products include cigarettes, smokeless tobacco (i.e., snuff, dip, chewing tobacco, or snus), cigars, or pipe tobacco.

Bold red or green label indicates a significant change from previous year.

Source: National Survey on Drug Use and Health, 2010-2018
Vermont past month use of any tobacco among people age 12+ is higher than Northeast and similar to US (2017-2018).

Tobacco Products include cigarettes, smokeless tobacco (i.e., snuff, dip, chewing tobacco, or snus), cigars, or pipe tobacco.

Source: National Survey on Drug Use and Health, 2017-2018
The percentage of Vermonters age 12+ using any tobacco in the past month is higher than the national average.

Tobacco Products include cigarettes, smokeless tobacco (i.e., snuff, dip, chewing tobacco, or snus), cigars, or pipe tobacco.

Source: National Survey on Drug Use and Health, 2010-2018
The percentage of Vermonters age 18-25 using any tobacco product in the past month is consistently higher than other age groups.

Tobacco Products include cigarettes, smokeless tobacco (i.e., snuff, dip, chewing tobacco, or snus), cigars, or pipe tobacco.

**Source:** National Survey on Drug Use and Health, 2010-2018

Bold red or green label indicates a significant change from previous year.
Vermont past month use of cigarettes among people age 12+ is higher than Northeast use and similar to US (2017-2018).

Source: National Survey on Drug Use and Health, 2017-2018
The percentage of Vermonters age 12+ using cigarettes in the past month is slightly higher than the national average.
The percentage of Vermonters age 18-25 using cigarettes in the past month is consistently higher than that of other age groups

![Graph showing percentage of Vermonters using cigarettes by age group from 2010/11 to 2017/18]

Source: National Survey on Drug Use and Health, 2010-2018

Bold red or green label indicates a significant change from previous year.
Substance Use Disorder
Vermont alcohol use disorder in the past year among people age 12+ is among the highest in the US (2017-2018).

Vermont Rates by Age

<table>
<thead>
<tr>
<th>Age</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>12-17</td>
<td>2.9%</td>
</tr>
<tr>
<td>18-25</td>
<td>6.7%</td>
</tr>
<tr>
<td>26+</td>
<td>7.4%</td>
</tr>
<tr>
<td>12+</td>
<td>14.3%</td>
</tr>
</tbody>
</table>

Percent with an Alcohol Use Disorder

- VT: 7.4%
- NE*: 5.5%
- US*: 5.4%

Vermont is statistically higher than both the Northeast and US.
The percentage of Vermonters age 12+ with alcohol use disorder in the past year continues to remain above the decreasing national average.

Source: National Survey on Drug Use and Health, 2010-2018
The percentage of Vermonters age 18-25 with alcohol use disorder is consistently higher than other age groups.

Vermont Department of Health

Source: National Survey on Drug Use and Health, 2010-2018
Vermont past year any substance use disorder among people age 12+ is among the highest in the US (2017-2018).

Vermont Department of Health

Source: National Survey on Drug Use and Health, 2017-2018
The percentage of Vermonters age 12+ with any substance use disorder in the past year is consistently higher than the national average.

<table>
<thead>
<tr>
<th>Year</th>
<th>Vermont</th>
<th>USA</th>
</tr>
</thead>
<tbody>
<tr>
<td>2015/16</td>
<td>9.3%</td>
<td>7.6%</td>
</tr>
<tr>
<td>2016/17</td>
<td>9.6%</td>
<td>7.4%</td>
</tr>
<tr>
<td>2017/18</td>
<td>10.1%</td>
<td>7.3%</td>
</tr>
</tbody>
</table>

Bold red or green label indicates a significant change from previous year.
Vermonters age 18-25 are most likely to have a substance use disorder in the past year.

Source: National Survey on Drug Use and Health, 2015-2018

Bold red or green label indicates a significant change from previous year
Vermont past year illicit drug use disorder among people age 12+ is among the highest in the US (2017-2018).

Source: National Survey on Drug Use and Health, 2017-2018

Percent with an Illicit Drug Use Disorder

US, Northeast, VT Comparison

*VT is statistically higher than both the Northeast and US
The percentage of Vermonters age 12+ with illicit drug use disorder in the past year is consistently higher than the national average.

![Graph showing percentage of Vermonters and USA with illicit drug use disorder over years, with bold red or green label indicating significant change from previous year.](chart.png)
Percent of Vermonters age 12+ with illicit drug use disorder in the past year has remained consistent.

<table>
<thead>
<tr>
<th>Age Group</th>
<th>2015/16</th>
<th>2016/17</th>
<th>2017/18</th>
</tr>
</thead>
<tbody>
<tr>
<td>12-17</td>
<td>11.0%</td>
<td>11.2%</td>
<td>10.5%</td>
</tr>
<tr>
<td>18-25</td>
<td>2.5%</td>
<td>2.4%</td>
<td>2.9%</td>
</tr>
<tr>
<td>26+</td>
<td>3.9%</td>
<td>4.0%</td>
<td>4.4%</td>
</tr>
</tbody>
</table>

Source: National Survey on Drug Use and Health, 2015-2018

Bold red or green label indicates a significant change from previous year.
Thank you!

Let’s stay in touch.

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Social: @healthvermont