

## Substance Misuse Prevention Oversight and Advisory Council September Meeting Minutes

<b>Mtg. Facilitator:</b> Nicole Rau Mitiguy <b>Mtg. Recorder:</b> Nicole Rau Mitiguy <b>Mtg. Time Keeper:</b> Nicole Rau Mitiguy <b>Where:</b> Microsoft Teams meeting
<b>Date:</b> 9/21/2020
<b>Start Time:</b> 1:00 pm
<b>End Time:</b> 3:00 pm

<b>Council Attendees</b> Mark those present with an "X"
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	Name	Organization and Role		Name	Organization and Role
X	Kelly Dougherty	Health Department, Co-Chair		Skylar Dryden	Youth Representative
X	Melanie Sheehan	Mt. Ascutney Hospital and Health Center, Co-Chair	X	Peter Espenshade	Recovery Vermont
X	Daniel French	Agency of Education, Executive Committee Member	X	Courtney Farrell	Lund
X	Chris Herrick	Dept. of Public Safety, Executive Committee Member	X	Clay Gilbert	Rutland Mental Health, Evergreen Recovery Center
	David Allaire	City of Rutland		Cindy Hayford	Deerfield Valley Community Partnership
X	Amy Brewer	Northwestern Medical Center	X	Roger Marcoux	Lamoille County Sherriff Department
X	Rebecca Brookes	Upstream Social Marketing	X	Maryann Morris	The Collaborative
X	Moses Delane	Youth Representative		Christina Nolan	U.S. Attorney
	Kimberley Diemond	Big Brother Big Sister	X	Eileen Peltier	Downstreet Housing
X	John Searles, Ph.D.	Retired, Dept. of Health	X	Daisy Berbeco	Vermont Department of Mental Health
X	Stephen Von Sitas	Regional Treatment Court	X	Auburn Watersong	Agency of Human Services
	Skyler Genest	Dept. of Liquor and Lottery		Erica Gibson	University of Vermont Medical Center

Non-Council Attendees					
	Name	Organization		Name	Organization
X	Amy Livingston	PIRE	X	Rhonda Williams	VDH – Tobacco Control Program
X	JoEllen Tarallo	Center for Health and Learning	X	Nicole Rau Mitiguy	VDH – Alcohol and Drug Abuse Programs
X	Cynthia Seivwright	VDH – Alcohol and Drug Abuse Programs	X	Lori Tatsapaugh Uerz	VDH – Alcohol and Drug Abuse Programs
X	Stephanie Beck	VDH – Alcohol and Drug Abuse Programs	X	Beth Shrader	Center for Health and Learning
X	Charles Gurney	VDH and DAIL			

#	Time Allotted (Optional)	Type of Topic	Agenda Item (Topic/Objective)	Notes
1	1:00-1:10	<input checked="" type="checkbox"/> Inform <input checked="" type="checkbox"/> Discussion <input checked="" type="checkbox"/> Decision	Welcome, Introductions, and August minute review	<ul style="list-style-type: none"> <li>• Reminder that this Council is different than those that came previous and is not a standalone Council such as the VT Tobacco Evaluation and Review Board, the Opioid Coordination Council, and the Vermont Alcohol and Drug Abuse Council.</li> <li>• August minutes were approved with no edits. All outstanding action items were completed.</li> <li>• There will be a call for individuals to apply for the vacant SMPC position (an individual providing substance use prevention services in a public school setting). Cover letters and resumes are due to Nicole Rau Mitiguy at <a href="mailto:nicole.rau@vermont.gov">nicole.rau@vermont.gov</a> by 4:30 on October 30<sup>th</sup>. The Executive Committee will review applications and select a candidate as following the previously establish process.</li> <li>• Future request to establish quorums before meetings with an RSVP system, to be addressed by the Executive Committee meeting.</li> </ul>
2	1:10-1:25	<input checked="" type="checkbox"/> Inform <input checked="" type="checkbox"/> Discussion <input type="checkbox"/> Decision	Recommendation Updates	<ul style="list-style-type: none"> <li>• Nicole Rau Mitiguy has worked with VDH Policy for the S. 54 Recommendations and will move those through the review process through AHS as outlined in August.</li> <li>• Concern from the Council over how the 30% of excise tax might be utilized as previous experiences, specifically the increase in tax from vaping products, have shown that the funds are not always allocated in the way originally written out in bills. A call for VDH Policy to provide information to the SMPC on how the 30% allocation in S. 54 would be operationalized to ensure it is dedicated to substance use prevention work. This was noted as a concern in the suggestions collected for the annual report from SMPC members through Survey Gizmo between the August and September meetings.</li> <li>• It should also be noted that the 30% is based off of the assumption that there is revenue; if this is not a revenue generating situation, then there would be a smaller amount of funding for the SMPC to provide guidance for its use.</li> <li>• A thought for consideration: should the SMPC make a recommendation for a dollar amount rather than a percentage in case there is not revenue to ensure funding for prevention. This could look similar to the Marijuana Advisory Commission for example “30% or a minimum of x dollars” dedicated to prevention.</li> <li>• It will be important that language is very clear to the public that there may not be any dollars for prevention based on the need for there to be revenue – this will be important when discussing the potential need for more prevention dollars.</li> </ul>
3	1:25-2:10	<input checked="" type="checkbox"/> Inform <input checked="" type="checkbox"/> Discussion <input checked="" type="checkbox"/> Decision	Updates from the Divisions of Alcohol and Drug Abuse Programs and	<ul style="list-style-type: none"> <li>• <a href="#">Meeting presentations can be found here</a></li> <li>• Level funding for School Based grants: currently fund 15 supervisory unions through small grants. Given there are far more supervisory unions and Agency of Education likely does not have much funding for</li> </ul>

			Health Promotion and Disease Prevention	<p>substance use prevention funding, there is a hope to increase this funding to reach more Vermonters. The grants range between \$40,000-\$60,000.</p> <ul style="list-style-type: none"> <li>• Final evaluation report was written from the Pacific Institute for Research and Evaluation (PIRE) which can be shared at a later SMPC if requested.</li> <li>• Partnership with DLC and online sales with youth. Is it correct that updated legislation restricts online purchases to wholesale? Yes, though youth are still finding ways to purchase tobacco programs online. DLL and VT Attorney General's Office are developing guidance on how they can enforce restrictions on sales and reduce that number overtime.</li> <li>• Question on how ADAP and HPDP are coordinating around vaping of cannabis? One way is to work on PACE (described in presentation) together to inform how to address this issue. Language was added to the Parent Up program around vaping and nicotine, with potential for more collaboration in the future. Teams in HPDP and ADAP work closely together and ensure planning and grant opportunities are aligned as much as possible. There is also a Vaping Workgroup as part of the EVALI response, which pulls individuals from across the Health Department. This workgroup was in the needs assessment phase and has been put on pause with COVID.</li> <li>• A call to action to the Health Department to prioritize Health Surveillance staff to release county and supervisory union reports. Without these, the work of prevention is being impacted. The county wide reports are coming out in the next week or so. Kelly Dougherty can follow up and identify the current timeline for these reports.</li> <li>• Public Comment: JoEllen Tarallo</li> </ul>
4	2:10-2:55	<input type="checkbox"/> Inform <input type="checkbox"/> Discussion <input type="checkbox"/> Decision	2021 Annual Report Discussion	<ul style="list-style-type: none"> <li>• Review of SMPC Goals and Performance Measures from 2019 <ul style="list-style-type: none"> <li>○ Information included in the presentation found <a href="#">here</a></li> </ul> </li> <li>• The Substance Misuse Prevention Manager is suggesting some updated performance measures which focus on the work of the SMPC as identified in legislation and in the logic model the Council has worked on. This is different than data measures that was included in this section in 2019, and shift those as Performance indicators acknowledging that the SMPC is part of the prevention system, but the performance indicators are measuring the system as a whole. If this recommendation was taken by the SMPC, this would be an addition to the annual report.</li> <li>• Recommendations provided through Survey Gizmo: <ul style="list-style-type: none"> <li>○ Implications of marijuana legalization on youth access and use.</li> <li>○ Impact of COVID on prevention with special focus on vulnerable populations such as older Vermonters and their substance use / misuse</li> <li>○ Potential rise of stimulant use</li> </ul> </li> </ul>

				<ul style="list-style-type: none"> <li>○ The specific prevention techniques that we are advocating for: what is prevention and how do we best achieve it?</li> <li>○ Continued/increased funding for prevention, especially with S. 54</li> <li>○ Suggest parity across tobacco, alcohol, and cannabis policy solutions which would come from evolving the recommendations from the cannabis workgroup into the annual report.</li> <li>○ Funding efforts that build resiliency for children and youth across all systems which include work designed to address the experience of inequity, adversity, trauma and traumatic stress, isolation, and the stress of poverty.</li> <li>● From the Cannabis Workgroup there is a recommendation to ensure there is a public health membership and lens on control boards such as the Cannabis Control Board to ensure there is a public health approach as part of the Control Board.</li> <li>● Ensuring language around return on investment for prevention is included in the annual report.</li> <li>● Recommendation that language is included in the annual report that outlines (in basic, easy to understand what prevention is, what are the best evidence-based practices, and what practices are we advocating for as a Council. This will be helpful in communicating with our General Assembly who may not have as much of a background on prevention.</li> <li>● Recommendation for language to be included in an increase in stimulant use. This has been seen through various drug court programs, specifically around an increase in methamphetamine use. Request to Stephen to provide data around this.</li> <li>● There is an opportunity to leverage the need to build upon resiliency, which is really focused on addressing root cause of substance use, to move prevention work even further upstream. This is an opportunity for us to make this connection for the legislature – if we focus on trauma and stress Vermonters experience as related to substance use and investments in addressing resiliency is funding invested in prevention. <ul style="list-style-type: none"> <li>○ With this, YRBS data show inequities for LGBTQA and youth of color which can support this need.</li> </ul> </li> <li>● Are our recommendations connected to our three goals we have stated? <ul style="list-style-type: none"> <li>○ Need to ensure our recommendations in our annual report are closely aligned with the goals. Our list of our recommendations are both a reflection of the work that we have accomplished over the last year, as well as forward thinking recommendations to show that these were thoughtfully examined and proposed.</li> </ul> </li> <li>● Question on if the SMPC has a shared meaning for building resilience and call for time to be carved out in a future meeting to ensure folks have shared meaning? Language around this, similar to the recommendation above on language for prevention, should be included in the annual report to ensure the General Assembly has the same understanding as the SMPC.</li> </ul>
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5	2:55-3:00	<input type="checkbox"/> Inform <input type="checkbox"/> Discussion <input type="checkbox"/> Decision	Adjourned	<ul style="list-style-type: none"> <li>● Next SMPC meeting is on October 26<sup>th</sup> from 1:00-3:00 using Microsoft Teams</li> </ul>

Action Item Log			
#	Action Item	Due Date	Staff Responsible
1	Confirm access to the SMPC SharePoint Site	9/30/2020	SMPC Members and Nicole Rau Mitiguy (NRM)
2	Request YRBS Report Timelines	10/26/2020	Kelly Dougherty
3	Meet as an Annual Report Workgroup	10/26	NRM, John Searles, Melanie Sheehan, Rebecca Brookes, Maryann Morris, Eileen Peltier, Auburn Watersong
4	SMPC members to fill out meeting evaluation survey	10/2/2020	SMPC Members
5	Discuss future meeting topic on resiliency	10/26/2020	NRM Auburn Watersong
6	Discussion of meeting RSVP system	10/26/2020	Executive Committee

Minutes approved by SMPC on October 26, 2020.