



Department of Health
Agency of Human Services



Burlington Takes the Lead to Get Young Adults Vaccinated against H1N1 Flu with 'A Shot for a Shot (of coffee)' Promotion

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Vermont Department of Health

BURLINGTON – Burlington colleges, the Y, and local coffee shops are joining together this week to prevent the H1N1 flu – one cup at a time.

The “A Shot for a Shot” promotion offers anyone age 18 to 24 who gets vaccinated at one of three clinics this week a coupon for a “shot” or cup of coffee at 12 participating locations – plus a great chance to win four tickets to an upcoming concert at Higher Ground.

Public clinics especially set up for young adults will be held at three locations:

WEDNESDAY, Feb. 17 at the Champlain College Student Center (11 a.m. to 2 p.m.) conducted by the VNA of Chittenden/Grand Isle Counties.

THURSDAY, Feb. 18 at the University of Vermont Davis Center (12:30 p.m. to 3:30 p.m.) conducted by the UVM Center for Health & Wellbeing Medical Clinic.

FRIDAY, Feb. 19 at the Burlington YMCA (4 p.m. to 7 p.m.) conducted by the VNA of Chittenden/Grand Isle Counties.

Coffee shops participating in A Shot for a Shot promotion are: Jazzman's (at the Champlain College Student Center), UVM Davis Center, Market Place, Muddy Waters, Uncommon Grounds, Mirabelles, Dunkin Donuts (at five area locations) and Starbucks (Burlington Town Centre location only).

For details, visit the Health Department's website www.healthvermont.gov, then click on **Your H1N1 Flu Shot = Free Coffee**.

A Shot for a Shot is part of Burlington's Take the Lead campaign. Take the Lead is a national effort to encourage everyone to know what to do about the flu: get vaccinated, take everyday actions to keep germs from spreading, stay informed, and make a personal or family flu plan. For more information on the Take the Lead campaign, visit www.flu.gov.

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