

Recognize the Common Anaphylaxis Symptoms

- Sudden difficulty breathing, wheezing
- Hives, generalized flushing, itching, or redness of the skin
- Swelling of the throat, lips, tongue; tightness/change of voice; difficulty swallowing
- Tingling sensation, itching, or metallic taste in mouth
- Feeling of apprehension, agitation

Does individual have a known allergy (ex. to foods, insect stings, bites, medications, or latex)?

**YES**

Does individual have an emergency action plan immediately available?

**NO**

**YES**

Refer to individual's emergency action plan for specific instructions.

- Determine proper dose of epinephrine.
- Administer epinephrine per standing order. Note the time and dose given.
- Maintain airway, monitor circulation, start CPR as necessary.
- Call 911. Advise anaphylaxis suspected and epinephrine was given.
- Call School Nurse/Administration and advise of situation.
- Direct someone to call parent/guardian.

- Repeat dose after 5 to 15 minutes if symptoms persist.
- Stay with and monitor individual until EMS arrives.
- Provide EMS with used epinephrine auto injector labeled with name, date, and time given to take to hospital with student.

**EMS transport to hospital. Even if symptoms subside, 911 must still respond and individual must be evaluated by a physician.**

- Make sure parents/guardians notified to follow up with private physician.
- Complete incident documentation.
- Order replacement epinephrine auto injector(s).