

Table 3B
2011 Pregnancy Nutrition Surveillance ⁽¹⁾
Vermont
Comparison of Racial and Ethnic Distribution by County

Comparison of Racial and Ethnic Distribution ⁽²⁾								
County	Number Included in Analysis	White, Not Hispanic %	Black, Not Hispanic %	Hispanic %	American Indian/Alaska Native %	Asian/Pacific Islander %	Multiple Races %	All Other/Unknown %
ADDISON	150	92.7	0.0	1.3	0.7	1.3	0.7	3.3
BENNINGTON	217	84.3	0.9	0.9	1.8	0.0	0.0	12.0
CALEDONIA	204	92.2	0.5	0.5	0.0	0.0	0.0	6.9
CHITTENDEN	583	78.4	7.7	1.0	0.2	7.2	0.3	5.1
ESSEX	47	*	*	*	*	*	*	*
FRANKLIN	353	83.9	0.3	1.7	0.6	0.3	9.3	4.0
GRAND ISLE	24	*	*	*	*	*	*	*
LAMOILLE	173	93.6	0.6	0.6	0.0	0.6	1.2	3.5
ORANGE	157	95.5	0.0	0.0	0.0	0.6	1.9	1.9
ORLEANS	238	91.6	0.4	1.3	0.0	0.4	2.1	4.2
RUTLAND	372	89.2	0.5	0.0	0.5	0.8	1.1	7.8
WASHINGTON	318	94.3	1.9	0.3	0.0	0.9	0.3	2.2
WINDHAM	242	86.0	2.1	0.0	0.4	1.2	1.7	8.7
WINDSOR	294	90.5	0.3	1.4	0.3	1.4	0.3	5.8
Unknown Counties	15	*	*	*	*	*	*	*
Vermont	3,387	88.0	1.9	0.8	0.4	1.8	1.7	5.5
Nation (Prior Year)	1,162,961	41.6	22.7	29.2	1.1	3.4	1.3	0.7

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 4B
2011 Pregnancy Nutrition Surveillance ⁽¹⁾
Vermont
Comparison of Age Distribution by County

Comparison of Age Distribution ⁽²⁾								
County	Number Included in Analysis	< 15 Years %	15 - 17 Years %	18 - 19 Years %	20 - 29 Years %	30 - 39 Years %	>= 40 Years %	Unknown %
ADDISON	150	0.0	3.3	6.7	66.7	21.3	1.3	0.7
BENNINGTON	217	0.5	3.2	11.5	68.2	16.6	0.0	0.0
CALEDONIA	204	0.0	2.5	11.3	65.2	20.6	0.0	0.5
CHITTENDEN	583	0.2	3.6	6.2	63.1	24.5	2.1	0.3
ESSEX	47	*	*	*	*	*	*	*
FRANKLIN	353	0.0	3.1	13.3	65.2	17.8	0.6	0.0
GRAND ISLE	24	*	*	*	*	*	*	*
LAMOILLE	173	0.0	2.9	7.5	56.1	31.8	1.7	0.0
ORANGE	157	0.0	6.4	11.5	66.9	14.0	1.3	0.0
ORLEANS	238	0.0	4.2	9.7	65.5	20.2	0.4	0.0
RUTLAND	372	0.0	5.4	9.4	63.7	21.0	0.5	0.0
WASHINGTON	318	0.0	3.5	10.1	58.2	25.8	1.9	0.6
WINDHAM	242	0.4	2.5	10.7	58.3	25.2	1.7	1.2
WINDSOR	294	0.7	3.1	7.8	69.7	17.3	1.4	0.0
Unknown Counties	15	*	*	*	*	*	*	*
Vermont	3,387	0.1	3.6	9.5	63.8	21.5	1.2	0.3
Nation (Prior Year)	1,162,961	0.3	5.3	11.5	59.4	21.7	1.7	0.2

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 5B
2011 Pregnancy Nutrition Surveillance ⁽¹⁾
Vermont
Comparison of Maternal Health Indicators by County

Comparison of Maternal Health Indicators ^(2, 3)														
County	Prepregnancy BMI ⁽⁴⁾			Weight Gain ⁽⁵⁾			Anemia (Low Hb/Hct) ⁽⁶⁾				Gestational Diabetes During Pregnancy		Hypertension During Pregnancy	
	Under-weight	Over-weight		< Ideal	> Ideal		3rd Trimester		Postpartum					
	Number	% (Rank)	% (Rank)	Number	% (Rank)	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
ADDISON	142	4.9 (8)	60.6 (12)	134	18.7 (8)	50.0 (4)	18	* *	54	* *	0	* *	0	* *
BENNINGTON	211	4.3 (6)	56.9 (8)	195	12.8 (1)	59.0 (12)	41	* *	103	29.1 (7)	0	* *	0	* *
CALEDONIA	201	3.5 (3)	57.2 (10)	191	14.1 (2)	53.9 (11)	28	* *	91	* *	0	* *	0	* *
CHITTENDEN	559	5.4 (11)	47.0 (1)	531	17.7 (4)	46.1 (2)	76	* *	294	31.6 (8)	0	* *	0	* *
ESSEX	42	* *	* *	38	* *	* *	5	* *	25	* *	0	* *	0	* *
FRANKLIN	338	5.0 (9)	50.6 (3)	329	19.5 (9)	53.2 (10)	51	* *	142	16.9 (2)	0	* *	0	* *
GRAND ISLE	23	* *	* *	19	* *	* *	2	* *	10	* *	0	* *	0	* *
LAMOILLE	169	4.1 (4)	58.6 (11)	161	18.6 (7)	50.3 (6)	11	* *	77	* *	0	* *	0	* *
ORANGE	154	4.5 (7)	57.1 (9)	143	20.3 (10)	51.7 (7)	22	* *	90	* *	0	* *	0	* *
ORLEANS	236	5.1 (10)	55.1 (7)	224	21.0 (11)	50.0 (4)	20	* *	140	21.4 (5)	0	* *	0	* *
RUTLAND	359	4.2 (5)	51.8 (4)	329	23.4 (12)	41.6 (1)	40	* *	190	25.3 (6)	0	* *	0	* *
WASHINGTON	304	6.6 (12)	50.0 (2)	283	16.3 (3)	52.7 (9)	38	* *	184	17.9 (3)	0	* *	0	* *
WINDHAM	228	3.1 (1)	53.9 (6)	216	18.5 (6)	47.7 (3)	39	* *	145	13.1 (1)	0	* *	0	* *
WINDSOR	283	3.2 (2)	51.9 (5)	259	18.1 (5)	51.7 (7)	41	* *	148	20.3 (4)	0	* *	0	* *
Unknown Counties	15	* *	* *	14	* *	* *	2	* *	3	* *	0	* *	0	* *
Vermont	3,264	4.6	52.7	3,066	18.4	49.9	434	23.3	1,696	22.1	0	*	0	*

(1) Reporting period is January 1 through December 31.
(2) Excludes records with unknown data or errors.
(3) Rank compares one county's rate to other counties. Rank 1 = best rate.
(4) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight (BMI <18.5), normal weight (BMI 18.5 to 24.9), overweight (BMI 25.0 to 29.9), obese (BMI >30.0).
(5) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight during pregnancy (ideal weight gain = 28 to 40 pounds), normal weight prepregnancy (ideal weight gain = 25 to 35 pounds), overweight prepregnancy (ideal weight gain = 15 to 25 pounds), obese prepregnancy (ideal weight gain = 11 to 20 pounds).
(6) Based on 1990 MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States"; adjusted for altitude and smoking.
* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 5B
2011 Pregnancy Nutrition Surveillance ⁽¹⁾
Vermont
Comparison of Maternal Health Indicators by County

Comparison of Maternal Health Indicators ^(2, 3)														
County	Prepregnancy BMI (4)			Weight Gain (5)			Anemia (Low Hb/Hct) (6)				Gestational Diabetes During Pregnancy	Hypertension During Pregnancy		
	Under-weight		Over-weight	< Ideal		> Ideal	3rd Trimester		Postpartum					
	Number	% (Rank)	% (Rank)	Number	% (Rank)	% (Rank)	Number	% (Rank)	Number	% (Rank)			Number	% (Rank)
Nation (Prior Year)	1,106,370	4.5	53.4	835,927	21.5	48.0	164,201	33.9	346,981	28.1	419,956	5.2	467,675	6.3

(1) Reporting period is January 1 through December 31.
(2) Excludes records with unknown data or errors.
(3) Rank compares one county's rate to other counties. Rank 1 = best rate.
(4) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight (BMI <18.5), normal weight (BMI 18.5 to 24.9), overweight (BMI 25.0 to 29.9), obese (BMI >30.0).
(5) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight during pregnancy (ideal weight gain = 28 to 40 pounds), normal weight prepregnancy (ideal weight gain = 25 to 35 pounds), overweight prepregnancy (ideal weight gain = 15 to 25 pounds), obese prepregnancy (ideal weight gain = 11 to 20 pounds).
(6) Based on 1990 MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States"; adjusted for altitude and smoking.
* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 6B
2011 Pregnancy Nutrition Surveillance ⁽¹⁾
Vermont
Comparison of Maternal Behavioral Indicators by County

Comparison of Maternal Behavioral Indicators ^(2, 3)											
County	Medical Care				WIC Enrollment			Multivitamin Consumption			
	1st Trimester		No Care		1st Trimester			Prepregnancy (4)		During Pregnancy (5)	
	Number	% (Rank)	%	% (Rank)	Number	%	% (Rank)	Number	%	% (Rank)	
ADDISON	139	77.7 (9)	0.7	(10)	143	35.7 (9)		0	*	*	
BENNINGTON	197	80.2 (4)	0.0	(1)	208	32.7 (11)		0	*	*	
CALEDONIA	191	82.2 (2)	0.0	(1)	190	44.2 (2)		0	*	*	
CHITTENDEN	543	76.1 (11)	0.2	(7)	533	34.3 (10)		0	*	*	
ESSEX	38	* *	*	*	39	* *		0	*	*	
FRANKLIN	328	79.6 (6)	0.3	(8)	325	37.8 (6)		0	*	*	
GRAND ISLE	20	* *	*	*	21	* *		0	*	*	
LAMOILLE	163	79.1 (7)	0.0	(1)	162	43.2 (3)		0	*	*	
ORANGE	147	77.6 (10)	0.0	(1)	150	38.0 (5)		0	*	*	
ORLEANS	225	88.4 (1)	0.9	(11)	233	53.6 (1)		0	*	*	
RUTLAND	328	75.6 (12)	0.6	(9)	350	42.9 (4)		0	*	*	
WASHINGTON	289	77.9 (8)	0.0	(1)	302	37.7 (7)		0	*	*	
WINDHAM	214	81.3 (3)	1.4	(12)	216	31.5 (12)		0	*	*	
WINDSOR	256	79.7 (5)	0.0	(1)	277	36.8 (8)		0	*	*	
Unknown Counties	14	* *	*	*	12	* *		0	*	*	
Vermont	3,092	79.1	0.3		3,161	38.8		0	*	*	
Nation (Prior Year)	429,770	83.1	4.1		1,074,863	36.0		380,154	19.2	418,448 85.0	

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Rank compares one county's rate to other counties. Rank 1 = best rate.

(4) Women who reported taking a multivitamin four times a week or more in the month before pregnancy; proxy for folic acid consumption.

(5) Pregnant women who reported taking a multivitamin in the past month; proxy for prenatal iron consumption.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 7B
2011 Pregnancy Nutrition Surveillance (1)
Vermont
Comparison of Smoking Indicators by County

Comparison of Smoking Indicators (2, 3)										
County	Smoking				Quit Smoking By First Prenatal Visit and Stayed Off Cigarettes (4)	Smoking in Household				
	3 Months Prior to Pregnancy		Last 3 Months of Pregnancy			Prenatal		Postpartum		
	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
ADDISON	146	37.7 (2)	127	26.0 (6)	38	* *	0	* *	0	* *
BENNINGTON	211	49.3 (12)	187	33.7 (12)	72	* *	0	* *	0	* *
CALEDONIA	202	44.6 (8)	186	27.4 (8)	67	* *	0	* *	0	* *
CHITTENDEN	568	38.7 (4)	493	23.9 (4)	132	34.8 (1)	0	* *	0	* *
ESSEX	42	* *	40	* *	11	* *	0	* *	0	* *
FRANKLIN	342	46.8 (11)	331	33.2 (11)	120	22.5 (3)	0	* *	0	* *
GRAND ISLE	23	* *	18	* *	7	* *	0	* *	0	* *
LAMOILLE	171	31.0 (1)	156	20.5 (2)	40	* *	0	* *	0	* *
ORANGE	157	41.4 (7)	137	27.0 (7)	49	* *	0	* *	0	* *
ORLEANS	237	44.7 (9)	209	30.1 (9)	76	* *	0	* *	0	* *
RUTLAND	368	46.2 (10)	305	30.2 (10)	104	23.1 (2)	0	* *	0	* *
WASHINGTON	312	40.4 (5)	270	24.8 (5)	79	* *	0	* *	0	* *
WINDHAM	227	37.9 (3)	202	18.8 (1)	54	* *	0	* *	0	* *
WINDSOR	284	41.2 (6)	250	22.0 (3)	79	* *	0	* *	0	* *
Unknown Counties	15	* *	12	* *	2	* *	0	* *	0	* *

(1) Reporting period is January 1 through December 31.
(2) Excludes records with unknown data or errors.
(3) Rank compares one county's rate to other counties. Rank 1 = best rate.
(4) Among women who smoked 3 months prior to pregnancy.
* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 7B
2011 Pregnancy Nutrition Surveillance (1)
Vermont
Comparison of Smoking Indicators by County

Comparison of Smoking Indicators (2, 3)										
County	Smoking				Quit Smoking By First Prenatal Visit and Stayed Off Cigarettes (4)	Smoking in Household				
	3 Months Prior to Pregnancy		Last 3 Months of Pregnancy			Prenatal		Postpartum		
	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)		
Vermont	3,305	42.0	2,923	26.6	930	30.3	0	*	0	*
Nation (Prior Year)	814,631	23.0	715,034	12.1	137,883	38.1	660,570	16.3	562,126	15.6

(1) Reporting period is January 1 through December 31.
(2) Excludes records with unknown data or errors.
(3) Rank compares one county's rate to other counties. Rank 1 = best rate.
(4) Among women who smoked 3 months prior to pregnancy.
* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 8B
2011 Pregnancy Nutrition Surveillance ⁽¹⁾
Vermont
Comparison of Infant Health Indicators by County

Comparison of Infant Health Indicators ^(2, 3)										
County	Birthweight				Preterm (6)		Full Term LBW (7)		Ever Breastfed	
	Low (4)		High (5)		Number	%	Number	%	Number	%
	Number	% (Rank)	% (Rank)	(Rank)						
ADDISON	139	7.2 (7)	10.1 (5)		136	8.1 (5)	125	4.8 (12)	132	85.6 (3)
BENNINGTON	198	5.6 (2)	7.6 (3)		194	6.2 (1)	182	3.3 (6)	195	76.9 (9)
CALEDONIA	191	6.8 (5)	14.1 (11)		179	8.4 (6)	164	3.7 (7)	187	78.6 (7)
CHITTENDEN	545	7.2 (7)	10.1 (5)		508	9.3 (7)	461	4.6 (11)	498	81.7 (4)
ESSEX	38	* * *	* * *		35	* *	28	* *	41	* *
FRANKLIN	333	7.2 (7)	7.5 (2)		315	7.0 (3)	293	3.8 (9)	323	76.5 (11)
GRAND ISLE	20	* * *	* * *		18	* *	16	* *	18	* *
LAMOILLE	164	6.7 (3)	15.9 (12)		154	13.0 (12)	134	1.5 (2)	159	86.8 (1)
ORANGE	149	8.7 (12)	12.8 (10)		142	10.6 (9)	127	3.1 (5)	139	86.3 (2)
ORLEANS	225	6.7 (3)	5.3 (1)		221	11.8 (11)	195	2.6 (3)	220	80.9 (6)
RUTLAND	338	6.8 (5)	8.9 (4)		321	7.8 (4)	296	3.7 (7)	318	74.8 (12)
WASHINGTON	292	7.2 (7)	11.6 (9)		281	9.6 (8)	254	4.3 (10)	271	76.8 (10)
WINDHAM	217	4.1 (1)	11.5 (8)		204	6.9 (2)	190	1.1 (1)	212	77.4 (8)
WINDSOR	263	8.4 (11)	10.3 (7)		253	11.5 (10)	224	2.7 (4)	249	81.1 (5)

(1) Reporting period is January 1 through December 31.
(2) Excludes records with unknown data or errors.
(3) Rank compares one county's rate to other counties. Rank 1 = best rate.
(4) <2500 g.
(5) >4000 g.
(6) <37 weeks gestation.
(7) 37 or more weeks gestation and <2500 g.
* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 8B
2011 Pregnancy Nutrition Surveillance ⁽¹⁾
Vermont
Comparison of Infant Health Indicators by County

Comparison of Infant Health Indicators ^(2, 3)									
County	Birthweight			Preterm (6)		Full Term LBW (7)		Ever Breastfed	
	Low (4)	High (5)							
	Number	% (Rank)	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
Unknown Counties	14	* * *	* *	11	* *	11	* *	10	* *
Vermont	3,126	6.9	10.1	2,972	9.2	2,700	3.5	2,972	79.6
Nation (Prior Year)	880,933	8.0	6.7	948,286	10.7	749,107	3.4	871,811	68.2

- (1) Reporting period is January 1 through December 31.
- (2) Excludes records with unknown data or errors.
- (3) Rank compares one county's rate to other counties. Rank 1 = best rate.
- (4) <2500 g.
- (5) >4000 g.
- (6) <37 weeks gestation.
- (7) 37 or more weeks gestation and <2500 g.
- * Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 3B
2009 - 2011 Pregnancy Nutrition Surveillance ⁽¹⁾
Vermont
Comparison of Racial and Ethnic Distribution by County
Combined 3 Years

Comparison of Racial and Ethnic Distribution ⁽²⁾								
County	Number Included in Analysis	White, Not Hispanic %	Black, Not Hispanic %	Hispanic %	American Indian/Alaska Native %	Asian/Pacific Islander %	Multiple Races %	All Other/Unknown %
ADDISON	533	92.3	0.2	1.5	0.4	0.9	0.6	4.1
BENNINGTON	709	83.1	0.7	0.3	0.7	0.6	0.1	14.5
CALEDONIA	635	92.0	0.5	0.3	0.0	0.2	0.0	7.1
CHITTENDEN	1,816	81.6	7.7	0.7	0.1	3.5	0.2	6.3
ESSEX	158	90.5	0.0	0.6	0.0	0.0	2.5	6.3
FRANKLIN	989	85.5	0.5	1.4	0.2	0.1	7.5	4.8
GRAND ISLE	100	93.0	0.0	0.0	0.0	0.0	4.0	3.0
LAMOILLE	530	94.0	0.9	0.2	0.2	0.6	0.4	3.8
ORANGE	466	92.5	0.6	0.6	0.0	0.4	1.5	4.3
ORLEANS	697	91.5	0.4	0.7	0.3	0.3	1.7	5.0
RUTLAND	1,141	90.3	0.4	0.7	0.4	0.5	1.3	6.5
WASHINGTON	969	94.1	1.4	0.2	0.0	0.9	0.3	3.0
WINDHAM	796	88.1	1.6	0.3	0.4	1.6	0.6	7.4
WINDSOR	855	92.9	0.5	0.8	0.2	0.8	0.7	4.1
Unknown Counties	39	*	*	*	*	*	*	*
Vermont	10,433	88.8	1.9	0.7	0.2	1.1	1.3	5.9

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 4B
2009 - 2011 Pregnancy Nutrition Surveillance ⁽¹⁾
Vermont
Comparison of Age Distribution by County
Combined 3 Years

Comparison of Age Distribution ⁽²⁾								
County	Number Included in Analysis	< 15 Years %	15 - 17 Years %	18 - 19 Years %	20 - 29 Years %	30 - 39 Years %	>= 40 Years %	Unknown %
ADDISON	533	0.0	3.0	7.9	64.4	21.4	2.4	0.9
BENNINGTON	709	0.4	3.4	12.7	67.7	15.1	0.7	0.0
CALEDONIA	635	0.2	2.0	10.1	67.9	18.6	1.1	0.2
CHITTENDEN	1,816	0.1	3.5	9.0	61.5	24.1	1.6	0.3
ESSEX	158	0.0	5.1	11.4	63.9	19.0	0.6	0.0
FRANKLIN	989	0.0	3.6	12.2	65.2	18.2	0.7	0.0
GRAND ISLE	100	0.0	3.0	9.0	63.0	23.0	2.0	0.0
LAMOILLE	530	0.0	2.3	9.4	57.2	29.6	1.5	0.0
ORANGE	466	0.0	3.2	9.7	65.7	19.5	1.7	0.2
ORLEANS	697	0.0	5.0	11.9	63.4	18.7	0.7	0.3
RUTLAND	1,141	0.0	4.7	10.3	62.9	20.6	1.3	0.1
WASHINGTON	969	0.0	3.7	10.0	60.0	25.0	1.1	0.2
WINDHAM	796	0.1	2.8	11.6	59.0	24.6	1.1	0.8
WINDSOR	855	0.4	3.5	10.1	64.7	20.0	1.3	0.1
Unknown Counties	39	*	*	*	*	*	*	*
Vermont	10,433	0.1	3.5	10.4	63.0	21.5	1.3	0.2

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 5B
2009 - 2011 Pregnancy Nutrition Surveillance ⁽¹⁾
Vermont
Comparison of Maternal Health Indicators by County
Combined 3 Years

Comparison of Maternal Health Indicators ^(2, 3)														
County	Prepregnancy BMI (4)			Weight Gain (5)			Anemia (Low Hb/Hct) (6)				Gestational Diabetes During Pregnancy		Hypertension During Pregnancy	
	Under- weight	Over- weight		< Ideal	> Ideal		3rd Trimester		Postpartum					
							Number	%	%	Number	%	%	Number	%
	(Rank)	(Rank)	(Rank)	(Rank)	(Rank)	(Rank)	(Rank)	(Rank)	(Rank)	(Rank)	(Rank)	(Rank)	(Rank)	
ADDISON	512	4.1 (6)	58.4 (13)	470	17.2 (3)	50.6 (9)	59	* *	266	23.3 (9)	0	* *	0	* *
BENNINGTON	679	5.7 (12)	51.8 (5)	628	17.2 (3)	55.6 (13)	100	26.0 (6)	359	31.8 (12)	0	* *	0	* *
CALEDONIA	619	2.6 (1)	57.2 (11)	585	16.1 (2)	53.7 (12)	89	* *	303	21.8 (8)	0	* *	0	* *
CHITTENDEN	1,751	5.4 (11)	47.5 (1)	1,627	19.7 (8)	47.3 (3)	259	30.9 (7)	876	30.1 (11)	0	* *	0	* *
ESSEX	147	2.7 (2)	49.0 (2)	134	20.9 (12)	47.0 (2)	21	* *	82	* *	0	* *	0	* *
FRANKLIN	957	4.5 (7)	52.9 (7)	896	20.0 (9)	48.8 (6)	124	25.8 (5)	452	20.8 (5)	0	* *	0	* *
GRAND ISLE	95	* *	* *	86	* *	* *	8	* *	42	* *	0	* *	0	* *
LAMOILLE	517	3.7 (5)	58.2 (12)	488	19.1 (7)	49.8 (8)	39	* *	264	21.2 (7)	0	* *	0	* *
ORANGE	449	3.3 (3)	56.1 (10)	413	17.7 (6)	52.3 (11)	63	* *	261	18.4 (2)	0	* *	0	* *
ORLEANS	683	5.7 (12)	51.4 (4)	637	20.4 (11)	47.7 (4)	62	* *	397	23.4 (10)	0	* *	0	* *
RUTLAND	1,097	4.5 (7)	53.4 (8)	998	22.9 (13)	47.9 (5)	149	22.1 (3)	681	20.9 (6)	0	* *	0	* *
WASHINGTON	936	4.9 (10)	50.2 (3)	876	17.4 (5)	46.7 (1)	124	17.7 (1)	595	19.8 (3)	0	* *	0	* *
WINDHAM	757	4.6 (9)	51.9 (6)	694	13.7 (1)	51.2 (10)	123	22.0 (2)	504	18.1 (1)	0	* *	0	* *
WINDSOR	818	3.4 (4)	54.3 (9)	740	20.0 (9)	49.1 (7)	121	24.8 (4)	452	20.6 (4)	0	* *	0	* *
Unknown Counties	38	* *	* *	33	* *	* *	6	* *	18	* *	0	* *	0	* *
Vermont	10,055	4.5	52.5	9,305	18.8	49.4	1,347	23.4	5,552	22.9	0	*	0	*

(1) Reporting period is January 1 through December 31.
(2) Excludes records with unknown data or errors.
(3) Rank compares one county's rate to other counties. Rank 1 = best rate.
(4) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight (BMI <18.5), normal weight (BMI 18.5 to 24.9), overweight (BMI 25.0 to 29.9), obese (BMI >30.0).
(5) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight during pregnancy (ideal weight gain = 28 to 40 pounds), normal weight prepregnancy (ideal weight gain = 25 to 35 pounds), overweight prepregnancy (ideal weight gain = 15 to 25 pounds), obese prepregnancy (ideal weight gain = 11 to 20 pounds).
(6) Based on 1990 MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States"; adjusted for altitude and smoking.
* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 6B
2009 - 2011 Pregnancy Nutrition Surveillance ⁽¹⁾
Vermont
Comparison of Maternal Behavioral Indicators by County
Combined 3 Years

Comparison of Maternal Behavioral Indicators ^(2, 3)											
County	Medical Care				WIC Enrollment			Multivitamin Consumption			
	1st Trimester		No Care		1st Trimester			Pregnancy (4)		During Pregnancy (5)	
	Number	% (Rank)	%	% (Rank)	Number	%	% (Rank)	Number	%	% (Rank)	
ADDISON	482	81.3 (4)	0.2	(3)	509	36.3	(7)	0	*	*	
BENNINGTON	635	77.3 (9)	0.5	(11)	675	32.7	(10)	0	*	*	
CALEDONIA	591	84.3 (3)	0.2	(3)	590	39.2	(5)	0	*	*	
CHITTENDEN	1,683	76.0 (12)	0.2	(3)	1,694	31.8	(12)	0	*	*	
ESSEX	134	85.1 (2)	0.0	(1)	140	40.0	(4)	0	*	*	
FRANKLIN	906	79.8 (6)	0.3	(7)	925	38.1	(6)	0	*	*	
GRAND ISLE	88	*	*	*	89	*	*	0	*	*	
LAMOILLE	501	74.7 (13)	0.4	(9)	494	41.5	(2)	0	*	*	
ORANGE	431	80.5 (5)	0.2	(3)	438	34.0	(8)	0	*	*	
ORLEANS	644	88.2 (1)	0.5	(11)	672	54.0	(1)	0	*	*	
RUTLAND	1,027	76.5 (11)	0.3	(7)	1,066	40.6	(3)	0	*	*	
WASHINGTON	900	76.6 (10)	0.1	(2)	904	27.2	(13)	0	*	*	
WINDHAM	708	78.5 (7)	0.8	(13)	735	32.7	(10)	0	*	*	
WINDSOR	763	77.6 (8)	0.4	(9)	798	33.8	(9)	0	*	*	
Unknown Counties	35	*	*	*	35	*	*	0	*	*	
Vermont	9,528	78.8	0.3		9,764	36.2		0	*	*	

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Rank compares one county's rate to other counties. Rank 1 = best rate.

(4) Women who reported taking a multivitamin four times a week or more in the month before pregnancy; proxy for folic acid consumption.

(5) Pregnant women who reported taking a multivitamin in the past month; proxy for prenatal iron consumption.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 7B
2009 - 2011 Pregnancy Nutrition Surveillance (1)
Vermont
Comparison of Smoking Indicators by County
Combined 3 Years

Comparison of Smoking Indicators (2, 3)										
County	Smoking				Quit Smoking By First Prenatal Visit and Stayed Off Cigarettes (4)		Smoking in Household			
	3 Months Prior to Pregnancy		Last 3 Months of Pregnancy				Prenatal		Postpartum	
	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
ADDISON	520	34.6 (1)	467	20.8 (1)	135	31.1 (5)	0	* *	0	* *
BENNINGTON	693	50.4 (13)	618	34.0 (13)	239	28.0 (8)	0	* *	0	* *
CALEDONIA	627	46.7 (11)	585	29.9 (8)	232	34.5 (4)	0	* *	0	* *
CHITTENDEN	1,779	38.6 (3)	1,577	26.4 (5)	470	27.2 (9)	0	* *	0	* *
ESSEX	148	40.5 (4)	140	31.4 (10)	43	* *	0	* *	0	* *
FRANKLIN	968	44.7 (9)	912	32.9 (12)	329	24.3 (11)	0	* *	0	* *
GRAND ISLE	95	* *	85	* *	25	* *	0	* *	0	* *
LAMOILLE	526	35.4 (2)	488	24.0 (3)	149	34.9 (3)	0	* *	0	* *
ORANGE	457	40.7 (5)	420	29.0 (7)	146	29.5 (6)	0	* *	0	* *
ORLEANS	686	44.9 (10)	633	31.0 (9)	251	19.5 (12)	0	* *	0	* *
RUTLAND	1,121	46.8 (12)	979	32.5 (11)	396	24.7 (10)	0	* *	0	* *
WASHINGTON	953	40.9 (6)	877	28.4 (6)	288	28.5 (7)	0	* *	0	* *
WINDHAM	766	42.7 (8)	682	24.3 (4)	241	39.0 (1)	0	* *	0	* *
WINDSOR	829	41.3 (7)	747	23.4 (2)	246	36.6 (2)	0	* *	0	* *
Unknown Counties	38	* *	32	* *	10	* *	0	* *	0	* *

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Rank compares one county's rate to other counties. Rank 1 = best rate.

(4) Among women who smoked 3 months prior to pregnancy.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 7B
2009 - 2011 Pregnancy Nutrition Surveillance (1)
Vermont
Comparison of Smoking Indicators by County
Combined 3 Years

Comparison of Smoking Indicators (2, 3)										
County	Smoking				Quit Smoking By First Prenatal Visit and Stayed Off Cigarettes (4)	Smoking in Household				
	3 Months Prior to Pregnancy		Last 3 Months of Pregnancy			Prenatal	Postpartum			
	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)		
Vermont	10,206	42.4	9,242	28.4	3,200	28.8	0	*	0	*

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Rank compares one county's rate to other counties. Rank 1 = best rate.

(4) Among women who smoked 3 months prior to pregnancy.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 8B
2009 - 2011 Pregnancy Nutrition Surveillance ⁽¹⁾
Vermont
Comparison of Infant Health Indicators by County
Combined 3 Years

Comparison of Infant Health Indicators ^(2, 3)									
County	Birthweight			Preterm ⁽⁶⁾		Full Term LBW ⁽⁷⁾		Ever Breastfed	
	Low ⁽⁴⁾	High ⁽⁵⁾		Number	%	Number	%	Number	%
	Number	% ^(Rank)	% ^(Rank)						
ADDISON	483	6.0 (2)	11.2 (9)	472	7.6 (1)	435	3.2 (7)	463	86.0 (1)
BENNINGTON	657	8.2 (12)	8.5 (3)	639	8.8 (4)	583	3.9 (11)	622	75.4 (10)
CALEDONIA	595	6.6 (6)	12.6 (12)	558	8.1 (2)	513	2.7 (4)	578	80.1 (5)
CHITTENDEN	1,692	7.7 (9)	10.8 (8)	1,604	10.2 (11)	1,441	4.0 (12)	1,551	79.4 (7)
ESSEX	136	9.6 (13)	8.8 (4)	128	16.4 (13)	107	4.7 (13)	137	73.0 (12)
FRANKLIN	924	7.1 (7)	7.1 (1)	880	8.3 (3)	807	3.8 (10)	886	70.9 (13)
GRAND ISLE	88	* * *	* *	82	* *	73	* *	85	* *
LAMOILLE	501	4.8 (1)	12.6 (12)	467	9.0 (8)	425	1.2 (1)	480	85.6 (2)
ORANGE	438	7.1 (7)	11.4 (10)	418	9.1 (9)	380	2.6 (3)	412	82.3 (3)
ORLEANS	650	7.7 (9)	7.7 (2)	636	11.2 (12)	565	2.8 (5)	633	77.1 (9)
RUTLAND	1,045	6.1 (4)	9.0 (5)	989	8.8 (4)	902	3.1 (6)	994	73.1 (11)
WASHINGTON	910	6.5 (5)	11.6 (11)	860	8.8 (4)	784	3.3 (8)	843	80.1 (5)
WINDHAM	729	6.0 (2)	9.2 (6)	692	8.8 (4)	631	2.1 (2)	691	78.7 (8)
WINDSOR	781	7.8 (11)	10.4 (7)	746	9.8 (10)	672	3.3 (8)	730	82.3 (3)

(1) Reporting period is January 1 through December 31.
(2) Excludes records with unknown data or errors.
(3) Rank compares one county's rate to other counties. Rank 1 = best rate.
(4) <2500 g.
(5) >4000 g.
(6) <37 weeks gestation.
(7) 37 or more weeks gestation and <2500 g.
* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 8B
2009 - 2011 Pregnancy Nutrition Surveillance ⁽¹⁾
Vermont
Comparison of Infant Health Indicators by County
Combined 3 Years

Comparison of Infant Health Indicators ^(2, 3)									
County	Birthweight			Preterm (6)		Full Term LBW (7)		Ever Breastfed	
	Low (4)		High (5)						
	Number	% (Rank)	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
Unknown Counties	35	* * *	* *	32	* *	28	* *	27	* *
Vermont	9,664	7.0	10.1	9,203	9.3	8,346	3.2	9,132	78.4

(1) Reporting period is January 1 through December 31.
(2) Excludes records with unknown data or errors.
(3) Rank compares one county's rate to other counties. Rank 1 = best rate.
(4) <2500 g.
(5) >4000 g.
(6) <37 weeks gestation.
(7) 37 or more weeks gestation and <2500 g.
* Percentages are not calculated if <100 records are available for analysis after exclusions.

